

2019 HIGH POINT AWARD BY AGE GROUP WOMEN				
	NAME	TEAM	AGE	POINTS
	Alyssa Carlisle	MAC	18-24	46
	Sarah Bednaric - TIE	FAST	25-29	57
	Erin Swartz - TIE	FAST	25-29	57
	Rachel Cush	STRAY	30-34	59
	Heather Somand	AA	35-39	57
	Dianne O Johnson	MAC	40-44	63
	Connie Cantrell	STRAY	45-49	53
	Corrin Buck	BCY	50-54	58
	Denise Brown	MICH	55-59	56
	Wendy Szymczak - TIE	FAST	60-64	59
	Susan Weir - TIE	BKTS	60-64	59
	Barb Church	FAST	65-69	61
	Cassie Cammann - TIE	AA	70-74	52
	Kitty Vanden Brulle - TIE	MAC	70-74	52
	Ann Hunt	MAC	75-79	63
	Laura Gogola	MAC	80-84	63
	Rita Gelman	MAC	85-89	45
2019 HIGH POINT AWARD BY AGE GROUP MEN				
	NAME	TEAM	AGE	POINTS
	Aaron Helander	MSP	18-24	59
	Jeremy Raisky	AA	25-29	63
	Kelly Trebon	AA	30-34	60
	Kevin Doak	STRAY	35-39	52
	Ryan Papa	AA	40-44	63
	Charles Roddis	MICH	45-49	59
	Kurt Christensen	STRAY	50-54	61
	Jim Pogue	FAST	55-59	61
	Paul Chadwick	MAC	60-64	63
	Chuck Olson	MAC	65-69	61
	Gaard Arneson	AA	70-74	61
	Donald Kroeger	MAC	75-79	57
	Joel Lockwood	NCMS	80-84	43
2019 HIGH POINT CHAMPIONSHIP TEAM AWARD				
	NAME	TEAM	LARGE	POINTS
	Milford Athletic Club	MAC	Combined	3,232.00
	Milford Athletic Club	AA	Men	1,252.00
	Milford Athletic Club	MAC	Women	1,688.00
	NAME	TEAM	SMALL	POINTS
	North Coast Masters Swim	NCMS	Combined	738.00
	Ann Arbor Masters	AA	Men	812.50
	FAST Athletic Swim Triathlon	FAST	Women	910.00

CHAMPIONSHIP MEET RECORDS SET - 2019 MICHIGAN STATE MEET				
	NAME - WOMEN	EVENT	AGE	TIME
	Sammy Richart	50 Breast	18-24	:30.37
	Veronica Lee	400 IM	25-29	4:50.09
	Heather Somand	100 Fly	35-39	1:02.77
	Heather Somand	100 IM	35-39	1:05.13
	Zsofia Vegh	50 Back	35-39	:28.89
	Dianne O Johnson	50 Free	40-44	:25.73
	Dianne O Johnson	50 Back	40-44	:30.80
	Bonnie Karas-Foltz	50 Free	50-54	:26.65
	Muffy MacKenzie	50 Free	55-59	:27.49
	Muffy MacKenzie	100 Free	55-59	1:01.39
	Muffy MacKenzie	50 Fly	55-59	:32.17
	Suzanne Nobel	500 Free	55-59	5:52.82
	Suzanne Nobel	1650 Free	55-59	20:09.30
	Wendy Szymczak	50 Free	60-64	:28.84
	Wendy Szymczak	100 Free	60-64	1:04.99
	Wendy Szymczak	50 Fly	60-64	:34.60
	Barb Church	50 Free	65-69	:30.88
	Lisa Hypnar	50 Free	65-69	:30.77
	Barb Church	100 Free	65-69	1:08.98
	Lisa Hypner	50 Back	65-69	:41.22
	Barb Church	50 Back	65-69	:33.58
	Barb Church	100 Back	65-69	1:12.76
	Barb Church	200 Back	65-69	2:46.14
	Barb Church	50 Fly	65-69	:36.30
	Barb Church	100 IM	65-69	1:18.16
	NAME - MEN	EVENT	AGE	TIME
	Ryan Sebastian	200 Breast	18-24	2:02.62
	Ryan Sebastian	200 Fly	18-24	1:52.37
	Aaron Helander	200 Fly	18-24	1:53.89
	Ryan Sebastian	200 IM	18-24	1:53.69
	Ryan Sebastian	400 IM	18-24	4:05.80
	Jeremy Raisky	50 Fly	25-29	:21.90
	Jeremy Raisky	100 IM	25-29	:51.42
	Jack Methric	50 Back	45-49	:26.70
	Charles Roddis	50 Back	45-49	:26.15
	Jack Methric	100 Back	45-49	:57.53
	Charles Roddis	100 Back	45-49	:56.78
	Charles Roddis	200 Back	45-49	2:08.09
	Jack Methric	200 Back	45-49	2:07.43
	Gaard Arneson	500 Free	70-74	6:35.19
	Gaard Arneson	1000 Free	70-74	13:42.92
	Gaard Arneson	1650 Free	70-74	22:27.68
	RELAYS - WOMEN	EVENT	AGE	TIME
	BKTS	200 Free	55+	2:14.15
	FAST	200 Free	65+	2:44.80
	RELAY - MIXED	EVENT	AGE	TIME
	FAST	200 Free	65+	2:10.37
	FAST	200 Medley	65+	2:28.78

MICHIGAN LMSC STATE RECORDS SET - 2019 MICHIGAN STATE MEET					
	NAME - WOMEN	EVENT	AGE	TIME	
	Sammy Richart	50 Breast	18-24	:30.37	
	Heather Somand	100 Fly	35-39	1:02.77	
	Heather Somand	100 IM	35-39	1:05.13	
	Zsofia Vegh	50 Back	35-39	:28.89	
	Dianne O Johnson	50 Back	40-44	:30.80	
	Susan Harris	50 Back	50-54	:31.53	
	Muffy MacKenzie	50 Free	55-59	:27.49	
	Muffy MacKenzie	50 Free	55-59	:27.37	
	Muffy MacKenzie	100 Free	55-59	1:01.39	
	Suzanne Nobel	500 Free	55-59	5:52.82	
	Suzanne Nobel	1000 Free	55-59	12:08.81	
	Suzanne Nobel	1650 Free	55-59	20:09.30	
	Barb Church	100 Free	65-69	1:08.98	
	Barb Church	50 Back	65-69	:33.58	
	Barb Church	50 Back	65-69	:33.45	
	Barb Church	50 Back	65-69	:33.05	
	Barb Church	100 Back	65-69	1:12.76	
	Barb Church	200 Back	65-69	2:46.14	
	Barb Church	50 Fly	65-69	:36.30	
	Barb Church	100 IM	65-69	1:18.16	
	NAME - MEN	EVENT	AGE	TIME	
	Ryan Sebastian	200 Breast	18-24	2:02.62	
	Ryan Sebastian	200 IM	18-24	1:53.69	
	Ryan Sebastian	400 IM	18-24	4:05.80	
	Jack Methric	50 Back	45-49	:26.70	
	Charles Roddis	50 Back	45-49	:26.15	
	Jack Methric	100 Back	45-49	:57.53	
	Charles Roddis	100 Back	45-49	:56.78	
	Charles Roddis	200 Back	45-49	2:08.09	
	Jack Methric	200 Back	45-49	2:07.43	
	Gaard Arneson	1650 Free	70-74	22:27.68	
	Erik Lokensgard	200 Back	75-79	2:50.55	
LMSC STATE AWARDS PRESENTED AT THE 2019 STATE MEET					
	LIFETIME ACHIEVMENT AWARD - LAURA GOGOLA				
	CHETRICK AWARD - KRISTIN GOODRICH				
	LAWRENCE AWARD - PATRICIA ASCHAN				