WAVE EATER



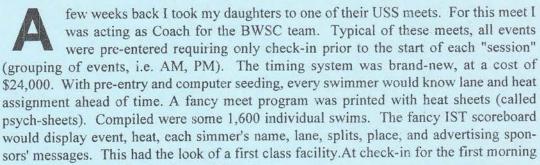


Volume 4 Issue 1

Winter 1996

Cyber-Seeding, Tolerating a Growing Network

By Andy Donato



session there were a few no-shows. Flu and the Christmas holiday season had taken their toll. The meet officials saw this as an opportunity to shorten the meet by deck-seeding and remarshaling to fill in the empty lanes. They claimed they could knock an hour off by doing this. It didn't take long before everything was out of kilter. The swimmers on the blocks didn't match the names on the score board. The heat-sheets were a waste of paper. And, worst of all, the touch pad times, computer linked to a swimmers name, event, heat, and lane were wrong. Thank god for cards?!?! Some poor soul had to key-enter data from 1,600 cards (less no-shows) to print results and award labels. The meet officials were right, they were done and gone after the last event, an hour early. Remaining were all the parents, swimmers, and coaches for results and awards. By Sunday, the Saturday events still weren't sorted out and, weeks later now, my daughters still don't have all their awards.I couldn't help myself... just as the officials critique and disqualify swimmers, I gave my critique to the officials. After run-



It is easy to sit up and take notice. What is difficult is getting up and taking action.

Need a Coached Workout?

n this disjointed state of ours many of you are looking for some time during the week to swim a "coached" workout. Well... depending on where you live or how far you're willing to travel you may just be in luck! The is a coached work-out available at Canham Natatorium at the University of Michigan on the following dates. Tracy Crane is the coach. The time is 9-10:30am and the price is \$4 per swimmer. In general the workouts are done with the pool in the long course format (I believe) but for further information, contact Tracy at (313) 429-0838. (PLEASE do NOT call the pool office, they will have NO information about the workouts.)

The dates for the remainder of the season are: February 4 & 11, March 3 & 31, April 21 & 28, May 5 & 19.

I also understand that if you are a local masters' swimmer in the Lansing area that you can call Dyne Burrell for workout times and locations. (517) 882-9825. Dyne coaches Burrell's Big Dawgs.

If you happened to be in the Kalamazoo area contact coach Vince Gallant of Great Lakes Aquatics at (616) 349-9873.

(Continued on page 3)

"Don't try to duplicate past performances; just do the best you can today."

Fitness: What Is It?

By Jennifer Parks

s your new Fitness Chair, I was asked to write an article for the winter newsletter. What to write? Classes that I teach at Ferris include Intro. to Fitness, Fitness & Conditioning, and even Fitness Swimming. we have an emphasis in our Recreation major which is called Corporate Fitness and Wellness. But what is Fitness, really? One student is doing an independent study with me on Nutrition and also Psychols ogy of Sports & Fitness. He is doing a survey on why people adhere to a fitness/exercise program - and, why other people do not. The most interesting aspect, so far, has been the amazing variation in the responses to the survey. People seem to continue to exercise for all sorts of reasons, all of which, are related to their view of fitness. Also, all sorts of people continue not to exercise, again, for all sorts of reasons, and all of them related to their particular view of what fitness is or is not. So what do these people, not all traditional age college students, think fitness is or a fit person is? Most people, in this study anyway (but I believe most people), think that fitness is related to improving or maintaining a "good" body, at least how it appears to others. Less college students, but more older adults, consider the inner workings of the body and how well the inside machinery responds, as important to fitness. The mental/emotional/stress reducing aspects of fitness are mentioned by the people who do adhere to an exercise program (somewhere around 20% of the general population), because it seems to enhance - whether it's better mental acuity (new studies support this, particularly in children and older adults), staving off chronic or acute depression, or feeling less tense and stressed. So it seems that fitness can include a feeling of mental

(Continued on page 3)

Who's Counting?

By Don Korten, Treasurer

was elected treasurer at the State Meet in 1993 and I would like to give my observations on the progress of the Michigan Masters Swimming program.

The officers, I feel have done and excellent job. Especially Ex President, Bill Reid and his wife, Phyllis.

Under their leadership: Registrations have gone from 450 in 1993, to 562 in 1994 to 615 in 1995. A gain of 166 new swimmers and an increase of 37%. 1996 is starting off with a bang; for November and December we already have 310 as opposed to 148 for the same time last year. Meet attendance: 972 (1994) to 1194 (1995), a gain of 222 or 23%. I don't have the figures from 1993. Our checking account is in good shape. (Fiscal year ends Oct. 31.) We had \$1,771 (1993), \$2,311 (1994) and \$2,013 (1995). Because of record registrations we are started 1996 with \$8,732, the best ever as far as I have records.

I have worked closely with all the officers and everyone is putting their expenses in writing before I issue a check and we have records of all the check issued.

I would also like to give a big thanks to Skip Thompson for doing such a great job on our State records and keeping up with the Top 10 and National meets. What an amazing memory for names and numbers. Keep up the good work, Skip.

Again, great job officers, you have made a big improvement in the Michigan Masters.

(Continued on page 3)

Bill Reid, you were an excellent President and we are happy that you are staying on as

Fitness (con't)

and/or emotional strength. And, speaking of strength, many exercisers relate a feeling of strength in ordinary (snow shoveling) and extraordinary (one student is rearing twin babies and lifts them a lot) activities, and an ability to recover faster from them. The biggest difference between the non-exercisers and the exercisers is that the first group sees fitness as a goal, rather than a process. The exercisers have ongoing goals but see the process as important. The non-exercisers are daunted by the time, commitment, patience o f on-going fitness. What does that mean to us as Masters Swimmers? Why is discussing fitness important to us? It may mean that the goal of doing well in the 1500 or the 2 Mile Open Water Swim next summer is important, but that the goal of continuing fitness to deal with stress in my job, or to offset the mid-life fat creep to my beltline, is just as important to me. That fitness is personal and individual and, most of all, an on-going process; that exercise, whether it's a little or a lot is good. Now, let's go out and try to encourage all of those around us of the many values of fitness, that it is worth the time, that patience while working out will be rewarded, and that commitment feels good, especially when it's to such a clean, soothing, beautiful sport as swimming. Feeling fit is fine! And for the information of many of you who have donated your ear or your money toward the saving of our 50 meter pool in Big Rapids - the ballot initiative to maintain the pool passed with a 70 % positive vote. We even marched in the Homecoming parade with "OUR POOL IS COOL!" banner. Thanks! JP (Jennifer Parks, Fitness Chair)

"It is not how far you swim in practice, and it is not how fast you swim in practice.— It's how far you swim fast."

Cyber-seeding (con't)

ning the Hytek software at our Harbor Springs, and WMMSA meets, and getting Rich Chaney's comments from Flint, I was ready to defend the computer people, support the meet director and have the officials pay penance by working the awards desk after the meet. Many lessons were learned from this and similar experiences. For one, I'm sure this meet director will be much firmer with the officials next time they try to compress his meet. There needs to be good communication with marshaling and the computer entry person/s and some time tolerance to catch-up. Most important of all. . . . consider the poor soul pounding away on the computer with a stack of cards while everybody else is yelling "what is taking so long!! We need to go!!" We'd all like to just swim our events, collect our awards and go. As Masters, we need to be better than that and have consideration for the meet director, volunteers, and yes officials involved in making it all happen. The computers are here to stay, they do more with less people, but let's be patient with those few trying to grow that network. (Editor's note: Next time you miss your heat and go to the official to let you "just swim anywhere", please understand the raised eyebrow. The official then needs to tell the timing operator, who must then tell the computer operator. Also please remember, that at BEST the computer operator inputs what you give them... and at WORST the computer operator inputs what you give them. Neither the computer nor the operator are equipped with a crystal ball.)

Treasurer (con't)

Bill Reid, you were an excellent President and we are happy that you are staying on as Registrar. By the way, I had little to do with all the progress. We are looking forward to new president, Andy Donato, and President-elect, Don Kroeger to continue this progress. Also all members keep the new members coming, you are doing them a big favor for their health and happiness by getting them into swimming. All Michigan swimmers, be sure to stay in shape and attend the Long Course Nationals we are hosting this August at the University of Michigan pool. Let's show the rest of the country what a great group Michigan Swimmers are.

Support LC Nationals, Sponsor an Event

s a part of raising money for the 1996 LC Nationals the steering committee has decided to sell "Event sponsorships" for \$100. For this the sponsor will receive a lovely wooden plaque with the meet logo laser-cut on it and a black-lacquered brass plate affixed to it and laser engraved with the event and acknowledgment of the sponsor. They will also be listed in the Meet Program. The following list indicates which events have been purchased thus far: (M indicates men's - W indicates women's and MX for mixed) In addition, we have been asked to set up dual sponsorships so that two people can go in together for one event. \$130 will do it! For two people wanting to sponsor an event together, they will receive 2 plaques as well as a listing in the meet program.

The following sponsorships have been reserved and/or purchased:
Bill Reid - M 200 Free, Don Asselin - M 400 Free, Don Kroeger - M 800 Free, Dave Goble
- M 1500 Free, Mark Lambert - M 200 Fly, Andy Donato - M 400 IM, Cathy Barry - W 50
Free, Pat Rohner - W 1500 Free, Jay Ryno - W 200 Fly, Charlie Moss - M 200 IM, Karen
Pearson - W 200 IM and Western Michigan Masters Swimming Association - MX 200
Medley Relay.

The following events are still available. If you are interested in sponsoring an event, please call me to verify that it is still available. I (Phyllis Reid) may reached at (517) 592-8908. I will list the Men's events, followed by the Women's finally ending with the mixed. M 50 & 100 free, 50, 100 & 200 breast, 50, 100 & 200 back, 50 & 100 fly, 200 medley and 200 free relays. W 100, 200, 400 & 800 free, 50, 100 & 200 breast, 50, 100 & 200 back, 50 & 100 fly, 400 IM, 200 medley and free relays. MX 200 free relay.

We still have a few of the training T-shirts left. If you have one please wear it at any meet that you attend outside of Michigan. This is a painless method of advertising in which everyone may participate, by spending a minimum and expending just enough energy to wear the T-shirt and answer questions. If you wish to purchase one, please let me know and we'll get it to you.

Bread and Water?

Excerpted from Swimming Technique. Answers by Jackie Berning, M.S., R.D., ICAR Nutrition Coordinator)

Question: How much carbohydrate, fat and protein do swimmers need?

Answer: It has been clearly shown that swimmers in training need more calories. These extra calories should be coming from foods that are high in carbohydrates. A swimmer's diet should contain an energy nutrient balance that includes: 12-15% protein, 25-30% fat & 55-70% carbohydrates

Research suggests that swimmers need about 0.4 to 0.9 grams of protein per pound of body weight, everyday. However, swimmers tend to eat more protein-rich foods than their sedentary friends because they eat more foods. When adolescent elite swimmers were asked if they need to take a protein supplement, 39% of the female swimmers and 44% of the male swimmer's said, "Yes." Other swimmers report that high school athletes are more likely to supplement their diet

"AIM AT THE STARS, IF YOU DON'T HIT THAM, YOU'LL LAND PRETTY HIGH ANYWAY."

Short - Long Course?

die Glusac tells me that the long and short of it are as follows: At the Warren City Swimming Pool on Campbell just off 696 there will be long laps swims available on the dates that follow. (She excluded dates when we have meets.) Sundays -9:30am-10:45 am- February 25, March 24 and April 14th. The fee is \$2.50 for non-resident seniors. After all you have to stay in shape for the Nationals in August at the U of M!!

Nutrition Q&A (con't)

with protein than college athletes.

For most swimmers amino acid or protein supplements are unnecessary. Athletes should be aware hat protein supplementation and/or amino acid isupplements in large doses may cause amino acid inbalanes and toxicities. (There have not been studies conducted using large doses of amino acid or protein supplements on human subjects, and therefore no official margin of safety is known.)

Question: Do swimmers need to take extra vitamins and minerals?

Answer: Although defiencies of vitamins and minerals can result in poor performance, there is no evidence that vitamins and minerals taken in excess of the normal daily requirements will enhance performance. Swimmers can automatically, and more beneificially, increase their vitamin and mineral intake if they make wise food choices from the four food groups including meat, dairy products, vegetables and grain products.

Vitamin intake helps control the growth of body tissue and is essential for the release of energy in the body. The body alone cannot make most vitamins, therefore, you must supply these vitamins to your body in what you eat or drink. Vitamins are widely distributed in the foods that make up the typical diet. The major function of minerals are building cells and controlling body processes. Swimmers who constantly eat inadequate diets may require specific minerals including calcium, iodine, iron and phosphorous.

Question: When is fluid replacement necessary?

Answer: Drinking water is important before, during and after a workout or competition. In fact, one-half cup of water every 10-15 minutes helps replace body fluids lost as swimmers perspire during practice. Sports drinks can be beneficial especially if swimmers are training longer than 60 minutes. The rule of thumb is 6-8% carbohydrate fluids; this means 1/2 strength fruit juice and full strength sports drinks. The sports drinks formulated with 6-7% carbohydrate and sodium, replace fluids faster than water and improve performance.

Performance can suffer when a swimmer loses as little as 2% of body weight as sweat. Thirst is not an accurate indicator of how much fluid a swimmer needs. To maintain hydration levels, swimmers need to keep a fluid bottle by the side of the pool when working out and drink as often as possible. To minimize poor performance due to dehydration, swimmers should:

¶ drink 2 cups of fluid for each pound lost in workout or competition

¶ drink 4-10oz of fluid every 15-20 minutes during training

Premember that dark urine indicates dehydration.

"Don't count the days; make the days count!"

10 Tips for Swim Fitness/Wellness in the Winter

Courtesy of: Jennifer Parks

Some general reminders, especially this time of year for Fitness/Wellness:

- 1. Wash your hands, often, especially if you are around people with colds or the flu.
- 2. Drink a lot of water, before and after working out, around our dry environments, and you will not only hydrate yourself but may actually stay warmer in this cold weather.
- 3. If you are feeling stressed, you may need a longer, steadier swim than short, fast interval training, particularly later in the day.
- 4. Remember to do, at least, some easy strength training to protect those joints from overuse, especially areas of your body that you know are susceptible to problems, ie. biceps, triceps, lat bar, leg exensions, etc.
- 5. Protect your back as well: small shovels of snow, some abdominal strength work, possibly back strengthening exercises, work on posture.
- 6. As you begin to gear up for state meet, August Nationals, spring triathlon, looking better in your swim suit, or just beating the winter blahs, remember to work up to harder work gradually, giving yourself time to adjust to higher level of training.
- 7. Rest is good. Sleep more if you need to. Go to bed 1/2 hour earlier.
- 8. Check your goals. Are they reasonable for you, with the amount of swimming you get in, relative to your job, family, etc? It's ok to modify them. We're in this program for the long haul. Don't let perceived expectations stop you from participating at some level: fitness is good!
- 9. Five a day: fruits and veggies bright colors. Remember some "fuel" in the morning is good, a little protein (milk in your cereal) may keep you perkier. Carry an orange or a banana. Put a little carbo in you within the 2 hours before you swim; and a little something, juice or fruit or crackers 1/2 hour after you finish. And drink water, a lot!
- 10. Oh, yes. And remember to have fun when you swim. Fitness/Wellness is not only the state of the body but a state of the mind...and spirit.

Eating five servings of fruits and vegetables are an ABSOLUTE must for your health!

YOUR OFFICERS are Here to Serve YOU

President:

Andy Donato 355 Connecticut Marysville, MI 48040 (810)364-4974

President-Elect:

Donald Kroeger 433 Toll Street Monroe, MI 48161 (313) 242-7175

Secreatry & Safety Chair:

Karen Pearson 4333Muirfield Drive Brighton, MI 48116 (810) 220-3410

Treasurer:

Don Korten 3861 Beadle Lake Rd. Battle Creek, MI 49017 (616) 962-7464

Sanctions:

Tom Hunt 632 Tennyson Rochester Hills, MI 48307 (810)299-3962

Top Ten & Records:

Frank Thompson 2660 Littletell Ave. W. Bloomfield, MI 48324 (810) 683-2191

Fitness:

Jennifer Parks 219 Hutchinson Big Rapids, MI 49307 (616) 796-6946 E-Mail - JENSWIMS@aol.com

Registrar:

Bill Reid 128 Marlboro Ct. Brooklyn, MI 49230 (517) 592-8908 E-mail: PAS WTReid@aol.com

Send these folks your suggestions, encouragement or comments.

Michigan Masters Swimming and West Michigan Masters Swim Association Present the Ninth Annual

Swim Classic

at

Rockford High School Community Pool

4100 Kroes Rd. Rockford, Michigan

February 24, 1996

Meet fee is \$13.00 at the door. You must be a registered Masters Swimmer to swim in the meet, (i.e. you must show your card or pay to join). Michigan Masters membership (\$25.00), sign up available at the Meet.

The Rockford Pool was the site of the 1995 Masters State meet. It features 8 lanes, continuous warm-up area, Colorado timing, and large spectator area. Parking is free.

Registration 9:15 a.m. - 11:15 a.m. (event #1 cuts off registration at 9:45 a.m., event #2 at 10:15 a.m.). 1000/1650 Yard Free starts at 10:15 a.m. Warm-ups are 9:30 - 10:00 a.m. and after the 1000 yard Free. Events 3 through 15 should start at approximately 12:30 p.m.. All heats seeded slow to fast. Limit of 5 individual events and 2 relays per swimmer.

Questions: Ken Danhof, Meet Director, 4295 Carolyn, Muskegon, MI. 49444 (616) 739-5592 Sanctioned for USMS Inc. by Michigan Masters #MM199530.

List of Events:

- 1. 1,650 Yard Free*
- 2. 1,000 Yard Free*
 Intermission
- 3. 200 Yard Medley Relay
- 4. 200 Yard Free
- 5. 200 Yard Individual Medley
- 6. 50 Yard Free
- 7. 200 Yard Breast
- 8. 100 Yard Back
- 9. 50 Yard Butterfly Intermission
- 10. 100 Yard Individual Medley
- 11. 100 Yard Free
- 12. 100 Yard Breast
- 13. 100 Yard Butterfly
- 14. 200 Yard Back
- 15. 200 Yard Free Relay

To Grand Haven and Muskegon and Saugatuck and Saug

^{*} Heats may be run concurrently. Meet Director reserves the right to "double-up" lanes. During warm-up you must enter the water feet first and in a cautious manner. Diving will only be allowed in designated sprint lanes.

State Meet Preview March 10, 1996 Kalamazoo, MI

Sanctioned by Michigan Masters for USMS, Inc.

Host: Great Lakes Aquatics, Sanction No. MM1995

Site: Loy Norrix High School (25 yard pool)

Time: 8:30-9:45 am Check-in and deck entry

9:00-9:50 am General warm-up

10:00 am 1, 400 LM.

9. 100 LM 2. 200 Med. Relau

10. 100 Breaststroke 3. 200 Freestyle

11. 100 Freestyle

4. 200 Butterfly 12. 100 Backstroke

5. 50 Breaststroke 13. 100 Butterfly

6. 50 Butterfly 14. 200 Choice

7. 50 Freestyle 15. 400 Free Relay

8. 50 Backstroke 16. 500 Freestyle

Swimmers are reminded to enter the water feet-first during all warm-ups and warm-downs. Diving is permitted only in designated sprint lanes. One lane will be reserved during the meet (except during the 400 IM and 500 free) for warm-downs. There will be a break between the 50 Backstroke and the 100 IM.

Entries: Cost is \$10.00 for mailed-in entries and \$15.00 fo deck entries. Mailed-in entries must be postmarked by Monday, March 4, 1996. Relays may be entered without a penalty. A swimmer may enter four individual events and two relays. Entries should be mailed to: Vince Gallant

> 323 Garland Aue. Kalamazoo, MI 49001

State Meet Tune-Up March 18,1996 Kalamazoo, MI Sanctioned by Michigan Masters for USMS Inc., Sanction No. MM1995

Entry Procedure: Age on March 10, 1996, determines age for the meet. Use one entry form for each swimmer entering the meet; copy the entry form as needed. Entries postmarked on or before Monday, March 4, are accepted as early entries; entries postmarked after this date are considered deck entries (add \$5.00 to entry fee). Mail all entries to:

Vince Gallant 323 Garland Ave. Kalamazoo, MI 49001

Seeding and Scratches: Positive check-in is required for all swimmers and events. Swimmers will be given their cards without heat and lane assignments. At the end of the check-in period, all swimmers who have not checked in will be scratched and the heats seeded. Seeded heat sheets will be posted in the pool area and all swimmers can mark their cards with their heat and lane assignments.

Swimmers who have entered the meet by mail and find that they are unable to attend may scratch by telephone. Scratches will be accepted at (616)349-9873 until Saturday night at 9:00 p.m. If you scratch by phone, we will refund \$6.00 of your entry fee.

Seeding will be slow-to-fast in all events except the 400 IM and 500 Free.

Warm-up Procedures: USS Rules guide the warm-up procedures. Swimmers are to enter the water feet first in a cautious manner; safety of all swimmers is paramount. Sprint lanes, in which racing starts may be performed, will be designated and opened by the officials with approximately one half hour remaining in the warm-up.

Refreshments: Refreshments including coffee will be available before, during and after the meet for the swimmers.

Timing: Colorado Electronic Timing System will be used during the meet. Splits will be taken by the system and will be posted in the pool area with the final results.

Additional Information: Vince Gallant (616)349-9873.

Directions to Loy Norrix High School

From the East: I-94 east to Exit 76 (Westnedge North). Westnedge north to Kilgore Road. Kilgore Road east to Lovers Lane. Lovers Lane south to school entrance.

From the West: I-94 west to Exit 76 (Westnedge North). Westnedge north to Kilgore Road. Kilgore Road east to Lovers Lane. Lovers Lane south to school entrance.

From the South: US-131 north to I-94. I-94 east to Exit 76 (Westnedge North). Westnedge north to Kilgore Road. Kilgore Road east to Lovers Lane. Lovers Lane south to school entrance.

From the North: US-131 south to I-94. I-94 east to Exit 76 Westnedge North). Westnedge north to Kilgore Road. Kilgore Road east to Lovers Lane. Lovers Lane south to school entrance.

Great Lakes Aquatics Short Course Masters Swim Meet

Sanctioned by Michigan Masters for USMS Inc., Sanction No. MM1995 Sunday, March 10, 1996

NAME:				
BIRTHDATE:	Age on Mar.10:TEAM:			
EVENT NUMBER	EVENT NAME	SEED TIME		
1	400 Yard Individual Medley			
2	200 Yard Medley Relay			
3	200 Yard Freestyle			
4	200 Yard Butterfly			
5	50 Yard Breaststroke			
6	50 Yard Butterfly			
7	50 Yard Freestyle			
8	50 Yard Backstroke			
9	100 Yard Individual Medley			
10	100 Yard Breaststroke			
11	100 Yard Freestyle			
12	100 Yard Backstroke			
13	100 Yard Butterfly			
14	200 Yard Choice			
15	400 Yard Freestyle Relay			
16	500 Yard Freestyle			
Entry Fee: \$10.00	Make checks payable to:	Great Lakes Aquatics		

ENTRY DEADLINE:

Monday, March 4, 1996 (Postmarked)

Make checks payable to: Great Lakes Aquatics

Send entries to:

Vince Gallant 323 Garland Ave.

Kalamazoo, MI 49001

(616)349-9873

21st annual!! Midland Masters Winter's End Swim Meet

Sanctioned for USMS, Inc by Michigan Masters Sanction # MM199532

Date:

Sunday, March 17th, 1996

Place:

H. H. Dow high school 3901 N. Saginaw Rd., Midland, Michigan

Time:

9:30 AM Warmup for 500 free and 400 IM 10:30 AM 500 Free and 400 IM 11:00 AM General warmup 11:30 AM 200 buterfly begins

Facility:

6 lane, 25 yard pool; electronic timing, 6-lane electronic display scoreboard

Awards:

Michigan Masters ribbons for 1st through 3rd place

Events:

1. 500 Freestyle	8 100 Breast
2. 400 Ind Medley	9. 50 Free
(30 minute warmup)	10. 200 back
3. 200 Butterfly	11. 50 Fly
4. 200 Ind Medley	12. 100 Ind Medley
5. 100 Back	13. 100 Free
6. 200 free	14. 50 Breast
7. 100 Fly	15. 200 Free Relay

Seeding:

Fast to Slow

21st annual!! Midland Masters Winter's End Swim Meet

Warmup:

Continuous warmup during meet in Lane 6. USMS Safety rules will be observed. Swimmers must enter the water feet-first in a cautious manner with at least one hand in contact with the deck or gutter

Entry fee:

\$10.00 per swimmer (Maximum 5 events plus relay)

Entry deadline:

Deck entries only; 10:15AM for 500 Free; 11:15 for remainder

Refreshments:

During meet. Social after - T.B.A.*
*TBA = To be announced

For more information contact:

Charles Moss	or	Dave Speth
(517) 631-1480		(517) 636-7802 (h)
		(517) 636-9238 (0)

USMS registration required. \$25.00 for 1996 calendar year. Registration available at the meet.

From Flint: Take I-75
North. Exit US 10. Go
West (15 miles) to
Midland. Take Eastman
Road exit. Go South to
Saginaw Road. Turn right
(West). H.H.Dow H.S. is
about 2 miles. Use
parking lot on West side
of school.

MICHIGAN MASTERS 1996 STATE CHAMPIONSHIP SWIM MEET SANCTIONED FOR USMS INC. BY MICHIGAN MASTERS SANCTION MM199535 FRIDAY-SUNDAY, MARCH 29 - 31, 96 SAGINAW VALLEY STATE UNIVERSITY

HOST ORGANIZATIONS:

Midland Dolphins Community Swim Team, Saginaw Valley State University, and Michigan Masters Swimming Association are the Host Organizations for the 1996 Michigan Masters State Championships. We are looking forward to an exciting weekend and a well organized event for participants and spectators alike. SVSU was the host of the 1992 State Championship Meet which saw 175 State, 4 National, and 2 World Records broken during the course of the meet. 10 Individual Event Swimmers and 23 Relay Team Swimmers achieved USMS All-American Status from performances in this meet making it one of the fastest Michigan masters swim meets ever.

FACILITIES:

Ryder Center Pool, Saginaw Valley State University, 2250 Pierce Road, University Center, MI 48710 (Map Enclosed). Modern eight-lane, 50-meter indoor pool with bulkhead to be configured as two 25-meter, eight lane courses. One course will be used for competition and the other for continuous warm-up/cool down (except during the distance events which both courses will be used). One lane in the south end course will be available for warm-up/cool downs during the distance events. Swimmers must enter the water feet first in a cautious manner during all warm-ups/cool downs. Diving is permitted only in designated sprint lanes. Participants, Coaches, and Officials should check-in and enter the Ryder Center from the ground level: "User Entrance" (CHECK-IN TIME: will began at 4:30 P.M. on Friday March 29, 1996. Spectators can also enter and exit the pool area from the ground level. Locker rooms are available WITH LOCKERS FOR ALL SWIMMERS. Swimmers should bring their own locks and are responsible for the safety of their own belongings.

RULES - ELIGHBILITY:

This is a USMS sanctioned meet, USMS rules apply and will be observed. Any swimmer registered in USMS may swim in this meet. All swimmers will be required to enclose a photo copy of their USMS card with the entry form or write "APPLIED FOR" on the entry form AND send the tregistration application along with the USMS fee of \$25.00 (this is in addition to the meet entry fee). A swimmer not pre-registered will be forced to deck enter and pay the appropriate late fees. It is recommended that swimmers pre-register for the Meet and be pre-registered with USMS by the Entry Deadline, if not this will be treated as a late entry and deck entered. You may register for USMS at the meet if you have not done so. A swimmer not registered with Michigan Masters cannot establish a State Record.

TIMING:

Timing system is Colorado 3000 electrontic system with electronic and manual back-up with 8-lane display scoreboard with horn start and recall. All events (except for some heats of the distance events) will be timed using this system. Manual back-up timers will be provided at each lane. Swimmers are encouraged to hit the pad firmly and when swimming in relays to remain clear of the finish area until the event is completed by all swimmers. Any swimmer or relay attempting a NATIONAL or WORLD RECORD should alert the Starter and make sure there is the adequate three manual timers as backup. Swimmers are required to supply their own lap counting personnel in distance events.

AGE GROUPS:

The age reported on your entry form must reflect your actual age as registered with USMS. Age on March 31 (last day of the meet) determines his/her age for the entire meet. Individual Events: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, etc. through 100+. Relay Events: 76+, 100+, 120+, 160+, 200+, 240+, 320+ and 40 increments as high as necessary.

SEEDING:

Seeding will be slow to fast for all events. Men and Women will be seeded separately into heats according to seed times. Deck entries and "no time" entries will be seeded in the slowest heats. All swimmers will be seeded into heats by time regardless of age and swimmers MUST then swim in their designated heat and lane. Consult your heat sheets that you will receive at the meet check-in for your heat and lane assignments. It's the swimmers responsibility to report to the proper heat and lane. Failure to appear will be considered a scratch and you will not be allowed to swim in another heat of the same event. The Meet Director reserves the right to RESEED the distance events if there is a significant number of scratches after check-in to eliminate the use of empty lanes during the swimming of the event.

ENTRY FEES:

Individual: Fee	Deck Enter: Fee	# of Individual Events	# of Relays
\$19	\$34	0	Up to 1 of each event to 4 total
\$23	\$38	1	Up to 1 of each event to 4 total
\$27	\$42	2	Up to 1 of each event to 4 total
\$31	\$46	3	Up to 1 of each event to 4 total
\$35	\$50	4, 5, 6, 7	Up to 1 of each event to 4 total

Relays Fees: \$10 per relay prior to March 17, 1996. \$14 per relay after - March 17, 1996.

An additional \$15 fee included in the individual fee structure above will be assessed to late entries and deck entries. Deck Entries slow down the running of the meet so it's advisable to enter by the ENTRY DEADLINE OF MARCH 17, 1996. Deck Entries will be taken from 4:45 - 5:30 P.M. on Friday and 7:45 -8:30 A.M. on Saturday and Sunday.

ENTRY LIMITS: (excluding relays)

Event maximum	for the entire meet:	7
	for Friday, March 29, 1996	2
	for Saturday, March 30, 1996	4
	for Sunday, March 31, 1996	4

- * An individual may compete on only one relay team per relay event
- * If more than 7 events are listed on the entry form, only the first seven will be entered
- * Please enclose a photo copy of your USMS registration card with your entry form.
- * You must fill in and sign the Athlete's Release to validate your entry form.

ENTRY PROCEDURE - INDIVIDUAL EVENTS AND OPEN EVENTS - MARCH 29:

To enter individual events, swimmers should select their events (maximum seven), and enter seed times (IN SHORT COURSE YARDS) on the line "entry seed time" on the entry form. Swimmers entering with no seed time will swim in the slowest heats. Three open events will be offered on Friday, March 29, the 50, 100, and 200 Open. These events are to allow swimmers to swim events that are located too close together over the course of the meet. Each swimmer competing in these events shall specify what stroke that they intend to swim when they enter the event. Any swimmer not indicating a stroke when completing the registration form must swim freestyle. Each result will be entered and scored with the actual event swam later in the meet. For example, a swimmer entering the 200 Open swimming backstroke would actually be entered and scored with the swimmers of the 200 Backstroke (Event 5-6). You would fill out the entry form as 200 Open-Back. You may not reswim the same distance/stroke if you entered it as an open event. You are expected to swim on the days indicated on your entry form. Remember all distances will be swam SHORT COURSE METERS.

ENTRY PROCEDURE - DISTANCE EVENTS:

The 400 Free, 400 IM, and 800 Free will be offered two separate times during the course of the meet. You may swim these events ONCE during the course of the three day meet. The 1500 Free will be offered ONCE on Friday, March 29. You will only be permitted to swim either the 1500 Free or the 800 Free on Friday, March 29, only. For people swimming the 800 Free on Friday, March 29, there will be no starting blocks. The 800 Free will take place in the south course (nearest the scoreboard) and will be hand timed. Depending on the number of entries for the 1500 Free and time limits, the south course (7 lanes) could be used alternating heats with the north course (competition pool). All other distance events will take place in the north course. Be sure to check-in before you warm-up for Friday's distance events for your correct heat and lane assignments which will be posted after the check-in time period ends in the pool area.

ENTRY PROCEDURE RELAYS:

To enter relays, team representatives should enter the number of relay teams and the fees associated for each event. It is requested that only one relay form be submitted for each team. The age brackets, sexes, and seed times will not be needed until the relay check-in on the day of the relay. All relays are deck entered. Offical relay cards are picked up from the Clerk of the Course by the coach or team representative and is responsible to PRINT LEGIBLY all information required. Each card shall include: swimmer's name as USMS registered in order of relay swim; first name, last name, age, sex, and computer ID number. Cards shall be returned to Clerk of the Course by the deadline announced at the meet. Once the cards are turned in and entered for heat sheets; the age group, sex of the relay, and seed time cannot be changed. Cards can be picked from the Clerk of the Course by the coach or team representative when announced at the meet. At check-in, team representatives with relays will receive a packet and relay cards with the instructions to supply the data mentioned above.

GENERAL CHECK-IN, WARM-UP AND COMPETITION TIMES:

Session #1 - Friday Night, March 29 - Check-in and Warm-up - 4:30 P.M. to 6:00 P.M.

Session #1 - Friday Night, March 29 - Competition begins - 6:00 P.M.

Session #2 - Saturday Morning, March 30 - Check-in and Warm-up - 7:45 A.M. to 8:45 A.M.

Session #2 - Saturday Morning, March 30 - Competition begins - 9: 00 A.M.

ANNUAL MEETING - MICHIGAN LMSC LMSC MEETING TO START 20 MINUTES AFTER EVENT#12 200 FREE RELAY

Session #3 - Saturday Afternoon, March 30 - Check-in and Warm-up - 1:00 P.M. to 1:45 P.M.

Session #3 - Saturday Afternoon, March 30 - Competition begins - 2:00 P.M.

Session #4 - Sunday Morning, March 31 - Check-in and Warm-up - 7:45 A.M. to 8:45 A.M.

Session #4 - Sunday Morning, March 31 - Competition begins - 9:00 A.M.

Session #5 - Sunday Afternoon, March 31 - Check-in and Warm-up - ONE HOUR AFTER EVENT #32 200 MEDLEY RELAY - EXPECTED TIME 12:00 P.M. TO 1:00 P.M.

Session #6 - Sunday Afternoon, March 31 - COMPETITION BEGINS ONE HOUR AFTER CHECK-IN AND WARM-UP - EXPECTED TIME 1:00 P.M. TO 2:00 P.M.

DISTANCE EVENTS & OPEN EVENTS CHECK-IN FRIDAY NIGHT MARCH 29:

400 FREE, 50 OPEN, 400 IM, 100 OPEN, AND 200 OPEN - BY 5:30 P.M. AND NO LATER

800 FREE AND 1500 FREE - BY 5:45 P.M. AND NO LATER.

ENTRY DEADLINE:

Swimmers (Individual and Relays) must have their entries postmarked by March 17, 1996 to score team points. All entries postmarked after March 17, 1996 will be late and be assessed a late entry fee. Late entries and Deck Entries do not score team points.

SCORING:

PLACE	1	2	3	4	5	6	7	8
Individual Event	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

AWARDS:

PLACE	AWARDS
1st, 2nd, 3rd,	Michigan Masters State Championship Medals
4th, 5th, 6th, 7th, 8th	Michigan Masters State Championship Ribbons
High Point Team - Large Team	Michigan Masters State Championship Travelling Banner
	Michigan Masters State Championship Travelling Banner

Two divisions shall be recognized for purposes of team scoring based upon the number of swimmers entered in the meet from each team. The number of swimmers for teams in each division will be determined by the Meet Director after the entry deadline.

EVENT RESULTS AND COMPLETE STATE MEET RESULTS:

Event results will be posted in two clearly marked places announced at the meet. Also the awards table will have the event results after they are posted so you can pick up your awards. Meet results (events, ages, names - individual and relay, times, and team scores will be published in the Michigan Masters Summer Newsletter (The Wave Eater) to all Michigan Masters registered swimmers. Complete meet results (including splits for all individual and relay events) can be purchased for \$7.00 at the check-in table. Results will be mailed.

FACILITY RULES AND MICHIGAN MASTERS STATE MEET GUIDELINES: THESE ARE STRICTLY ENFORCED

- A. Smoking is not allowed in any of the buildings.
- B. Food and beverages are not allowed in the pool area, in adjacent locker rooms or in spectator areas. Food and beverages are to be kept in the designated areas on the balcony concourse (this includes coolers, snacks, and quick energy treats). Plastic water bottles are permitted on the deck.
- C. Shoes are not permitted on the pool deck. Thongs and water socks are welcome.
- D. Lockers are available but swimmers should bring their own locks. Neither Midland Dolphins, SVSU, or Michigan Masters will assume responsibility for lost or stolen articles.
- E. BODY OILS AND OTHER RUB-DOWN SUBSTANCES THAT MAY CONTAMINATE THE POOL WATER ARE BANNNED BY THE TERMS OF THE MEET POOL RENTAL CONTRACT. SWIMMERS WHO USE THESE SUBSTANCES WILL BE HELD RESPONSIBLE AND BE DISQUALIFIED AND MAY JEOPARDIZE THE FUTURE ACCESS OF MICHIGAN MASTERS TO THE SVSU POOL.
- F. Swimming under the bulkhead is not permitted.
- G. Swimmers in the concession area (hallway off the pool balcony) must wear shirts, shorts, and some kind of foot covering. Swimmers in bathing suits and bare feet will be requested to return the pool area. Swimmers should be prepared for this.
- H. Their will be no admission fee for spectators of the swimming meet. However spectators will not be permitted on deck other than in designated walk areas.

MICHIGAN MASTERS 1996 STATE CHAMPIONSHIP SWIM MEET SANCTIONED FOR USMS INC. BY MICHIGAN MASTERS SANCTION MM199535 FRIDAY-SUNDAY, MARCH 29 - 31, 96 SAGINAW VALLEY STATE UNIVERSITY MICHIGAN MASTERS 1996 STATE CHAMPIONSHIP SCHEDULE OF EVENTS

Open Events will be swam in heats of all the same stroke in the order of: Fly, Back, Breast, Free, and IM. Please make sure on your entry form that you designate the stroke of the Open event. Remember all distances will be swam Short Course Meters. Please submit all times in Yards. For 400 Fee use 500 yard Free time, for 800 Free use 1000 yard time, and for 1500 Free use 1650

Women	Ever	nts #			Mens's	Events #
			Frida	y, March, 29, 1996		
		Warm up - 5:00	P.M. N	Meet begins at 6:00 P.1	M.	
	21	400	Meter	Freestyle		22
	7	50	Meter	Open - Fly		8
	17	50	Meter	Open - Back		18
	27	50	Meter	Open - Breast		28
	37			Open - Free		38
	9		Meter			10
	25			Open - Fly		26
	35			Open - Back		36
	15			Open - Breast		16
	3			Open - Free		4
	39			Open - IM		40
	13			Open - Fly		14
	5			Open - Back		6
	33			Open - Breast		34
	23			Open - Free		24
	29			Open - IM		30
	43			Freestyle		44
	1	1500) Mete	r Freestyle		2
				day, March, 30, 199		
		warm up - 8	.00 A.N	M. Meet begins at 9:00	J A.M	
	3	100	Meter	Freestyle		4
	5			Backstroke		6
	7		Meter			8
	9		Meter			10
		10	Minut	e Break		
	11	200	Meter	Free Relay		12
		ANNIAL MEETIN	C OF	MICHIGAN LMSC		
	то	START 20 MINUTES				ELAY
		Session # 2	Satur	day, March, 30, 199	6	
				1. Meet begins at 2:00		
	13	200	Meter	Fly		14
	15			Breast		16
	17	50	Meter	Backstroke		18
		10	Minut	e Break		
		200	Meter	Mixed Medley Relay	7	20
	21	400	Meter	Freestyle		22

ANNUAL SOCIAL - To be Announced at the Meet

Women Events #		Mens's	Events #
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Session # 4 Sunday, March, 31, 1996 Warm up - 8:00 A.M. Meet begins at 9:00 A.M.

23	200 Meter Freestyle	24
25	100 Meter Fly	26
27	50 Meter Breast	28
29	200 Meter IM	30
	10 Minute Break	
31	200 Meter Medley Relay	32

Session # 5 Sunday, March, 31, 1996

Warm/up - One hour after Event #32 200 Medley Relay - Expected Time 12:00 P.M. TO 1:00 P.M. Competition begins One hour after warm/up - Expected Time 1:00 P.M. TO 2:00 P.M.

33	200	Meter Breast	34
35	100	Meter Back	36
37	50	Meter Free	38
39	100	Meter IM	40
	10	Minute Break	
	200	Meter Mixed Free Relay	42
43	800	Meter Freestyle	44

ANNUAL MEETING:

All swimmers are encouraged and should plan to attend the annual membership meeting held (in a large conference room to be announced at the meet) during the lunch break on Saturday. This is the time to vote on critical issues affecting the USMS National Organization, Michigan LMSC your local team, and yourself. The meeting will get started 20 Minutes after the morning session (Session 2). An agenda of the meeting will be available at check-in on Friday, March 29, 1996.

CONCESSIONS AND PARKING:

A limited concession (hot dogs, coffee, pop, cookies, fruit) will be available from a concession stand run by SVSU. See Facility Rules, Part B regarding this. There are nearby restuarants (about 5-10 minutes from the pool) so plan your meals /snacks accordingly. There is abundant free parking at the Ryder Center Pool SVSU.

HOTEL / MOTEL INFORMATION:

Room blocks have been arranged at several local hotel/motels. Special rates to masters swimmers will be given. When you make your reservation, tell the hotel/motel that you are involved in an athletic event at Saginaw Valley State University and you will get the discounted rate. A listing and maps are enclosed.

MEET DIRECTOR: Frank (Skip) Thompson 2660 Littletell Ave.

West Bloomfield, MI 48324 (810) 683 - 2191

MEET T-SHIRTS:

Meet t-shirts imprinted with the Meet logo (which will be the same as the current state logo which is on Michigan Masters medals and ribbons) can be ordered on the meet entry form. Some shirts will be available at the meet, but we recommend ordering with your entry to assure size selection. Sizes and cost are shown on the entry form. The color will be white with burgundy print similar to the 1992 state meet t-shirt. Sample t-shirts will be on display in February and March at Michigan Masters swim meets.

MICHIGAN MASTERS 1996 STATE CHAMPIONSHIP ENTRY FORM

NAME:		The second secon	49.47% 94.40
ADDRESS:			
CITY, STATI	E, ZIP:		
PHONE #		SEX: USMS #	
AGE ON MA	ARCH 31:T	TEAM:	a processor and the second
EVENT NUMBER:	The state of the s	ENTRY SEED TIME: (TO THE 10TH OF A SECOND)	
			\$23
National Physics of the Assessment of the Indiana.		Appendix only 141 Consequence page contract to the Consequence and Appendix of Consequence	\$27
-			\$31
			\$35
-			\$35
			\$35
-			\$35
		400 IM, and the 800 Free please indicate by for your swimming this/these event(s).	ri.
400 IM 3-29_	3-30 400 Fre	ee 3-293-30800 Free 3-293-	31
RELAY EVE TEAM NAME		TEAM REP:	
EVENT#	RELAY #	OF RELAY TEAMS FEES (\$10 PER	RELAY)
11 - 12	200 Free Relay		
20	200 Mixed Medley		Access demand
31 - 32	200 Medley Relay		
42	200 Mixed Free		

Please, only one relay entry form per team. Insert only the number of relay teams and the fees associated for each event. The age brackets, sexes, and seed times will not be needed until relay check-in on the day of the relay race.

Make Checks payable to: MIDLAND COMMUNITY SWIM TEAM. Mail Entries to: Gary Strickler, 1306 Woodview Ct, Midland, MI 48642 (517) 832 - 9664

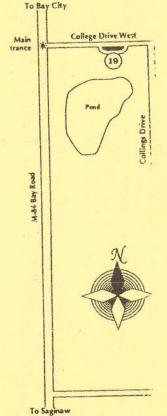
MICHIGAN MASTERS 1996 STATE CHAMPIONSHIP RELEASE FORM SANCTIONED FOR USMS INC. BY MICHIGAN MASTERS SANCTION MM199535 FRIDAY-SUNDAY, MARCH 29-31, 96 SAGINAW VALLEY STATE UNIVERSITY

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Master's Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIM FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.

PARTICIPANT'S NAME	USMS NUMBER	DATE
This form must be completed and saddition, a photocopy of the swimust be supplied with this Athlemichigan masters 1996	immer's United States Master lete's Release Form and the I	s Swimming (USMS) card Entry Form.
Swimmer Entry Fee (see entry		\$
Relay Entry Fee (for information	n on Relays see meet informa	ation sheets) \$
USMS Registration Fee (If you	have not registered for the 1	996 season) \$
Michigan Masters State Champi		
Please circle size of your T-Shir	rts M L XL	XXL \$
Please make check payable to:	Midland Community Swim T	eam
	GRAND TO	OTAL \$
ANNUAL STATE MEET SOCI one hour after the conclusion of th interested in attending please man	ne meet. Details will be availab	le at the meet. If you are
You must enter this meet by mand photo copy of your USMS High School in Midland on Maall entries must be postmarked will need to check-in upon arri	registration card to the Wint arch 17, 1996 which is the e by March 17, 1996. Each sy	er's End swim meet at Dow entry deadline date. Otherwise wimmer who enters the meet

MAIL ENTRIES TO: Gary Strickler 1306 Woodview Ct. Midland, MI 48642 (517) 832 - 9664 Fax (517) 636 - 5707 SAGINAW VALLEY S 7400 Bay Road University Center, M

Phone (517) 790-400 From Midland (517)



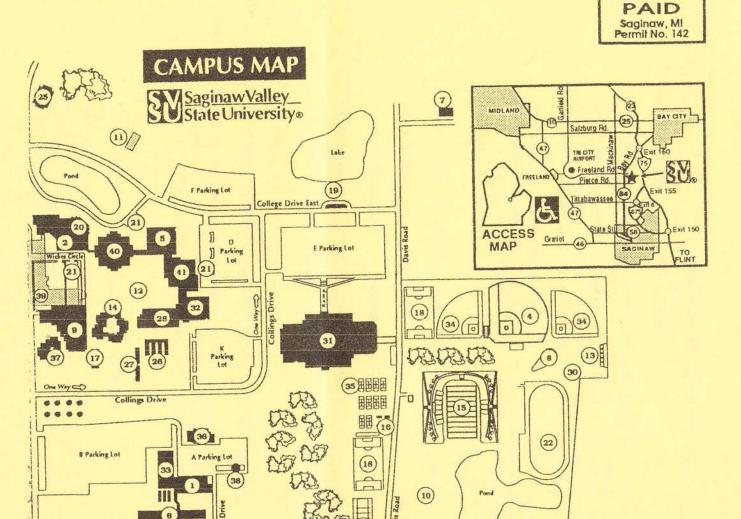
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- 1. Admi: 2. Dorott
- Fine A
- 3. Archet 4. Baseb-
- 5. Mauric
- 6. CIESIN 7. Childre
- 8. Discus
- 9. Doan (10. Footba
- 19. Kiosk
- 1. Founders Building (proposed construction site) 2. Gazelle Fountain
- 13. Golf & Tee Range14. Great Lakes Hall15. Harvey R. Wickes Memorial Stadium
- 16. Horseshoe Pits
- 17. Housing Office 18. Intramural Fields

20. Marshall M. Fredericks Sculpture Gallery

Pierce Road

- 21. Metered Parking
- 22. Morley Field 23. Observatory
- 24. Owsley Grove 25. Pine Grove Apartments
- 26. Pioneer Annex
- 27. Pioneer Classrooms
- 28. Pioneer Hall of Engineering & Technology
- 29. Public Safety

- 30. Putting Green
 31. Ryder Center for Health &
- Physical Education
- Science Building 33. Service Building
- Softball Field Tennis Courts 34.
- 37. Tranquil Hall 38. Water Tower
- 39. West Complex (under construction)
- *40. Wickes Hall



- 35.
- 36. Theatre
- 41. Melvin J. Zahnow Library

Nonprofit Organization

U.S. POSTAGE

Ages 19 Thro	ugh	24		Mixed 50 Breast	~~		20 06
PL Name	Age	Team	Finals	1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE	32	0	40.96
				2 JENNIFER YEE	31	0	40.36
William Co. Bush				3 K. ZIEGENMEIE	34	U	42.70
1 L. BLACKBURN 2 V. WEBBER 3 HEIDI SHORTER 4 J. BACKOVER Mixed 100 Free	24	0	28.47	Mixed 200 Breast	22	0	2.56 87
2 V. WEBBER	2.1	0	30.87	1 B. O'NEILL Mixed 50 Fly	33	0	2.50.07
3 HEIDI SHORTER	20	0	31.36	1 K. BAINBRIDGE 2 LESLIE HAPAK	30	0	32.05
4 J. BACKOVER	24	0	33.92	2 LESLIE HAPAK	32	0	35.16
Mixed 100 Free				Mixed 100 Fly			
1 KERRY FORBES	24	0	1:12.29	1 K. BAINBRIDGE	30	0	1:15.50
Mixed 50 Back	200		22 22	Mixed 200 Fly 1 B. O'NEILL Mixed 100 IM 1 LAUREN YEE 2 LESLIE HAPAK			
1 L. BLACKBURN	24	0	33.85	1 B. O'NEILL	33	0	2:37.00
2 V. WEBBER	21	0	38.23	Mixed 100 IM			
3 J. BACKOVER	27	0	39.43	Mixed 100 IM 1 LAUREN YEE 2 LESLIE HAPAK 3 K. BAINBRIDGE Mixed 200 IM 1 LAUREN YEE	33	0	1:13.79
Mixed 100 Back	24	U	40.29	2 LESLIE HAPAK	32	0	1:16.26
Mixed 100 Back	24	0	1.16 41	3 K. BAINBRIDGE	30	0	1:18.01
1 KERRY FORBES 2 J. BACKOVER	24	0	1.31 32	Mixed 200 IM			Particulars Venez
				1 LAUREN YEE	33	0	2:48.00
1 T. BLACKSHIPM	24	0	29 50	Mixed 400 IM			
2 V WERRER	21	0	40.00	1 B. O'NEILL	33	0	5:41.81
3 J. BACKOVER	21	0	46.93	***********	===:		*********
1 L. BLACKBURN 2 V. WEBBER 3 J. BACKOVER Mixed 100 Breast	-		40.133	Ages 35 Thro	ugh	39	mine? -
1 KERRY FORBES	24	0	1:25.19	PL Name	Age	Team	Finals
Mixed 50 Fly	20.00					7.75.75.75	
1 L. BLACKBURN 2 V. WEBBER Mixed 100 Fly	24	0	32.22	Mixed 50 Free	27	0	32.62
2 V. WEBBER	21	0	33.92	1 M. BUCKHARDT	31	0	32.02
Mixed 100 Fly			20.00.00.00	Mixed 100 Free	3.7	0	1.12 74
1 KERRY FORBES	24	0	1:31.83	1 M. BUCKHARDT	31	0	1:13:74
Mixed 100 TM							
1 L. BLACKBURN 2 V. WEBBER 3 HEIDI SHORTER Mixed 200 IM	24	0	1:13.49	Many to street test, son			-
2 V. WEBBER	21	0	1:16.90	Mixed 50 Back	272	028	
3 HEIDI SHORTER	20	0	1:17.16		36	0	37.18
Mixed 200 IM				Mixed 50 Breast			
1 KERRY FORBES	24	0	2:51.46	1 M. BUCKHARDT	37	0	41.53
************				1 M. BUCKHARDT 2 B. SCHULTZ Mixed 100 Breast 1 M. BUCKHARDT	36	0	43.58
Ages 25 Thro	ugh	29	3	Mixed 100 Breast	27	0	1.25 66
PI, Name	Age	Team	Finals	Mixed 50 Fly	3/	U	1:33.00
				Mixed 50 Fly 1 B. SCHULTZ	20	n	38.80
Mixed 50 Free 1 JULIE TAYLOR	200	730	2010 Sex	Mixed 100 IM	30	U	30.00
	25	0	32 64	MIXEG TOO IM			
I GOOLE THILDR			20.01	1 B SCHIII.TZ	36	0	1 - 22 . 90
Mixed 100 Free				T D. SCHODIZ	1 m m =		
1 JULIE TAYLOR				T D. SCHODIZ	1 m m =		
1 JULIE TAYLOR	25	0	1:22.30	T D. SCHODIZ	1 m m =		
1 JULIE TAYLOR	25	0	1:22.30	T D. SCHODIZ	1 m m =		
1 JULIE TAYLOR	25	0	1:22.30	Ages 40 ThroupL Name	igh Age	44 Team	
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Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR	25 25	0	1:22.30	Ages 40 Throi PL Name / Mixed 25 Free 1 C. GARRY Mixed 50 Free	igh Age 40	44 Team	Finals
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR	25 25	0	1:22.30	Ages 40 Throi PL Name / Mixed 25 Free 1 C. GARRY Mixed 50 Free	igh Age 40	44 Team	Finals
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name	25 25	0	1:22.30	Ages 40 ThroupL Name Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free	igh Age 40	44 Team 0	Finals 13.27 34.56
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name	25 25 ugh Age	0 0 34 Team	1:22.30 44.90 Finals	Ages 40 Throi PL Name / Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free	igh Age 40	44 Team 0	Finals 13.27 34.56
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name	25 25 ugh Age	0 0 34 Team	1:22.30 44.90 Finals	Ages 40 Throi PL Name / Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free	1gh 1ge 40 44	44 Team 0 0	Finals 13.27 34.56 1:05.55
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Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name	25 25 ugh Age	0 0 34 Team	1:22.30 44.90 Finals	Ages 40 Throi PL Name / Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free	40 44 40 44	44 Team 0 0 0	Finals 13.27 34.56 1:05.55 45.82
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGEMMEYE Mixed 100 Free	25 25 ugh Age 32 31 34	0 0 34 Team	1:22.30 44.90 Finals 29.04 33.61 34.48	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY	40 44 40 44	44 Team 0 0 0	Finals 13.27 34.56 1:05.55
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGEMMEYE Mixed 100 Free	25 25 ugh Age 32 31 34	0 0 34 Team	1:22.30 44.90 Finals 29.04 33.61 34.48	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY	40 44 40 44 40	44 Team 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82 1:23.59
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE	25 25 ugh Age 32 31 34	0 0 34 Team	1:22.30 44.90 Finals 29.04 33.61 34.48	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 C. GARRY	40 44 40 44	44 Team 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free	25 25 25 ugh Age 32 31 34 31	0 0 34 Team 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY	40 44 40 44	44 Team 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free	25 25 25 ugh Age 32 31 34 31	0 0 34 Team 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY	40 44 40 44	44 Team 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82 1:23.59
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NEILL 2 K. BAINBRIDGE	25 25 25 ugh Age 32 31 34 31	0 0 34 Team 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 KAREN PEARSON Mixed 50 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Breast 1 C. GARRY Mixed 50 Freast 1 C. GARRY Mixed 50 Fly	40 44 40 44 40 44	44 Team 0 0 0 0 0 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61 1:27.00
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NBILL 2 K. BAINBRIDGE Mixed 500 Free	25 25 25 ugh Age 32 31 34 31 34 33 30	0 0 34 Team	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61 2:27.88 2:28.00	Ages 40 Through PL Name In Inc. GARRY Mixed 50 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Free 1 C. GARRY Mixed 50 Free 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON MIXED TO THE MIXED PEARSON MIXED PEARSON MIXED TO THE	40 44 40 44 40 44	44 Team 0 0 0 0 0 0 0 0 0	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NBILL 2 K. BAINBRIDGE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free	25 25 25 ugh Age 32 31 34 31 34 33 30	0 0 34 Team	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61 2:27.88 2:28.00	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 KAREN PEARSON Mixed 50 Breast 1 KAREN PEARSON Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON Mixed 100 Fly	40 44 40 44 40 44 40	44	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61 1:27.00 42.93
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NEILL 2 K. BAINBRIDGE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Back	25 25 25 25 32 31 34 31 33 33 30 34	0 0 34 Team 0 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61 2:27.88 2:28.00 8:25.47	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON Mixed 100 Fly 1 C. GARRY	40 44 40 44 40 44 40	44	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61 1:27.00
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NBILL 2 K. BAINBRIDGE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Back 1 LESLIE HAPAK	25 25 25 25 32 31 34 31 33 33 30 34	0 0 34 Team 0 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61 2:27.88 2:28.00	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 KAREN PEARSON Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON Mixed 100 Fly 1 KAREN PEARSON Mixed 100 Fly 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON	1gh Age 40 44 40 44 40 44 40	44	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61 1:27.00 42.93 1:21.65
Mixed 100 Free 1 JULIE TAYLOR Mixed 50 Breast 1 JULIE TAYLOR Ages 30 Thro PL Name Mixed 50 Free 1 LESLIE HAPAK 2 JENNIFER YEE 3 K. ZIEGENMEYE Mixed 100 Free 1 JENNIFER YEE 2 K. ZIEGENMEYE Mixed 200 Free 1 B. O'NEILL 2 K. BAINBRIDGE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Free 1 K. ZIEGENMEYE Mixed 500 Back	25 25 25 ugh Age 32 31 34 31 34 33 30 34	0 0 34 Team 0 0 0 0 0	1:22.30 44.90 Finals 29.04 33.61 34.48 1:02.56 1:19.61 2:27.88 2:28.00 8:25.47	Mixed 25 Free 1 C. GARRY Mixed 50 Free 1 KAREN PEARSON Mixed 100 Free 1 C. GARRY Mixed 50 Back 1 KAREN PEARSON Mixed 100 Back 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Breast 1 KAREN PEARSON Mixed 100 Breast 1 C. GARRY Mixed 50 Fly 1 KAREN PEARSON Mixed 100 Fly 1 C. GARRY	1gh Age 40 44 40 44 40 44 40	44	Finals 13.27 34.56 1:05.55 45.82 1:23.59 46.61 1:27.00 42.93 1:21.65

Ages 30 Thro	ugh 34	100 -400	Mired 25 Breast
PL Name	Age Team	Finals	1 PAUL WRIGHT 40 0
Mixed 100 Free 1 TOM LYNCH Mixed 200 Free 1 TOM LYNCH Mixed 100 Back 1 TOM LYNCH			Mixed 50 Breast
Mixed 100 Free		orrigan wa	1 PAUL WRIGHT 40 0
1 TOM LYNCH	31 0	1:03.61	Mixed 100 Breast
Mixed 200 Free		1 11 12	1 PAUL WRIGHT 40 0
1 TOM LYNCH	31 0	2:30.56	Mixed 200 Breast
Mixed 100 Back	22 (2)	- 22 00	1 PAUL WRIGHT 40 0
Mixed 100 Back 1 TOM LYNCH	31 0	1:23.00	Mixed 25 Fly
Mixed 100 Fly	** **	1 21 00	1 S. SCHWARTZ 44 0
1 TOM LYNCH Mixed 100 Fly 1 TOM LYNCH	31 0	1:21.09	Mixed 100 Flv
***********			1 ELMER SPERRY 41 0
Ages 35 Thro	ough 39	Pinale	Mixed 200 IM
PL Name	Age Team	Lingip	1 ELMER SPERRY 41 0
			1 ELMER SPERRY 41 0 Mixed 200 IM 1 ELMER SPERRY 41 0 Ages 45 Through 45 PL Name Age Te Mixed 25 Free 1 JAY RYNO 49 0 Mixed 50 Free 1 S. SELIGSON 48 0
Mixed 50 Free	27 0	27 57	
1 J. LEVITT	37 0	27.59	经专业证券 医双甲基苯基苯甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基甲基
2 M. SCHULTZ	37 0	27.59	Ages 45 Through 49
3 BILL DAVIES	38 0	21.00	Ages 45 Through 49 PL Name Age Te
4 STEVE SUKTA	37 0	31.09	
Mixed 100 Free	122 2	E0 C0	Mived 25 Free
1 TIM CLORE	35 0	58.00	1 TAY PYNO 49 0
2 J. LEVITT	37 0	1:01.03	Mixed EO Free
3 STEVE SUKTA	37 0	1:16.64	1 C CRITCON 49 0
Mixed 200 Free		1925 (2020) gra	2 ZANE CHWASTEK 45 0
Mixed 200 Free 1 BILL DAVIES	38 0		
			Mixed 100 Free 1 JAY RYNO 49 0
1 TIM CLORE 2 J. LEVITT	35 0	6:10.55	1 JAY RYNO 49 0 2 GRAHAM ANNEAR 45 0 3 ZANE CHWASTEK 45 0 Mixed 200 Free
2 J LEVITT	37 0	6:37.68	2 GRAHAM ANNEAR 45 0 3 ZANE CHWASTEK 45 0
3 RILL DAVIES	38 0	6:47.22	3 ZANE CHWASTEK 45 0
4 TOM COSTELLO	38 0	7:17.80	Mixed 200 Free
4 TON COULDED	70000000		
			2 ZANE CHWASTEK 45 0
Mixed 100 Back			Mixed 500 Free
1 TIM CLORE	35 0	1.11 16	1 GRAHAM ANNEAR 45 0
Mixed 200 Back			2 S. SELIGSON 48 0
1 TIM CLORE	35.0	2:35.69	2 S. SELIGSON 48 0 3 ZANE CHWASTEK 45 0
Mixed 50 Breast	33 0	2.33.03	Mixed 25 Back
1 BILL DAVIES	38 0	31 89	1 JAY RYNO 49 0
2 STEVE SUKTA	38 0 37 0	45 11	Mixed 100 Back
Z SIEVE SURIA	37 0	43.11	1 JAY RYNO 49 0
Mixed 200 Breast 1 BILL DAVIES	30 0	2.01 57	Mixed 25 Breast
1 BILL DAVIES	38 0	3:01.57	1 JAY RYNO 49 0
Mixed 50 Fly	22.0	22 60	Mixed 50 Breast
Mixed 50 Fly 1 M. SCHULTZ Mixed 100 IM	37 0	33.69	3 ZANE CHWASTEK 45 0 Mixed 25 Back 1 JAY RYNO 49 0 Mixed 100 Back 1 JAY RYNO 49 0 Mixed 25 Breast 1 JAY RYNO 49 0 Mixed 50 Breast 1 ZANE CHWASTEK 45 0
Mixed 100 IM			Mixed 100 Breast
1 M. SCHULTZ Mixed 200 IM	37 0	1:12.99	Mixed 100 Breast 1 JAY RYNO 49 0
Mixed 200 IM			Mixed 100 Fly
1 M. SCHULTZ	37 0	2:46.88	MIXED TOO FIY
	********		Mined 100 TM
Ages 40 Thr	ough 44	CONTROL OF	MIXED 100 IM
Ages 40 Thr PL Name	Age Team	Finals	1 GRAHAM ANNEAR 45 0
			Mixed 200 IM
Mixed 25 Free			1 GRAHAM ANNEAR 45 0 Mixed 200 IM 1 JAY RYNO 49 0
1 RICK CARVETH	43 0	12.06	Ages 50 Through 5 PL Name Age T
2 S. SCHWARTZ	44 0	12.16	Ages 50 Through 5
3 PAUL WRIGHT	40 0	13.10	PL Name Age 1
Mixed 50 Free			
1 RICK CARVETH	43 0	24.88	Mixed 50 Free
2 S SCHWARTZ	44 0	26.78	1 HUGH RODDIN 53 0
Mixed 100 Free		0 M M 10 (10)	Mixed 50 Free 1 HUGH RODDIN 53 0 Mixed 200 Free 1 D. KROEGER 51 0 Mixed 100 Back 1 HUGH RODDIN 53 0
1 RICK CARVETH	43 0	56.53	1 D. KROEGER 51 0
2 ELMER SPERRY	41 0	1:00.90	Mixed 100 Back
Mixed 200 Free	11		1 HUGH RODDIN 53 0
1 S SCHWAPTY	44 0	2.23 80	Mixed 200 Back 1 D KROEGER 51 0
2 PIMED CDCDDV	41 0	2.23.00	1 D KROEGER 51 C
Mixed 500 Free	41 0	2.23.03	
1 DIMED SECON	41 0	6.22 25	
1 ELMER SPERRY 2 RICK CARVETH	41 0	6.26.23	
Z KICK CARVETH	43 0	0:20.41	

	40	U	13.50
lixed 50 Breast 1 PAUL WRIGHT	***	0	34.85
1 PAUL WRIGHT	40	0	34.03
ixed 100 Breast 1 PAUL WRIGHT	40	0	1:16.59
direct MAA Dramak	10		2120101
1 PAUL WRIGHT Mixed 25 Fly	40	0	2:59.89
sined or place			
1 S. SCHWARTZ Mixed 100 Fly 1 ELMER SPERRY	44	0	13.73
Mixed 100 Fly			
1 FLMER SPERRY	41	0	1:16.79
Mixed 200 IM			
1 ELMER SPERRY	41	0	2:41.00
******	322	ann	
Ages 45 Thro PL Name	ugh	49	
PL Name	Age	Te	am Finals
Mixed 25 Free 1 JAY RYNO Mixed 50 Free 1 S. SELIGSON 2 ZANE CHWASTEK			
1 JAY RYNO	49	0	13.12
Mixed 50 Free			
1 S. SELIGSON	48	0	29.41
2 ZANE CHWASTEK	45	0	32.17
Mixed 100 Free			
	49	0	1:02.33
1 JAY RYNO 2 GRAHAM ANNEAR 3 ZANE CHWASTEK	45	0	1:03.27
3 ZANE CHWASTEK	45	0	1:35.61
MIXED ZUU FIEE			
1 GRAHAM ANNEAR	45	0	2:16.25
2 ZANE CHWASTEK	45	0	2:16.25 3:30.13
2 ZANE CHWASTEK Mixed 500 Free	K (50)	Mary.	
1 GRAHAM ANNEAR	45	0	6:13.10
2 S. SELIGSON	48	0	6:48.03
3 ZANE CHWASTEK Mixed 25 Back	45	0	9:33.78
Mixed 25 Back			
1 JAY RYNO	49	0	16.11
Mixed 100 Back			
1 JAY RYNO	49	0	1:08.86
Mixed 25 Breast			
1 JAY RYNO	49	0	14.41
Mixed 50 Breast 1 ZANE CHWASTER			150127 10010
1 ZANE CHWASTER	45	0	43.53
Mixed 100 Breast			andrews remark
1 JAY RYNO	49	0	1:17.00
1 JAY RYNO Mixed 100 Fly 1 JAY RYNO Mixed 100 IM			
1 JAY RYNO	49	9 0	1:14.36
Mixed 100 IM			
I GRAHAM ANNEAR	2 45	0	1:17.63
Mixed 200 IM			
1 JAY RYNO		0	
Ages 50 Thro	ougi	1 54	eam Finals
PL Name	Age	3 16	eam Finais
Mixed 50 Free			31.75
1 HUGH RODDIN	5.	3 0	31.75
Mixed 200 Free	-		2 16 25
Mixed 200 Free 1 D. KROEGER Mixed 100 Back	5.	1 0	2:16.25
Mixed 100 Back	12.		1:08.30
1 HUGH RODDIN		3 0	1:08.30
Mixed 200 Back	40.0	1 0	2.52.21
1 D KROEGER	5	1 0	2:55.31

15.50

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Through 49	Ades /U Infolum /4
Ages 45 Through 49 PL Name Age Team Finals	PL Name Age Team Finals
Mixed 25 Free	Mixed 200 Free 1 LOTS NOCHMAN 71 0 3:24.16
1 G. MOYER 46 0 26.38 Mixed 50 Free 46 0 57.97	1 LOIS NOCHMAN 71 0 3:24.16 Mixed 200 Back
Mixed 50 Fiee	1 LOIS NOCHMAN 71 0 3:31.96
1 G. MOYER 46 0 57.97 M/xed 500 Free	Mixed 200 Breast
1 G. MOYER 46 0 12:27.76	1 LOIS NOCHMAN 71 0 3:58.45
Mived 25 Back	Mixed 200 Fly
1 G. MOYER 46 0 28.73	1 LOIS NOCHMAN 71 0 3:51.41
1 G. MOYER 46 0 28.73 Mixed 25 Breast 1 G. MOYER 46 0 27.48	Mixed 400 IM 1 LOIS NOCHMAN 71 0 7:41.25
1 G. MOYER 46 0 27.48	I LOIS NOCHPAN /I U /.TI.23
	Ages 75 Through 79
Mixed 100 Breast	PL Name Age Team Finals
1 G. MOYER 46 0 2:13.71	
Mixed 200 Breast	Mixed 50 Free
1 G. MOYER 46 0 4:39.34	1 EDITH GLUSAC 76 0 53.00 2 M FORSTER 78 0 1:12.94
Mixed 25 Fly	
1 G. MOYER 46 0 27.72 Mixed 50 Fly	
Mixed 50 Fly 1 G. MOYER 46 0 1:03.35	1 M. FORSTER 78 0 3:01.05 Mixed 200 Free
1 G. MOYER 46 U 1:03.33	1 M FORSTER 78 0 6:18.00
Agog EO Through 54	1 M. FORSTER 78 0 6:18.00 Mixed 500 Free
pr. Name Age Team Finals	1 M. FORSTER 78 0 15:50.37
	Mixed 50 Back
Mired 50 Free	1 EDITH GLUSAC 76 0 56.58 2 M. FORSTER 78 0 1:42.74
1 JOY KOWALSKI 53 0 39.03	
Mixed 200 Free	Mixed 100 Back 1 M. FORSTER 78 0 3:35.95
1 F. RAPP 51 0 2:53.74 Mixed 200 Back	1 M. FORSTER 78 0 3:35.95 Mixed 50 Breast
1 F. RAPP 51 0 3:22.02	1 EDITH GLUSAC 76 0 57.20
Wined En Broadt	Mixed 50 Flv
1 JOY KOWALSKI 53 0 47.50	1 EDITH GLUSAC 76 0 1:13.27
wined 200 Preset	Mixed 100 IM
1 F. RAPP 51 0 3:34.33	1 EDITH GLUSAC 76 0 2:18.29
1 F. RAPP 51 0 3:34.33 Mixed 200 Fly 1 F. RAPP 51 0 3:43.72	Ages 25 Through 29
Wined 400 IM	PL Name Age Team Finals
1 F. RAPP 51 0 7:01.83	
	Mixed 50 Free
Ages 55 Through 59	1 IAN DAWSON 27 0 24.70
PL Name Age Team Finals	
200	
Mixed 25 Free 1 P. PRIEST 59 0 17.32	Mixed 100 Free
Mirrod En Eree	1 T. SCHARDT 28 0 56.58 Mixed 200 Free
1 P. PRIEST 59 0 39.02	Mixed 200 Free
Mixed 100 Free	1 IAN DAWSON 27 0 2:12.35 2 T. SCHARDT 28 0 2:13.55 Mixed 50 Back
1 P. PRIEST 59 0 1:29.30 Mixed 25 Back	Mixed 50 Back
	1 IAN DAWSON 27 0 34.84
1 P. PRIEST 59 0 21.50 Mixed 50 Back 50 Back 50 0 47 08	Mixed 50 Breast
1 P. PRIEST 59 0 47.08	1 IAN DAWSON 27 0 34.75 2 T. SCHARDT 28 0 35.35 Mixed 50 Fly
and a soo Deale	2 T. SCHARDT 28 0 35.35
1 P. PRIEST 59 0 1:38.86	Mixed 50 Fly
	I IAN DANSON 27 0 20.05
Ages 60 Through 64	Mixed 100 Fly 1 T. SCHARDT 28 0 1:13.55
Ages 60 Through 64 PL Name Age Team Finals	1 T. SCHARĎT 28 0 1:13.55 Mixed 100 IM
	1 IAN DAWSON 27 0 1:07.47
Mixed 25 Free 1 R. PONIEWAZIC 62 0 39.85	Mixed 200 IM
I K. PORTEMATE OF O	1 T. SCHARDT 28 0 2:45.29
TO SECURE AND ADDRESS OF THE PARTY OF THE PA	
Mixed 100 Back	
1 R. PONIEWAZIC 62 0 2:43.06	

Mixed 200 Breast 1 D. KROEGER 51 0 2:57.74	1 JAE BIRCH 67 0 8:11.20
1 D. KROBGER 51 0 3:07.55 Mixed 400 IM 51 0 5:54 23	3 70 Through 74
1 D VDOEGED 51 U 3:34.23	
E D. KROEGER SE	Mixed 25 Free 1 JOHN REESE 70 0 14.93
Ages 55 Inrough 59	2 W. BLANCHARD 73 0 17.39
Ages 55 Through 59 PL Name Age Team Finals Mixed 400 IM	2 W. BLANCHARD 73 0 17.39 3 C. BELKNAP 70 0 17.42 4 ROBERT DOUD 72 0 18.10
Mixed 400 IM 1 D. KRATCHMAN 56 0 8:06.64 Ages 60 Through 64 PL Name Age Team Finals Mixed 50 Free 1 WALLY DOBLER 61 0 27.78	Mixed 50 Free
1 D. KRATCHMAN 56 0 0:00:04	1 JOHN REESE 70 0 32.55 2 C. BELKNAP 70 0 38.27
Ages 60 Through 64	2 C. BELKNAP 70 0 38.07
PL Name Age Team Finals	3 W. BLANCHARD 73 0 40.11 4 ROBERT DOUD 72 0 41.30
	4 ROBERT DOUD 72 0 41.30 5 RALPH SILVER 73 0 49.31
Mixed 50 Free	Mixed 100 Free
1 WALLY DOBLER 61 0 27.70	1 C. BELKNAP 70 0 1:33.90 2 ROBERT DOUD 72 0 1:36.51 3 W. BLANCHARD 73 0 1:42.18 4 DONALD MAY 74 0 1:53.02
Mixed 100 Free 1 C. DRIEHARST 61 0 1:28.87	2 ROBERT DOUD 72 0 1:36.51
The state of the s	3 W. BLANCHARD 73 0 1:42.18
1 WALLY DOBLER 61 0 33.55	4 DONALD MAY 74 0 1:53.02
	1 ROBERT DOUD 72 0 3:38.20
1 WALLY DOBLER 61 0 36.49	1 ROBERT DOUD 72 0 3:38.20 2 DONALD MAY 74 0 4:11.59
Mixed 50 Fly	
1 WALLY DOBLER 61 0 28.96	1 DONALD MAY 74 0 10:51.75
Mixed 100 IM 1 WALLY DOBLER 61 0 1:10.76	Mixed 25 Back
1 WALLY DOBLER 61 0 1.10.70	1 RALPH SILVER 73 0 30.38
Acce CE Through 69	Mixed 50 Back
PL Name Age Team Finals	1 DONALD MAY 74 0 1:02.58
	Mixed 200 Back 1 DONALD MAY 74 0 5:42.36
Mixed 200 Free 1 DONALD KORTEN 68 0 2:51.41 2 JAE BIRCH 67 0 3:59.66	1 ROBERT DOUD 72 0 28.39
Mixed 500 Free	Mixed 50 Breast
1 DONALD KORTEN 68 0 7:37.85	1 JOHN REESE 70 0 37.10
Mixed 200 Back	1 JOHN REESE 70 0 37.10 2 RALPH SILVER 73 0 55.42 3 DONALD MAY 74 0 1:05.89
1 JAE BIRCH 67 0 3:58.49	
Mixed 200 Breast	Mixed 25 Fly
1 JAE BIRCH 67 0 4:51.07	Mixed 50 Flv
Mixed 50 Fly	1 JOHN REESE 70 0 44.36
1 DONALD KORTEN 68 0 40.83	1 ROBERT DOUD 72 0 24.55 Mixed 50 Fly 1 JOHN REESE 70 0 44.36
Mixed 200 Fly 1 JAE BIRCH 67 0 4:10.09	
Mixed 100 IM	
1 DONALD KORTEN 68 0 1:30.45	
Mixed 200 IM	
1 DONALD KORTEN 68 0 3:27.23	

NOVEMBER 19, 1995 - FLINT - THANKSGIVING TUNE-UP FLINT SWA 25 YARDS POOL

Event Results for Timed Finals

Event Results for Timed Finals

FLINT SWA 25 YARDS POOL

	*******	(0712501215252						**********	Mixe	ed 50	Ply			
- Ages 25 Through	29			Ages	40 Through	44	***		: 1	PATR	ICB HIRR	45	PLY	33.98
IL Name	Ace Team	Pipals	- PL	Name		Age	Team	Finals	: 2	GAIL	DOMMER	45	LANS	44.17
***************************************		*********							: 3	GENE	WIEVE MOYER	46	MM	59.81
- Ages 25 Through 'L Name			Mive	4 40 8	Prop				2					**********
1 JANE MAC RAB	27 000	1.62 96	. DIAC	CAPBY	BRODY	42	LAPC	31.79		åns	s 50 Through	EA		
	21 200	1.92.00	7 20	CECSO	TOMOS	40	LANC	34.44			ins ins			
1 JANE MAC RAE		20.46.46				10	muna	22.33	. 20	n c	ine	age	1 Cum	
	27 500	2:21.00			Free				Silventinia					
ixed 50 Breast											Free		444	
1 JANE MAC RAE	27 SOO	36.72	: 2			40	LANS	1:14.03			Y O'BRIBN	52	500	38.13
ixed 100 Breast			: Nixe	4 200							0 Pree			
I JANE MAC RAE			: 1	SUSAN	JONES	40	LANS	2:41.55	: 1	SALI	Y O'BRIEN	52	S00	1:30.40
1 JANS MAC RAB			: Mixe	d 1000	Pree				: Mix	ed 20	0 Free			
1 JANE MAC PAR	27 500	31 72	. 1	SUSAN	JONES	40	LANS				Y O'BRIEN	52	\$00	3:18.39
100000000000000000000000000000000000000		*******									Back			
						42	1100				Y O'BRIEN	52	200	49 00
Ages 30 Through	1	Pinala	Miles	a en i		3.4	unto							
T Name	age ream	Finais	: Hize	2 50 1	18831			40.00			s S5 Through			
		******				42	LEFS	42.83						
ized 50 Free			: Mixe	d 50 1	Ply						me			
- LAURA BIBLER								10.02	* /				• • • • • •	
- CECILIA GABEL	32 SOAK	31.74	: ::::					***********	: Nix	ed 50	Free			
ixed 200 Pree 1 CBCILIA GABBL ixed 50 Ply				Ages	45 Through	h 49	+			SUE	STRALBY	59	PLY	36.04
1 CRCILIA GARRE	32 SOAK	2:33.73	. pi.	Name	a a	Age	Team	Finals		PATE	ICIA PRIEST	56	LCC	40.79
ived SO Ply	2000	100000000000000000000000000000000000000							· Wir	ed 10	0 Pree	850	115	
ixed 50 Fly 1 LAORA EIBLER 2 CECILIA GABEL - Ages 35 Through FL Name	12 1190	22 27	Hive	4 50 1	Prop				. 1	CUS	CTORTEV	50	PLY	1-22 17
2 COULTY CADDE	32 CUTA	36 37	. HIAC	TIPODI	ID DILCOU	4.0	1.00	25 79		DATE	TOTA DOTTO	22	LOO	1.20 78
5 CUCTOLU GNOOR	32 SUMB	30.21		TACED:	TE MITTON	10	tee	22 01		CON	TONE PERSON	30	DUAN	2-04-01
Annual When the	20		4	ONLAY!	nn consta	47	TCC	20.11		CORI	CLONE DEBASE	30	DUIN	2.04.01
Ages 35 Intough	39	W		HELIN	NE SUBBBA	92	LLL	50.10	HIX	ed Z	N Miss		000	2.24.00
PL Name	Age Team	Ficals	1 7	GENEY.	IRAR MOXEK	10	MM	59.51	: 1	SEL	LEY DACEY	59	200	3:24.99
			: Mixe	d 100	Free	0.00	050000	COLUMN TO A STATE OF THE STATE	: Mix	ed 20	0 Pree	479529	108354	DE SECTION
TARG DU FICE			4	DALL . A	an atamaa	49	PCC	1.43.74		202	STANDEL	59	FLY	3:01.50
- APRIL WYNCOTT	37 LAFS	29.59	: Mixe	d 200	Free						000 Free			
- MARETA BURKHARDT	37 LCC	32.08	: 1	GAIL	DUMMER						LEY DACEY			
ixed 100 Free			: 2	GENEY	IEVE MOYER	46	MM	4:34.54	: 2	KAR	N PORFAR	58	LCC	19:15.79
1 MARETA BURKEARDT	37 LCC	1:13.64	: Mixe	d 200	Free				: Mix	ed 50	Back			
ixed 200 Free						49	LCC				LEY DACEY	59	500	44 14
1 CARBY GROOT	37 900		Mixe								CICIA PRIBST			
ixed 200 Pres	31 300					4.0	100				CLENE DERKER			
1 APRIL WYNCOTT	27 1120								- 1000	1		20	BUIN	1.01.30
	31 LAKS					19	bit		1 0000	7,000	0 Back	100	m	
ixed 100 Back	12.01100.01	T204/4000	: Mixe	0 50	Back	5,52	020000	607805	: 1	SUB	STRALEY	59	ATA	1:34.38
1 CARRY GROOT	37 SOO					46	ATA	36.70	: 2	SBI	STEA DYCEA	59	S00	1:36.41
ixed 100 Breast					Back				: 3	PATE	ICIA PRIEST	56	rcc	1:42.79
1 MARETA BERKHARDT	37 LCC	1:34.71	: 1	PATRI	CR HIRR	46	PLY	1:22.68	: 4	CHAI	LENE DEBERR	56	BCYM	2:17.38
ixed 50 Ply											0 Breast	1000	orosak	
1 CAREY GROOT	32 500	36 51			Breast	200					LRY DACKY	50	900	1:47.49
ixed 100 Fly	2, 000					15	PLV				Fly	22	200	*****
	22 000	1:30.35	4	CUMBIL	FO STAY	10	NA FRI	11./1				- ma	D7 W	17.00
1 CARSI GRUUT	31 200	1:30.35	1	GENEV.	TEAR WOLFK	40	nn	58.23	1	SUE	STRALBY	29	FLY	45.97
					Breast		Yest-	TATION IN THE	4.					
			; 1	GENEY.	IRAR WOARK	46	WW	2:08.16						

******************************	**************	Mixed 50 Fly
Ages 60 Through 64	: Ages 19 Through 24	: 1 ERIC SHIRLRY 33 PAST 27.95
PL Name Age Team Finals	: Ages 19 Through 24 : PL Name Age Team Finals	
		: Ages 35 Through 39
Mixed 50 Free	: Mixed 50 Pree	: PL Name Age Team Finals
- MARY CLARK 62 LAPS 58.04	: - LUKE NIE 19 UNATT 28.76	
Mixed 100 Pree	: =====================================	: Wixed 50 Free
1 IDA SMITH 62 MID 1:31.15	: Ages 25 Through 29 : PL Name Age Team Finals	: - B.J. KELLY 39 PLY 26.90
2 MARY CLARK 62 LAFS 1:56.41	: Pl Name Age Team Finals	: Mixed 100 Free
Mixed 200 Pree		. 1 R J. KRLLY 39 PLY 1:00 48
1 IDA SMITH 62 MID 3:13.91	: Mixed 50 Pree	: 2 RICK MATHENY 36 OWSO 1:00.99
	: - BRET PORFAR 26 LCC 29.56	: Mixed 200 Free
		: 1 E.J. KELLY 39 FLY 2:15.24
	: 1 THOMAS SCHARDT 28 OH-MI 57.12	
1 IDA SMITH 62 MID 1:41.60		: Mixed 50 Back
1 IVA SALIB 04 AIU 1.41.00		: 1 R.J. KRLLY 39 PLY 33.71
Ages 70 Through 74		: ====================================
PL Name Age Team Finals	. I TUNNE COUNTY TO NO. MT TIME TO	: Ages 40 Through 44
ru name age ream finats	: 2 BRET PORFAR 26 LCC 2:32.16	: PL Name Age Team Finals
		. Fi hame age read finals
Mixed 200 Free	. HIACO 1000 1200	: Mixed 50 Free
1 LOIS NOCEMAN 71 SOS 3:18.30	이 사람 전혀 5 1997에 대한다다면 가지 그 다 살았다니다. 이 아이라 하셨다고 있다.	: - MARK VISHNA 42 LAP 25.53
		: - MAKA YIABNA 42 DAP 25.55 : - M. BABCKROOT 43 UNATT 26.38
1 LOIS NOCEMAN 71 SOS 18:17.10		
		: - RONALD RICE 40 STAR 27.10
1 LOIS NOCEMAN 71 SOS 1:41.82		: - MARK GROSKIN 41 JCC 34.88
	: 1 NICHOLAS NEWMAN 28 SOAK 1:24.49	
1 LOIS NOCEMAN 71 SOS 48.78		: 1 DANA PRESSNALL 42 MID 58.61
Mixed 100 Breast	: 1 THOMAS SCHARDT 28 OH-MI 1:15.31	: 2 M. BABCARUUT 43 UNAII 58.93
1 LOIS NOCEMAN 71 SOS 1:49.30	: +++++++++++++++++++++++++++++++++++++	: 3 ARMANDO PLASTINO 44 SOO 1:02.92
*******************************	: Ages 30 Through 34 : PL Name Age Team Finals	: 4 RONALD RICK 40 STAK 1:04.17
Ages 75 Through 79	: PL Name Age Team Finals	: 5 MAKE GRUSKIN 41 JCC 1:19.03
PL Name Age Team Finals	:	: Mixed 200 Free
	: Mixed 50 Free	: 1 FRANK TEOMPSON 43 SOS 2:26.96
		: 2 CHARLES SZAPRAN 41 LAFS 3:24.99
		: Mixed 200 Free
	: - ROGER BARPER 30 DRTM 25.71	: 1 FRANK TEOMPSON 43 SOS 2:04.82
1 EDITH GLUSAC 76 SOS 4:53.28	: - DAVID SMILEY 33 FAST 29.66	: 2 DANA PRESSNALL 42 MID 2:11.31
2 MARTHA FORSTER 78 BCYM 5:58.90		: 3 DODG TEMPLENTON 41 STAR 2:14:41
PRODUCT STATE STATE		: 4 M. BARCKROOT 43 UNATT 2:18.31
1 MARTHA FORSTER 78 BCYM 32:31.00		: 5 MARK VIZENA 42 LAP 2:23.67
Mixed SO Back		: 6 ARMANDO PLASTINO 44 500 2:28.82
1 BDITH GLOSAC 76 SOS 1:00.28		: 7 RONALD RICE 40 STAR 2:31.70
2 MARTHA FORSTER 78 BCYM 1:10.00	: Mixed 100 Back	: 8 MARK GRUSKIN 41 JCC 2:47.77
Mixed 100 Back	: 1 BRIC NORDLUND 31 SOS 1:06.34	
1 BDITH GLUSAC 76 SOS 2:30.16	: Mixed 50 Breast	: 1 DANA PRESSNALL 42 MID 12:48.87
		: 2 MARK GRUSKIN 41 JCC 15:34.40
		: Mixed 50 Back
Mixed 100 Breast	: Mixed 100 Breast	: 1 MARK VIZENA 42 LAP 31.69
1 BDITH GLUSAC 76 SOS 2:07.91	. 1 DAVID SMILEY 33 FAST 1:10 12	2 RONALD RICE 40 STAR 39.46
2 2277 000000 117.000 0.077.74	: 1 DAVID SMILEY 33 FAST 1:10.12 : 2 ROGER HARPER 30 DETM 1:16.32	: 3 CEARLES SZAFRAN 41 LAPS 52.70
	. L ROUGH HARIDA JV MAIN 4:10.31	- J Cunnelly Sportage 14 miles 76.19

1 MARI VIZENA 42 LAP 33.65 :	NAME OF THE OWNER	1 14 (444)		4 DARWIN UNI	74 DUIN 1:40.13		***************
	Ages 50 Through 54		***************************************	Mixed 200 Free		: Ages 45 Through	54
2 CHARLES SZAPRAN 41 LAFS 35.51 : PL		: Mixed 50 Free		1 DONALD MAY	74 BCYM 4:02.18	: PL Name	Team Finals
		: - WALLY DOBLER	61 LANS 27.61	Mixed 1000 Pree			
	50 Pree	: - JOHN RIES	64 MID 28.75		74 BCYM 23:42.42	: Mixed 200 R-Medley	
1 DOUG TEMPLENTON 41 STAR 1:17.27 : - P.	AUL CHAPPER 53 UNATT 27.85	: Mixed 200 Pree		Mixed 50 Back		: 1 LAFS X-45	LAFS 2:52.06
2 CHARLES SZAFRAN 41 LAFS 1:18.99 : - G	EORGE RUNSIMAN 53 LANS 33.30	: 1 WALLY DOBLER	61 LANS 2:29.86			. 1 DATO 8-13	BATS 2.32.00
A CHARLES AND	100 Pree	: Mixed 100 Back	91 DANS 2.22.00		73 LAPS 1:09.94		
	AUL CHAPPER 53 UNATT 1:01.58	: 1 WALLY DOBLER	61 TING 1-20 02	Mixed 100 Back			
	UGH RODDIN 53 UNATT 1:07.46		61 LAWS 1:20.03		74 BCYM 2:37.48		
: Mixed		: Mixed 50 Breast		Mixed 50 Breast			
		: 1 JOHN RIES	64 MID 40.37	1 RALPH SILVER	73 LAPS 57.39	:	
et Garage	ICHARD HANSON 50 SOMC 2:51.86	: Mixed 50 Fly		Mixed 100 Breast			
	200 Free	: I WALLY DOBLER	61 LANS 29.47	1 DONALD MAY	74 BCYM 2:33.90	:	
Wind 50 P		: 2 JOHN RIES	64 MID 34.82	**************			
Mixed 50 Pree : 2 W	M BROWN 50 STAR 2:27.75	: ***************		Ages 25 Through	34		
	AUL CHAPPER 53 UNATT 2:28.56	: Ages 65 Through	ah 69	PL Name	Team Finals		
	100 Back	: PL Name	Age Team Finals		1000 110010		
- GRAEAM ANNEAR 45 EAM 29.46 : 1 EU	UGH RODDIN 53 UNATT 1:09.55			Mixed 200 R-Medley			
- JON RICHARDSON 46 UNATT 30.12 : Mixed	50 Breast	: Mixed 50 Pree		1 LAPS W-25	T100 7.22 7A		
	BORGE RUNSIMAN 53 LANS 36.51	: - JAB BIRCH	67 BCYM 36,22		LAPS 2:32.70		
BAR MARAMAN .	100 Breast	: Mixed 200 Free	07 BLIR 30.22				
			CA DOWN 2-12 22	Ages 35 Through			
TO SECURE A SECURE AND ASSESSMENT	****** TIMEAN	: 1 DON KORTEN	68 BCYM 3:17.22	PL Wane	Team Finals :		
2 ROB MONTIE 47 DRY 1:01.96 : Mixed	re mi	: Mixed 200 Free					
		: 1 DON KORTEN	68 BCYN 2:47.29	Mixed 200 R-Medley			
	TO THE THE PARTY OF THE PARTY OF THE	: Mixed 1000 Free	2 2	1 SOO W-35	S00 2:37.54 :		
f blancer wants		: 1 JAE BIRCH	67 BCYM 18:27.30	***************	*****************		
		: Mixed 50 Back		Ages 45 Through !	54		
		: 1 ROBERT WEDDELL	65 LAPS 37.47	PL Name	Team Finals :		
Mixed 200 Pree	****************************		67 BCYM 48.00				
1 L. BROCKHAHN 45 PLY 2:10.10 : A	iges 55 Through 59	: Mixed 100 Back		Mixed 200 R-Nedley	The same of the same of the same		
	Name Age Teau Finals	: 1 ROBERT WEDDELL	65 LAPS 1:23.99	1 LCC W-45	LCC 3:00.57		
3 JERRY FISH 49 UNATT 2:28.14 :		: 2 DON KORTEN	68 BCYM 1:31.92				
Mixed 1000 Free : Mixed		: Mixed 50 Breast	300000000000000000000000000000000000000	Ages 35 Through 4			
1 GRABAM ANNEAR 45 BAM 12:33.09 : B	MARKET AND THE STREET	: 1 JAE BIRCE	67 BCYM 1:01.18	PL Name	Team Finals		
Mixed 50 Back : - BR		: Mixed 100 Breast	V/ DCIN 1.01.10	100 00 00 00 00 00 00 00 00 00 00 00 00	redu ringis		
1 DANIEL HELTON 45 DRY 30.81 : Mixed	100 0	: 1 DON KORTEN	68 BCYM 1:37.98				
2 RICHARD CHANEY 45 FLY 32.30 : 1 B		: Mixed 50 Ply	40 DCIR 1:37.90	Mixed 200 R-Medley	AND RESIDEN		
) DOD HOUSER	TAN UNATED TO SECURE		63 WANN	1 Plint Y M-35	PLY 2:02.80 :		
4 PATRICK BENRY 46 FLY 37.88 : Mixed :	000 0	: 1 JAR BIRCE	67 BCYM 44.10	2 LCC N-35	LCC 2:05.30 :		
Mind tas not		: Mixed 100 Ply	MANAGEMENT OF CONTRACTOR	Mixed 400 R-Medley			
1 Diving marmay	TAN DESCRIPTION OF STREET	: 1 DON KORTEN	68 BCYM 1:34.63	1 Plint Y M-35	FLY 5:41.01 :		
3 BYGRIDE GOLUMN	IAN WHALEN 55 GRYH 2:48.35		***************	2 DRY W-35	DRY 5:47.54 :		
2 RICHARD CHANRY 45 PLY 1:08.76 : Mixed 1	E1981 (E1981 C1981 C	: Ages 70 Through	1 74	*****************			
1 PICTARY AGAINST 10 MAY		: PL Name	Age Team Pinals	Ages 65 Through 7			
1 RICHARD CHANEY 45 PLY 39.25 : Mixed 5				PL Name	Team Finals :		
	IAN WEALEN 55 GRYM 46.01 :	Mixed 50 Free		******************			
Mixed 50 Ply		- WAYNE BLANCHARD	73 LAPS 38.49	Mixed 200 R-Medley			
1 LARRY KIMBALL 45 FLY 28.12		- RALPH SILVER	73 LAFS 49.39	1 BCYM M-65	BCYM 3:12.69 :		
			ACTUAL CONTRACTOR	* NOTE IN VI	Mean S.AL.US		

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	vent # 1 M/F 200 1							****		9		******	****				000000000000000000000000000000000000000		
	WOMENWOMEN.	WOHEN.	NOMEN			WOHEN WOMEN	WOMEN.	WOMEN			WOMENWOMEN	.WOMEN.	WOMEN			WOMENWOMEN	. WOMEN	LYOMEN	
				2-10-00	1	Victoria Webber	F 21	UNAT	33.17	1	1 Victoria Webber	F 21	UNAT	37.34	+	Diane Mauk	F 30		1.14.40
- 1	Diane Mauk	ř 30	UNAT	2:49.08	1	Dyne Burrelt	F 28	BBD	26.66	1	1 Dyne Burrell	F 28	880	28.61	***	Diane Hauk	F 30	UNAI	1:16.48
1	Carol Fleming	F 39	GRIN	2:34.43		Karen Pearson	F 44	LAFS	41.62		Karen Pearson	F 44	LAFS	45.63		Ruth Beier	F 35	LANS	1:07.08
1.0	Susan Jones	F 40	LANS	2:46.17		Susan Alt	F 40	DRY	48.94		2 Susan Alt	F 40	DRY	49.09	2	Carol Fleming	F 39	GRIN	1:09.55
,	susan Jones	F 40	LANS	2:40:11											1	Susan Jones	F 40	LANS	1:15.02
- 1	Helynne Schank	F 49	LAPS	3:18.89		Patrice Hirr	F 46	FLY	33.35		1 Patrice Hirr	F 46	FLY	35.29	-cent 1	Andrews Control			
1	25 724	51525	2000			Diane Kurtz Gail Dummer	F 45	LAPS	41.98		2 Gail Dummer 5 Diane Kurtz	F 45	LAPS	44.99 45.32	1	Helynne Schank	F 49	LAPS	1:28.75
	Jennifer Parks Fredericka Rapp	F 52	HARB	2:50.50		Genevieve Moyer	F 46	MM	1:00.20		Genevieve Moyer	F 46	МН	58.59	1	Fredericka Rapp	F 51	IMHO	1:15.01
	riedericke kapp	6.31	Onni	2.30.33												Jennifer Parks	F 52	HARB	1:18.74
1	Prudence Hall	F 57	0810	3:02.09	1	Karen Forfar	F 58	LAPS	54.55		Karen Forfar	F 58	LAPS	47.00	-				
						Reverly Myers	F 60	OHMI	SCR		Charlene Decker Signid Ewers	F 56	BYM LAPS	55.76 58.11	-	Physican Bushes			1.50.70
- 1	Martha Forster	F 78	8CYH	5:48.81		Maria of Maria	1,00	Silina	John	7	a signio cacio	1 725	1000	20111		Charlene Decker Sigrid Ewers	F 56		1:59.32 SCR
	Merlyn Ewbank	F 76	MIDL	SCR	1	Lois Nochman	F 71	sos	45.42	- 3	1 Esther Dairymple		LANS	1:10.98			0.00		440
	MENMEN	MEN	MEN		10	ENERGY ELIVE	2022	5227	07/2000		Beverly Myers	F 60	OHMI	SCR		Merlyn Ewbank	F 76		1:53.00
					1	Edith Glusac	F 77	sos	1:13.26		1 Lois Nochman	F 71	sos	46.23	2	Martha Forster	F 78	B BCYM	2:41.56
	Bret Forfar	M 26		2:28.17		MENMEN	MEN	MEN		3	t cors mocimum	6.60	300	10.23		MENMEN.	MEN	MEN	
2	Thomas Schardt	M 28	OHMI	2:32.48	1	Brian Fickies	M 24	880	25.25	- 1	1 Edith Glusac	F 77	sos	56.22		HERETT HERE		· · · · · · · · · · · · ·	
1	Eric Wordlund	H 31	sos	1:56.34	20	SCHOOL STAN	746728	2000	3250 562		1920 1920	0.0250	OWNER		1	Thomas Schardt	M 28	3 OHMI	1:03.94
	Tom Hatmi	м 34	UNAT	2:09.39	10	Michael Bell	M 27	ORMI	26.42	- 4	MENMEN 1 Brian Fickies	MEN		29.50	5	Bret Forfar	N 26	LAPS	1:04.45
3	Tom Lynch	M 31	OHMI	2:24.01	1	Thomas Doane	M 32	ROCK	37.88		Brian Fickles	n 24	550	24.30	1	Eric Wordlund	M 31	sos	52.43
1	Peter Shireman	н 37	LINH	2:04.95						1	Michael Bell	M 27	DHMI	28,28		Tom Halmi	M 34		59.25
2	EJ Kelly	м 38	FLY	2:09.56		Andy Donato	м 38	sos	28.60							Tom Lynch	м 31		1:02.49
3	Larry Swetkey	M 36	GRIN	2:13.21	2	Tim Clore	M 35	JANS	29.66	1	1 Thomas Doane	M 32	ROCK	43.02					
	Brian Devereaux	M 38	JAHS	2:16.23	-	Rodger Midkiff	M 40	HABR	27.34			70				EJ Kelly	м 38		57.58
	Rick Matheny David Bashore	M 36 M 39	OWOS 880	2:18.45		Thomas Topolski	H 42	UNAT	27.40		1 Andy Donato 2 Tim Clore	M 38	SOS	32.76		Peter Shireman Larry Swetkey	M 37		57.88 58.15
	Steve Sukta	M 37	JAMS	2:43.53	3	Mark Vizena	M 42	LAPS	28.64	^	c (im croic	H 33	JAMS.	33.15		Rick Matheny	M 36		59.74
	Juan Tavares	м 35	860	SCR		Larry Ampulski	M 43	WMM	32.05	1	1 Rodger Midkiff	M 40	HABR	28.84	5	Brian Devereaux			1:01.24
					5	Paul Wright	H 41	FAST	39.16		2 Mark Vizena	N 42	LAPS	30.95		David Bashore	M 39		1:03.08
	Frank Thompson	M 43	\$05	2:05.00	1	Lawrence Kimball	M 45	FLY	26.71		Thomas Topolski	N 42	UNAT	33.18	7	Steve Sukta	M 37		1:11.36
	Elmer Sperry Ron Rice	M 41	1MHO RATE	2:14.45		Daniel Helton	M. 45	DRY	27.45		Paul Wright Larry Ampulski	M 41 M 43	FAST	36.49 36.71		Juan Tavares	M 35	880	SCR
	Scot Schwartz	M 44	LAFS	2:18.56	3	Leanoard Brockhal	hn M 45	FLY	28.04		Lutty Impatakt	11.42	with	20.71	1	Frank Thompson	H 43	sos	57.60
5		M 42	GRIN	2:20.79	4	Thomas Hunt	H 48	sos	28.66	1	Leanoard Brockhal	nn M 45	FLY	30.07	2	Elmer Sperry	H 41		59.56
	Mark Gruskin	M 41	100	2:41.06		Richard Chaney	M 45	FLY	29.00		2 Daniel Helton	M 45	DRY	30.10	3		H 40		1:00.47
7	Greg Veltema	M 44	BBD	3:03.85		Larry Sprunk	M 48	DRY	30.57	3	Richard Chaney Thomas Hunt	M 45 M 48	FLY	31.09		Victor Locke Mark Gruskin	M 42		1:06.27
- 1	Graham Annear	M 45	AUST	2:19.51		Robert Lundy Richard Szuba	M 45	FAST	31.07		Lawrence Kimbell	M 45	SOS	32.04		Greg Veltema	M 44		1:21.88
	Jerry Fish	H 49	OWOS	2:26.88		Rob Montie	M 47	DRY	33.57		Rob Montie	M 47	DRY	34.18			-	-	
3	Thomas Moyer	H 47	MM	2:42.35	10	Ed Shumaker	H 49	UNAT	35.36		Richard Szuba	M 47	FAST	34.51		Jerry Fish	M 49		1:00.54
					2	Notice House	0.00		75 60		Robert Lundy	M 45	UNAT	35.57		Graham Annear	M 45		1:03.79
- 9	Paul Chaffee	M 53	OWOS	2:24.43		Robert Krist Dave Epps	M 54	SOS	35.10		0 Ed Shumaker	M 48	UNAT	39.56 39.93		Ed Shumaker Thomas Moyer	M 49		1:06.69
					- 5	pare chips		500	37.02			20.35	Our.	37.73		Thomas hoyer	10.70	500	11.14.20
	Albert Morley	M 58	SOS	2:28.38	1	Bill Ptashnik	H 55	HYDR	33.19		Dave Epps	H 51	100	35.62		Paul Chaffee	H 53		1:01-12
2	Acces t nortey	H 3/	BUTH	2100.00		Brian Whalen	м 55	GRY	SCR	5	Robert Krist	м 54	sos	41.64	2	Dave Epps	H 51	100	1:08.81
1	Don Korten	M 69	BCYM	2:40.52	1	John Ries	M 64	MIDL	34.55	1	Bill Ptashnik	M 55	HYDR	42.04	1	Bruce Soute	M 58	sos	1:06.22
			D.D.V.	7.51.00	- 8				57/15		Brian Whaten	M 55	GRY	SCR SCR		Albert Morley	M 57		1:11.74
1	Donald May	и 74	BCYM	3:51.09		R.A. Martin	H 65	LAPS	37.97		a management and the				161		200 5000		200000000000000000000000000000000000000
					2	Jae Birch	M 67	BCYM	43.13	1	John Ries	M 64	MIDL	42.35	1	Don Korten	M 69	BCYM	1:13.91
					1	J.John Reese	H 79	TAKU	38.33	1	Jae Birch	M 67	всум	44.20	1	Donald May	и 74	BCYM	1:37.83
						- Additi Mense	0.00	Sant			R.A. Martin	M 65	LAPS	47.31	0		45000	33.0	Neglystic.
										1000									
										1	J. John Reese	M 70	UNAT	45.43					

Event # 2 M/F 50 YARD BUTTERFLY

Event # 1 M/F 200 YARD FREESTYLE

										T	Leonard Brockhale	n M 45	FLY	25,41
			******		F	Nerve # 6 M/F 50 YAR	D FREES	TYLE		2	Lawrence Kimbell	N 45	FLT	25.57
Ev	ment # 5 M/F 50 YARD	BREAS	TSTROKE		54.33					3	Daniel Helton	H 45	DRY	26.01
22										4	Jerry Fish	H 49	OWOS	26.69
					- 3	WOMEN WOMEN	WOMEN.	LICHEN		5	Richard Chaney	M 45	FLY	27.04
	WOMENWOMEN	WOMEN.	WONEH		1	Victoria Webber	F 21	UNAT	30.81	6	Rob Montie	M 48	DRY	27.28
1	Mictoria Webber	F 21	TAKU	41.58	4.70	***************************************	11/100		Sec.	7	Thomas Hunt	M 48	SOS	27.83
					1	Dyne Surrell	F 28	880	24.86	8	Graham Annear	M 45	AUST	29.08
1	Dyne Burrell	F 28	BBD	35.87	100	- 11- Carl 1 Carl	100000	170000	ATC 9 5 T.C	9	Richard Szuba	M 47	FAST	29.15
					-1	Diane Hauk	F 30	UNAT	33.94	10	Larry Sprunk	H 48	DRY	29.20
1	Susan Alt	F 40	DRY	52.78	-	Didne House					Robert Lundy	N 45	UNAT	29.55
	Karen Pearson	F 44	LAFS	SCR	1	Ruth Beier	F 35	LANS	30.51		Jon Richardson	N 46	LINE	30.48
					2	Carol Fleming	F 39	GRIN	32.43		Thomas Mover	M 47	104	34.54
1	Patrice Hirr	F 46	FLY	41.05	-	Garot rtening		GRIM	36.43	1907	Troums Troyer	200	1000	
2	Diane Kurtz	F 45	LAPS	43.72	1	Susan Jones	F 40	LANS	33,62	11	Paul Chaffee	H 53	OHOS	27.54
3	Gail Dummer	F 45	LANS	45.86	2	Susan Alt	F 40	DRY	33.94		Robert Krist	N 54	SOS	33.10
4	Genevieve Nover	F 46	HM	56.12	3	Karen Pearson	F 44	LAFS	35.18		TOWNERS OF THE PARTY.	11.34	303	33.10
	- THE CONTRACT OF STATE				3	karen Pearson	P 1946	CARS	33.10		Bruce Soule	N 58	sos	29.73
1	Signid Ewers	F 56	LAPS	44.11	+	Patrice Hirr	F 46	FLY	31,16	in 187 1	ar out source	11 30	303	47.13
2		F 58	LAPS	55.91	2		F 45		33.32	2	Bill Ptashnik	M 55	HYDR	30.56
_						Diane Kurtz		LAPS	37.04	3	Albert Morley	H 57	BCYM	32.51
	Esther Dalrymple	F 61	LANS	1:17.51	3	Helynne Schank	F 49	LAPS						
	Beverly Myers	F 60	OHNI	SCR	4	Gail Oummer	F 45	LANS	39.64	1	John Ries	N 64	MIDL	28.46
	Beverty Myers	,	-	990	5	Genevieve Moyer	F 46	HH	59.94					
	Lais Nochman	F 71	sos	50.00	7.00		15000		100210001	1	Don Korten	M 69	BCYM	33.96
	CO18 MOLIMAN		303	30.00	1	Fredericka Rapp	F 51	OKMI	33.63	2	R.A. Martin	M 65	LAPS	34.40
	Edith Glusec	F 77	sos	1:00.75	2	Jennifer Parks	F 52	HARB	35.77	3	Jae Birch	M 67	BCYN	36.88
24/	Edith drosec	St. 5.5	303	1.00.13										
	MENMEN	MEN	MEM		1	Prudence Hall	F 57	OHIO	38.99	1	J.John Reese	M 70	UNAT	32.90
	Brian Fickies	M 24	880	31.54	2	Karen Forfar	F 58	LAPS	41.40		Donald May	N 74	BCYM	41.85
	Brien Fickles		oeu	31134	3	Sigrid Ewers	F 56	LAPS	48.09					
	Michael Bell	H 27	DHM1	35.03	4	Charlene Decker	F 56	BYM	49.32					
	Minnet acct	27 (61		33.03			192		40.74	Ev	ent # 7 M/F 100 Y/	ARD IM		
1	Thomas Doane	N 32	ROCK	37.82	1	Beverly Myers	F 60	OHMI	26.45					
1	Indias obene	" 25	acc.	31.00	2	Esther Dalrymple	F 61	LAMS	54.33					
1	Peter Shireman	N 37	West	33.52	-	Competition was experted.	201120	PERSONAL PROPERTY.	7000740		WOMEN WOMEN	. WOKEN.	WOMEN	
2	Tim Clore	м 35	ZMAL	35.50	1	Lois Nochman	F 71	202	40.31	1	Victoria Webber	F 21	UNAT	1:19.04
3	Andy Donato	10 22	100000000000000000000000000000000000000	35.83	1	ediah et	4000			11,753		3200	Access of	
3		in TH	202				F 77	202	55 00					
	Andy Donato	м 38	202	33.03	2	Edith Glusac	F 77	202	55.09	1	Dyne Surrell	F 28	BBD	1:04.02
4	The second second					Martha Forster	F 78	BCYN	1:13.66	1	Dyne Burrell	F 28	BBD	1:04.02
1	Thomas Topolski	H 42	UHAT	31.15							W		(4	
2	Thomas Topalski Rodger Midkiff	м 42 м 40	UHAT	31.15 31.53		Martha Forster Merlyn Ewbank	F 78 F 76	BCYN	1:13.66	1	Karen Pearson	F 44	LAFS	1:35.25
2	Thomas Topolski Rodger Midkiff Mark Vizena	H 42 H 40 H 42	UNAT HABR LAPS	31.15 31.53 33.77	2	Martha Forster Merlyn Ewbank	F 78 F 76	BCYM MIDL	1:13.66 SCR	1	W		(4	1:35.25
3 4	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright	M 42 M 40 M 42 M 41	UHAT HABR LAPS FAST	31.15 31.53 33.77 34.87		Martha Forster Merlyn Ewbank	F 78 F 76	BCYN	1:13.66	1 2	Karen Pearson Susan Alt	F 44 F 40	LAFS	1:35.25
3 4 5	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski	H 42 H 40 H 42 H 41 H 43	UHAT HABR LAPS FAST LAPR	31.15 31.53 33.77 34.87 37.44	1	Martha Forster Merlyn Ewbank MENMEN Srian Fickies	F 78 F 76 MEN M 24	BCYN HIDL NEN BEO	1:13.66 SCR 23.19	1 2	Karen Pearson Susan Alt Patrice Hirr	F 44 F 40 F 46	LAFS DRY	1:35.25 1:38.47 1:21.05
3 4	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright	M 42 M 40 M 42 M 41	UHAT HABR LAPS FAST	31.15 31.53 33.77 34.87	1	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell	F 78 F 76 MEN M 24 M 27	BCYM HIDLNEN BBD OHMI	1:13.66 SCR 23.19 23.71	1 2 1 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz	F 44 F 40 F 46 F 45	LAFS DRY FLY LAPS	1:35.25 1:38.47 1:21.05 1:30.16
3 4 5 6	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltenm	M 42 M 40 M 42 M 61 M 43 M 44	UNAT HABR LAPS FAST LAMP BBD	31.15 31.53 33.77 34.87 37.44 55.31	1 1 2	Martha forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt	F 78 F 76 MEN M 24 M 27 M 28	BCYM MIDL MEN BED OHMI OHMI	1:13.66 SCR 23.19 23.71 25.84	1 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer	F 44 F 40 F 46 F 45 F 46	LAFS DRY FLY LAPS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94
2 3 4 5 6 1	Thomas Topolski Rodger Midkiff Merk Vizena Paul Wright Larry Ampulski Greg Veltema Larry Sprunk	H 42 H 40 H 42 H 41 H 43 H 44	UNAT HABR LAPS FAST LAMP 880	31.15 31.53 33.77 34.87 37.44 55.31	1	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell	F 78 F 76 MEN M 24 M 27	BCYM HIDLNEN BBD OHMI	1:13.66 SCR 23.19 23.71	1 2 1 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz	F 44 F 40 F 46 F 45	LAFS DRY FLY LAPS	1:35.25 1:38.47 1:21.05 1:30.16
2 3 4 5 6 1 2	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton	M 42 M 40 M 42 M 41 M 43 M 44 M 48 M 45	UHAT HABR LAPS FAST LAMP BBD DRY ORY	31.15 31.53 33.77 34.87 37.44 55.31	1 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar	F 78 F 76 MEN M 24 M 27 M 28 M 26	BCYN MIDL MEN BED OHMI OHMI LAPS	1:13.66 SCR 23.19 23.71 25.84 28.77	1 2 1 2 3	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer	F 44 F 40 F 46 F 45 F 46 F 45	LAFS DRY FLY LAPS MM LANS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR
2 3 4 5 6 1 2 3	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Lemoard Brockhahr	M 42 M 40 M 42 M 41 M 43 M 44 M 48 M 45	UHAT HABR LAPS FAST LAMP BBD DRY ORY FLY	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68	1 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfer Eric Nordlund	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31	BCYN MIDL MEN BED OHMI OHMI LAPS SOS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85	1 2 3 3	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Hoyer Gail Dummer Prudence Hall	F 44 F 40 F 46 F 45 F 46 F 45	LAFS DRY FLY LAPS MM LANS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR
2 3 4 5 6 1 2 3 4	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltema Larry Sprunk Daniel Helton Leanoard Srockhahr Thomas Hunt	M 42 M 40 M 42 M 41 M 43 M 44 M 48 M 45 M 48	UNAT HABR LAPS FAST MAN BBD DRY DRY FLY SOS	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03	1 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Hordlund Tom Halmi	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34	BCYN HIDL MEN BBD OHMI OHMI LAPS SOS UNAT	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26	1 2 3 3	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer	F 44 F 40 F 46 F 45 F 46 F 45	LAFS DRY FLY LAPS MM LANS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR
2 3 4 5 6 1 2 3 4 5	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lamerence Kimball	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 48 M 45 M 48 M 45	UNAT HABR LAPS FAST MMM BBO DRY ORY FLY SOS FLY	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13	1 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Belt Thomas Schardt Bret Forfar Eric Nordlund Tom Kalmi Tom Lynch	F 78 F 76 F 76 MEN M 24 M 27 M 28 M 26 M 31 H 34 M 31	BCYM MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57	1 2 3 3	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Hoyer Gail Dummer Prudence Hall Karen Forfar	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58	LAFS DRY FLY LAPS MM LANS ONIO LAPS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29
2 3 4 5 6	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Srockhahr Thomas Hunt Lawrence Kimball Richard Chaney	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UMAT HABR LAPS FAST MMM BBD DRY ORY FLY SOS FLY FLY	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92	1 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Hordlund Tom Halmi	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34	BCYN HIDL MEN BBD OHMI OHMI LAPS SOS UNAT	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26	1 2 3 3	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Hoyer Gail Dummer Prudence Hall	F 44 F 40 F 46 F 45 F 46 F 45	LAFS DRY FLY LAPS MM LANS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR
23456	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Velteme Larry Sprunk Daniel Helton Leanoard Srockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UMAT HABR LAPS FAST LAPP 880 DRY ORY FLY SOS FLY FLY DRY	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53	1 1 2 3 1 2 3 4	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane	F 78 F 76 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 31 M 32	BCYM MIDL MEN B8D OHMI OHMI LAPS SOS UNAT OHMI ROCK	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79	1 2 3 3 1 2 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Geneviewe Moyer Gail Dummer Prudence Hall Karen Forfar Severly Hyers	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60	LAFS DRY FLY LAPS MM LANS OHIO LAPS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29
2 3 4 5 6	Thommas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST LAMM BBD DRY ORY FLY SOS FLY FLY DRY UNAT	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30	1 1 2 3 1 2 3 4 1	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey	F 78 F 76 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 31 M 32 M 36	BCYN MIDL MEN BBD OHMI CHMI LAPS SOS UNAT OHMI ROCK	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73	1 2 3 3 1 2 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Hoyer Gail Dummer Prudence Hall Karen Forfar	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58	LAFS DRY FLY LAPS MM LANS ONIO LAPS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29
23456 123456789	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Laserence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shummker	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST LAMM BBD DRY ORY FLY SOS FLY FLY DRY UNAT	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.50 41.94	1 1 2 3 4 4 1 2	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Nalmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly	F 78 F 76 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 31 M 32 M 36 M 38	BCYM MIDL MEN BBD OHMI CHMI LAPS SOS UMAT OHMI ROCK GRIM FLY	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36	1 2 1 2 3 1 2 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Myers Lois Nochman	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60	LAFS DRY FLY LAPS MM LANS ONIO LAPS OHMI	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR
23456 123456789	Thommas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST HAMM BBD DRY ORY FLY SOS FLY DRY UNAT UNAT FAST	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27	1 1 2 3 4 1 2 3	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelty Rick Matheny	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 31 M 32 M 36 M 38 M 36	BCYN HIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OWOS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47	1 2 1 2 3 1 2 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Geneviewe Moyer Gail Dummer Prudence Hall Karen Forfar Severly Hyers	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60	LAFS DRY FLY LAPS MM LANS OHIO LAPS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29
23456	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Laserence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shummker	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST LAMM BBD DRY ORY FLY SOS FLY FLY DRY UNAT	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.50 41.94	1 1 2 3 4 1 2 3 4 4	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 31 M 32 M 36 M 36 M 37	BCYN MIDL MEN BBD OHMI CHMI LAPS SOS UMAT OHMI ROCK GRIM FLY OHOOS MAN	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71	1 2 1 2 3 1 2 1	Karen Pearson Susan Alt Patrice Hirr Diame Kurtz Genevieve Hoyer Gail Dummer Prudence Hell Karen Forfar Beverly Hyers Lois Nochman Edith Glusec	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHNI SOS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR
23456	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szuba	M 42 M 40 M 42 M 43 M 44 M 48 M 45 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST MMM 880 DRY DRY FLY SOS FLY DRY UNAT UNAT LIMM	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 4 5 5	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Belt Thomas Schardt Bret Forfar Eric Nordlund Tom Nalmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelty Rick Matheny Peter Shireman Tim Clore	F 78 F 76 MEN M 24 H 27 M 28 M 26 M 31 H 34 M 31 H 32 M 36 M 38 M 36 M 38 M 36 M 37 M 35	BCYN MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHNI ROCK GRIN FLY OWOS UMMAN JAMS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71 26.90	1 2 1 2 3 1 2 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Myers Lois Nochman Edith Glusac MEMMEN	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71 F 77	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHMI SOS SOS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60
23456	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltenm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szuba	M 42 M 40 M 42 M 41 M 43 M 44 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST HAMM BBD DRY ORY FLY SOS FLY DRY UNAT UNAT FAST	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 4 5 6	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfer Eric Nordlund Tom Nalmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman Tim Clore Andy Donato	F 78 F 76 F 76 MEN M 24 M 27 M 28 M 26 M 31 H 34 M 31 M 32 M 36 M 36 M 36 M 35 M 35 M 35 M 38	BCYN MIDL NEN BBD OHMI CHAI CHAI CHAI CHAI CHAI CHAI CHAI CHA	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71 26.90 27.48	1 2 1 2 3 1 2 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diame Kurtz Genevieve Hoyer Gail Dummer Prudence Hell Karen Forfar Beverly Hyers Lois Nochman Edith Glusec	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHNI SOS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR
23456	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lamerence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shummker O Richard Szube 1 Jon Richardson	M 42 M 40 M 42 M 43 M 44 M 48 M 45 M 45 M 45 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST MMM 880 DRY DRY FLY SOS FLY DRY UNAT UNAT LIMM	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 1 2 3 4 5 6 7	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman Tim Clore Andy Donato Brian Devereaux	F 78 F 76 MEN H 24 H 27 H 28 H 26 M 31 H 34 H 31 H 32 M 36 H 37 H 35 H 36 H 37 H 38 H 38 H 38	BCYN MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OHOS UNAN JANS SOS JAMS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.47 26.71 26.90 27.48	1 2 2 3 3 1 2 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hell Karen Forfar Severly Hyers Lois Nochman Edith Glusac MEHMEH Brian fickies	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71 F 77	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHMI SOS SOSMEN BBD	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60
23456	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szube 1 Jon Richardson	M 42 M 40 M 42 M 44 M 44 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST HAMM BBD DRY ORY SOS FLY FLY DRY UNAT UNAT FAST WHM SOS	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 4 5 6 6 7 8	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Belt Thomas Schardt Bret Forfer Eric Nordlund Tom Nalmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelty Rick Mathemy Peter Shireman Tim Clore Andy Donato Brian Devereaux David Bashore	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 35 M 36 M 37 M 35 M 38 M 38 M 38 M 38 M 38 M 38	BCYN MIDL MEN BBD OHMI CHMI LAPS SOS UNAT CHMI ROCK GRIN FLY OHOS JAMS SOS JAMS BBD	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71 26.90 27.48 27.48 27.68 28.25	1 2 2 3 3 1 2 2	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Myers Lois Nochman Edith Glusac MEMMEN	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71 F 77	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHMI SOS SOS	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60
23456789111	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Lawrence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szube 1 Jon Richardson	M 42 M 40 M 42 M 44 M 44 M 45 M 45 M 45 M 45 M 45	UHAT HABR LAPS FAST HAMM BBD DRY ORY SOS FLY FLY DRY UNAT UNAT FAST WHM SOS	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 1 2 3 4 4 5 6 7	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman Tim Clore Andy Donato Brian Devereaux	F 78 F 76 MEN H 24 H 27 H 28 H 26 M 31 H 34 H 31 H 32 M 36 H 37 H 35 H 36 H 37 H 38 H 38 H 38	BCYN MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OHOS UNAN JANS SOS JAMS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.47 26.71 26.90 27.48	1 2 1 2 3 1 2 1 1 1 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Geneviewe Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Hyers Lois Nochman Edith Glusac MEMMEN Brian fickies Michael Bell	F 44 F 40 F 46 F 45 F 45 F 57 F 58 F 60 F 71 F 77 MEN H 24 M 27	LAFS DRY FLY LAPS MM LANS ONIO LAPS ONNI SOS SOSMEN BBD ONNI	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60
23456789111	Thomas Topolski Rodger Midkiff Mark Vizena Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Srockhahr Thomas Hunt Lamerence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shummaker O Richard Szube 1 Jon Richardson Robert Krist Dave Eppa	M 42 M 40 M 43 M 41 M 43 M 44 M 45	UHAT HABR LAPS FAST MANN BBO DRY SOS FLY DRY UNAT UHAT FAST LAMM SOS JCC	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90	1 1 2 3 4 4 5 6 6 7 8 9	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman Tim Clore Andy Donato Brian Devereaux David Bashore Steve Sukta	F 78 F 76 MEN M 24 H 27 H 28 M 26 M 31 H 34 M 31 M 32 H 36 M 37 M 38 M 38 M 38 M 38 M 38 M 38 M 37 M 38 M 37 M 38 M 37 M 38 M 38 M 39 M 39 M 39 M 39 M 30 M 30 M 30 M 30 M 30 M 30 M 30 M 30	BCYN MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OMOS JAMS BBD JAMS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71 26.90 27.48 27.68 28.25 35.78	1 2 1 2 3 1 2 1 1 1 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hell Karen Forfar Severly Hyers Lois Nochman Edith Glusac MEHMEH Brian fickies	F 44 F 40 F 46 F 45 F 46 F 45 F 57 F 58 F 60 F 71 F 77	LAFS DRY FLY LAPS MM LANS OHIO LAPS OHMI SOS SOSMEN BBD	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60
23456789111	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Learence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szube 1 Jon Richardson Robert Krist Dave Eppa Bill Ptashnik	M 42 M 40 M 41 M 44 M 45 M 45 M 47 M 46 M 47 M 46 M 47 M 46 M 47 M 46 M 51 M 51 M 55 M 51 M 55 M 55 M 55 M 5	UMAT HABR LAPS FAST MINN BBD DRY DRY FLY SOS LCC NYDR	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90 42.50 SCR	1 1 1 2 3 3 4 1 2 3 3 4 4 5 6 6 7 7 8 8 9	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Belt Thomas Schardt Bret Forfer Eric Nordlund Tom Nalmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shiremen Tim Clore Andy Donato Brian Devereaux David Bashore Steve Sukta Rodger Hidkiff	F 78 F 76 MEN M 24 M 27 M 28 M 26 M 31 M 34 M 35 M 36 M 36 M 35 M 36 M 35 M 36 M 37 M 38 M 38 M 38 M 38 M 37 M 37 M 37 M 37 M 37 M 37 M 37 M 37	BCYM MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OHOS JAMS BBD JAMS HABR	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.47 26.71 26.90 27.48 27.48 27.68 28.25 35.78	1 2 2 3 3 1 2 2 1 1 1 1 1 1 1 1 1 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Genevieve Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Myers Lois Nochman Edith Glusac MEMMEN Brian Fickies Nichael Bell Thomas Doane	F 44 F 40 F 45 F 45 F 45 F 57 F 58 F 60 F 71 F 77 MEM H 24 H 27 H 32	LAFS DRY FLY LAPS MM LANS ONIO LAPS OHMI SOS SOSMEN BBD OHMI ROCK	1:35.25 1:38.47 1:105.16 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60 1:01.22
23456 12345678 91111	Thomas Topolski Rodger Midkiff Mark Vizera Paul Wright Larry Ampulski Greg Veltemm Larry Sprunk Daniel Helton Leanoard Brockhahr Thomas Hunt Learence Kimball Richard Chaney Rob Montie Robert Lundy Ed Shumaker O Richard Szube 1 Jon Richardson Robert Krist Dave Eppa Bill Ptashnik	M 42 M 40 M 41 M 44 M 45 M 45 M 47 M 46 M 47 M 46 M 47 M 46 M 47 M 46 M 51 M 51 M 55 M 51 M 55 M 55 M 55 M 5	UMAT HABR LAPS FAST MINN BBD DRY DRY FLY SOS LCC NYDR	31.15 31.53 33.77 34.87 37.44 55.31 33.56 34.42 34.68 35.03 35.13 36.92 37.53 38.30 41.94 42.27 47.90 42.50 SCR	1 1 2 3 4 4 5 6 6 7 8 9	Martha Forster Merlyn Ewbank MENMEN Brian Fickies Michael Bell Thomas Schardt Bret Forfar Eric Nordlund Tom Halmi Tom Lynch Thomas Doane Larry Swetkey EJ Kelly Rick Matheny Peter Shireman Tim Clore Andy Donato Brian Devereaux David Bashore Steve Sukta	F 78 F 76 MEN M 24 H 27 H 28 M 26 M 31 H 34 M 31 M 32 H 36 M 37 M 38 M 38 M 38 M 38 M 38 M 38 M 37 M 38 M 37 M 38 M 37 M 38 M 38 M 39 M 39 M 39 M 39 M 30 M 30 M 30 M 30 M 30 M 30 M 30 M 30	BCYN MIDL MEN BBD OHMI OHMI LAPS SOS UNAT OHMI ROCK GRIN FLY OMOS JAMS BBD JAMS	1:13.66 SCR 23.19 23.71 25.84 28.77 23.85 26.26 28.57 28.79 25.73 26.36 26.47 26.71 26.90 27.48 27.68 28.25 35.78	1 2 1 2 3 3 1 2 1 1 1 1 1 1 1 1 1 1 1 1	Karen Pearson Susan Alt Patrice Hirr Diane Kurtz Geneviewe Moyer Gail Dummer Prudence Hall Karen Forfar Beverly Hyers Lois Nochman Edith Glusac MEMMEN Brian fickies Michael Bell	F 44 F 40 F 46 F 45 F 45 F 57 F 58 F 60 F 71 F 77 MEN H 24 M 27	LAFS DRY FLY LAPS MM LANS ONIO LAPS ONNI SOS SOSMEN BBD ONNI	1:35.25 1:38.47 1:21.05 1:30.16 2:09.94 SCR 1:39.78 1:47.29 SCR 1:37.73 2:19.60

1	Rodger Widkiff	M 40	HABR	1:02.78
2	Thomas Topolski	H 42	UNAT	1:05.36
3	Mark Vizena	H 42	LAPS	1:10.29
4	Larry Ampulski	M 43	LIPER	1:16.93
5	Paul Wright	H 41	FAST	1:23.03
	Control (Co. Marine)		1100000	******
1	Daniel Helton	H 45	DRY	1:05.76
2	Leanoard Brockhahn		FLY	1:06.09
3	Lawrence Kimball	H 45	FLY	1:09.83
4	Thomas Hunt	M 48	SOS	1:10.13
5	Richard Chaney	H 45	FLY	1:10.22
6	Larry Sprunk	M 48	DRY	1:11.07
7	Rob Montie	M 47	DRY	1:11.30
8	Robert Lundy	N 45	UNAT	1:17.52
9	Richard Szube	M 47	FAST	1:17.86
100		M 49	UNAT	1:20.67
1	Robert Krist	M 54	SOS	1:25.13
1	Bill Ptashnik	M 55	HYDR	1:20.54
	Brian Whalen	N 55	GRY	SCR
1	John Ries	M 64	HIOL	1:18.40
1	R.A. Martin	M 65	LAPS	1:32.47
2		M 67	8CYM	1:43.56
-	Jae Birch	m or	8C7M	1:43.56
1	J.John Reese	M 70	UNAT	1:35.59
	ent # 8 M/F 500 YAR			
Ev		FREE	STYLE	
Ev	ent # 8 M/F 500 YAR	FREE	STYLE	
Ev	ent # 8 M/F 500 YAR	FREE	STYLE	
Ev	WOMENWOMEN	O FREE:	STYLE	7.54 41
Ev	WOMENWOMEN	FREE	STYLE	7:54.41
Ev	WOMENWOMEN	AOMEN.	STYLE UMEN UMEN	
Ev	WOMENWOMEN	AOMEN	STYLE	6:36.27
Ev	WOMENWOMEN	AOMEN.	STYLE UMEN UMEN	
Ev	womenwomen Diene Mauk Ruth Beier Carol Fleming	AOMEN	STYLE	6:36.27
1 1	womenwomen Diene Mauk Ruth Beier Carol Fleming	F 30 F 35 F 39		6:36.27 SCR
1 1	WOMENWOMENI Diene Mauk Ruth Beier Carol Fleming Susan Jones	F 30 F 35 F 39		6:36.27 SCR
1 1 1	WOMENWOMEN\ Diane Mauk Ruth Beier Carol Fleming Susan Jones Kelynne Schank	F 30 F 35 F 39 F 40 F 49	STYLEWOMEN UNAT LANS GRIN LANS LANS	6:36.27 SCR 7:17.45 9:17.86
1 1 1 1 1	WOMENWOMENI Diane Mauk Ruth Beier Carol Fleming Susan Jones Relynne Schank Fredericka Rapp	F 30 F 35 F 39 F 40 F 49 F 51	STYLEHOMEN UNAT LANS GRIN LANS LANS OHNI	6:36.27 SCR 7:17.45 9:17.86 7:30.34
1 1 1	WOMENWOMEN\ Diane Mauk Ruth Beier Carol Fleming Susan Jones Kelynne Schank	F 30 F 35 F 39 F 40 F 49	STYLEWOMEN UNAT LANS GRIN LANS LANS	6:36.27 SCR 7:17.45 9:17.86
1 1 1 1 1	WOMENWOMEN\ Diane Mauk Ruth Beier Carol Fleming Susan Jones Kelynne Schank Fredericka Rapp Jennifer Parks	F 30 F 35 F 39 F 40 F 49 F 51	STYLEHOMEN UNAT LANS GRIN LANS LANS OHNI	6:36.27 SCR 7:17.45 9:17.86 7:30.34
1 1 1 1 2	WOMENWOMENI Diene Mauk Ruth Beier Carol Fleming Susan Jones Relynne Schank Fredericka Rapp Jennifer Parks Prudence Hall	F 30 F 35 F 39 F 40 F 49 F 51 F 52	UNAT LANS GRIN LANS LAPS OHNI HARB	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79
1 1 1 1 2 1	WOMENWOMENI Diene Mauk Ruth Beier Carol Fleming Susan Jones Relynne Schank Fredericka Rapp Jennifer Parks Prudence Hall	F 30 F 35 F 39 F 40 F 49 F 51 F 52 F 57 F 78	LANS LAPS OHNI HARB OHIO BCYM	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52
1 1 1 1 2 1 1	WOMENWOMEN Diene Mauk Ruth Beier Carol Fleming Susan Jones Kelynne Schank Fredericks Rapp Jennifer Parks Prudence Hall Marths Forster MENMEN	F 30 F 35 F 39 F 40 F 51 F 52 F 57 F 78 MEN	UNAT LANS GRIN LANS LAPS OHNI HARB OHIO BCYM	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52 15:01.90
1 1 1 1 2 1	WOMENWOMEN Diane Mauk Ruth Beier Carol Fleming Susan Jones Helynne Schank Fredericks Rapp Jennifer Parks Prudence Hall Martha Forster MENMEN Bret Forfar	F 30 F 35 F 39 F 40 F 49 F 51 F 52 F 57 F 78	LANS LAPS OHNI HARB OHIO BCYM	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52
1 1 1 1 2 1 1 1	WOMENWOMEN Diane Mauk Ruth Beier Carol Fleming Susan Jones Kelynne Schank Fredericka Rapp Jennifer Parks Prudence Hall Martha Forster MENMEN	F 30 F 35 F 39 F 40 F 51 F 52 F 57 F 78 Men	LANS CHILD C	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52 15:01.90 7:03.87 SCR
1 1 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	WOMENWOMEN Diane Mauk Ruth Beier Carol Fleming Susan Jones Helynne Schank Fredericks Rapp Jennifer Parks Prudence Hall Martha Forster MENMEN Bret Forfar Thomas Schardt Eric Nordlund	F 30 FF 35 F 39 F 40 F 51 F 52 F 57 F 78 MEN	STYLEMOMEN UNAT LANS GRIN LANS LAPS OHNI HARB OHIO BCYM LAPS OHNI LAPS OHNI SOS	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52 15:01.90 7:03.87 SCR
1 1 1 1 2 1 1 1	WOMENWOMENI Diene Mauk Ruth Beier Carol Fleming Susan Jones Relymne Schank Fredericka Rapp Jennifer Parks Prudence Hall Martha Forster MENMEN Bret Forfar Thomas Schardt Eric Nordlund Tom Nalmi	F 30 F 35 F 39 F 40 F 51 F 52 F 57 F 78 Men	LANS CHILD C	6:36.27 SCR 7:17.45 9:17.86 7:30.34 7:38.79 8:06.52 15:01.90 7:03.87 SCR

1	Perer Shireman	н 37	L0404	5:45.59	
2	EJ Kelly	M 38	FLY	6:10.57	
3	Brian Devereaux	и 38	SMAL	6:16.29	
4	Larry Swetkey	M 36	GRIN	6:23.77	
5	David Bashore	M 39	680	6:39.73	
6	Rick Matheny	M 36	OWOS	6:51.15	
7	Steve Sukta	M 37	JAMS	7:41.64	
	Juan Tavares	M 35	880	SCR	
1	Frank Thompson	M 43	sos	5:27.85	
2	Elmer Sperry	H 41	IMHO	6:13.05	
3	Ron Rice	N 40	STAR	6:36.59	
4	Paul Wright	M 41	FAST	7:13.33	
5	Hark Gruskin	M 41	TCC	7:21.14	
6	Greg Veltema	H 44	880	9:12.42	
	Victor Locke	N 42	GRIN	SCR	
1	Graham Annear	N 45	AUST	6:19.53	
2	Jerry Fish	м 49	OMOS	7:11.51	
3	Thomas Moyer	H 47	ни	7:38.86	
1	Paul Chaffee	м 53	OMOS	7:15.39	
1	Bruce Soule	M 58	sos	7:02.23	
2	Albert Morley	H 57	BCYM	7:12.49	
1	Don Korten	H 69	BCYM	7:37.42	
1	Donald May	N 74	BCYM	10:55.62	

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	200 FREE	2 50 FLY	3 50 BACK 100 FRE	E 50 BREAST 5		7 100 IM	8 500 FREE	TOTAL SCORE	Women's 25-29 Dyna Burrell	26.66	28.61	35,87	
	YLE RESULTS		1 : 16.4		33.94		7 : 54.41	754	Women's 40-44 Susan Alt Karen Pearson	48.94 41.62	49.09 45.63	52.78	
	2 : 34.43 30		1 : 9.5 1 : 7.0		32.43 30.51		30 6:36.27	2056 2294	Women's 45-49 Patrice Hirr Diane Kurtz Sonnie Moyer Gail Dummer	33.35 41.98 1: 0.20 42.10	35.29 45.32 58.59 44.99	41.05 43.72 56.12 45.86	
44	2 : 46.17		1 : 15.0	2	33.62		7 : 17.45	712	Women's 55-59 Karen Forfar	54.55	47.00	55.91	
	3 : 18.89		1 : 28.7	5	37.04		9: 17.86	883	Sigrid Ewers	30	58.11	44.11	
)-54 a Rapp Parks	2 : 50.55 2 : 50.50		1 : 15.0 1 : 18.7		33.63 35.77		7:30.34 7:38.79	730 744	Esther Dalrymple Women's 70-74	30	1 : 10.98	1 : 17.51	
-59 all	3 :02.09	DGII	30		38.99	1:39.78	8: 6.52	2506	Lois Nochman	45.42	46.23	50.00	
ker			55.76 1 : 59.3	2	49.32		30	3769	Women's 75-79 Edith Glusac	1 : 13.26	56.22	1: 0.75	
	5 : 48.81 30		2 : 41.5 1 : 53.0	66 1 30 30	: 13.66		15 : 1.90 30	1486 5513	Hen's 19-24 Brian Fickies	25.25	29.50	31.54	
29 ar	2 : 28.17 2 : 32.48		1: 4.:		28,77		7 : 3.87 30	665 2042	Men's 25-29 Michael Bell	26.42	28.28	35.03	
)-34							100 100 100	1902	Men's 30-34 Thomas Doane	37.88	43.02	37.82	
und	1 : 56.34 2 : 9.39 2 : 24.01		52. 59. 1 : 2.	25	23.85 26.26 28.57		5 : 20.70 5 : 58.53 6 : 39.42	513 573 634	Men's 35-39 Tim Ctore Andy Donato	29.66 28.60	33.15 32.76	35.50 35.83	
(y etkey vereaux	2: 4.95 2: 9.56 2: 13.21 2: 16.23 2: 20.36 2: 18.45 2: 43.53		57. 57. 58. 1 : 1. 1 : 3. 59.	58 15 24 08 74	26.71 26.36 25.73 27.68 28.25 26.47 35.78		5 : 45.59 6 : 10.57 6 : 23.77 6 : 16.29 6 : 39.73 6 : 51.15 7 : 41.64	555 584 600.9 601.4 631 636 732	Men's 40-44 Rodger Midkiff Mark Vizena Thomas Topolski Larry Ampulski Paul Wright Men's 45-49	27.34 28.64 27.40 32.05 39.16	28.84 30.95 33.18 36.71 36.49	31.53 33.77 31.15 30 37.44 30 34.87 30	ľ
pson ry in ia ke rtz	2 : 5.00 2 : 14.45 2 : 17.61 2 : 41.06 3 : 3.85 2 : 20.79 2 : 18.56		57. 59. 1 : 0. 1 : 15. 1 : 21. 1 : 6.	56 47 29 88 55.31	26.23 27.07 26.51 34.97 35.38 29.56		5 : 27.85 6 : 13.05 6 : 36.59 7 : 21.14 9 : 12.42 30	537 594 621 712 854 2037 5539	Daniel Helton Leonard Brockhahn Lawrence Kimball Thomas Hunt Richard Chaney Rob Hontie Larry Sprunk Robert Lundy Richard Szuba	27,45 28.04 26.71 28.66 29.00 33.57 30.57 31.07	30.10 30.07 32.37 32.04 31.09 34.18 39.56 35.57 34.51	34.42 34.68 35.13 35.03 36.92 37.53 33.56 38.30 42.27	
5-49 Annear ish Moyer	2 : 19.51 2 : 26.88 2 : 42.35		1 : 3. 1 : 0.	54	29.08 26.69 34.54		6: 19.53 7: 11.51 7: 38.86	612 666 730	Ed Shumaker Jon Richardson Men's 50-54	35,36	39.93 1 : 6.69 30	41.94 30 47.90	
50-54			1: 1.	17	27.54		7: 15.39	668	Robert Krist Dave Epps	35.10 39.82	41.64 36.62 1 : 8.81	30 42.50	
fey -59	2 : 24.43		, , ,		27.34		, , ,,,,,,,		Men's 55-59 Bill Ptashnik	33.19	42.04	36.37	
le	2 : 28.38 2 : 36.58		1 : 6, 1 : 11.		29.73 32.51		7 : 2.23 7 : 12.49	667 693	Men's 60-64 Jon Ries	34.55	42.35	39.48	
69 n	2: 40.52		1 : 13.	91	33.96		7 : 37.42	726	Men's 65-69 R. A. Martin	37.97	47.31	47.63	
70-74 May	3 : 51.09		1 : 37.	83	41.85		10 : 55.62	1026	Jae Birch Men's 70-74	43.13	44.20	59.93	
HLON RESU	ILTS								J. John Reese	38.33	45.43	41.10	

LANSING MASTERS PENTATHLON & CRESHENDO MEET

COMBINED RESULTS

Women's 19-24 Victoria Webber

33.17

37.34

30.81 1:19.04

222

180

2018

3803

171

193.7 194.0

183.7 184.3 190 195.7 194.3 203.9 204.0 212 215 1998 5478

223

253

13.33

Michigan Masters Swimming Howell Meet Results

January 7, 1996

			eaman)	7, 1990			
Event/Place/Swimmer	Age	Club	Time	Event/Place/Swimmer	Age	Club	Time
50 Meter Breaststrok	0			100 Meter Breastroke	(Cont	tinued)	
Women 35 - 39	9			Men 50 -54			
Barbara Mark	37	LAFS	:45 47	1. Jim Coleman	51	FAST	1:39.72
2. Martha Burkhardt	37	LCC	.47.97	Men 70 - 74			
Women 45-49	9			1. John Reese	70	MM	1:52 00
1. Genevieve Moyer	46	ОН-МІ	1.01.28				
Women 50 - 54	4			200 Meter Breastroke			
1. Joyce Kowalski	53	MM	:53.06	Women 45 - 49			
Women 70 - 74		100000	100000000000000000000000000000000000000	1 Genevieve Moyer	48	OH-MI	4:49.89
Lois Nochman	71	SOS	:54.82	Men 30 - 34			
Men 40 - 44		000		1. Tom Lynch	31	Monroe	3.23.20
1. Steve Hansen	44	FLY	:36.88	Men 40 - 44		101011100	
2. Paul Wright	41	FAST	:37.95	1. Steve Hansen	44	Flint	2:59.31
3. Charles Szafren	42	LAFS	38.66	2. Paul Wright	41	FAST	3:06.86
4. Mark Vizena	42	LCC	:38.75	3. Charles Szafran	42	LAFS	3:15.12
5. Larry Ampulski	43	WMMSA	:40.91	4. Larry Ampulski	43	WMMSA	3:34.40
Men 60 - 6			2000000	Men 44 - 48	200		5352335
1. Wally Dobler	62	Lans	:40.22	1. Thomas Moyer	48	OH-MI	3:42.21
Men 70 - 7-	4	ATTACASE TO A		Men 65 - 69			
1. John Reese	70	MM	:46.53	1. Jae Birch	68	BCYM	5:00.80
2. Relph Silver	73	LAFS	1:01.53				
				100 Meter Individual M	edle	Y	
100 Meter Breastroke	e			Women20 - 24			
Women 20 - 2	4			Victoria Webber	21	OH-MI	1:25.16
Victoria Webber	21	OH-MI	1:41.52	Women 30 - 34			
Women 40 - 4	4			Diane Mauk	30	BBD	1:33.89
1. Susan Jones	40	Lans	1.57 96	Women 35 - 39			
Women 45 - 45	9			Marilyn Early	38	HarM	1:18.41
1. Gail Dummer	45	Lans	1:57.31	2. Barbara Mark	37	LAFS	1:30.88
2. Genevieve Moyer	46	OH-MI	2 20.65	3. Martha Burkhardt	37	LCC	1:31.31
Women 50 - 5-	4			Women 55 - 59			
Joyce Kowalski	53	MM	1:55.98	1. Sue Straley	59	FLY	1:42.62
Women 55 - 55	9			2. Karen Forfar	58	LCC	2:01.57
1. Beverly Myers	60	ОН-МІ	1:43.47	Men 25 - 29			
Men 30 - 3	4			1. Thomas Schardt	28	OH-MI	1:22.25
1. Tom Lynch	31	Monroe	1:35.40	Men 30 - 34			
Men 40 - 4	4			1. Eric Shirley	33	FAST	1:12.95
Steve Hansen	44	Flint	1:22.06	Men 35 - 39			
2. Paul Wright	41	FAST	1:25.50	1. Andy Donato	39	SOS	1:18.23
3. Charles Szefran	42	LAFS	1:25.75	Men 40 - 44			
4. Larry Ampuiski	43	WMMSA	1:33.59	1. Mark Vizena	42	LCC	1:15.50
Men 44 - 48				2. Frank Thompson	44	SOS	1:19.06
Dennis McManus	48	SOS	1.34.15	3 Scot Schwartz	44	LAFS	1:19.59
				4. James Nelson	40	LAFS	1:27.23
				5. Larry Ampulski	43	WMMSA	1 28.37

Michigan Masters Swimming Howell Meet Results

January 7, 1996

Event/Place/Swim	mer Age	Club	Time	Eyent/Place/Swimmer	Age	Club	Time
50 Meter Butte	rfly			50 Meter Backstroke	(Cont	inued)	
The second secon	20 - 24			Women 60 - 64	(
1. Victoria Webber	A STATE OF THE PARTY OF THE PAR	OH-MI	:37:56	1. Mary Clark	62	LAFS	1:19 81
2. Therese Franco	20	MM	:55.63	Women 70 - 74			
Women	35 - 39			1. Lois Nochman	71	sos	:53.51
1. Marilyn Early	38	HarM	:33.20	Women 75 - 79	- 111		
	40 - 49	5910040	000000	Martha Forster	78	BCYM	1:50.75
1. Gail Dummer	45	LANS	:51.06	Men 25 - 29		100000000000000000000000000000000000000	
2. Genevieve Mov	er 48	OH-MI	1:04.13	1. Thomas Schardt	28	OH-MI	:36.63
The state of the s	55 - 59			Men 30 - 34			.00.00
1. Sue Straley	59	FLY	:52.16	1. Eric Nordlund	32	sos	:34.40
2. Sally Thielen	57	LCC	1:13.22	Men 35 - 39		-	
N1100 - 100000 MA 76400 NSSA 1000	60 - 64		10.70	1. Peter Simon	38	Farm	:36.93
1. Beverly Myers	60	OH-MI	:43.09	2. E. J. Kelly	39	FLY	:37.53
	25 - 29	0.11.00		Men 40 - 44	5.50	(1. (1.)	
1. Jeremy Pecora	28	Farm	:28.16	1 Mark Vizena	42	LCC	:38.72
2. Thomas Schard		OH-MI	:33.53	Men 45 - 49	10000		
	30 - 34			1. Thomas Moyer	48	ОН-МІ	:43.21
1. Bill Eagan	33	FAST	:30.82	Men 50 - 54			
2. Eric Shirley	33	FAST	:31.07	Don Kroeger	52	ОН-МІ	:41.13
	35 - 39		180,0000	Men 65 - 69			
1 Robert Fort	37	SOS	:29.16	1. Robert Weddell	65	LAFS	:42.94
2. John Mastenbro	ok 39	HarM	:30.14	2. Jae Birch	68	BCYM	:51.68
3. E. J. Kelly	39	FLY	:33.57	Men 70 - 74			
	45 - 49			1. Ralph Silver	73	LAFS	1:20.02
1. Larry Kimball	45	FLY	:30.73	Men 75 - 79			
2. Leonard Brockh	ahn 45	FLY	31.31	1. Donald May	75	BCYM	1:05.50
3. Dennis McManu		sos	:33.13	20.200 20 20 20			
ALTER AND AND ADDRESS OF THE PROPERTY OF THE PARTY OF THE	50 - 54			100 Backstroke			
1. Jim Coleman	51	FAST	38.50	Women 55 - 59			
2. Ed Shumaker	50	MM	40.50	1 Keren Forfar	58	LCC	1.52.45
3. Paul Chaffee	53	owo	:50.22	2. Patricia Priest	59	LCC	1:53.59
Control Contro	60 - 84	OWO	.50.22	Women 70 - 75	100	255	
1. Wally Dobler	52	LANS	:34.47	1. Lois Nochman	71	sos	1:53.38
	65 - 69	DAINO	.04.41	Men 30 -34	0.71	7-1-1-1	
1. Don Korten	69	BCYM	:47.75	1. Tom Lynch	31	Monroe	1.48.17
2. Jae Birch	68	BCYM	:51.49	Men 35 - 39	-	4004000000	
Z. Jao Dilcri	00	DOTIVI	.01.40	1 Andy Donato	39	sos	1:22.83
En Mater Banks	tenten			Men 45 - 49			
50 Meter Backs				The second secon	48	он-мі	1.33.47
	20 - 24			1. Thomas Moyer Men 50 - 54	40	Orivital	1.55.41
Therese Franco	20	MM	:52.53	1. Donald Kroeger	52	ОН-МІ	1:33.46
	55 - 59	100	E4 20	1. Donald Kroeger Men 65 - 69	32	OCT-INI	1.00.40
Patricia Priest	59	LCC	:51.39	1. Robert Weddell	65	LAFS	1:33.41
2. Karen Forfar	58	LCC	.53.57	2. Don Korten	69	BCYM	1:47.28
				Men 75 - 79	00		200000000
				1. Donald May	75	BCYM	2:35.38
				A CONTRACTOR	9900	AND STANKED	

Michigan Masters Swimming Howell Meet Results

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Ev	ent/Place/Swimmer	Age	Club	Time	Event/Place/Swimmer	Age	Club	Time
10	0 Meter Individual M	edle	v		50 Meter Freestyle	Continued)		
	Men 45 - 49	-	ada .		Women 50 - 5			
4	Graham Annear	45	AUSSI	1:23.75	1. Joyce Kowalski	53	MM	:39.82
240	Men 50 - 54		218882		Women 55 - 5	9		
	Jim Coleman	51	FAST	1:27.27	Patricia Priest	59	LCC	:45.88
	Ed Shumaker	50	MM	1:38.37	2. Sally Thielen	57	LCC	:50.26
her	Men 60 - 64	0	. 14.1141		Women 60 - 6	4		
4	Wally Dobler	62	Lans	1:19.50	1. Baverly Myers	60	OH-MI	:38.78
1.	Men 65 - 69	02	Lans	1,10,50	2. Mary Clark	82	LAFS	1:00.31
2	Don Korten	89	BCYM	1.38 66	Women 75 - 7	9		
1.	Don Korten	00	BOTW	. 50 00	Martha Forster	78	BCYM	1:18.97
					Men 20 - 2	4		
20	00 Meter Individual N	legie	X		1. Mark Dunn	24	HarM	:26 59
	Women 35 - 39	0/2	2200440	0 17 10	Men 25 - 2		LIGHTY	.20 00
1.	Manlyn Early	38	HarM	2:47.18	1. Thomas Schardt	28	OH-MI	:28.53
	Women 70 - 74	2.0	7,070.00	1:49.68	2. Bret Forfar	26	LCC	:32.03
1,	Lois Nochman	71	SOS	1:49.00	Men 30 - 3	-	LCC	.02.00
	Men 20 - 24	200	440.44	2.05.07	Eric Nordlund	32	SOS	25 93
1.	Mark Dunn	24	HarM	2:35.07	Sept. Complete Comple	33	MM	:26.80
	Men 25 -29	V.	200	0.05.00	Bill Eagan Eric Shirley	33	FAST	27.47
1.	Jeremy Pecora	28	Farm	2:35.09	Mens 35 - 3		-AOI	U.S. Contract
	Men 40 - 44			0.00.40	1. Robert Fort	37	sos	:28.15
	Frank Thompson	44	sos	2:38.16		39	HarM	:27.22
2.	Larry Ampulski	43	WMMSA	3:18.40	2. John Mastenbrook	38	Farm	:28.20
	Men 45 - 49	177.67			3. Peter Simon	39	FLY	29 16
1.	Graham Annear	45	AUSSI	3:04.21	4. E. J. Kelly	38	OWO	29 10
	Men 50 - 54				5. Rick Matheny	100	OWO	28.18
1.	James Coleman	51	FAST	3:20.43	Mens 40 - 4		4144	:29.90
	Men 65 - 69				1. Ron Rice	40	StarA	
1.	Don Korten	69	BCYM	3:49.60	2. Mark Gruskin	41	JCC	:38.30
2.	Jae Birch	88	BCYM	4:28.53	Mens 45 - 4			
					Larry Kimball	45	FLY	:28.22
5	0 Meter Freestyle				2. Bill Reid	45	LAF3	:28.88
-	Women 20 - 24				3. Dennis McMannus	48	SOS	:20.66
1	Therese Franco	20	MM	:34.09	4. Jerry Fish	49	owo	:30.25
	Women 25 - 29	į.			5. Chris Brown	46	LAFS	:30.63
1	Cyndi Wilhelm	- 28	LAFS	:35 40	6. John Richardson	46	MM	:33.79
	Women 30 - 34	n outside			7 Ken McConnell	46	FLY	:48.97
1	Diane Mauk	30	BBD	37.06	Mens 50 - 3	54		
- 00	Women 35 - 39	(555)			1 Paul Chaffee	53	owo	:28.83
1	April Wyncott	37	LAFS	:32.14	2. Jim Coleman	51	FAST	:34.02
	Martha Burkhardt	37	LCC	:35.19	Mens 55 - :			
	Women 40 - 44				1. B Soule	58	BWSC	:31.95
1	Cathy Barry	42	LAFS	:34.50	Mens 60 - (64		
	Susan Jones	40	Lans	37.41	1. Robert Thielen	63	LCC	:42.88
	Women 45 - 49	1			Men 70 - 1			
1	. Genevieve Moyer	48	MM	1:02.40	1. John Reese	70	MM	:35.56
					2. Ralph Silver	73	LAFS	:52.18

Michigan Masters Swimming

Howell Meet Results January 7, 1996

Event/Place/Swimmer	Age	Club	Time	Event/Place/Swimmer	Age	Club	Time
100 Meter Freestyle				100 Meter Freestyle	(Contin	ued)	
Women 20 - 2	24			Men 50 - 54			
Victoria Webber	21	OH-MI	1:22.22	1. Paul Chaffee	53	OWO	1.05.75
2. Therese Franco	20	MM	1:28 35	2. Don Kroeger	52	OH-MI	1 06.90
Women 25 - 2	9			3. Ed Shamaker	50	MM	1:18.88
Cyndi Wilhelm	26	LAFS	1:23.75	Men 55 - 59			
Women 35 - 3	9			1. B. Soule	58	BWSC	1:14.22
1. April Wyncott	37	LAFS	1:15.53	Men 60 - 64			
Women 40 - 4	14			1 Robert Thielen	83	LCC	1:51.94
1. Suşan Jones	40	Lans	1:21.31	Men 65 - 69			
Women 50 - 5	4			1. Jae Birch	68	BCYM	1:39.43
Joyce Kowalski	53	MM	1:37.31	Men 75 - 79	1		1100110
Women 55 - 5	9			1. Don May	75	ВСУМ	2:01.31
1. Sue Straley	59	FLY	1:30.66			(1007) (1007)	
2. Patricia Priest	59	LCC	1:43.19	200 Meter Freestyle			
3. Sally Thielen	57	LCC	1.58.63	Women 25 - 29			
4. Karen Forfar	58	LCC	1:48.40	1 Cyndi Wilhelm	26	LAFS	3:14 85
Women 60 - 6		200	1,40.40	Women 30 - 34	20	LAFS	3.14.03
1. Beverly Myers	60	он-мі	1:24.54	1. Dlane Maux	30	BBD	2:55.58
Women 75 - 7		Ottivia	1.24.54	Women 45 - 49	30	080	2 33,30
1. Martha Forster	78	BCYM	3:06.68	1. Gail Dummer	45	Lans	3.52.53
Men 20 - 2		COTIVI	3.00.00	Women 55 - 59	43	Lalis	3.32.33
1. Mark Dunn	24	HarM	:59 69	1. Sally Thielen	57	LCC	4:23.77
Men 25 - 2		114114	.00 03	Women 60 - 64	31	LCC	4.23.77
1. Jeremy Pecora	28	Farm	:56 24	Beverly Myers	60	OH-MI	3:08 08
2. Thomas Schardt	28	OH-MI	1 09.68	Women 75 - 79	00	OH-WI	3:00 00
3. Bret Forfar	26	LCC	1:12.13	Martha Forster	78	ВСҮМ	6.24 63
Men 30 - 3		200	1.12.15	Men 25 - 29	10	DCIN	0 24 00
1. Eric Nordlund	32	sos	:59 33	1. Jeremy Pecora	28	Farm	2:05.58
2. Eric Shirley	33	FAST	1:01.22	2. Bret Forfar	7.79.50	V 100 100 100 100 100 100 100 100 100 10	
3. Bill Eagan	33	FAST	1:08.49	Mon 30 - 34	26	rcc	2:47.58
4. Tom Lynch	31	Monroe	1:12.44		33	FACT	0.46.04
Men 35 - 3		MOUNTE	1.12.44	1. Bill Eagan Men 35 - 39	33	FAST	2:15.31
1. John Mastenbrook	39	HarM	1:03.07	1. Rick Matheny	36	owo	2.42.24
2. E.J. Kelly	39	FLY	1:04.85		36	OWO	2:43.34
3. Rick Matheny	36	owo	1:08.28	Men 40 - 44		000	
Men 40 - 4		CAAC	1:00.20	1. Frank Thompson	44	sos	2:16.53
1. Ron Rice	40	StarA	1:07.97	2. Ron Rice	40	StarA	2:30.80
2. Mark Gruskin	10000			3. Jim Nelson	40	LAFS	2 45.09
Men 45 - 45	41	JCC	1 24 88	4. Mark Gruskin	41	JCC	2.57.69
1. Bill Reid	45	LAFS	1 02.03	Men 45 - 49	20	1 450	0.40.45
Leonard Brockhahn	45	FLY	1:04.35	1. Bill Reid	45	LAFS	2:18.67
3. Larry Kimball	45	FLY	1:05.50	Leonard Brockhahn Graham Annear	45	FLY	2:27.68
4. Jerry Fish	49	OWO	1:11 60		48	OH-MI	2:29.75
von y 1 ion	49	0000	1.11.00	Tom Moyer Jerry Fish	49	OWO	
							2:51:11
				8. Chris Brown	48	LAFS	2:53 87

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Michigan Masters Swimming Howell Meet Results January 7, 1996

Event/Place/Swimmer	Age	Club	Time	Event/Place/Swimmer	Age	Club	Time									
200 Mater Franchis	200	0.2		400 Mater Ereachile	22000	2										
200 Meter Freestyle (Continu	ed)		400 Meter Freestyle Men 65 - 69		ed)										
1. Don Kroeger	52	он-мі	2:27.32	1. Don Korten	69	ВСҮМ	0.52.00									
2. Paul Chaffee	53	OWO	2:42.40	Men 75 - 79		BCTIVI	6:52.60									
Men 55 - 59	55	0110	2.72.70	1. Don May	75	BCYM	10:13.70									
1. B. Soule	58	BWSC	2:50.79	i. Oon may		00110	10.15.70									
Men 60 - 64	-		-,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,													
1. Wally Dobler	62	Lans	2:53 65													
2. Robert Thielen	63	LCC	4:22.40													
Men 75 - 79																
1. Don May	75	BCYM	4:29.71													
400 Meter Freestyle																
Women 35 - 39																
Marilyn Early	38	HarM	5:14.58													0.5
Women 40 - 44	12127		4000000000											1525		DG .
1. Susan Jones	40	Lans	6:19.77							>		œ		00		Ó.
Women 55 - 59	50	ELV	7.49 50				5 Óg	_		WB		THE THE	=	n n	-	=
1. Sue Straley	59 58	FLY	7:18.58 8:27.06				C E	.5		4)		200	fall	THE STATE OF	33	년 .
2. Karen Forfar	57	LCC	9.26.35				the ar	80		.es	TE.	00	B	<u> </u>	œ.	Pe Pe
3. Sally Thielen Women 70 - 74	31	LCC	8.20.33			200	1 0	De la		C C	7. 8	str	, +1	Si 00	Q.	+1
1. Lois Nochman	71	sos	7-52.94			3	28	y y	O	th th	- 0 G	r re	2	ig A	£ .	Ö
Women 75 - 79	70.00	000			0.000	DG C	- Fe	5, 7	-9	中。	1 5	(a) -1	3	실일	S.	7
Martha Forster	78	ВСҮМ	15:40.37		50	190	20 0	中岛	×	D D	Q. B	# 8	()	블	on :	₹,
Men 30 -34					α	O	ar th	4, 0	2	of of	JC W	क क	USA	E Q	26 .	g -
1. Eric Nordlund	32	sos	4:36.01		WINNEDS	Winners take chances.	like everyone else, they fear failing but refuse to let fear control them.	an life gets rough, they hang until the going sets better.	Winners are flexible	They realize there is more than one way and are willing to try others.	Winners are not perfect. They know their weaknesses	while making the most of their strengths. Winners fall, but they don't stay down.	They stubbornly refuse to let a	keep them from climbing. Winners don't blame fate for their failures	nor luck for their successes.	Winners accept responsibility for their lives
Men 35 - 39						a	₹ 1	5 5	A L	.50 50	0 0	8 2	2	£ ()	ğ	Ö
John Mastenbrook	39	HarM	5:19.51			40	0 0	æ Ö	90	E 9	ar	日十	4	E E	L	de,
2. Andy Donato	39	sos	5:42.45		8	0	0 0	TO OC	5	M. C.	36 B	Su le	77	he	20	Ø .
Rick Matheny	36	owo	6:29.08			ğ	0 0	200	E I	O #	5	# 1	ğ	4	¥ .	- ·
Men 40 - 44	25	CHARTON	and an exercise of			Vii	5 8	5	3	ar ar	E -X	B 200	स्	D. C	n	0
1. Ron Rice	40	Star A	5:36.18				Se de	1. 1.		d light	M A	が一位	Str	0 8	C.	8 :
2. Mark Gruskin	41	JCC	6:23.66				0 8	When life until th		E C	É	BII ST	>	26	9	BC
Men 45 - 49	45	LAFS	5 04.83				et co	V.P		_	10	5 5	5	0		35
Leonard Brockhahn	45	FLY	5:13.12				日前			0		H H	E	ŭ		O.
Graham Annear	45	AUSSI	5:24.34							£		D DS		7.15		8
4. Tom Moyer	48	OH-MI	6:00.88							57						\geq
Men 50 - 54	17970000	NO MARKET COME														
1. Don Kroeger	52	OH-MI	6:09.19													
2. Ed Shumaker	50	MM	8:41.34													
Men 55 - 59																-
1. B. Soule	58	BWSC	6:13.19													
Men 60 - 64	100															
Robert Thielen	63	LCC	9.41.94													

Nancye & Sims

Winners are positive thinkers who see good in all things.

From the ordinary, they make the extraordinary. Winners believe on the path they have chosen

even when others can't see where they are soing.

even when it's hard,

Winners are patient.
They know the goal is only as worthy as the effort that's required to achieve it.

		======	=========	=
Ages 19 Thro	ugh	24	Call St	
Ages 19 Thro	Age	Team	Finals	
				-
Women 100 Free 1 B. WILLISTON Women 200 Back	24	UNAT	59.33	
Women 200 Back		250000000		
Women 200 Back 1 B. WILLISTON Women 200 Breast 1 B. WILLISTON Women 200 IM 1 B. WILLISTON	24	UNAT	2:29.48	
Women 200 Breast	100	rmrs.m	2.41.20	
1 B. WILLISTON	24	UNAT	2:41.30	
women 200 Im	24	TINAT	2:25.11	
		****	========	
Ages 25 Thro	ough	29	47	
PL Name	Age	Team	Finals	_
1 L. BLACKBURN	25	FAST	28.69	
1 L. BLACKBURN Women 200 Free				
Women 200 Free 1 S. SCHAFER Women 1000 Free	29	UNAT	2:10.15	
Women 1000 Free 1 JAIMI SHROUP	20	AZOUAT	2.44 97	
Women 50 Back	23	AZQUAL	2.11.21	
Women 50 Back 1 L. BLACKBURN	25	FAST	33.50	
Women 100 Back				
1 L. BLACKBURN	25	FAST	1:14.32	
Women 200 Back	20	ngg	2.17 04	
1 DYNE BURRELL Women 50 Breast	20	2200	41+114	
1 JAIMI SHROUP	29	AZOUA	40.48	
Women 50 Fiv				
1 DYNE BURRELL Women 100 IM 1 L. BLACKBURN 2 JAIMI SHROUP Women 200 IM	28	BBD	28.42	
T. BLACKBURN	25	FAST	1:13.93	
2 JAIMI SHROUP	29	AZQUA	1:18.73	
Women 200 IM	200.00	1000	C-470 CM CM (740 M)	
1 DYNE BURRELL	28	BBD	2:16.89	
1 DYNE BURRELL, 2 C. RUSSELL Women 400 IM	20	WWP	2:10:72	
1 DYNE BURRELL	28	BBD	5:00.62	
	====			===
PL Name	ough	34	Time la	
PL Name	Age	ream	rinais	20
Mamon EO Exco				
1 CORRIN POPPS 2 LAURA EIBLER 3 JULIE ZAPPON	31	MM	25.61	
2 LAURA EIBLER	32	LAFS	29.25	
3 JULIE ZAPPON	F 31	MM	1:37.27	
EST CONTRACTOR				
Women 100 Free 1 CORRIN POPPS 2 JULIE ZAPPON 3 MARIE JONES Women 200 Free 1 DIANE MAUK Women 50 Breast		2424	67.30	
2 JULIE ZADDON	JE 3	MM	1.04.94	
3 MARIE JONES	3	AZOUA	1:56.11	
Women 200 Free				
1 DIANE MAUK	31	BBD	2:43.20	
1 DIANE MAUK Women 50 Breast 1 JULIE ZAPPON	112 2	MAR	27.50	
Women 100 Breast	. C 21	L IVIIVI	37.57	
1 CORRING DOING	4 4	L MM	1:12.71	
2 JULIE ZAPPON	VE 3	1 MM	1:12.71 1:21.13	
2 JULIE ZAPPON Women 50 Fly 1 LAURA EIBLER	2 2	LARC	32 69	
Women 100 IM	3.	DATES	32.03	
Women 100 IM 1 JULIE ZAPPON 2 LAURA EIBLEN 3 DIANE MAUK	AE 3	L MM	1:12.27 1:15.54 1:24.82	
2 LAURA EIBLER	3:	LAFS	1:15.54	
3 DIANE MAUK	3) BBD	1:24.82	

Ages 40 Throu	igh	44	-
Ages 40 ThroupL Name A	Age	Team	Finals
Women 50 Free 1 AMY PASCOE 2 CATHY BARRY 3 P. O'BRIEN 4 N. MOYNIHAN Women 100 Free 1 AMY PASCOE 2 CATHY BARRY Women 200 Free 1 AMY PASCOE Women 50 Back	40	DI V	25 72
1 AMY PASCUE	40	TARR	32 61
2 CAINI BARRI	40	MM	35.18
4 N. MOYNIHAN	40	LAFS	1:41.38
Women 100 Free			
1 AMY PASCOE	40	FLY	1:06.30
2 CATHY BARRY	42	LAFS	1:13.89
Women 200 Free	CANAR	200.00	CONTRACTOR OF THE SECOND
1 AMY PASCOE	40	FLY	2:33.79
Women 50 Back	40	TARC	40 74
1 CATHY BARRI	42	LAFC	40.74
Women 50 Breast	***	LIGHT O	
1 CATHY BARRY	42	LAFS	41.39
2 P. O'BRIEN	40	MM	42.27
Women 50 Fly			
Women 50 Back 1 CATHY BARRY 2 N. MOYNIHAN Women 50 Breast 1 CATHY BARRY 2 P. O'BRIEN Women 50 Fly 1 AMY PASCOE	40	FLY	33.77
Women 100 Fly 1 KAREN PEARSON			4.0.0
1 KAREN PEARSON	44	LAFS	1:43.31
Women 100 IM		INEC	1.24 97
1 KAREN PEARSON Women 200 IM	44	DAPS	2:34.77
1 KAREN PEARSON	44	LAFS	3.28.36
I KAKEN PEAKOON		AM KE KA	3.20.00
	===	*****	
Ages 45 Throu PL Name A	igh	49	yeresensensensensensensen
PL Name A	ige	Team	Finals
Women 50 Free 1 G. MOYER Women 100 Free 1 I. MC INTOSH Women 50 Back 1 I. MC INTOSH 2 GAIL DUMMER Women 50 Breast 1 I. MC INTOSH			
Women 50 Free	16	OUMT	2.06 52
Women 100 Free	* 0	Official	2.00.32
1 I MC INTOSH	48	MIDL	1:23.83
Women 50 Back	M.E.	Name of the last	
1 I. MC INTOSH	48	MIDL	47.18
2 GAIL DUMMER	45	LANS	50.35
Women 50 Breast			
1 I. MC INTOSH	48	MIDL	44.39
2 G. MOYER	46	OHMI	56.70
Women 100 Breast	16	OHMT	2.08 57
Women 200 Breast	10	Omit	2.00.5
1 G. MOYER	46	OHMI	4:39.06
Women 50 Fly	- midt	continued.	
1 G. MOYER	46	OHMI	59.89
Women 50 Breast 1 I. MC INTOSH 2 G. MOYER Women 100 Breast 1 G. MOYER Women 200 Breast 1 G. MOYER Women 50 Fly 1 G. MOYER Women 100 IM 1 GAIL DUMMER	Trace.	2-10-50	10 10 100
Zerozeornerezezeze	-==	CA	
Ages 50 Throu	Age	Team	Finals
FL Name	190		ringis
Women 50 Free 1 J. KOWALSKI Women 100 Free 1 J. KOWALSKI Women 1000 Free 1 F. RAPP 2 J. PARKS Women 200 Back 1 J. PARKS 2 F. RAPP Women 50 Breast 1 J. KOWALSKI Women 100 Breast 1 J. KOWALSKI			
1 J. KOWALSKI	53	LAFS	1:45.22
Women 100 Free	1700000	011111111	
1 J. KOWALSKI	53	LAFS	1:24.13
Women 1000 Free	100000		and the contract of the second
1 F. RAPP	51	OHMI	15:17.93
Woman 200 Back	52	HMAST	15:56.07
1 J PARKS	52	HMAST	3:05.21
2 F. RAPP	51	OHMI	3:17.46
Women 50 Breast			
1 J. KOWALSKI	53	LAFS	47.84
Women 100 Breast	1		
1 J. KOWALSKI	53	LAFS	1:45.78
E .			

	n n n	*====	EBBBBBBBBBB
Ages 50 Throug	n b	oam	Finals
Ages 50 Throug PL Name Ag	е 1	eam	
Women 100 Fly 1 F. RAPP Women 200 IM 1 F. RAPP Women 400 IM 1 F. RAPP			1 20 20
1 F. RAPP	51	OHMI	1:39.29
Women 200 IM		OT IN T	3:13.12
1 F. RAPP	51	OHMIT	3.12.12
Women 400 IM	r 1	OUMT	6:59.36
1 F. RAPP	21	OHIT	19.555.55
		22222	
Ages 55 Throu PL Name A	igh	59	m2
PL Name A	ige	ream	rinais
17 100 Page			
1 SUE STRALEY	E 0	DIV	1:22.39
1 SUE STRALET	23	FUI	1:22.33
Women 200 Free	50	FIV	3.07.20
1 SUE STRALEY Women 1000 Free	33		3101120
1 SHIRLEY DACEY	59	S00	16:37.34
Women 50 Back	4.5		*****
1 SHIRLEY DACEY	59	500	45.61
er and Beals			
1 SUE STRALEY	59	FLY	1:32.84
1 SUE STRALEY 2 SHIRLEY DACEY	59	S00	1:39.77
Women 200 Back	-	1	
1 SHIRLEY DACEY	59	S00	3:28.63
Women 200 Breast			
1 SHIRLEY DACEY	59	S00	2:54.00
Waman 100 TM			
1 SUE STRALEY	59	FLY	1:33.94
			200 M2 con 220 M2 Con 200 M2 CO 200 M2 CO
Ages 60 Thro	ugh	64	
PL Name	Age	Team	Finals
Women 50 Free 1 MARY WILLIAMS	1020		
1 MARY WILLIAMS	64	SOS	1:59.36
Women 100 Free	**	000	1:57.95
1 MARY WILLIAMS	64	505	1:37.33
Women 200 Free 1 MARY WILLIAMS		occa	4.21 00
I MARY WILLIAMS	64	505	4:21.90
Women 1000 Free 1 MARY WILLIAMS	61	coc	22.32 69
Women 100 Back	0.4	303	22.32.03
1 BEVERLY MYERS	60	OHMI	1:28.25
Women 200 Back		20101112	
1 BEVERLY MYERS	60	OHMI	3:13.34
Women 50 Breast			
1 BEVERLY MYERS	60	OHMI	42.36
Women 200 Breast			
1 BEVERLY MYERS	60	OHMI	3:19.75
Women 200 IM			
1 BEVERLY MYERS	60	OHMI	3:04.90

Ages 75 Thro	ugh	79 -	
PL Name	Age	Team	Finals
Women 50 Back		r saveran	10.00
1 EDITH GLUSAC	77	SOS	55.70
Women 100 Back 1 EDITH GLUSAC 2 MERLYN EWBANK	7.7	000	2.12.51
2 MEDI VN EWDAY	70	MM	2:12.51
Women 50 Breast	7.6	false.	2:13.90
1 FRITH GLUCAC	77	909	1:00 70
Women 100 Breast	10 00	505	1.50.70
1 EDITH GLUSAC Women 100 Breast 1 EDITH GLUSAC	77	SOS	2:16.50
L DETTIL OBOUNC		550.50	E627/201/2016

an mi	
Ages 85 Into	ugn 89
PL Name	ugh 89 Age Team Finals
women so tree	87 SOS 2:07.85
1 JEWEL COOKE	87 505 2:07.85
Women 50 Back	97 SOS 1:10.83 87 SOS 2:40.42
TEMET COOKE	97 909 1:10 83
T DEMETI COOKE	37 303 1.10100
Women 100 IM	
1 JEWEL COOKE	87 SOS 2:40.42
T OFWER COOKE	
ZHZZZZZZZZZZZZZZZZZZ	
Ages 19 Thro	ugh 24
DY Name	Age Team Finals
Ph Name	age ream transco
Men 50 Free 1 BRIAN FICKIES 2 RAY ESPER	ugh 24 Age Team Finals
A DOTAM STOVIES	24 DDD 23 48
I BRIAN FICKIES	24 000 25.40
2 RAY ESPER	24 BBD 23.48 24 A2QUA 29.61 24 BBD 51.96
Mon 100 Free	
MEN TOO LICE	24 000 51 06
I BKIAN FICKIES	24 BDD 51.70
2 RAY ESPER	24 A2OUA 1:03.89
M 100 TM	CALL THE SECOND STATE OF T
Mell 100 IN	0. 000 1.00 41
1 BRIAN FICKIES	24 BBD 51.96 24 A2QUA 1:03.89 3 24 BBD 1:00.41
***********	************
Acres 25 mb	wah 29
Ages 25 Inro	Jugii 25
PL Name	ough 29 Age Team Finals
	F 2027
Men 50 Free	
7 MICHAEL BELL	27 OHMI 23.94 28 AA 24.10 26 BBD 27.58
I MICHABI DEBE	20 33 24 10
2 TODD MERCER	28 AA 24.10
3 TERRY MCKEON	26 BBD 27.58
Man 100 Free	
Men 100 tree	26 BBD 1:05.95 28 A2QUA 1:09.04
1 TERRY MCKEON	26 BBD 1:05.95
2 JEFF MCCARTY	28 A2OUA 1:09.04
W- 200 Proc	
Men 200 Fiee	
Men 200 Free 1 KURT DICKSON	28 MM 1:54.22
Men 50 Back	
1 WIDE DICKCON	29 MM 27 86
I KURI DICKSON	20 1914 27.00
2 MICHAEL BELL	27 OHMI 29.61
Men 100 Back	
THE TOO BEEN DICKEON	29 MM 58 00
1 KURT DICKSON	28 MM 30.00
Men 200 Back	
1 KURT DICKSON	28 MM 27.86 27 OHMI 29.61 28 MM 58.00 28 MM 2:05.88 28 AA 2:08.00 27 OHMI 2:21.75
I KOKI DICKOON	20 111 2.00.00
2 TODD MERCER	28 AA 2:08.00
3 MICHAEL BELL	27 OHMI 2:21.75
3 PITCHARD SOLIS	
Maria Prop. Maria Caracteristics	
Men 50 Breast	f 28 A2QUA 37.25 f 28 A2QUA 1:20.31 v 26 BBD 1:22.31
1 JEFF MCCARTY	28 A2QUA 37.25
Men 100 Breast	es mestera linia.
TOO DICASC	
I JEFF MCCARTY	28 AZQUA 1:20.31
2 TERRY MCKEON	V 26 BBD 1:22.31
Man SO Fly	
Hell 30 FTY	
1 JEFF MCCARTY	28 A2QUA 34.06
2 TERRY MCKEON	V 26 BBD 34 56
Man 100 IM	7 28 A2QUA 34.06 N 26 BBD 34.56
men 100 im	V 26 BBD 1:13.50
1 TERRY MCKEON	7 26 BBD 1:13.50
Men 200 TM	
FIGH 200 IN	
1 KURT DICKSON	V 28 MM 2:12.81
	V 28 MM 2:12.81
Ages 30 Thr	cough 34
PL Name Men 50 Pree 1 MICHAEL GREE 2 ERIC NORDLUN 3 T.J. SEIWERT 4 ERIC SHIRLEY Men 100 Free 1 ERIC SHIRLEY Men 200 Free	

===(Ages 30 Throug Name Ag	===			Men	1000 Free			2 00	e e
	Ages 30 Throug	h 3	4		1	P. SHIREMAN	37	WMMSAI	2:00.	14
PL	Name Ag	e T	eam	Finals	2	TIMOTHY CLORE	35	JAMS I	2:21.	23
					3	DAVID BASHORE	39	BBD I	3:50.	43
Um T	JOHN SHEARD ERIC SHIRLEY WILLIAM EAGAN STUART MARVIN 1000 Free ERIC NORDLUND				Men	50 Back	~ ~	****	27	16
Men	200 Free				1	ANDREAS SEIBT	3/	TPPT	27.	50
					2	DAVE GIBSON	35	TULL	27.	50
2	JOHN SHEARD	30	AA	1:58.15	3	P. SHIREMAN	3/	WMMSA	34.	33
3	ERIC SHIRLEY	33	FAST	2:01.02	Men	100 Back				F 0
4	WILLIAM EAGAN	33	FAST	2:02.19	1	ANDREAS SEIBT	37	ILLI	58.	30
5	STUART MARVIN	32	A2QUA	2:11.18	2	DAVE GIBSON	35	ILLI	59.	12
Men	1000 Free				3	P. SHIREMAN	37	WMMSA	1:09.	20
1	ERIC NORDLUND	32	SOS	11:13.65	Men	200 Back			- 47	
2	ERIC NORDLUND DAN FOSTER	31	VMAC	11:47.96	1	ANDREAS SEIBT	37	ILLI	2:07.	12
men	50 Back				2	TIMOTHY CLORE	35	JAMS	2:26.	.43
1	ERIC NORDLUND C. SULLIVAN	32	SOS	28.77						
2	C. SULLIVAN	31	A2QUA	34.43	74					
Men	200 Back				Men	50 Breast				
1	DAN FOSTER	31	VMAC	2:18.53	1	JOE MAGIERA BILL DAVIES STEVE SUKTA	39	UNAT	30	.40
Man	En Drazat				2	BILL DAVIES	38	WINDS	37	.17
1	C. SULLIVAN	31	AZOUA	35.57	3	STEVE SUKTA	37	JAMS	40	. 98
					Mon	100 Breast	1000			
1	WILLIAM EAGAN ERIC SHIRLEY	33	FAST	26 63	1	JOE MAGIERA	39	UNAT	1:06	.37
2	ERIC SHIRLEY	33	FAST	29 98	2	JOE MAGIERA BILL DAVIES	38	WINDS	1:22	. 68
Man	100 Fly	33	LAGI	25.50	Man					
1.16211	T T CETWEET	20	MM	E0 07	Men	200 Breast JOE MAGIERA	20	TINIATE	2.32	0.4
Mon	200 51.	30	3,11,1	30.07	7	TIMOTHY CLORE	37	TAMC	2.41	26
nen	200 Fly	20	Serie	2 20 22		TIMOTHY CLORE	22	JAMS	2.41	. 20
	TOW I WHEN	20	CHAIL	2:18.23	men	50 FIY	2.77	****	25	0.0
200	TOM LYNCH	31	OHMI	3:38.34	1	TOM MC CABE	3/	Thri	25	.08
men	100 IM	-	2222	No Carrier	2	TED SOLTYS	35	11111	25	. 15
1	JOHN SHEARD	30	ΛΛ	1:05.19	3	ROBERT FORT	37	SOS	25	.42
2	ERIC SHIRLEY	33	FAST	1:06.16	4	RICHARD BOMAN	36	UNAT	28	. 24
3	C. SULLIVAN	31	A2QUA	1:09.12	5	DAVID BASHORE	39	BBD	38	.81
					6	DONALD LAW	39	MIDL	39	. 93
					Men	100 Fly				(Section)
Men	200 IM				1	TED SOLTYS	35	ILLI	54	.67
1	MICHAEL GREEN	32	FAST	2:06.01	2	TOM MC CABE	37	ILLI	57	.22
2	T.J. SEIWERT	30	MM	2:13.50	Men	200 Fly				
3	TOM LYNCH	31	OHMI	2:57.20	_	ANDREAS SEIBT	37	ILLI	2:07	.22
Men	400 IM				4	ANDY DONATO	39	SOS	2:48	.24
1	200 Fly T.J. SEIWERT TOM LYNCH 100 IM JOHN SHEARD ERIC SHIRLEY C. SULLIVAN 200 IM MICHAEL GREEN T.J. SEIWERT TOM LYNCH 400 IM TOM LYNCH	31	OHMI	6:20.28	Men	100 IM				
2022					- 1	DAVE GIBSON	35	ILLI	59	.18
	Ages 35 Thro	igh	39	-	2	JOE MAGIERA	39	UNAT	1:00	.37
DI.	Name	Agn	Team	Finale	3	D SHIPFMAN	37	WMMSA	1:06	.68
E LI	Manie 2	age.	ream	TINGIO	_ 1	BILL DAVIES	38	WINDS	1 - 15	.25
Men	50 Free	105/50	No manual la		4	DAVID BASHOPE	39	BBD	1:21	.12
men	TOM MC CARE	27	TILLY	22 68	Mon	200 IM	32	222		
2	TED COLTYC	35	TLLT	23 02	men	D CHIDEMAN	37	WMMCA	2.25	13
2	POPERT FOR	27	COC	24 29	1	TIMOTHY CLOPE	35	TAMC	2.29	66
3	RUDERT PURT	36	LINIATI	24.20	2	DILL DAVIEC	20	WINDS	2.51	60
4	RICHARD BOMAN	30	TAMO	27.75	3	ADD TM	20	MIMDS	2.31	
5	B. DEVEREAUX	20	DAMS	27.84	меп	ANDY DONATO	20	coc	E. 27	61
6	DAVID BASHORE	39	BBD	29.74	1	ANDY DONATO	39	MITAIDO	3:37	DO
4	STEVE SUKTA	31	JAMS	31.83	-	BILL DAVIES	38	MINDS		DQ
Men	100 Free	-	22222	20 000	220		===			nacest
1	TOM MC CABE	37	ILLI	50.62		Ages 40 Thro	ugh	44	Trib	
2	JOE MAGIERA	39	UNAT	55.14	PL	Name	Age	Team	Fin	als
3	ROBERT FORT	37	SOS	55.27						
4	TIMOTHY CLORE	35	JAMS	57.86	Men	50 Free			5220	NO CONTRACT
5	RICHARD BOMAN	36	UNAT	58.46	1	JAMES WEBLEY	43	AA	25	.72
6	B. DEVEREAUX	38	JAMS	1:02.00	2	JIM FORTUNE	42	UNAT	27	.15
7	DONALD LAW	39	MIDL	1:06.30	3	GREG VELTEMA	44	BBD	36	.95
8	STEVE SUKTA	37	JAMS	1:09.87	Men	100 Free			5-0004	3 2002
Men	200 Free				1	DANA PRESNALL	42	MIDL	59	.46
1	JOHN OWSIANY	35	GOST	1:56.89	2	ROBERT KOPLAN	40	A2QUA	1:00	.16
2	TOM LYNCH 400 IM TOM LYNCH Ages 35 Thron Name 50 Free TOM MC CABE TED SOLTYS ROBERT FORT RICHARD BOMAN B. DEVEREAUX DAVID BASHORE STEVE SUKTA 100 Free TOM MC CABE JOE MAGIERA ROBERT FORT TIMOTHY CLORE RICHARD BOMAN B. DEVEREAUX DONALD LAW STEVE SUKTA 200 Free JOHN OWSIANY B. DEVEREAUX	38	JAMS	2:16.02	3	GREG VELTEMA	44	BBD	1:24	.16

40	es 40 THROUGH	44	1		
AND VALUE OF			3		1
	200 Free	40	CYN	1 50 23	
1 2	D. SHEPHERD R. MIDKIFF	40	UMMER	1:58.23	- 1
		40	MEDI	2:00.39	
3	DANA PRESNALL D. TEMPLETON	42	CAM	2:11.74	
4	D. TEMPLETON JIM FORTUNE MARK GRUSKIN GREG VELTEMA	41	SAM	2:11.94	
5	JIM FORTUNE	42	UNAT	2:16./3	
6	MARK GRUSKIN	41	JCC	2:41.68	1
	GREG VELTEMA	44	BBD	3:05.73	
men	1000 Free	40	OT N	10 53 04	
1 2	D. SHEPHERD F. THOMPSON	4.4	COC	11.40 55	
3	DANA PRESNALL	42	MIDI	12.30.33	
A .	PODERT VODEAM	10	ADOLLA:	12.76 22	1
- 4	ROBERT KOPLAN ELMER SPERRY JIM FORTUNE JAMES WEBLEY PAUL WRIGHT MARK GRUSKIN	4.0	AZQUA:	12:30.27	
0	TIM CODITINE	47	CHINA	13:00.67	3
9	TAMES WEDIEV	42	DNAI	14.11 05	
0	DALL WELLET	4.1	ENCT :	14:11.93	
0	MARK CRUCKIN	41	TOC	14:57.52	
10	CARC URL TRAN	41	DOC :	17 07 03	
TU	GREG VELITERIA	44	BBD .	17:07.91	
	200 Back F. THOMPSON	4.4	COC	2 10 46	
1	POPERT VODI AN	4.4	305 830H8	2:18.46	
	ROBERT KOPLAN	40	AZQUA	2:43.02	
men	50 Breast		mr 12	32 00	
1	STEVE HANSEN	44	FLY	32.99	
2	PAUL WRIGHT	41	FAST	34.56	
3	L. AMPULSKI	43	WMMSA	34.78	
4	STEVE HANSEN PAUL WRIGHT L. AMPULSKI C. SZAFRAN D. TEMPLETON	42	LAFS	34.97	
5	D. TEMPLETON	41	SAM	35.59	
men	100 Breast R. MIDKIFF STEVE HANSEN PAUL WRIGHT L. AMPULSKI C. SZAFRAN		tmeeter.	1 00 70	
1	R. MIDKIFF	40	WMMSA	1:08.79	
2.	STEVE HANSEN	44	FLY	1:13.70	
3	PAUL WRIGHT	41	FAST	1:15.97	
4	G. GANEDAN	43	WMMSA	1:23.02	
		42	LAFS	DQ	
men	200 Breast		1414	2 21 47	1
1	LAWRENCE DAY STEVE HANSEN C. SZAFRAN	44	Lallal	2:31.4/	
2	SIEVE HANSEN	4.9	FLI	2:47.54	1
3	C. SZAFRAN	42	LIMMOR	2:53.11	
Mon	L. AMPULSKI 50 Fly JAMES WEBLEY	43	MCMMM	3:11.96	1
men	TAMES WEDLEY	42	2.2	26 60	
. 1	JIM FORTUNE	43	TINIAM	20.69	
2	JIM FORTUNE	42	UNAI	30.63	1
men	100 Fly	4.2	* *	1 20 74	
	JAMES WEBLEY	43	AA	1:39.74	
	200 Fly D. SHEPHERD	10	CIA	2:16.48	à
		40	GLIA	2:10.40	1
Men	100 IM R. MIDKIFF	40	WMMCA	1:02.06	-
2	JIM FORTUNE	40	TIME	1.11 23	1
2	I AMDITIONE	42	MMMCA	1.15 52	
4	C CAMPOLSKI	43	LARC	1.10.52	1
7	L. AMPULSKI C. SZAFRAN GREG VELTEMA	AA	DALO	1.40 56	-
		12.12	עסט	1.40.00	
Men	200 IM				
1	D. SHEPHERD D. TEMPLETON	40	GLA	2:29.59	B
2	D. TEMPLETON	41	SAM	2:33.43	-
- 3	DANA PRESNALL	42	MIDI.	2.37 31	
4	L. AMPULSKI	43	WMMSA	3:03.46	
Men	400 IM				N
1	D. SHEPHERD	40	GLA	4:51.73	
*	STEVE HANSEN	44	FLY	DO	
20 20 20		====	******		N
1000	Ages 45 Throu	igh	49	-	
PL	Name 1	age	Team	Finals	N

Men 100 Free			
1 W. REID, III	45	LAFS	54.23
1 W. REID, III	45	LAFS	2:00.41
2 L. BROCKHAHN	45	FLY	2:07.24
3 THOMAS MOYER	48	OHMI	2:30.51
4 R. FORTUNE	48	UNAT	2:50.26
Men 1000 Free			
1 GAARD ARNESON	47	AA	11:28.46
2 D. SPAULDING	46	UNAT	11:28.46
3 GRAHAM ANNEAR	4 5	411.1.5	12 4 4 4 5
4 R. FORTUNE Men 50 Back	48	UNAT	15:12.72
Men 50 Back	200	1222	4- 02
1 DENNIS SWAIN	49	MM	41.83
Men 100 Back 1 RICK CHANEY 2 THOMAS MOYER		22.00	
1 RICK CHANEY	45	FLY	1:13.81
2 THOMAS MOYER	48	OHMI	1:27.43
1 RICK CHANEY 2 THOMAS MOYER	45	FLY	2:34.24
2 THOMAS MOYER	48	TMHO	2:59.20
Men 50 Breast	45	TARC	33.06
1 W PEID III		LAFS	34.55
2 JAY MAHLER 3 THOMAS MOYER	48	OUMT	40.31
3 THOMAS MOYER	48	UNIAT	48.55
4 J. RICHARDSON	46	UNAT	40.55
Men 100 Breast 1 JAY MAHLER	40	AA	1:13.93
te and Descript			
Men 200 Breast 1 JAY MAHLER 2 THOMAS MOYER	40	2.2	2.43 98
1 JAY MARLER	40	OHMI	3.25.26
Man 50 Fly	40	Official	3.23.20
Men 50 Fly 1 L. KIMBALL 2 R. FORTUNE	45	FLY	27.68 34.59
2 P FORTINE	48	INAT	34.59
2 R. PORTONO			75.75.55.75
Man 100 Bl.			
Men 100 Fly	15	ETV	1.05 33
1 L. KIMBALL Men 100 IM	45	LPI	1:05.32
1 R. FORTUNE	10	TINIATI	1.27 07
I R. FORTUNE	40	OIMMI	1.41.71
Well Soo IM	45	FLV	2.33 54
1 RICK CHANEY	45	FLY	2:33.54
Men 200 IM 1 RICK CHANEY 2 L. BROCKHAHN	45	FLY FLY	2:33.54
		FLY FLY	2:33.54
Ages 50 Throu	ıah	FLY FLY	2:33.54 3:23.09
Ages 50 Throu	igh Age	FLY FLY 54	2:33.54 3:23.09
Ages 50 Through Name	igh Age	FLY FLY 54	2:33.54 3:73.09 Finals
Ages 50 ThroupEn Name /	igh Age	FLY FLY 54 Team	2:33.54 3:23.09 Finals
Ages 50 Through Name Men 50 Free 1 PAUL CHAFFEE	igh Age	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Ages 50 Through Name 1 Men 50 Free 1 PAUL CHAFFEE Men 100 Free	igh Age 53	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Ages 50 Through Name 1 Men 50 Free 1 PAUL CHAFFEE Men 100 Free	igh Age 53	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Ages 50 Through Name 1 Men 50 Free 1 PAUL CHAFFEE Men 100 Free	igh Age 53	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Ages 50 Through Name 1 Men 50 Free 1 PAUL CHAFFEE Men 100 Free	igh Age 53	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Ages 50 Through Name 10 PL Name 10 Pree 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER	igh Age 53	FLY FLY 54 Team	2:33.54 3:73.09 Finals
Men 50 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER	53 52 54 52 50	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37
Men 50 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER	53 52 54 52 50	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37
Men 50 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER	53 52 54 52 50	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37
Ages 50 Through Name 1	53 52 54 52 50	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37
Ages 50 Through Name 10 Name 10 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER Men 1000 Free 1 BILL WOOD 2 D. KROEGER 3 PAUL CHAFFEE Men 50 Back	53 52 54 52 54 52 53	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50
Ages 50 Through Name 10 Name 10 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER Men 1000 Free 1 BILL WOOD 2 D. KROEGER 3 PAUL CHAFFEE Men 50 Back	53 52 54 52 54 52 53	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50
Ages 50 Through Name 10 Name 10 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER Men 1000 Free 1 BILL WOOD 2 D. KROEGER 3 PAUL CHAFFEE Men 50 Back	53 52 54 52 54 52 53	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50
Ages 50 Through Name PL Name PL Name PL Name PL Name PAUL CHAFFEE Men 100 Free PAUL WOOD PAUL WOOD PAUL WOOD PAUL CHAFFEE Men 1000 Free PAUL CHAFFEE Men 50 Back PAUL CHAFF	1gh 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50 36.34 39.96
Ages 50 Through Name 10 Name 10 Free 1 PAUL CHAFFEE Men 100 Free 1 D. KROEGER Men 200 Free 1 BILL WOOD 2 D. KROEGER 3 ED SHUMAKER Men 1000 Free 1 BILL WOOD 2 D. KROEGER 3 PAUL CHAFFEE Men 50 Back 1 D. KROEGER 2 ED SHUMAKER Men 50 Breast 1 PAUL CHAFFEE Men 50 Breast 1 PAUL CHAFFEE	1gh 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50 36.34 39.96
Ages 50 Through Name PL Name PL Name PL Name PL Name PAUL CHAFFEE Men 100 Free PAUL WOOD PAUL WOOD PAUL WOOD PAUL CHAFFEE Men 1000 Free PAUL CHAFFEE Men 50 Back PAUL CHAFF	1gh 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq 1sq	FLY FLY 54 Team OWOSS OHMI GRIN OHMI BWSC GRIN OHMI OWOSS OHMI BWSC	2:33.54 3:73.09 Finals 26.50 1:02.19 2:11.60 2:18.98 2:33.37 12:17.21 12:59.78 13:48.50 36.34 39.96

Acres For Kill and		
Ages 50 - 54 conit	Men 50 Back	Ages 35 Through 44
Men 50 Fly	1 R. WEDDELL 65 LAFS 37.44	PL Name Team Finals
1 WILLIAM BROWN 50 UNAT 29.48	Men 100 Back 1 R WEDDELL 65 LAFS 1:21.77	
2 PAUL CHAFFEE 53 OWOSS 40.30	1 R. WEDDELL 65 LAFS 1:21.77 2 DON KORTEN 69 BCYM 1:41.40	Men 200 R-Medley
Men 200 Fly	Men 100 IM	1 FLY M-35 FLY 1:57.15
. WILLIAM BROWN 50 UNAT 2:30.37 Men 100 IM	1 DON KORTEN 69 BCYM 1:23.84	RICK CHANEY-45 STEVE HANSEN-44
1 FAUL CHAFFEE 53 OWOSS 1:16.40	Men 200 IM	L. KIMBALL-45 L. BROCKHAHN-45 Men 800 R-Free
	1 DON KORTEN 69 BCYM 3:17.91	1 ILLI M-35 ILLI 7:27.03
Ages 55 Through 59	Men 400 IM	ANDREAS SEIBT-37 DAVE GIBSON-35
PL Name Age Team Finals	1 DON KORTEN 69 BCYM 6:35.29	TED SOLTYS-35 TOM MC CABE-37
	Ages 70 Through 74	
Men 50 Free 1 B.W. SOULE 58 BWSC 29.60	PL Name Age Team Finals	Ages 45 Through 54
2 BRIAN WHALEN 55 GRY 30.16		PL Name Team Finals
3 JAMES LINE 56 HMAST 30.67	Men 50 Free	
4 ALBERT MORLEY 58 BCYM 32.33	1 RICHARD EVANS 71 MIDL 43.87	Men 800 R-Free 1 MM M-45 MM 9:57.12
	Men 100 Free	DONALD KROEGER-52 THOMAS MOYER-48
Mary 400 From	1 RICHARD EVANS 71 MIDL 1:40.33	ALBERT MORLEY-58 PAUL CHAFFEE-53
Men 100 Free 1 B.W. SOULE 58 BWSC 1:07.22	Men 200 Free	
2 JAMES LINE 56 HMAST 1:12.05	1 RICHARD EVANS 71 MIDL 3:42.68 Men 50 Breast	
3 ALBERT MORLEY 58 BCYM 1:13.30	1 J.JOHN REESE 70 MM 44.08	
Men 200 Free	2 RICHARD GALE 72 JCC 54.78	Ages 19 Through 24
1 B.W. SOULE 58 BWSC 2:29.93	Men 100 Breast	PL Name Team Finals
2 ALBERT MORLEY 58 BCYM 2:42.19 3 BRIAN WHALEN 55 GRY 2:44.62	1 RICHARD GALE 72 JCC 2:01.60	
3 BRIAN WHALEN 55 GRY 2:44.62 Men 1000 Free	Men 200 Breast 1 RICHARD GALE 72 JCC 4:29.00	Mixed 200 R-Free
1 CARL WOOLLEY 59 AA 12:53.26	1 RICHARD GALE 72 JCC 4:29.00 Men 50 Fly	I A2QUA A X-19 A2QUA 1:48.16
2 B.W. SOULE 58 BWSC 14:24.54	1 J.JOHN REESE 70 MM 38.50	B. WILLISTON-24W C. SULLIVAN-31M
3 ALBERT MORLEY 58 BCYM 14:47.34	2 RICHARD EVANS 71 MIDL 49.98	CANDICE RUSELL 28W GAARD ARNESON-47M Mixed 200 R-Medley
Men 50 Back 1 JAMES LINE 56 HMAST 37.47	Men 200 Flv	1 AA X-19 AA 2:00.40
1 JAMES LINE 56 HMAST 37.47 2 ALBERT MORLEY 58 BCYM 46.63	- RICHARD EVANS 71 MIDL 4:40.65	CANDICE RUSELL 28W C. SULLIVAN-31M
Men 100 Back	TERRETERRETERRETERRETERRETERRETERRETER	STUART MARVIN-32M B. WILLISTON-24W
1 BRIAN WHALEN 55 GRY 1:51.30	Ages 25 Through 34 PL Name Team Finals	2 BBD B X-19 BBD 2:03.06
Men 100 Breast	PD Name	DYNE BURRELL-28W TERRY MCKEON-26M
1 BRIAN WHALEN 55 GRY 1:30.98	Women 200 R-Medley	BRIAN FICKIES 24M DIANE MAUK-30W
Men 100 IM	- LAFS W-25 LAFS DQ	Ages 35 Through 44
1 JAMES LINE 56 HMAST 1:25.29 2 BRIAN WHALEN 55 GRY 1:29.29	NANCY MOYNIHAN-40 CATHY BARRY-42	PL Name Team Finals
Z DKIAN WHADEN 33 OKI I.S. S.	KAREN PEARSON-44 LAURA EIBLER-32	
Ages 60 Through 64		Mixed 200 R-Free
PL Name Age Team Finals	************************	1 BWSC X-35 BWSC 2:05.00
	Ages 19 Through 24	B.W. SOULE-58M ED SHUMAKER-50M
Men 50 Free. i JOHN RIES 64 MIDL 28.36	PL Name Team Finals	JOYCE KOWALSKI-53W ANDY DONATO-39M Mixed 200 R-Medley
1 JOHN RIES 64 MIDL 28.36 Men 100 Free		1 MIDL X-35 MIDL 3:06.34
1 JOHN RIES 64 MIDL 1:02,54	Men 200 R-Free	ILENE MC INTOSH-48W MERLYN EWBANK-76W
Men 200 Free	1 A2QUA B M-19 A2QUA 2:04.16	DONALD LAW-39M RICHARD EVANS-71M
1 W. LEENGRAN 64 ILLI 2:24.23	RAY ESPER-24 DENNIS SWAIN-49 FRASER SMITH-39 JEFF MCCARTY-28	
2 E. EGELKRAUT 62 BCYM 2:32.82	Men 400 R-Free	Ages 45 Through 54
Men 1000 Free 1 W. JEFFRIES 64 AA 13:05.73	1 A2QUA B M-19 A2QUA 5:02.98	Fin Name Team Finals
1 W. JEFFRIES 64 AA 13:05.73 2 W. LEENGRAN 64 ILLI 13:24.86	FRASER SMITH-39 DENNIS SWAIN-49	Mixed 200 R-Free
3 E. SGELKRAUT 62 BCYM 14:24.44	RAY ESPER-24 JEFF MCCARTY-28	1 OHML X-45 OHMI 2:38.86
Men 50 Fly	Anna Of Managar 24	DONALD KROEGER-52M THOMAS MOYER-48M
1 JOHN RIES 64 MIDL 34.51	Ages 25 Through 34 PL Name Team Finals	BEVERLY MYERS-60W GENEVIEVE MOYER-46
2 E. EGELKRAUT 62 BCYM 39.35		Mixed 200 R-Medley 1 MM X 45 MM 3:04.44
Men 200 Fly - E. EGELKRAUT 62 BCYM 3:21.13	Men 200 R-Medley	1 MM X 45 MM 3:04.44 THOMAS MOYER-48M EDITH GLUSAC-77W
Men 400 IM	1 AA M-25 AA 1:52.93	DONALD KROEGER-S2M W. REID, III-45M
1 W. JEFFRIES 64 AA 6:42.60	TODD MERCER-28 JAY MAHLER-48	A STATE OF THE PARTY OF THE STATE OF THE STA
***************************************	JAMES WEBLEY-43 JOHN SHEARD-30 = Men 400 R-Free	
Ages 65 Through 69	1 A2QUA A M-25 A2QUA 4:06.90	
PL Name Age Team Finals	JIM FORTUNE-42 ROBERT KOPLAN-40	
Men 1000 Free		
1 BOR HERITIER 67 DAC 13:57.00		

1 BOB HERITIER 67 DAC 13:57.00 2 DON KORTEN 69 BCYM 15:12.43

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1995 U.S.M.S. LONG COURSE METERS NATIONAL TOP TEN TIMES MICHIGAN SWIMMERS

100 BREAST

2-28 64

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* STATE RECORD # U.S.M.S. NATIONAL RECORD WR WORLD RECORD

SHEILA TAORMINA (26)LOIS NOCHMAN (70)50 FREE :27.72 1ST 50 FREE :43.46 8TH° 100 FREE :57.76 1ST*# WR 100 FREE 1:41.61 8TH° 200 FREE 2:02.89 1ST* WR 200 FREE 3:53.31 10TH 400 FREE 4:18.31 1ST°# WR 400 FREE 8:04.09 6TH° 1500 FREE 17:27.96 1ST*# WR 800 FREE 16:20.96 3RD* 100 FLY 1:03.67 1ST*# WR 1500 FREE 30:32.00 5TH* JENNIFER PARKS (51) 50 BACK :53.78 9TH* 400 FREE 6:38.94 10TH* 200 BACK 4:22.03 9TH° 800 FREE 13:37.05 10TH* 50 BREAST :55.92 3RD* 1500 FREE 25:45.06 7TH* 100 BREAST 2:04.20 4TH* 50 BACK :45.91 9TH 200 BREAST 4:43.46 4TH° 100 BACK 1:35.92 4TH 50 FLY :45.48 1ST*# WR 200 BACK 3:28.30 5TH* 100 FLY 1:52.31 1ST*# WR FREDERICKA RAPP (51) 200 FLY 4:16.68 1ST*# WR 50 FREE :38.77 10TH 200 IM 4:08.22 2ND* 200 FREE 3:16.50 10TH 400 IM 8:42.62 2ND° 1500 FREE 26:28.60 9TH ERIC NORDLUND (31) 50 BACK :49.27 10TH 800 FREE 10:13.07 6TH 200 BACK 3:37.31 7TH **1500 FREE** 19:44.09 8TH 100 FLY 1:58.01 6TH* 50 BACK :33.03 8TH 200 FLY 4:20.26 4TH° 200 BACK 2:41.56 10TH 200 IM 3:41.27 8TH DAVID SHEPHERD (39)400 IM 7:50.08 6TH 200 FLY 2:30.66 9TH BEVERLY MYERS (59)FRANK THOMPSON (43)50 BACK :45.49 5TH 200 BACK 2:40.65 10TH 100 BACK 1:39.66 6TH 400 IM 5:46.32 9TH 200 BACK 3:37.36 3RD L. BROCKHAHN 45 50 BREAST :48.34 6TH 100 FREE 1:00.09 5TH° 50 FLY :42.78 5TH 200 FREE 2:15.67 10TH 200 IM 3:25.00 3RD 400 FREE 4:50.29 7TH BEVERLY MYERS (60)100 FLY 1:08.61 7TH 50 FREE :38.31 6TH* DONALD KROEGER (51) 100 FREE 1:26.70 4TH* 1500 FREF 23:35.53 10TH 200 FREE 3:12.53 6TH* 400 IM 7:00.58 8TH 400 FREE 6:42.71 3RD* WALLY DOBLER (61) 50 BACK :45.69 3RD* 50 FREE :31.94 9TH 100 BACK 1:43.36 4TH* 200 BACK 3:08.24 3RD* 200 BACK 3:35.45 3RD* ELMER EGELKRAUT (61) 50 BREAST :50.69 8TH* 200 FREE 2:47.08 8TH 100 BREAST 1:50.99 7TH° 100 FLY 1:33.16 10TH 50 FLY :45.07 5TH* BOB HERITIER (67) 200 IM 3:33.05 2ND* 50 FREE :32.17 6TH **EDITH GLUSAC** (76)200 FREE 2:48.90 3RD 50 BACK 1:01.24 7TH 400 FREE 6:00.86 2ND 100 BACK 2:16.30 6TH* 800 FREE 12:35.59 2ND 200 BACK 5:02.47 6TH* CHARLES MOSS (67)50 BREAST 1:06.44 5TH 200 BACK 3:24.33 4TH

200 00000

1995 U.S.M.S. LONG COURSE METERS NATIONAL TOP TEN TIMES MICHIGAN SWIMMERS

WOMEN'S 200 FREE RELAY AGE 240+ TIME 3:06.18 5TH* **EDITH GLUSAC** (78)LOIS NOCHMAN (70)FREDERICKA RAPP (51)KAREN PEARSON (43)

WOMEN 200 MEDLEY RELAY AGE 200+ TIME 3:29.04 7TH FREDERICKA RAPP (51)KAREN PEARSON (43)CASSANDRA GARRY (40)**EDITH GLUSAC** (76)

9TH

9TH

MEN'S 200 FREE RELAY AGE 160+ TIME 1:52.66 LEONAR BROCKHAH (45)RICHARD CHANEY (45)FRANK THOMPSON (43)**ERIC NORDLUND** (31)

MEN'S 200 MEDLEY RELAY AGE 160+ TIME 2:12.72 10TH RICHARD CHANEY (45)FRANK THOMPSON (43)LEONAR BROCKHAH (45)ERIC NORDLUND (31)

MEN'S 200 MEDLEY RELAY AGE 240+ TIME 3:08.12 6TH ALBERT MORLEY (57)RAY GILLILAND (72)DONALD KROEGER (51) TOM REIGEL (65)

MEN'S 400 FREE RELAY AGE 120+ TIME 4:41.63 10TH ERIC NORDLUND (31)THOMAS SCHARDT (27)FRANK THOMPSON (43)TOM LYNCH (31)

MEN'S 400 MEDLEY RELAY AGE 120+ TIME 5:36.72 ERIC NORDLUND (31)

* STATE RECORD # U.S.M.S. NATIONAL RECORD WR WORLD RECORD

MEN'S 400 FREE RELAY AGE 200+ TIME 5:12.19 2ND THOMAS MOYER (47)**BOB HERITIER** (67)**BRIAN WHALEN** (55)DONALD KROEGER (51)MEN'S 800 FREE RELAY AGE 120+ TIME 10:14.26 5TH TOM LYNCH (31) FRANK THOMPSON (43) THOMAS SCHARDT (27)ERIC NORDLUND (31) MIXED 200 FREE RELAY AGE 240+ TIME 3:08.72 5TH* TOM REIGEL (65)**EDITH GLUSAC** (76)RAY GILLILAND (72)LOIS NOCHMAN (70)MIXED 400 MEDLEY RELAY AGE 200+ TIME 5:42.62 3RD* FREDERICKA RAPP (51)**BEVERLY MYERS** (60)DONALD KROEGER (51) THOMAS MOYER (47)MIXED 800 FREE RELAY AGE 160+ TIME 11:48.14 4TH* THOMAS MOYER (47)DONALD KROEGER (51) CASSANDRA GARRY (40)FREDERICKA RAPP (51)MIXED 800 FREE RELAY AGE 200+ TIME 11:46.14 2ND DONALD KROEGER (51)BEVERLY MYERS (60)FREDERICKA RAPP (51)THOMAS MOYER (47)