

# Michigan Masters Newsletter

Spring, 1990

## In This Newsletter

### Upcoming Meets

- Swim and Ski at Harbor Springs - Sat/Sunday, March 10 - 11th
- Michigan Masters Short Course State Championship Swim Meet - March 25 & 31 and April 1 at East Lansing
- YMCA Masters National Championship Meet - April 27 through the 30th in Milwaukee

• USMS Masters National Short Course Championship Meet - May 18 through the 21st in Los Angeles

### Meet Results

• O.C.C. January Meet

• KALAMAZOO • MIDLAND  
• JACKSON  
• KENTWOOD  
• BRIGHTON

• Also included is a compilation of short and long course national top ten times swum by Michigan swimmers

Please use your name as it appears on your USMS registration card every time you fill out your name at a swim meet!

COME UP NORTH FOR A FUN WEEKEND-SKI SAT.- SWIM SAT. NIGHT AND SUN.

# SWIM & SKI

GET A \$ 7 DISCOUNT OFF THE DAILY LIFT TICKET AT NUBS NOB SKI AREA (HARBOR SPRINGS) BY BEING A USMS REGISTERED MEMBER: CALL PAT AT HARBOR SPRINGS COMMUNITY SCHOOLS FOR DETAILS-616-526-5383.

THIS IS GOING TO BE THE FIRST COMPETITIVE MEET EVER HELD IN THIS POOL. MAKE YOUR MARK BY SETTING A POOL RECORD!!!

DATE: SAT/SUN MARCH 10-11, 1990

PLACE: HARBOR SPRINGS COMMUNITY POOL (AT THE HIGH SCHOOL)  
HARBOR SPRINGS, MI 49740

TIME: SAT- WARM-UP/REGISTRATION BEGINS 6:30 PM - MEET BEGINS 7:30  
SUN- WARM-UP/REGISTRATION BEGINS 10:30 AM - MEET BEGINS 11:30

FACILITY: 6 LANE, 25 YARD POOL; HAND TIMING; HOT TUB.

AWARDS: MICHIGAN MASTERS RIBBONS FOR 1ST-3RD PLACE

ENTRY FEE: \$ 8.00 PER SWIMMER (MAXIMUM 4 EVENTS PLUS RELAY)

ENTRY DEADLINE: DECK ENTRIES ONLY

REFRESHMENTS DURING SUN MEET ONLY

AFTER PARTY: TO BE ANNOUNCED

USMS SANCTIONED. USMS REGISTRATION REQUIRED. REGISTRATION AVAILABLE AT THE MEET FOR \$ 20.

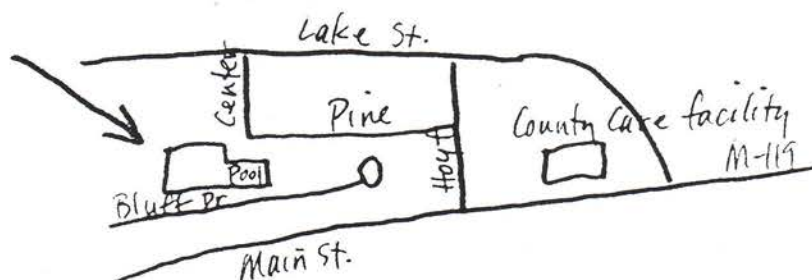
EVENTS: SAT: 1-400 IM.  
2-1650 FREE  
SUN: 3-200 IM  
4-50 FREE  
5-100 BREAST  
6-200 BACK  
7-50 FLY  
INTERMISSION  
8-200 MIXED FREE RELAY  
9-100 FLY  
10-200 FREE  
11-100 BACK  
12-50 BREAST  
13-100 FREE

FOR MORE INFORMATION:

MARILYN EARLY 616-526-5136

CHUCK CIGRAND OR SALLIE THOMPSON  
616-526-6150

MOTEL INFORMATION ON  
OTHER SIDE >



STAY RIGHT IN DOWNTOWN HARBOR SPRINGS - 2 MINUTES FROM THE POOL!!  
(ALL PHONES ARE AREA CODE 616)

HARBOR SPRINGS MOTOR INN- #36-42 526-5431  
HARBORSIDE INN- #45-60 526-6238 OR 800-678-9158

ALSO AVAILABLE IN PETOSKEY:

COMFORT INN- #45-65 347-3220  
GREEN ROOF MOTOR INN- #45-65 347-3900 OR 800-456-1420  
HOLIDAY INN- #75 347-6041  
BEST WESTERN- #55-65 347-3925 OR 800-528-1234  
ECONO LODGE- #60 348-3324  
DAYS INN- #55-75 347-8717  
STAFFORD'S PERRY HOTEL- #60-115 347-2516



South Oakland Seals  
Swimming Meet Results  
Sunday, January 21, 1990  
Oakland Community College

50 Yard Freestyle

Women 19 - 24		
1. Suzanne Troester	FFF	33.00
Women 25 - 29		
1. Victoria Hallmann	FFF	30.42
2. Kristi Dean	SOS	32.84
3. Veronica RectorMurray	UNT	40.16
Women 35 - 39		
1. Tanya Hurley	UNT	28.68
2. Sam Carole Pollard	FAST	35.68
Women 45 - 49		
1. Fredericka Rapp	NOMS	34.59
Women 55 - 59		
1. Mary Williams	FAST	50.35
Women 60 - 64		
1. Betsy Ancker-Johnson	SOS	45.57
Men 19 - 24		
1. James G McLeod	FLINT	23.44
Men 25 - 29		
1. Mike Etienne	UNT	25.08
2. Eric McEntyre	KZOO	25.31
3. Dave Runde	SOAK	25.54
4. Tom Gijbsers	UNT	25.60
5. John Battista	UNT	26.16
6. Charles Gevirtz	UNT	27.82
7. Michael Roach	UNT	30.44
Men 30 - 34		
1. Mike Schmitz	UNT	23.18
2. Jim Clarke	UNT	25.79
3. Bob Murphy	LAN	25.90
4. Neal Probert	FAST	27.23
Men 35 - 39		
1. Dave Dillon	FAST	24.80
2. Kurt Gerhardt	JACK	25.73
3. Mike Dorsch	SOAK	28.11
4. Tom Williams	UNT	28.45
Men 40 - 44		
1. Mike Mathers	SOAK	25.56
2. Rob Montie	DRY	26.66
3. Don Malen	SOAK	28.90
Men 45 - 49		
1. Bob Isbister	FAST	27.95
Men 50 - 54		
1. Bruce Joerin	SOAK	29.14
Men 55 - 59		
1. Jim McCrory	SOAK	32.71
Men 60 - 64		
1. Alfred Kaptor	SOAK	32.73
2. George Strange	DRY	41.97
Men 65 - 69		
1. Ray Mondro	SOS	34.66
Men 80 - 84		
1. Paul Thompson	SOS	52.08
100 Yard Freestyle		
Women 19 - 24		
1. Carrie Newman	SOS	1:01.14
2. Kim Krauer	FLINT	1:06.78
3. Suzanne Troester	FFF	1:12.05

100 Yard Freestyle

Women 25 - 29		
1. Kim Pogue	SOS	57.56
2. Victoria Hallmann	FFF	1:07.40
3. Debi Schneider	SOAK	1:08.02
4. Kristi Dean	SOS	1:10.36
5. Veronica RectorMurray	UNT	1:24.13
Women 30 - 34		
1. Janet Fox	BWSC	1:24.89
Women 40 - 44		
1. Patrice Hurr	FLINT	1:06.85
2. Mel Lebsack	FAST	1:16.27
3. Dolores Sczytko	DRY	1:29.77
4. Margaret Williams	LAPS	1:36.04
Women 45 - 49		
1. Fredericka Rapp	NOMS	1:15.97
2. Beverly Baker	UNT	1:19.46
Women 50 - 54		
1. Beverly Myers	NOMS	1:13.59
Women 55 - 59		
1. Mary Williams	FAST	1:59.35
Women 60 - 64		
1. Betsy Ancker-Johnson	SOS	1:42.06
Men 19 - 24		
1. James G McLeod	FLINT	53.14
Men 25 - 29		
1. Ron Reed	UNT	53.79
2. Dave Runde	SOAK	54.22
3. Mike Etienne	UNT	55.78
4. John Battista	UNT	56.72
5. Eric McEntyre	KZOO	56.87
6. Charles Gevirtz	UNT	1:00.51
7. Tom Lynch	LAPS	1:04.36
8. Michael Roach	UNT	1:06.87
Men 30 - 34		
1. Mike Schmitz	UNT	51.69
2. Bob Murphy	LAN	55.71
3. Jim Clarke	UNT	55.86
4. Ken Gutowski	FAST	58.96
5. Jim Weyand	UNT	59.32
6. Neal Probert	FAST	59.47
7. George Heintz	FFF	1:06.97
Men 35 - 39		
1. Brent Sweitzer	JACK	53.99
2. Mark Kyle	SOS	57.69
3. Kurt Gerhardt	JACK	59.57
4. Mike Dorsch	SOAK	1:00.30
5. Tom Williams	UNT	1:01.97
Men 40 - 44		
1. Mike Mathers	SOAK	56.73
2. Thomas Hunt	FFF	59.14
3. Rob Montie	DRY	1:00.67
4. Dennis McManus	FFF	1:02.70
5. Don Malen	SOAK	1:03.54
Men 45 - 49		
1. Bob Isbister	FAST	1:01.62
Men 50 - 54		
1. Jim McCrory	SOAK	1:15.43
Men 60 - 64		
1. Alfred Kaptor	SOAK	1:16.18
2. George Strange	DRY	1:40.45
Men 65 - 69		
1. Ray Mondro	SOS	1:19.67

200 Yard Freestyle

Women 19 - 24		
1. Carrie Newman	SOS	2:19.64
2. Kim Krauer	FLINT	2:21.96
Women 25 - 29		
1. Kim Pogue	SOS	2:05.57
2. Lisa Swireford	NOMS	2:44.65
3. Ruth Ryan Lessard	LANS	2:53.52
4. Veronica RectorMurray	UNT	3:02.88
Women 30 - 34		
1. Janet Fox	BWSC	2:59.23
Women 40 - 44		
1. Mel Lebsack	FAST	2:38.25
2. Margaret Williams	LAPS	3:40.80
Women 45 - 49		
1. Fredericka Rapp	NOMS	2:51.09
Women 55 - 59		
1. Mary Williams	FAST	4:16.37
Men 25 - 29		
1. John Battista	UNT	2:01.29
2. Mike Etienne	UNT	2:04.58
3. Eric McEntyre	KZOO	2:14.17
4. Tom Lynch	LAPS	2:25.07
Men 30 - 34		
1. Bob Murphy	LAN	2:03.80
2. Jim Clarke	UNT	2:15.04
3. Neal Probert	FAST	2:24.04
4. James P. Dougherty	FLINT	2:36.91
5. George Heintz	FFF	2:38.27
Men 35 - 39		
1. Brent Sweitzer	JACK	1:58.20
Men 40 - 44		
1. Mike Mathers	SOAK	2:16.05
2. Richard L. Fortune	AA	2:26.18
Men 55 - 59		
1. Charles Maas	SOS	2:29.93
Men 65 - 69		
1. Ray Mondro	SOS	3:03.94
Men 80 - 84		
1. Paul Thompson	SOS	4:34.04 *
1000 Yard Freestyle		
Women 25 - 29		
1. Kim Pogue	SOS	11:53.59
2. Ruth Ryan Lessard	LANS	16:02.78
Women 35 - 39		
1. Sam Carole Pollard	FAST	16:49.00
Women 40 - 44		
1. Mel Lebsack	FAST	14:10.17
2. Dolores Sczytko	DRY	19:05.29
Men 25 - 29		
1. Don R. Malen	SOAK	12:26.94
Men 30 - 34		
1. John Battista	UNT	11:16.08
Men 40 - 44		
1. George Heintz	FFF	14:39.75
Men 50 - 54		
1. Richard L. Fortune	AA	13:09.41
2. Thomas Hunt	FFF	13:21.20
Men 55 - 59		
1. John Payotelis	FAST	15:04.13
Men 65 - 69		
1. Ray Mondro	SOS	17:21.95

50 Yard Backstroke

Women 19 - 24		
1. Suzanne Troester	FFF	40.79
Women 25 - 29		
1. Nancy Teppo	SOAK	33.15
2. Debi Schneider	SOAK	36.78
3. Victoria Hallmann	FFF	37.14
Women 35 - 39		
1. Tanya Hurley	UNT	34.40
Women 40 - 44		
1. Patrice Hurr	FLINT	35.42
2. Dolores Sczytko	DRY	49.48
Women 45 - 49		
1. Beverly Baker	UNT	43.27
2. Kitty Vandenbrulle	UNT	47.80
Women 50 - 54		
1. Beverly Myers	NOMS	38.37
Women 60 - 64		
1. Betsy Ancker-Johnson	SOS	49.51
Men 25 - 29		
1. Ron Reed	UNT	28.41
Men 35 - 39		
1. Tim Clayton	UNT	29.18
Men 40 - 44		
1. Rob Montie	DRY	32.58
2. Thomas Hunt	FFF	32.68
Men 50 - 54		
1. Bruce Joerin	SOAK	38.52
2. John Payotelis	FAST	39.26
Men 60 - 64		
1. Alfred Kaptor	SOAK	36.78
Men 80 - 84		
1. Paul Thompson	SOS	53.60
200 Yard Backstroke		
Women 25 - 29		
1. Kim Pogue	SOS	2:33.43
2. Kristi Dean	SOS	3:06.85
Women 45 - 49		
1. Kitty Vandenbrulle	UNT	3:35.15
Women 60 - 64		
1. Betsy Ancker-Johnson	SOS	4:10.87
Men 25 - 29		
1. Ron Reed	UNT	2:20.03
Men 35 - 39		
1. Tim Clayton	UNT	2:33.24
Men 40 - 44		
1. Richard L. Fortune	AA	2:53.77
Men 80 - 84		
1. Paul Thompson	SOS	4:40.22
50 Yard Breaststroke		
Women 25 - 29		
1. Nancy Teppo	SOAK	37.83
2. Lisa Swireford	NOMS	42.94
3. Ruth Ryan Lessard	LANS	46.05
4. Kristi Dean	SOS	48.17
Women 35 - 39		
1. Tanya Hurley	UNT	37.40
Women 45 - 49		
1. Beverly Baker	UNT	49.62
Men 25 - 29		
1. Michael Roach	UNT	37.64

## 50 Yard Breaststroke

Men 30 - 34

1. David Bence	ROCH	34.30
2. George Heintz	FFF	35.24
3. James P. Dougherty	FLINT	39.91

Men 35 - 39

1. Dave Dillon	FAST	34.78
2. Tom Williams	UNT	35.90

Men 40 - 44

1. Gary Van Gorp	SOS	32.47
2. Larry Sprunk	DRY	33.38

Men 50 - 54

1. Bruce Joerin	SOAK	37.83
Men 55 - 59		
1. Jim McCrory	SOAK	43.12

## 200 Yard Breaststroke

Women 25 - 29

1. Lisa Swireford	NOMS	3:17.53
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Women 30 - 34

1. Janet Fox	BWSC	4:07.95
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Women 40 - 44

1. Mel Lebsack	FAST	3:27.47
2. Margaret Williams	LAPS	4:03.14

Men 35 - 39

1. Mark Kyle	SOS	2:42.24
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Men 40 - 44

1. Larry Sprunk	FAST	2:43.58
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Men 45 - 49

1. Tom Spear	SOS	2:44.02
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Men 50 - 54

1. John Payotelis	FAST	3:04.03
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Men 60 - 64

1. Tom Bolenbaugh	UNT	3:26.75
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## 50 Yard Fly

Women 19 - 24

1. Kim Krauer	FLINT	36.78
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Women 25 - 29

1. Nancy Teppo	SOAK	32.17
2. Debi Schneider	SOAK	35.82

Women 35 - 39

1. Tanya Hurley	UNT	36.06
2. Sam Carole Pollard	FAST	42.70

Women 40 - 44

1. Patrice Hurr	FLINT	33.93
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Women 45 - 49

1. Fredericka Rapp	NOMS	43.58
2. Kitty Vandenbrulle	UNT	48.75

Women 50 - 54

1. Beverly Myers	NOMS	41.55
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Men 25 - 29

1. Dave Runde	SOAK	26.50
2. Tom Gijbers	UNT	26.59
3. Ron Reed	UNT	26.95
4. Mike Etienne	UNT	30.29
5. Charles Gevirtz	UNT	30.78

Men 30 - 34

1. Mike Schmitz	UNT	25.72
2. David Bence	ROCH	30.20
3. Jim Weyand	UNT	30.27

## 50 Yard Fly

Men 35 - 39

1. Kurt Gerhardt	JACK	26.87
2. Tim Clayton	UNT	27.87
3. Mike Dorsch	SOAK	30.73

Men 40 - 44

1. Dennis McManus	FFF	29.53
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Men 45 - 49

1. Bob Isbister	FAST	30.21
2. Don Gregg	SOS	30.46

Men 50 - 54

1. Bruce Joerin	SOAK	36.88
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Men 55 - 59

1. Charles Maas	SOS	36.66
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Men 60 - 64

1. Tom Bolenbaugh	UNT	35.31
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## 200 Yard Fly

Women 35 - 39

1. Sam Carole Pollard	FAST	3:43.63
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Men 40 - 44

1. Richard L. Fortune	AA	2:28.73
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Men 45 - 49

1. Tom Spear	SOS	2:39.29
2. Don Gregg	SOS	2:46.07

Men 55 - 59

1. Charles Maas	SOS	3:14.15
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Men 60 - 64

1. Tom Bolenbaugh	UNT	3:11.68
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100 Yard I. M.

Women 19 - 24

1. Carrie Newman	SOS	1:10.53
2. Kim Krauer	FLINT	1:19.70
3. Carolyn Johnson	LAPS	1:26.70

Women 25 - 29

1. Nancy Teppo	SOAK	1:11.04
2. Debi Schneider	SOAK	1:19.53
2. Lisa Swireford	NOMS	1:27.56
3. Ruth Ryan Lessard	LANS	1:30.00

Women 30 - 34

1. Janet Fox	BWSC	1:38.27
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Women 40 - 44

1. Patrice Hurr	FLINT	1:17.27
2. Dolores Sczytko	DRY	1:44.94

Women 45 - 49

1. Beverly Baker	UNT	1:35.90
2. Kitty Vandenbrulle	UNT	1:40.44

Women 50 - 54

1. Beverly Myers	NOMS	1:22.49
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Men 19 - 24

1. Don R. Malen	SOAK	1:15.02
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Men 25 - 29

1. Dave Runde	SOAK	1:02.52
2. Tom Gijbers	UNT	1:05.73
3. Michael Roach	UNT	1:13.86
4. Tom Lynch	LAPS	1:19.97

Men 30 - 34

1. Mike Schmitz	UNT	59.32
2. Jim Weyand	UNT	1:08.18
3. Ken Gutowski	FAST	1:10.08
4. David Bence	ROCH	1:12.46
5. Neal Probert	FAST	1:16.09

## 100 Yard I. M.

Men 35 - 39

1. Mark Kyle	SOS	1:07.57
2. Tom Williams	UNT	1:10.93
3. Tim Clayson	UNT	1:11.81
4. Mike Dorsch	SOAK	1:13.50

Men 40 - 44

1. Mike Mathers	SOAK	1:06.17
2. Thomas Hunt	FFF	1:07.92
3. Gary Van Gorp	SOS	1:08.24
4. Larry Sprunk	DRY	1:10.56
5. Dennis McManus	FFF	1:12.02
6. Don Malen	SOAK	1:15.97

Men 45 - 49

1. Don Gregg	SOS	1:23.61
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Men 50 - 54

1. John Payotelis	FAST	1:18.16
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Men 55 - 59

1. Charles Maas	SOS	1:24.75
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Men 60 - 64

1. Tom Bolenbaugh	UNT	1:31.45
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## 400 Yard I. M.

Men 30 - 34

1. Ken Gutowski	FAST	5:28.47
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Men 35 - 39

1. Mark Kyle	SOS	5:21.20
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Men 45 - 49

1. Tom Spear	SOS	5:23.21
2. Don Gregg	SOS	6:09.74

## 200 Yard Mixed Free Relay

Age 100+	1:55.46
Flint K. Krauer, J. Mcleod, J. Dougherty, P. Hurr	

Age 120+	1:57.60
Fraser Sue Troester, Vicky Hallman, Dennis McManus, Thomas Hunt	

Age 160+	2:24.65
FAST Isbister, Williams, Weyand, Pollard	

Age 120+	4:29.53
Mike Mathers, Dave Bence, Kim Pogue, Jim Clarke	

Age 120+	4:33.41
Bob Isbister, Mark Kyle, John Lane, Jim Battis	

Age 120+	4:51.08
Fraser Thomas Hunt, George Heintz, Dennis McManus, Vicky Hallman	

State Record *	
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1989 U.S.M.S. SHORT COURSE YARDS  
NATIONAL TOP TEN TIMES  
MICHIGAN SWIMMERS

KATHY JENKINS (24)			MERLYN EWBANK (69)			WALLY DOBLER (55)		
500 FREE	5:35.16		200 BACK	3:41.68	8TH	50 FREE	24.88	1ST*
1000 FREE	11:32.60	3RD*	200 FLY	4:08.19	3RD*	100 FREE	58.39	1ST
KATHRYN WISEMAN (24)			400 I.M.	7:57.70	4TH	50 BACK	32.31	4TH*
1650 FREE	20:37.47	7TH	JEWEL COOKE (80)			100 BACK	1:10.29	4TH*
CORRIN CONVIS (24)			50 FREE	49.57	2ND*	200 BACK	2:36.05	4TH*
50 BREAST	32.53	1ST*#	50 BREAST	59.50	1ST*#	50 FLY	27.51	1ST*
100 BREAST	1:08.82	1ST*	100 BREAST	2:22.40	1ST*#	100 FLY	1:00.88	1ST*#
200 BREAST	2:29.11	1ST*	200 I.M.	4:51.27	1ST*#	200 FLY	2:31.82	2ND*
100 I.M.	1:01.53	2ND*	400 I.M.	10:00.13	1ST*#	100 I.M.	1:04.42	1ST*
200 I.M.	2:12.53	1ST*#	DON SWALWELL (23)			200 I.M.	2:24.69	1ST*
PATRICIA LEAHY (29)			50 FREE	21.59	2ND*	400 I.M.	5:24.49	4TH*
1000 FREE	11:35.36	7TH*	JOHN MILLER (28)			CHARLIE MOSS (61)		
MARILYN EARLY			1000 FREE	10:22.98	6TH*	50 BACK	34.70	7TH
200 FREE	2:06.79	10TH	DAN HOUTING (31)			100 BACK	1:16.88	6TH*
LESLIE OSBORNE (35)			50 BACK	26.09	9TH*	200 BACK	2:49.73	7TH*
50 FREE	26.12	6TH	100 BACK	57.08	9TH*	50 BREAST	34.30	3RD
100 FREE	58.82	6TH	DAN STEPHENSON (32)			100 FLY	1:13.26	4TH
50 BREAST	30.85	1ST*#	50 FREE	21.64	9TH*	200 FLY	2:51.37	2ND
100 BREAST	1:07.58	1ST*#	100 FREE	46.89	4TH*	100 I.M.	1:10.72	4TH
200 BREAST	2:33.38	1ST*#	200 FREE	1:42.24	2ND*	200 I.M.	2:38.84	2ND
100 I.M.	1:06.28	3RD*	500 FREE	4:42.77	1ST*	400 I.M.	5:40.39	1ST
PATRICE HIRR (40)			1000 FREE	10:12.15	5TH*	DON KORTON (62)		
50 BACK	34.66	8TH	100 FLY	52.36	5TH*	1650 FREE	24:48.93	7TH
SHERRY PUTHOFF (41)			200 FLY	2:00.38	8TH*	100 BACK	1:20.71	10TH
100 BACK	1:16.28	7TH	200 BACK	2:05.01	5TH*	JIM GREEN (70)		
LYNNE OLSON (40)			400 I.M.	4:14.82	1ST*	50 FREE	29.74	5TH*
100 FREE	1:02.11	10TH	GAARD ARNESON (41)			CARI THORNBURG (76)		
500 FREE	6:24.43	10TH	1000 FREE	11:02.90	8TH*	50 BACK	46.85	9TH*
1000 FREE	12:58.94	5TH*	1650 FREE	18:19.99	3RD	100 BREAST	1:52.71	6TH
50 BACK	34.32	7TH	JOHN WAGNER (45)			200 BREAST	4:05.50	5TH*
200 BACK	2:47.24	8TH	1650 FREE	20:23.73	7TH	50 FLY	46.68	6TH*
BEV MYERS (53)			100 FLY	1:00.54	9TH	100 FLY	1:55.86	4TH
50 FREE	31.02	8TH*	TOM SPEAR (46)			200 FLY	4:20.41	3RD*
50 BACK	36.96	5TH*	200 BREAST	2:32.04	8TH	100 I.M.	1:40.21	7TH*
100 BACK	1:22.43	6TH*	200 FLY	2:19.19	4TH	200 I.M.	3:52.02	4TH
50 BREAST	39.06	4TH*	400 I.M.	5:02.50	6TH	400 I.M.	8:09.10	2ND*
100 BREAST	1:27.65	7TH*	DOUG MARKUSIC (47)					
50 FLY	35.28	8TH*	50 BREAST	31.79	10TH			
100 I.M.	1:18.92	2ND*	CARL WOOLLEY (52)					
IDA SMITH (55)			1650 FREE	20:40.12	8TH			
50 BREAST	42.85	7TH*	400 I.M.	5:28.35	3RD			
100 BREAST	1:36.31	9TH*	BOB HERITIER (60)					
200 BREAST	3:29.21	10TH*	50 FREE	26.18	1ST*			
LOIS NOCHMAN (64)			100 FREE	58.87	2ND*			
1650 FREE	28:33.07	7TH*	200 FREE	2:13.30	1ST*			
50 FLY	42.24	9TH*	500 FREE	6:07.81	2ND*			
100 FLY	1:44.56	9TH*	1000 FREE	12:43.11	2ND*			
200 FLY	3:44.51	4TH*	1650 FREE	21:47.50	2ND*			

\* STATE RECORD

# U.S.M.S. NATIONAL RECORD



1989 U.S.M.S. LONG COURSE METERS  
NATIONAL TOP TEN TIMES  
MICHIGAN SWIMMERS

\* STATE RECORD  
# U.S.M.S. NATIONAL RECORD  
WR WORLD RECORD

CARRIE NEWMAN (22)  
800 FREE 11:16.97 6TH  
200 BACK 3:02.41 9TH  
100 FLY 1:18.97 8TH  
PATRICIA LEAHY (29)  
400 FREE 4:58.30 6TH\*  
1500 FREE 19:40.87 5TH\*  
400 I.M. 5:54.34 8TH\*  
LESLIE OSBORNE (35)  
100 FREE 1:07.34 7TH  
50 BREAST 34.63 1ST\*#WR  
100 BREAST 1:16.70 1ST\*#WR  
200 BREAST 2:50.93 1ST\*#WR  
BEV MYERS (53)  
50 FREE 37.73 9TH\*  
50 BACK 42.45 3RD\*  
100 BACK 1:35.62 4TH\*  
50 BREAST 46.15 6TH\*  
100 BREAST 1:47.43 9TH  
50 FLY 41.55 7TH\*  
LOIS NOCHMAN (64)  
800 FREE 16:02.57 10TH\*  
1500 FREE 30:09.32 8TH\*  
100 FLY 2:02.80 9TH\*  
200 FLY 4:25.02 7TH\*  
400 I.M. 8:59.54 9TH  
DON SWALWELL (23)  
50 FREE 25.31 4TH\*  
STEVE ROEDER (27)  
400 FREE 4:37.18 8TH  
800 FREE 9:38.11 4TH\*  
100 BREAST 1:16.09 10TH  
200 BREAST 2:41.88 5TH  
400 I.M. 5:12.38 8TH  
GLEN COLE (29)  
200 FREE 2:08.68 9TH  
100 FLY 1:01.90 6TH\*  
200 FLY 2:21.47 5TH\*  
DAN STEPHENSON (32)  
50 FREE 25.55 8TH  
100 FREE 53.87 1ST  
200 FREE 1:57.93 1ST  
400 FREE 4:11.81 1ST\*  
800 FREE 8:51.77 1ST  
1500 FREE 17:57.01 3RD  
400 I.M. 4:54.62 1ST\*

TOM McPARLAN (35)  
200 FREE 2:11.27 9TH  
800 FREE 9:45.95 6TH\*  
SKIP THOMPSON (37)  
800 FREE 9:57.93 8TH  
1500 FREE 19:09.03 5TH  
200 BACK 2:33.81 8TH\*  
GAARD ARNESON (41)  
200 FREE 2:18.45 8TH  
400 FREE 4:50.45 10TH  
1500 FREE 19:20.21 5TH  
DOUG MARKUSIC (47)  
800 FREE 11:25.72 8TH  
50 BREAST 35.59 2ND\*  
100 BREAST 1:21.33 4TH  
200 BREAST 3:00.72 3RD\*  
GEORGE RUNCIMAN (47)  
100 BREAST 1:25.34 10TH  
CARL WOOLLEY (52)  
400 FREE 5:22.78 8TH  
1500 FREE 21:09.35 4TH  
400 I.M. 6:26.78 4TH  
CHARLES MAAS (55)  
200 FREE 2:45.28 10TH  
ELMER EGELKRAUT (55)  
100 FLY 1:35.06 10TH  
WALLY DOBLER (55)  
50 FREE 30.32 6TH  
50 BACK 38.91 9TH\*  
50 FLY 32.39 1ST\*  
100 FLY 1:20.45 2ND  
CHARLIE MOSS (60)  
200 FREE 2:57.72 10TH  
1500 FREE 25:22.20 3RD  
50 BREAST 39.16 3RD  
50 FLY 34.65 6TH  
100 FLY 1:24.37 2ND  
200 I.M. 3:08.23 1ST  
400 I.M. 6:29.20 1ST  
CARL THORNBURG (76)  
800 FREE 18:57.38 7TH  
200 BACK 4:22.26 6TH  
100 BREAST 2:12.46 9TH  
200 BREAST 5:06.40 8TH  
100 FLY 2:16.34 7TH  
200 FLY 5:34.25 3RD  
400 I.M. 9:55.86 3RD

# INDIVIDUAL ENTRY FORM

## 1990 YMCA MASTERS NATIONAL CHAMPIONSHIP SWIMMING MEET

Type or print all information.

Be sure to enter your name exactly as it appears on your USMS card  
if you are a member of USMS and wish your times to be submitted.

Complete and sign the Athlete's release on the back to complete your entry.

NAME: \_\_\_\_\_ SEX: \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ AGE ON APRIL 30: \_\_\_\_\_ USMS#: \_\_\_\_\_

CLUB NAME: \_\_\_\_\_ ABBREVIATION: \_\_\_\_\_

EVENT	WOMEN/MEN	ENTRY TIME
FRIDAY, APRIL 27, 9:30 AM		
200 YD BACKSTROKE	1 / 2	
100 YD BREASTSTROKE	3 / 4	
50 YD FREESTYLE	5 / 6	
200 YD BUTTERFLY	7 / 8	
100 YD INDIVIDUAL MEDLEY	9 / 10	
200 YD MEDLEY RELAY	11 / 12	See relay form
500 YD FREESTYLE	13 / 14	
SATURDAY, APRIL 28, 8:30 AM		
200 YD BREASTSTROKE	15 / 16	
100 YD BUTTERFLY	17 / 18	
50 YD BACKSTROKE	19 / 20	
100 YD FREESTYLE	21 / 22	
200 YD INDIVIDUAL MEDLEY	23 / 24	
200 YD FREE RELAY	25 / 26	See relay form
200 YD MIXED MEDLEY RELAY	27	See relay form
SUNDAY, APRIL 29, 8:30 AM		
200 YD FREESTYLE	29 / 30	
50 YD BREASTSTROKE	31 / 32	
100 YD BACKSTROKE	33 / 34	
50 YD BUTTERFLY	35 / 36	
200 YD MIXED FREE RELAY	37	See relay form
400 YD INDIVIDUAL MEDLEY	39 / 40	
MONDAY, APRIL 30, 8:30 AM		
1000 YD FREESTYLE * #	41 / 42	
1650 YD FREESTYLE * #	43 / 44	

\* Deck seeded events.

# You may swim one or the other of these events, not both.

Please reproduce both sides of this form for additional entries.



# 1990 USMS NATIONAL SHORT COURSE CHAMPIONSHIP

**Dates:** May 18-21, 1990

**Location:** USC McDonalds Olympic Swim Stadium Los Angeles CA,

**Sanctioned by:** Sanctioned #3309007. This event is open to all registered USMS swimmers 25 years of age and older as of May 21, 1990. Enclose a copy of your USMS registration card with your entry. If a swimmer wishes to affiliate with a Masters club, then the swimmer and club must be registered in the same LMSC. If there are any questions about a swimmer's affiliation, he or she will be entered "unattached". Foreign swimmers must submit their International Travel Permit with entry form and fees.

**Entry Blank:** There are no qualifying standards for this meet. Write your best times or a reasonable estimate in the space next to the event(s) you wish to enter. Do not enter with "no time." You can enter a total of (5) events, no more than three (3) a day (not including relays). On the last day you may enter one event, either the 1000 Free or the 1650 Free.

**Conduct of meet:** All individual events will be pre-seeded, with the exception of the 1000 Free and 1650 Free, oldest to youngest, slowest to fastest within age groups. All Relays will be deck seeded. The 1000 Free and 1650 Free will be deck seeded, by sex, slowest to fastest regardless of age.

**Age Groups:** 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+. Age as of the last day of the meet determines the age for the entire meet.

**Awards:** National Masters awards will be given for first through eighth place.

**Scoring:** will be 9-7-6-5-4-3-2-1 for individual events.

**Fees:** \$3.00 per individual event entered plus a \$13.00 Surcharge per swimmer. This surcharge includes those who only swim relays. See relay entry form for additional information about relays. An entry will not be considered complete until the check clears the bank. If there is any questions about an entrants check, full cash payment will be required before being allowed to swim. Note: Requests for refunds must be made in writing and received by the meet Director no later than April 7, 1990.

**Banquet:** A Mexican Fiesta buffet will be held at the Hertige Hall on the USC campus Saturday, May 19, 1990. Cocktails at 6:30; dinner begins at 7:00 pm. Entertainment will be provided from 8:30 to 11:30 pm. The cost is \$25.00 per person. Reservations must be included on the form below. There is a limited number of seats available.

## CHECK LIST

For complete individual entry, send the following:

1. Completed, signed entry form:
  - A) only 5 events total, 3 per day (excluding relays)
  - B) do not enter "No Time"

2. Fees in US Dollars:

REGISTRATION

\$13.00

A) \$13.00 surcharge for all swimmers including "relay only" swimmers

ENTRY FEE: (# x \$3.00)

B) \$3.00 per individual event

BANQUET: (# x \$25.00)

C) Mexican Fiesta Buffet (optional) \$ 25.00 per person

FINAL RESULTS (#x \$5.00)

D) Final results (optional) \$5.00

3. Copy of the USMS registration card or travel permit

4. Self-addressed stamped envelope or post card for verification of entry receipt

TOTAL (US) \$

5. Do not send cash, make checks payable to: Masters National Championship.

Everything must be received by April 14, 1990. Late entries will be returned to sender. Mail to:

1990 Masters SC Nationals, Ed Bartsch, Kennedy Athletic Center USC, Los Angeles CA 90089-2511 (213) 743-7173 Any return call will be collect.

**Release from Liability:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. I hereby waive any and all rights to claims for the loss or damages arising out of participation in the Masters Program or any activities incident thereto against United States Masters Swimming, Inc., the Local Masters Swimming Committees, the Clubs, host facilities, meets sponsors, meet committees or any individuals officiating at the meets or supervising such activities, as a condition of my participation in Masters Swimming.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



Official Entry Blank for Individuals Events  
1990 U.S.M.S. National Short Course Championships Sanction# 330-9007  
USC Mc Donalds Olympic Swim Stadium May 18-21, 1990

Name _____	Sex _____
Address _____	
Phone _____	
Age _____	Birthdate _____ USMS# _____
Club _____ LMSC _____	

Event No.	Women: Entry Time	Event	Men: Entry Time	Event No:
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Friday., May 18, 1990 8:00am

1		200 Yard Backstroke		2
3		100 Yard Breaststroke		4
5		50 Yard Freestyle		6
7		200 Yard Butterfly		8
9		100 Yard Ind. Medley		10
11 *	See Relay Form	200 Yard Medley Relay	See Relay Form	12
13		500 Yard Freestyle		14

Saturday, May 19, 1990 8:00am

15		200 Yard Breaststroke		16
17		100 Yard Butterfly		18
19		50 Yard Backstroke		20
21		100 Yard Freestyle		22
23		200 Yard Ind. Medley		24
25 *	See Relay Form	200 Yard Free Relay	See Relay Form	26 *
27 *	See Relay Form	200 Yard Mixed Med. Relay	See Relay Form	

Sunday, May 20, 1990 8:00am

29		200 yard Freestyle		30
31		50 Yard Breaststroke		32
33		100 Yard Backstroke		34
35		50 Yard Butterfly		36
37 *	See Relay Form	200 Yard Mixed Free Relay	See Relay Form	
39		400 Yard Ind. Medley		40

Monday, May 21, 1990 8:00am

41 * #		1000 Yard Freestyle		42 * #
43 * #		1650 Yard Freestyle		44 * #

\* Deck seeded events. See note on check-in times in meet info booklet. # You may swim only one of these events. TO COMPLETE THIS FORM: There are no qualifying standards for this meet. Enter your best time or a reasonable estimate in the space next to the event(s) you wish to swim. **DO NOT ENTER "no time"**. You may enter five (5) events, with no more than three events per day, of the first three days of the meet not including relays. On Monday May the 21 you may enter either the 1000 yard or 1650 yard free. **NOT BOTH**. PLEASE REFER TO THE MEET INFORMATION BOOKLET FOR COMPLETE DETAILS OF THIS MEET. PLEASE READ IT THOROUGHLY.



MICHIGAN MASTERS  
SHORT COURSE STATE CHAMPIONSHIP SWIM MEET  
March 25 & 31 and April 1, 1990

**HOST TEAMS:**

Lansing Masters and Michigan State Women Swim Teams

**MEET DIRECTOR:**

Corrin Canvas  
(517) 374-8552 (h)  
(517) 355-4761 (w)

**FACILITIES:**

Michigan State University - Intramural West Pool is a six lane, 25 yard pool with an adjacent diving pool for continuous warm-ups during the meet. The timing will be electronic with manual backup and horn start. Two Kiefer non-turbulent lane lines will be used. Bleachers seating for spectators and swimmers.

**RULES:**

This is a U.S. Masters Swimming sanctioned meet. USMS rules apply and will be observed. A non-Michigan swimmer or team can neither establish a State record nor score team points. A swimmer must be a registered Masters (USMS) swimmer. If you have previously registered with USMS but have not received a card, indicate "applied for" on your entry form and this will be verified with the Michigan registrar. If you have not previously registered, enclose the attached USMS registration and payment with your entry. Any non-verifiable USMS number will be forced to deck enter. Swimmers of any team not following USMS rules will be forced to swim unattached.

**SEEDING:**

All events will be timed finals and seeded slow to fast. The fastest six seed will be in the last heat, seeds 7-12 in the second to last heat, etc. Men and women will be seeded into the same heats according to seed times. Deck entries and "no time" entries will be seeded in the slowest heats. The 400 IM and 1000 Free are offered twice during the swim meet, but you may only swim these events once. All events will be preseeded except the 400 IM, 500 free, 1000 free, 1650 free, and relays. Consult the heat sheets that you will receive at the meet for your heat and lane assignments. It is the swimmers responsibility to report to the proper heat and lane. Failure to appear will be considered a scratch and you will not be allowed to swim in another heat of the same event.

**AGE GROUPS:**

Age on April 1 (last day of the meet) determines entry age for the entire meet.  
Individual events: 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, etc. through 80+  
Relay events: Determined by the sum of relay swimmer's ages: <100, 101-120,

**SCORING:**

Place	1	2	3	4	5	6
Individual	7	5	4	3	2	1
Relay	14	10	8	6	4	2

Swimmers (individual and relays) must have their entries postmarked by March 16, 1990 to score team points. Late entries and deck entries do not score team points.

**AWARDS:**

Place	Award
1, 2, 3	Michigan Masters Medals
4, 5, 6	Ribbons
High Point Team	Michigan Masters Trophy

**ENTRY DEADLINE:**

Entries must be postmarked by March 16, 1990. All entries postmarked after March 16, 1990 will be late and be assessed a late entry fee. Deck entries will also be assessed a late entry fee.

**ENTRY LIMITS: (excluding relays)**

Event maximum for entire meet:	7
Event maximum for Sunday, March 25, 1990:	2
Event maximum for Saturday, March 31, 1990:	4
Event maximum for Sunday, April 1, 1990:	4

\* An individual may compete on only one relay team per relay event.

\* If more than seven events are listed on the entry form, only the first seven will be entered.

**ANNUAL MEETING:**

All swimmers should plan to attend the annual membership meeting held during the noon break on Saturday. This is the time to vote on critical issues such as fee structures, rules, and our positions with the national organization.

**SOCIAL:**

A social gathering is being planned for the evening of Saturday, March 31, 1990. All swimmers and their guests are welcome. Details will be provided at the meet.

**MICHIGAN MASTERS**  
**SHORT COURSE STATE CHAMPIONSHIP SWIM MEET**  
**SCHEDULE OF EVENTS**

**SESSION #1 - Mac Donald**  
 Sunday, March 25, 1990  
 Warm-up 9:00 am  
 Timed Finals 10:00 am

Event#	Event
*1.	400 IM
*2.	1000 Free
3.	1650 Free

**SESSION #2 - MSU**  
 Saturday, March 31, 1990  
 Warm-up 9:00 am  
 Timed Finals 10:00 am

Event#	Event
4.	200 Mixed Medley Relay
5.	100 Free
6.	200 Back
-----	15 minute break -----
7.	50 Fly
*1.	400 IM
=====	ANNUAL MEETING =====

**SESSION #4 - MSU**  
 Sunday April 1, 1990  
 Warm-up 9:00 am  
 Timed Finals 10:00 am

Event#	Event
14.	200 Medley Relay
15.	200 Breast
16.	100 Back
-----	15 minute break -----
17.	50 Free
18.	200 IM

**SESSION #1 - will be held at**  
 Mac Donald Middle School on the  
 corner of Burcham & Hagadorn  
 in East Lansing on Sunday,  
 March 25, 1990.

\* This event is offered twice,  
 but you can only swim once.

**SESSION #3 - MSU**  
 Saturday, March 31, 1990  
 Warm-up 1:30 pm  
 Timed Finals 2:00 pm

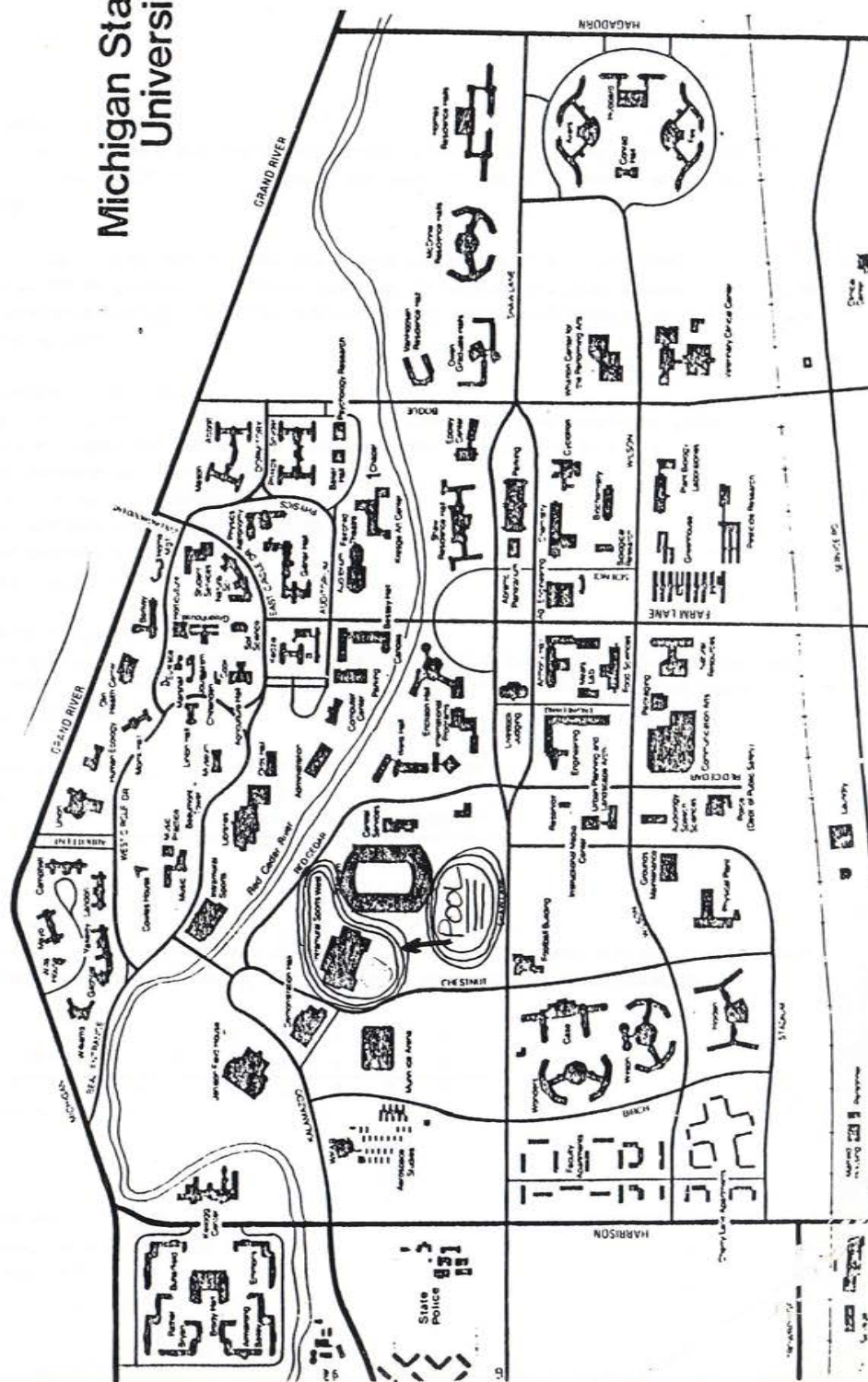
Event#	Event
8.	200 Free Relay
9.	200 Fly
10.	100 Breast
11.	50 Back
-----	15 minute break -----
12.	100 IM
13.	500 Free

**SESSION #5 - MSU**  
 Sunday, April 1, 1990  
 Warm-up 1:30 pm  
 Timed Finals 2:00 pm

Event#	Event
19.	200 Freestyle
20.	50 Breast
21.	100 Fly
-----	15 minute break -----
22.	200 Mix Free Relay
*2.	1000 Free

In order to swim on a relay team you must be registered with that team on your entry form, otherwise the relay team will be considered unattached.

**Michigan State University**





**MICHIGAN MASTERS**  
**SHORT COURSE STATE CHAMPIONSHIP SWIM MEET**  
**March 25 & 31 and April 1, 1990**

**ENTRY FEES:**

**Individual:**

Fee	# of Individual Events	# of Relays
\$5	0	up to 1 of each event (4 total)
\$10	1	up to 1 of each event (4 total)
\$15	2	up to 1 of each event (4 total)
\$20	3	up to 1 of each event (4 total)
\$25	4, 5, 6, or 7	up to 1 of each event (4 total)

**Relays:**

\$6 per relay team entry prior to March 16, 1990.

\$10 per relay team entry after March 16, 1990.

A \$5 fee will be assessed to late entries and deck entries. Deck entries will be taken 8:45-9:30 on Saturday and Sundays.

Make checks payable to: **Lansing Masters Swimming**

Mail entries (and USMS application, if necessary) to: **Dave Engelbert**  
**556 John R Street**  
**East Lansing, MI 48823**  
**(517) 351-2754 (h)**

**DIRECTIONS:**

From Detroit take 196 west to Okemos Rd. turn left (north), take Okemos Rd to Jolly Rd (first traffic light) and turn left (west) on Jolly Rd., take Jolly Rd to Haggadorn Rd turn right (north), take Haggadorn Rd to Shaw Lane turn left (west) on Shaw Lane, refer to MSU map.

From Grand Rapids take 196 east to 1496 east, 1496 to Throwbridge, Throwbridge (east) to Harrison Rd. turn left (north), Harrison Rd to Shaw Lane turn right (east) on Shaw Lane, refer to MSU map.

**ACCOMMODATIONS:**

The following rate information was given at the time of publication by the respective motels. The price does not necessarily include tax. Please contact the motels directly.

Motel	Phone (517)	Single	Double
1. Clubhouse Inn, 2710 Lake Lansing, Lansing	482-0500	\$46.95	\$46.95
2. Comfort Inn, 2206 University Park Dr. Okemos	349-8700	\$48.00	\$54.00
3. Holiday Inn, 300 MAC, East Lansing	337-4440	\$75.00	\$85.00
4. Quality Inn, 3121 E. Grand River, Lansing	351-1440	\$54.00	\$63.00
5. Red Roof Inn, 3615 Dunckel, Lansing	332-2575	\$34.00	\$44.00
6. Kellogg Center, S Harrison Rd, E. Lansing	332-6571	\$55.00	\$59.00

**MICHIGAN MASTERS SWIMMING 1990 SHORT COURSE CHAMPIONSHIP ENTRY FORM**

Please print clearly!

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

USMS Number: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_ Age (on 4/1): \_\_\_\_\_

Team (w/abbreviation letters): \_\_\_\_\_

Individual Event	Event #	Seed Time (to 0.1 of a second)	Entry Fee
_____	_____	_____	\$10
_____	_____	_____	\$15
_____	_____	_____	\$20
_____	_____	_____	\$25
_____	_____	_____	\$25
_____	_____	_____	\$25
_____	_____	_____	\$25

**Relay Events:**

Team Name: \_\_\_\_\_

Relay Event	Event #	Number of Relay Teams (\$6 per relay)
200 Mixed Medley	2	_____
200 Free	7	_____
200 Medley	13	_____
200 Mixed Free	21	_____

Please only one relay form per team. Insert only the number of relay teams for each event. The age brackets, sexes, and seed times will not be needed until the day of the race.