The Wave Eater



Volume 6, Issue 2

Michigan Masters Swimming

May 1, 1998

President

Donald J. Kroeger 433 Toll Street Monroe, MI 48162 313-242-7175

President Elect

Eric Nordhind 2738 Berry Drive Bloomfield Hills, MI 48304 810-334-5989 E-mail - EricSwimz

Treasurer

Ralph L. Davis 20144 Wellesley Court Beverly Hills, MI 48230 248-642-2108

Secretary & Fitness

Jennifer Parks 219 Hutchison Big Rapids, MI 49307 616-796-6946 E-mail -JenSwims@aol.com

Registrar

William T. Reid, III 128 Marlboro Ct. Brooklyn, MI 49230 517-592-8908 PAS WTReid@aol.com

Sanctions and Safety

Thomas Mover 3403 Binscarth Ave Saginaw, MI 48602 517-249-0043

Records Fall at 26th Annual Masters State Championships

by Dennis McManus

A record 362 swimmers churned the waters of the Michael H. Jones Natatorium at Eastern Michigan University, during the weekend of March 27-29, to participate in the 26th Annual Michigan Masters Swimming State Championships.

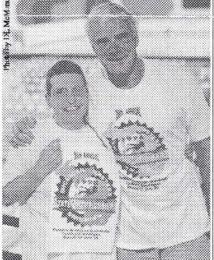
No less than 43 state records and 1 national mark fell among the 32 teams competing.

In the men's 19-24 age category for 50 yard



There were many superstars who dominated their age groups, winning the maximum number of seven events. In fact, two such swimmers, Susan Cahill (SOS) and Elwood Conlan (SOS) distinguished them-

> selves by not only winning a 1 1 events entered but establishing new state marks with each additional swim. That's a total of 14 state records between two out-



Beverly Myers and Wally Dobler winners of 1998 Lawrence and Chetrick Awards respectively.

standing swimmers!

Others who joined this exclusive seven-for-seven club included Julie Moody (FAST), Dawn Hewitt (JCC), Beverly Myers (OHMI), Mary Williams (SOS), Michael Green

S.O.S. Splashes to 10th Straight Overall Title

by Dennis McManus

The South Oakland Seals (SOS) swim team again dominated the overall Large Team Division to garner their 10th straight high point title at the 26th Annual Michigan Masters Swimming State Championships. Since team inception 25 years ago, the Seals have now accumulated 12 overall titles during the annual swim classic. With 86 members participating this vear, the Seals have proved again their durability and tenaciousness in attracting not only highly competitive swimmers but keeping them motivated throughout the entire meet schedule.

Seals long term manager, coach, historian and spiritual leader Frank "Skip" Thompson attributes success to "hard work, great camaraderie, diversity and true love of the sport among the members over many years." "With any large group, focused organization and free communication are keys to success. We look at recruiting new members as a positive, not only to improve competitive results but to offset attrition and

(continued from page 1) Records Fall at 26th Annual State Meet

Wally Dobler (LM), Charles Moss (MID) and Don Korten (BCYM).

There's hardly enough room to mention all the record breaking accomplishments during this year's meet, but I'll begin with the women then proceed to the men.

As mentioned earlier, Susan Cahill's (SOS 35-39) seven state records included the 100, 200, and 500 Free, the 100 Fly, and 100, 200, and 400 IM.

Sherry Puthoff (WMMSA 50-54) shattered four state marks with victories in the 50 and 200 Back, and 50 and 100 Fly.

Robin Yeager (OHMI 40-44) broke records in the 50 and 100 Free, and 50 Fly.

Wendy Hudson (SOS 19-24) eclipsed standards set in the 50, 100, and 200 Butterfly.

Julie Moody (FAST 25-29) registered new marks in the 100 and 200 Back.

Dawn Hewitt (JCC 30-34) im-

printed her stamp on the 100 and 200 Back.

Beverly Myers (OHMI, 60-64) set a new record in the 100 Breast, while being honored as this year's Michigan Masters Lawrence Award winner.

Additional women record breakers included Ellen Lessig (SOS 19-24) 50 Free, and Barb Krause (UNA 35-39) 200 Fly.

On the men's side, the most senior participant in the meet, Elwood Conlan (SOS 85) dominated his age group with seven state records in 50, 100, and 200 Free, 50 and 100 Back, with 50 and 100 Breast added for insurance to garner high point award.

However, there were many others beside Chris Zoltak and Elwood Conlan that had memorable performances.

Skip Barthold (SOS 40-44) became The King of Breastroke by sweeping all three Breast events with record times.

Not to be outdone, Dennis Manrique (SOS 50-54) splashed to victory in the 200 Breast and 400 IM, to set new standards as well.

John Wiese (BCYM 75-79) got in the record books with top finishes in the 50 and 100 Back.

Individual state records were earned by Alec Mull (SOS 25-29) 50 Fly, and David Shepherd (GLA 40-44), 200 Fly.

In total, the women captured honors with 24 new state records while the men collected 19.

COURAGE

Do not follow where the path may lead...

Go instead where there is no path and leave a trail.

One can't say enough about the record breaking manner in which George Newman and his crew, in conjunction with EMU's meet management team, conducted a nearly flawless masters championships within a grueling time schedule.

(continued from page 1) S.O.S. Splashes to 10th Straight Championship

(continued on page 2) gain new friendships."

As described by Skip, "the ideals and benefits of life long physical and mental fitness are alive and well with the Seals."

It must be true, based on the extraordinary results SOS posted by both men and

women in all age groups during this championship.

To summarize, Seals women generated 1298 points while men earned 1608.5 points, for a total of 3156.5 with relays added. "We can't say enough about the success of our women's team in recent years, they have virtually carried us

to victory more times than I can remember," explained Skip. However, it seems the Seals men haven't exactly been chopped liver lately. Of the 26 possible high point awards per age group bestowed this meet, remarkably the Seals received 11 awards, 6 for men and 5 for women. The Seals currently consist of

(continued from page 2) S.O.S. Splashes to 10th Straight Title

(continued on page 3) no less than 14 State record holders, 3 National and 2 Masters World Champions. In past years, numerous All American and Top Ten swimmers have trained and developed within the SOS team structure. Ironically, due to such widespread membership drawn from primarily southeastern Michigan, training lo-

"Success isn't

how far you

get, but the

distance you

travelled from

where you

started"

cations for the Seals have varied between local YM-CAs, high schools, colleges and private club pools.

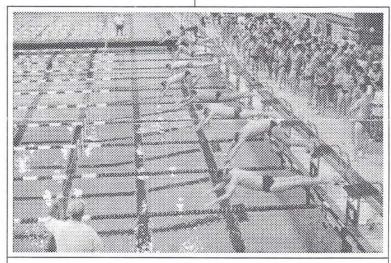
"It's extremely difficult sometimes to coordinate training at one primary location for a lengthy time period." according to Skip.

"Fortunately, a core group of approximately 40 Seals has obtained access to the Royal Oak Dondero High School. This new pool facility is top notch, with 8 lanes 25 yards one way, and 6 lanes 25 meters the other. We are very fortunate to have such a su-

perb training pool, 2 nights a week, so ideally located for our team to utilize."

Indeed, with 10 straight state championship titles under their belt, the Seals have set an unprecedented standard not only for Michigan Masters Swimming but probably on a national level as well. USMS researchers most likely will determine that no other state, that conducts a traveling state championship, can boast of one team garnering 10 straight titles.

A large part of the Seals success story can be attributed to the consistent 80% retention of members for 5 years or more. Additionally, the benefit of drawing swimmers from such an urban and diverse geographic area has provided new members year after year who learn the ropes (lane markers ?) from more experienced members. Besides that, the Seals appear to just have fun getting to know new people, exercising for fitness, and generating a " can do " winning attitude.



Start of the Men's 200yd. Freestyle Relay 1998 Michigan Masters Swimming State Championships.

(continued from page 2) Records Fall at 26th Annual State Meet

(continued on page 3)

Commendations should also be issued to the organizing committee (LSMC elected officers) led by meet manager Don Kroeger for providing tireless support, unlimited patience and firm leadership throughout the meet.

As far as team scoring is concerned, the high point titles were determined as follows: Overall Large Team:

- 1) SOS 3156.5 pts.
- 2) FAST 2179 pts.
- 3) BCYM 1284 pts.

Overall Small Team:

- 1) OHMI 790 pts.
- 2) WMU 321 pts.
- 3) WWR 310.5 pts.

Large Team Women: 1) SOS - 1298 pts. 2) FAST - 936 pts.

Large Team Men:

- 1) SOS 1608.5 pts.
- 2) FAST 1073 pts.
- 3) BCYM 734 pts.

Small Team Women:

1) BCYM - 454 pts.

Small Team Men: 1) OHMI - 274 pts.

PRESIDENT's CORNER

By Donald J. Kroeger

This year the South Oakland Seals Swimming Team won the State Championship this year and also for the past 9 years. Making this the 10th year in the row. But the best news of the year is that the Registrar's report at the annual meeting, noting that we are well ahead of last year's registration with in excess of 700 swimmers in the State at this time, for '98. Those numbers coupled with the fact that we had 27 Michigan teams and over half our state swimmers participate in the State Championship Meet supports the fact that swimming with a team of some sort get involved in our sport. This is also testament to the staying and growing power of swimming.Next, anyone who does not know or did not read the past two Wave Eaters, Michigan Masters joined the 1990s by going "online". Yes, we now have a site on the World Wide Web. Thanks to the dedication of Ken Gutowski, for those of you who have access to the net, we may be found at:

http://www.flash.net/ ~kgutowsk/mmasters.htm

In closing, we a presently writing procedures and policies so that any Michigan Masters Swim teams or groups can put their team news and workouts on the Michigan Masters website. We hope to have this completed and approved by the LMSC council by June of this year, so all of the teams and workout groups within Michigan can use this great resource!

Keep swimming for health of it.

Do NOT forget to check out our website (thanks to Ken Gutowski it is one of Masters' best pages)

http://www.flash.nel/~kgutowsk/mmasters.htm

AWARD INSTITUTED AS A TRIBUTE

by Jennifer Parks

IN MEMORIAM: Lynne Blackburn Weir, former President of Michigan Masters Swimming, World Champion and Record Holder died on Tuesday, April 7, 1998, in her beloved Keys, after a short bout with lung cancer. She had been diagnosed and treated for non-Hodgkin's lymphoma five years ago and had been given her 5 year clean bill of health around holiday time this year. She was diagnosed with her tumor in early March. Bill, her husband, and all of her family was with her.

At the Memorial on Marathon Key, on April 9, her sons, Bill and Ken, remembered their mother's love of her family first, modern art, "kitsch' art, bad jokes, trashy mysteries and newspapers, dogs...and swimming. Her daughters-in-law spoke of her strength and varied interests, particularly for her grandchildren. A new friend from the Keys mentioned her love of t-shirts with a message...and her use of "flip-flops" with all attire. Her great friend Barb Dreher (former Michigan Masters swimmer) shared that Lynne encouraged her to pursue scuba and underwater photography, which is now Barb's great love. Her former partner shared Lynne's passion in historical preservation. Carol Rhudy said that Lynne was like a sister, and that we all swam on relays together. I talked of meeting Lynne at a Masters Swim Meet almost 25 years ago where she noticed my Wellesley t-shirt and our interest in swimming, dogs, reading. I also tried to tell a few stories about their mother and her love of fun...and her love of swimming. And, I said that an award named after their mother would be instituted in Michigan Masters Swimming. by me, to celebrate "courage and tenacity" for members of Michigan Masters Swimming: THE LYNNE BLACKBURN WEIR AWARD, to be awarded to swimmers who have overcome various injuries, illnesses, who continue to participate in this great activity. Lynne, herself last spring, swam across Tampa Bay, then swam 12 miles around Key West in June. I would like to make the first such award this summer, perhaps at the Dunworth meet, when we've often gathered for a picnic afterward.

Lynne loved her alma mater and the family has requested that donations be made to Wellesley College.

I remember swimming with Lynne in the late 70s at Brennan Pools when it was 60 plus degrees water temp. and no complaints, just tough swimming. I remember wind-surfing with Lynne cheering my black lab, Bootsie, who was on the board by herself, to sail across Orchard Lake; Lynne telling me to say "hello" to Fidel because I couldn't turn my board around in front of her house on Big Pine Key. Many of you may have good stories, too, about Lynne, so maybe we can share them at a meet soon.

I'll miss her the rest of my life.

Clinics Possible

The United States Masters Swimming Coaches Committee is taking applications from organizations interested in hosting USMS-sponsored clinics in 1998. Two types of clinics are being offered, both of which include assistance from USMS.

Mentor Coach & Swimmer Clinics

Each year, USMS sponsors up to eight Mentor Coach and Swimmer Clinics. preferably one in each zone. These clinics consist of a minimum two-hour coaches cinicas and a four-hour swimmer clinic, both of which are run by a proven. successful Masters coach. During the coaches clinic, the mentor coach will dispense information that will be helpful to local coaches in building their programs. The swimmers' clinic will feature both ondeck and in-water instruction with underwater video analysis usually included.

For more information on applying to host a Mentor Coach and Swimmer Clinic, contact Lorie Gibson-Rick at (716) 338-3209 or at coachlorie@aol.com

NIKE Champions Clinic

NIKE is teaming with USMS in sponsoring thre NIKE Champions Clinics, which will be conducted by an Olympic Swimmer. Among those athletes tapped by NIKE to conduct the clinics are Barbara Bedford, Tom Dolan, Kurt Grote, Kristine Quance, Jeff Rouse and Melanie Valerio. The athletes will share their swimming expertise and Olimpic

experiences with the participants during the four-hour session. The instruction will include tips on the four competitive strokes along with starts and turns.

For more information on applying to host a NIKE Champions Clinic, contact Scott Rabalais at (504) 766-5937 or

scottrabalis @compuserve.com

A WARD WINNERS

By Eric Nordlund

The Lawrence Award is given annually to those who have achieved outstanding performances in masters swimming representing Michigan Masters.

Beverly started masters swimming in 1988. She swims for OHMI which is a sub team of Michigan Masters.

Since 1988 Beverly has made the United States Masters Swimming (USMS) All-American Team 5 times. Here is a listing of her All-America swims:

> 1997 LCM 50 Breast 1997 LCM 100 Breast 1996 SCM 50 Butterfly 1996 SCM 200 IM 1995 SCM 200 IM

Over the last 10 years Beverly has made the USMS top 10 rankings over 220 times. Bev has made Top 10's in all 4 strokes, from distances ranging from 50's to events 1000 yards in length.

Beverly has made the World Top 10 rankings every year for the last 10 years.

Keep up the great work , Bev!!

Bev joins joins an impressive group of past winners! They are as follows:

1997 Robert Heritier

1996 Jewel Cook

1995 "Skip" Thompson

1994 Dave Shepherd

1993 Bob Jennings

1992 Wally Dobler

1991 Lois Nochman

1990 Dan Stephenson

1989 Charles Moss

1909 Charles Muss

1988 Marc Schlatter

1987 Paul Karas

1986 Ed Gray

1985 Lynn Allsup

1984 Howard Braden

1983 Don Hildum

1982 Melinda Mann

1981 Tom Koring

1980 Ed Brown

1979 Jennifer Parks

1978 Ray Martin

The *Chetrick Award* is the other award given annually by the club. This award is given to those who have given outstanding service to Michigan Masters or who best exemplifies the spirit and commitment to Michigan Masters.

This year's recipient was Wally Dobler of the Lansing Masters. The listing of Wally's many contributions over the years was not available to me by press time so look for more on Wally, next issue!!

Past recipients are:

1997 Phyllis Reid 1996 Ken Danhof

1995 Sallie Thompson

1994 Bob Isbister

1993 Beth Rice

1992 George Newman

(Continued on page 6)

(Continued from page 5)

1991 "Skip" Thompson

1990 Jennifer Parks

1989 Marilyn Early

1988 Gail Dummer

1987 Richard Tenhoor

1986 Tom Spear

1985 Carol Rhudy

1984 Lynn Weir

1983 Dennis Carter

1982 Hank Hoover

1981 Bo Rhudy

1980 Bob Heritier/Bill King

1979 Charles Moss

1978 Jean Garbus

1977 George Van

FROM THE HEART!

By Beverly Myers

Hi Don

It was a wonderful surprise to receive the 1998 Lawrence Award for outstanding in swimming at the Michigan State meet.

I would like to thank the Michigan Masters' for this honor.

Swimmingly yours,

The race doesn't always go to the swiftest or the youngest bust those who stay the course.

P.S.

The State Meet results are not in the Wave Eater, although they ARE posted on our webpage. If you wish a copy, please contact Don Kroeger.

If you have found websites relating to swimming and or swimmer products, please email them to Ken Gutowski via our webpage.

If you have anything you would like to see in the Wave Eater, let me know.!

EDITOR NOISE

Happy Spring everyone.... Can you believe that summer is right around the corner? It hardly seems possible!!

I have just a couple of quick notes here.... First off I want to say that I talked with Greg Prais from A2QUA the other day and am thrilled to report that they will be taking deck entries at their meet at Dondero. If you're planning on staying for dinner Sat. and are going to deck enter, my suggestion is that you just give them a quick call now and tell them you're coming.

Second item... A HUGE thank you to Dennis McManus for shooting pictures at the State Meet as well as doing the first two articles of the Wave Eater, and doing the photo layout. I think it kept him pretty busy, but I think he did a wonderful job!

Next of all... For those of you who have internet access. If you go to our webpage and then to the USMS link, there is a place you can register for the USMS swimmers e-mail directory. It's a great way to keep in touch with folks you meet at the competitions and a good way to find a place to swim if you're headed out of state.

Also... for those of you who actually LIKE to compete during the summer... We have some summer meets. Ann Arbor in June, Dearborn and the Tri-Cities Y Open-Water in July and The Harbor Crawl Open Water in Harbor Springs in early August. All of the fliers are herein and don't forget Long Course Nationals is being held at the Hall of Fame Pool in Ft. Lauderdale in August. Even though it'll be a hot one... don't pass it up, Stu Marvin runs an excellent meet!

Lastly... to those who have hosted meets during the regular SC season... or would like to; PLEASE contact Tom Moyer and get thinngs rolling on your sanctions. The fall will be here before we know it and we want to get the schedule in place as soon as possible!!

As a footnote... Anyone interested in the NIKE World Games in Portland in August, entry deadline is June 1st. If you need an entry, call me at (517) 592-8908

Everyone take care, have a wonderful summer and a safe time out there!

Editor, Phyllis J. Reid

The Queen's Third Birthday Swim Meet

May 15-17, 1998

Dondero High School Natatorium

Royal Oak, Michigan

The swimmers of A2qua Swim Club, Ann Arbor Queer Aquatics, invite you to The Queen's Third Birthday meet. Held in Royal Oak this year, the meet should be a rousing reprise of what is becoming an annual tradition in Southeast Michigan.

Royal Oak, located just uptown of Detroit, has become the social center for the Metropolitan Detroit area. It's Fabulous! Hosting an impressive repertoire of clubs, bars, coffeehouses, and shopping venues, Royal Oak is a college town in search of a college.

A full weekend of meet activities is planned, from athletic competition to social events, from the grueling 1650 yard freestyle on Friday night to the Video Stroke Clinic and Awards Brunch on Sunday. Hosted housing, as always, will be available.

We extend a special invitation to our friends in Ontario, Québec, and Michigan Masters, as well as Ohio Splash, from Columbus, the newest member of International Gay & Lesbian Aquatics.

The deadline for entries is May 1, 1998. Get your entry in early to reserve your spot for this fun-filled gay-la!

Questions?

For any further information on the meet, don't hesitate to contact:

Greg Prais, Meet Director 248/547-2523 gprais@juno.com

Ed Hill, Housing Coordinator 248/585-6607 motorctygy@aol.com

Jeff McCarty, Registration and Internet 248/586-0926 jmccarty@jwalter.com

Royal Oak is easily accessible by plane, train, and automobile!

By plane: Detroit Metropolitan Airport is located 30 miles southwest of Royal Oak and is easily accessibly by freeway.

By train: AMTRAK Train stations are located in Detroit, Royal Oak, and for our Canadian friends, Windsor.

By automobile: Royal Oak is just north of Detroit at the junction of I-696 and Woodward Avenue, a four hour drive from Toronto, and five from Chicago.

Contact your host for travel arrangements and directions.

The swimming will be held at Dondero High School, in downtown Royal Oak. This new venue is a state-of-the-art 25 yard natatorium, with raised spectator seating, a pool-level lobby, eight lanes, electronic timing, and separate diving well. This will be the first time in its five years that Dondero has hosted a Master's meet.

Swimmers may register for up to 5 events, and for all relays. Men and women will be seeded together. Any entries received without a seed time will be seeded in the first heats. Ribbons will be given to the top 3 swimmers by age group and gender for each event. Competitors in the Crescendo Freestyle Relay must be registered with the same Masters team to compete officially. The relay will have three divisions: men, women, and mixed (2 men and 2 women). Relay entries will be due before the end of the warm-up.

This year's meet includes several special combinations of events. The Terrible Triple consists of three exhausting events: the 400 Individual Medley, the 200 Butterfly, and the 500 Freestyle. Swimmers entered in all three of these events will be entered in a special awards category, scored by adding the times for all three. The Sprint Pentathlon, consisting of the 50 Butterfly, 50 Backstroke, 50 Breaststroke, 50 Freestyle, and 100 Individual Medley, will be scored and awarded similarly, for those who whose talents lie in sprinting rather than distance swimming. Finally, the Crescendo Freestyle Relay is made up of four freestyle legs of different lengths, 50, 100, 150, and 200 yards, to allow swimmers of varying skills to compete in the same relay.

We are also offering the Royal Relay, which will mix swimmers from different teams on the same relay. You'll enjoy the diverting ideas we have in store for this relay. We encourage all swimmers, experienced and novice, to sign up for the relays. It's a great way to have fun and make friends from other teams!

A unique offering at The Queen's Third Birthday Meet is our Sunday Video Stroke Clinic. We will have a video camera to videotape swimmers' stroke and technique, both underwater and above. Stroke analysis and critique will be provided by A²qua's coaching staff, to help swimmers evaluate and improve their swimming technique. Coaches from our guest teams are invited to participate in the critique. Swimmers participating in the clinic may bring along a videotape to bring home their analysis for further study, or we will have blank tapes available for a nominal fee. Sign up on the registration form if you're interested in this unique opportunity.

The Queen's Third Birthday Meet is sanctioned by Michigan Masters (sanction number 198-008) and will be run in compliance with USMS rules and policies. All swimmers competing in the meet must provide a photocopy of their USMS registration or national equivalent with their application.

Ann Arbor Queer Aquatics has a long-standing policy of never denying anyone access to any of our programs because of a lack of funds. We do have scholarships available for this meet. If financial concerns prevent your participation in the meet, please don't hesitate to contact our Meet Director, Greg Prais.

Friday, May 15

8:30pm - 9:00pm Warm up 9:00pm - 10:00pm Competition

1. 1650 Freestyle

Saturday, May 16

12:30pm - 1:30pm Warm up 1:30pm - 8:00pm Competition

- 2. 100 Freestyle
- 3. 400 IM TT
- 4. 50 Butterfly Sp
- 5. 100 Breaststroke
- 6. 50 Backstroke Sp
- 7. 200 Butterfly TT
- 8. Crescendo Relay
- 9. 50 Breaststroke Sp
- 10. 100 Backstroke
- 11.50 Freestyle Sp
- 12. 500 Freestyle TT
- 13. 100 IM Sp
- 14. Crescendo Freestyle Relay

Sp Sprint Pentathlon Event
Tr Terrible Triple Event

It will be our pleasure to provide bottled water, bagels, and fruit for all swimmers and volunteers throughout the day on Saturday. Massage therapy will also be available for a nominal fee.

SUNDAY, MAY 17

8:45am - I I:00am Video Stroke Clinic

Swimmers will be videotaped above water and underwater with stroke analysis and critique by A2qua's coaching staff. Coaches from visiting teams are invited to help with the analysis and critique. Swimmers who participate may bring along a videotape of their own or buy one from us to bring home the record of their session.

Friday, May 15

Registration party, 7:00 - midnight
Woodward Avenue Brewers, 22646 Woodward Avenue, Ferndale

One of Michigan's first microbrew pubs, Woodward Avenue Brewers offers a selection of fine beers brewed on the premises as well as a full bar and an eclectic dinner menu. Swimmers competing in the 1650 Freestyle should pick up their registration packets at Dondero H.S. Friday night, then join the party afterwards.

1650-yard Freestyle, 8:30 - 10:00 Dondero High School, 709 N. Washington Avenue, Royal Oak

Warmup 8:30, Event starts 9:00

Swimmers entered in this event should pick up their registration packets here at the pool, then head to the registration party afterwards.

Saturday, May 16

The Queen's Third Birthday Swim Meet, 12:30 - 8:00 Dondero High School, 709 N. Washington Avenue, Royal Oak

Queen's Feast, 8:30-11:00 Dondero High School, 709 N. Washington Avenue, Royal Oak

Join us as A2qua's chefs join efforts with local restaurants to host the Queen's Feast at Dondero High School. All swimmers and volunteers will be stuffed for the Queen's pleasure!

11:00 - ??

Dance the night away and socialize with new and old friends at one or several (or all?) of Metropolitan Detroit's many local nightclubs.

Sunday, May 17

Video Stroke Clinic, 9:00 - 11:00 AM Dondero High School, 709 N. Washington Avenue, Royal Oak

Come have your stroke videotaped, both surface and underwater taping, along with stroke analysis & critique by A2qua's own coaching staff. Coaches from our visiting teams are encouraged to contribute to the critiquing. Bring a tape or buy one from us if you want to bring a copy home.

Awards Brunch, 11:30 - 2:00 Woodruff's Supper Club, 212 W. 6th street, Royal Oak

"There is a corner of Oakland County where Manhattan, L.A., and Chicago merge into one cosmopolitan restaurant". Open since fall of 1997, Woodruff's is quickly earning a reputation as a premiere restaurant in a town known for its epicurean venues. A brunch buffet including vegan alternatives, a cash bar, and entertainment by A2qua's incomparable Taylor Monroe and her accomplice Chelsea Manchester will be followed by the awards presentations.

Explore Metropolitan Detroit, 2:00 - 6:00 PM

Various excursions are planned, including a trip to the Detroit Zoo, located within walking distance of the Awards Brunch, as well as trips to the Detroit Institute of Arts, the African-American Museum, the Motown Museum, Greenfield Village and Henry Ford Museum, the Windsor Casino, and the Holocaust Museum.



Personal Information/ Renseignements personels

NAME/NOM	GENDER/SEXE MALE/HOMM	E FEMALE/FEMME
STREET ADDRESS/ADRESSE		
CITYMILLE	STATE/PROVINCE	
ZIP/POSTAL CODE/ CODE POSTALE	COUNTRY/PAYS	
E-MAIL ADDRESS/ADRESSE INTERNET		
PHONE/TELEPHONE DAY/JOUR	EVENING/SOIR	
MASTERS SWIM NUMBER/N® D'AFFILIATION MASTERS	TEAM AFFILIATION/EQUIPE D'AFFILIATION	
DATE OF BIRTH (MM/DD/YY)/ JOUR DE NAISSANCE (MM/QQ/AA)	AGE ON MAY 15, 1998/AGE LE 15 MAI, 1998	
Housing Information/Renseigne	ements d'hébergeme	∍nt
Do you require hosted housing? Est-ce que vous désirez d'être hébergé	(e)?	YES/OUI NO/NON
Will you be traveling with someone and desire the same accommodation	ons?	V===18
Est-ce que vous voyagez avec un compagnon avec qui vous désirez part	ager cette hébergement?	YES/OUI NO/NON
If yes, person's name / Si oui, quel est son nom?		
Is this person also a participant in the meet? / Est-ce cette personne pa	rticipe aussi à la compétition?	YES/OUI NO/NON
Are you a vegetarian? / Étes-vous végétarien ou végétarienne?		YES/OUI NO/NON
Are you a smoker?/Est-ce que vous fumez?		YES/OUI NO/NON
Do you prefer a non-smoking host? Désirez-vous une hébergement nor	n-fumeur?	YES/OUI NO/NON
l am allergic to cats ☐ Dogs ☐ Anything else?		
J'ai des allergies aux chats 🗌 aux chiens 🗌 autres?		
Will you have a car? Aurez-vous une voiture?	<i>i</i>	YES/OUI NO/NON
Any special needs or requests? Avez-vous des besoins ou demandes par	ticulières?	
Do you prefer a French-speaking host? Spanish-speaking?		
Préférez-vous un hôte qui parle français? 🔲 💮 anglais? 📋 🥫	espagnol?	
If necessary, how do you feel about being hosted by a gay-friendly non-	gay person?	
Would not prefer Doesn't matter	Would prefer it	
Si nécessaire, comment sentiriez-vous d'être hébergé(e) par une persor	nne non-gay, mais très sympa?	
Je ne le préférerais pas 🗌 Aucune préférence 🔲	Je le préférerais	77
Arrival date Departure	date	
Date d'arrivée Date de de		
What mode of transportation will you be using to get to the Royal Oak area? Quel moyen de transport utiliserez-vous pour voyager à Royal Oak? (votre prop	(your car, someone else's, plane, train?) re voiture, celle de quelqu'un d'autre, avion, train)	
Count me in for the Dinner, Saturday Night!/Inscrivez-moi pour le festin, samedi s Count me in for the Video Stroke Clinic/Inscrivez-moi a la Clinique Technic		

Registration deadline May 8, 1998 / Date limite d'inscription: le 8 mai, 1998

Please mail to: Veuillez poster toutes formulaires remplies à:

Queen's Birthday Meet 471 W. Bennett Ferndale, Michigan 48220 USA

Quieen's Birthdam meet

Swimming Events/Épreuves de la compétition

\checkmark	EVENT # / N° D'ÉPREUVE	EVENT DESCRIPTION	ON/DÉSCRIPTION D'ÉPRE	EUVE	SEED TIME/TEMPS PRÉVU
	1	1650yd fr	reestyle/nage libre		
	2	100yd f	reestyle/nage libre	9	
	3	400yd individu	ial medley/quatre	nages	
	4	50yd but	terfly/papillon		
	5	100m bre	eaststroke/brasse		74
	6	50yd b	oackstroke/dos		
	7	200yd b	outterfly/papillon		
	9	50m br	eaststroke/brasse		
	10	100m ba	ackstroke/dos		
	11	50yd fre	eestyle/nage libre		
	12	500yd fr	eestyle/nage libre		
	13	100yd individual medley/quatre nages		nages	
Paynn	ent/Frais				
Swim meet regis	tration/Inscription à la co	mpétition	US \$25		
Saturday night dinr	ner/Festin de la Reine sar	nedi soir	FREE		
Sunday bru nch/6	Brunch dimanche		US \$22		
Tee-Shirt ME	EDIUM LARGE X-	ARGE	US \$15		
				TOT. (TO	¥
Make checks payat	ole to / Veuillez faire des chèqu	es au nom de "A2QI	UA SWIM CLUB"	TOTAL/TO	TALE \$

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIM FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.

SIGNATURE	DATE	

United States Masters Swimming

Sally Ann Dillon PO Box 845 Oak Harbor, WA 98277

April 1, 1998

TO: LMSC Chairmen, Newsletter Editors, Long Distance Chairmen and others FROM: Long Distance Committee Chairman, Sally Ann Dillon

I am pleased to present the **1998 LONG DISTANCE SWIMMING EVENTS CALENDAR.** Our most inclusive calendar to date, it includes hundreds of events from across the United States. I hope you will reproduce and distribute it to the swimmers and teams in your LMSC's.

I have also included **ENTRY FORMS FOR THE 1998 NATIONAL CHAMPIONSHIP EVENTS** listed below. Please be sure your clubs and members are aware that you can provide copies. I truly hope newsletter editors will publish the official entry forms for the 5/10 K and 3000/6000 yd National Postal Championships since, unlike the One Hour Swim, they are not published in *SWIM Magazine*.

PLEASE SHARE THIS CALENDAR AND EVENT INFORMATION WITH YOUR SWIMMERS AND TEAMS!

- 5/10 K Postal Swim to be swum between May 15 and September 30 hosted by Inland Empire Masters
- 2 Mile Cable Swim June 13 at Lake Allatoona, GA hosted by Dunwoody Aquatic Masters
- 1 Mile Open Water Swim July 4 at Greenwich Point, CT hosted by Greenwich Swim Committee
- 6+ Mile Open Water Swim August 2 at Santa Cruz, CA hosted by Santa Cruz Masters
- 2.7 Mile Open Water Swim August 8 at Donner Lake, CA hosted by Sierra Nevada Masters
- 3000/6000 yd Postal Swim to be swum between September 1 and October 31 hosted by Adirondack District Masters Swimming
- 5 Kilometer Open Water Swim September 12 at Lake Lanier, GA hosted Dunwoody Aquatic Masters

The USMS Long Distance Committee would like to remind you of our publication, the OPEN WATER MANUAL. Available for only \$7, the Manual is designed to guide teams and LMSC's in organizing an Open Water Event. To order, send a check payable to USMS to Tracy Grilli at the National Office. The Long Distance Committee updates the Manual on an annual basis and all revisions and additions are included in the price.

FINALLY, I WOULD LIKE TO ENCOURAGE LMSC'S AND TEAMS TO BID FOR A 2000 CHAMPIONSHIP.

Official Bid Forms were distributed in February. Please send a SASE to me if you would like a copy. The event rotation can be found in the current Rule Book and "timely" bids are due to me by September 1, 1998. Please feel free to contact me directly if you have any questions at 360-679-5038 or <salswmr@oakharbor.net>.

Sencerel, Sall am Della

USMS Inc. National Office • Tracy Grilli, Executive Secretary • 261 High Range Road, Londonderry, NH 03053-2612 • (603) 537-0203, fax (603) 537-0204 • e-mail: usms@usms.org

President
Nancy Ridout
580 Sunset Parkway
Novato. CA 94947-4810
(415) 898-3467 fax
President @usms.org

Vice President Jack Geoghegan 155 Osborn Road Rye, NY 10580-1328 (914) 967-8167 (914) 967-6236 fax VicePresident@usms.org Secretary
Betsy Durrant
211 66th Street
Virginia Beach, VA 23451
(757) 422-6811
(757) 422-6811 fax
Secretary @usms.org

Treasurer
Jeanne Ensign
600 Malden E., #102
Seatle, WA 98112-4500
(206) 324-6768
(206) 325-0832 fax
Treasurer @usms.org

Legal Counsel
Jeanne M. Crouse
600 Marcia Lane
Rockville, MD 20851-1510
(301) 762-8250
(301) 762-7458 fax
LegalCounsel@usms.org

Past President
Mel Goldstein
5735 Carrollton Avenue
Indianapolis, IN 46220
(317) 253-8289
(317) 253-8289 fax
PastPresident@usms.org

Zone Chairman Hugh Moore 1867 58th Street NE Tacoma, WA 98422-1517 (253) 925-0803 (253) 925-0803 fax Zones @ usms.org

LONG COURSE SWIM MEET

Sanctioned by Michigan Masters for USMS, Inc.
Sanction # MM198-009

SUNDAY, June 14, 1998

FULLER POOL

1519 Fuller Road Ann Arbor, MI

7:00 A.M.

WARM - UP - Swimmers must enter the pool feet first in a cautious manner.

Diving will be permitted ONLY from the designated sprint lane.

8:00 A.M.

EVENT # 1 800 FREE EVENT # 2 1500 FREE

9:00 A.M.

(BUT NOT BEFORE)

EVENT # 3. 200 BACK EVENT # 4. 50 FLY EVENT # 5. 200 IM EVENT # 6. 50 BREAST EVENT # 7. 200 FREE EVENT # 8. 50 BACK 100 FLY EVENT # 9. EVENT # 10. 200 BREAST

EVENT # 11. 50 FREE (1st chance)

BREAK

EVENT # 12. 400 IM EVENT # 13. 100 FREE EVENT # 14. 200 FLY EVENT # 15. 100 BACK EVENT # 16. 100 BREAST

EVENT # 17. 50 FREE (2nd chance)

EVENT # 18. 400 FREE

ENTRIES:

COST \$10.00 ALL EVENTS WILL BE DECK ENTERED. A SWIMMER MAY ENTER A MAXIMUM OF FOUR (4) EVENTS.

ELIGIBILITY:

ONLY **1998 USMS REGISTERED MASTERS** SWIMMERS MAY COMPETE IN THIS MEET. ALL SWIMMERS ARE RESPONSIBLE FOR THEIR USMS CARDS AND MAY BE REQUIRED TO SHOW IT UPON REQUEST BY OFFICIALS OR MEET DIRECTOR. REGISTRATION WILL BE AVAILABLE AT THE MEET FOR \$25.00 AND WILL BE EFFECTIVE UNTIL 12-31-98.

DIRECTIONS:

- **US-31 EXIT WEST AT GEDDES (ON US-23 BETWEEN I-94 AND M-14)
- **STRAIGHT AT THE STOPLIGHT AT HURON PARKWAY AND GEDDS (HURON HIGH SCHOOL ON NW CORNER). GEDDES BECOMES FULLER ROAD AT THIS INTERSECTION.
- **FULLER TURNS RIGHT INTO OAKWAY & GLACIER WAY. (OAKWAY) TURNS BACK INTO FULLER HERE).
- **1/2 MILE WEST ON FULLER... POOL IS ON THE RIGHT.

ADDITIONAL INFORMATION: KIM ROSS (248) 994-2783

LONG COURSE SWIM MEET

Sanctioned by Mchigan Masters for USMS, Inc. Sanction #: MM198-010

SUNDAY, JULY 12, 1998

DUNWORTH POOL

LEAVGOOD PARK -

DEARBORN

8:00 A.M.

WARM-UP -

Swimmers must enter the pool feet first in a cautious manner.

Diving will be permitted only from the designated sprint lane.

9:00 A.M.

EVENT #1.

200 FREE

BREAK

EVENT #2.

50 BACK

EVENT #10. 100 FREE

EVENT #3.

100 FLY

EVENT #11. 200 CHOICE

EVENT #4.

50 BREAST

EVENT #12, 100 BREAST

EVENT #5.

400 CHOICE (free or IM)

EVENT #13. 50 FREE (2)

EVENT #6.

100 BACK

EVENT #14. 800 FREE

EVENT #7.

50 FLY

(as time permits - possibly - 2 per lane)

EVENT #8.

50 FREE

RELAYS - 200 - 400 - 800 EVENT #9.

ENTRIES:

COST \$12.00 ALL EVENTS WILL BE DECK ENTERED. A SWIMMERS MAY ENTER A

MAXIMUM OF (4) EVENTS AND (1) RELAY. THE COST ALSO INCLUDES A LUNCH

"PICNIC" FOLLOWING THE END OF THE MEET.

ELIGIBILITY:

ONLY REGISTERED 1998 MASTERS SWIMMERS MAY COMPETE IN THIS MEET. ALL

SWIMMERS SHOULD HAVE THEIR USMS CARDS IN THEIR POSSESION AS THE MEET FOR VERIFICATION. REGISTRATION WILL BE AVAILABLE AT THE MEET FOR

\$25.00 AND WILL BE EFFECTIVE UNTIL 12-31-98.

THIS WILL BE A "TIME YOUR OWN MEET". YOU WILL BE EXPECTED TO BRING A STOP WATCH AND TIME AND/OR COUNT FOR OTHER SWIMMERS.

DIRECTIONS: Pool located at the west end of Denwood and Sheridan. SEE MAP. IF YOU NEED ADDITOAL INFORMATION: Skip Thompson (248) 683-2191





4TH ANNUAL YMCA LAKE MICHIGAN SWIM GRAND HAVEN, MICHIGAN SATURDAY, JULY 18, 1998

THE COURSE

The swim course is a 1.75 Mile, open water, point to point, swim. Swimmers will begin at the North Pier and will proceed in a northern direction toward North Beach Park, ending at the North Beach Pavilion.

DATE AND TIME

Saturday, July 18, 1998 - 8:15 a.m.

AGE DIVISIONS

MALE & FEMALE

19 & Under, 20-29, 30-39, 40-49, 50-59, 60 & Over

ENTRY FEE

Relationship.

Entry Fee is \$20.00 per person. Entries will be accepted by mail or in person. All mail-in entries must be postmarked on or before Friday, July 10. Make checks payable to Tri-Cities Family YMCA. T-Shirts will be guaranteed to all participants.

LATE REGISTRATION

After the July 10th deadline, the entry fee will be \$25.00 Late Registration will be accepted until Friday, July 17, 5:00PM. THERE WILL BE NO REGISTRATION THE DAY OF THE RACE AND T-SHIRTS ARE NOT GUARANTEED!

SWIM INFORMATION

All swimmers who begin the race <u>must</u> report to the finish line regardless if he/she completes the swim. Swimmers may not use aids, i.e. fins, snorkels, etc. GOGGLES AND WET SUITS ARE PERMITTED. Swim caps and numbers will be used to identify swimmers.

The U.S. Coast Guard will be monitoring boat traffic. Private boats and lifeguards will provide surveillance along the swim course to provide assistance to swimmers, if necessary.

Depending on the number of swimmers, a staggered start may be used.

The Tri-Cities Family YMCA reserves the right to cancel the swim due to inclement weather, rough water or cold water temperature. In such case \$10 of the entry fee will be refunded to all participants.

For the safety of the swimmers the race will be called at 10:00 a.m. All swimmers still in the water at that time will be assisted to the finish line by race volunteers or lifeguards.

RACE DAY INFORMATION

7:15-8:00 A.M	Check - In
8:00-8:15 A.M	
8:15 AM	

AWARDS

Trophies will be awarded to all age group winners. Awards ceremony will take place immediately after the race.

REFRESHMENTS

Refreshments available to all swimmers at the finish line

ARE NOT GUAR	RANTEED!	the finish line.	
	Early Registration	Deadline - Friday, July 10, 1998	
Title Land of Land	LAKI	E MICHIGAN SWIM	
I'll be there! T-Shirt Size	Last Name	First Name	Mil.
SM	Address		
L XL XXL	City	State	Zip Code Circle One
E AL AAL	Phone	Age	Sex M or F
abide by any decision of a ra myself and anyone entitled t	ace official relative to my ability to satch in act on my behalf, waive and release Tit	wity. I will not enter and swim unless I am medically ab complete the race. I uswime all risks associated with is i-Cities Family YMCA, race sponsors, their represental iff permission to foregoing to use any photographs, mot	wimming in this event, I for ives and their successors from all
other record of this event for	r any legitimate purpose.		
Date,	Entrant's signature.		
If under 18, parent or guardi	un signature		
In case of emergency, Please	e notify:		

Harbor Springs, Michigan

HARBOR

SPRINGS

COASTAL

CRAWL

AUGUST 2, 1998

-	1	r	п	г.

1 mile, 2 mile, or 3 mile open water swim in Little Traverse Bay, Lake Michigan.

Recognized by Michigan Masters for the USMS Inc. M M , and by Michigan Swimming

MSO-

TIME:

Mandatory pre-race meeting - 8:00 am

Starts @ 3 mile → 8:30 2 mile → 8:45 1 mile → 9:00

Any swimmer still on the course at 10:30 am will be pulled from the water.

WHERE:

Zorn Park * Bay Street * Harbor Springs, Michigan

Average water temperature for August 2nd has been a refreshing 65 degrees

ELIGIBILITY:

Open to all swimmers. For those under the age of 13 - competency must be verified, in writing,

by their coach.

ENTRY & FEE:

The fee is \$15. Mail check and application to: Hammerhead Swim Club,

c/o Chuck Beat, 3621 Quick Road, Harbor Springs, MI 49740

***All entrants MUST be pre-registered by July 11, 1998. Registration is limited to the

first 150 applicants, or deadline date.

*** A picnic lunch, prepared by the Hammerhead Swim Club parents, will be provided to

participants and available to spectators for \$5, the day of the event.

***Local artist, Kathy Boyer, will again assist in design a of Limited Edition custom T-Shirt for the '98 race. These quality shirts sell very quickly, we will have a *limited* number for sale at the race. Order yours when you register to be guaranteed a T-Shirt (\$15 with pre-registration).

AWARDS:

Commemorative ribbons to all finishers. The first three male and female finishers in each age group will receive medals. Age groups: 12 and under, 13-14, 15-18, 19-24, 25-29, 30-34,

35-39, 40-44, 45-49, 50-54, 55-59, etc.. (Age as of August 2nd)

COSTUME:

NO WETSUITS ALLOWED. Flotation aids or any devices used to maintain body heat are NOT

allowed. Neoprene swim caps are permitted, however, they shall not extend to protect the neck or

shoulders

CONTACT:

Marilyn Early, 1423 Quick Rd, Harbor Springs, MI 49740 * phone: (616) 526-9824

Enclose a stamped/self addressed envelope if you want entry confirmation.

Name:		Birthdate: Gende
(last), (first)	
Address:		Phone: ()
Olty, State:		Zip Code:
plan to swim:	1 Mile	2 Mile 3 Mile
Club Affiliation	:	USMS or USS # (if any)
Entry Fee:	\$15.00	Size: Large X-Large
T-Shirt:	15.00	Style: Short Sleeve Long Sleeve
TOTAL ENCLOS	SED:	Make check payable to: HAMMERHEAD SWIM CLUB

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit aixl have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in OPEN WATER SWIMMING, including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE HARBOR SPRINGS COASTAL CRAWL OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., UNITED STATES SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES. THE HAMMERHEAD SWIM CLUB, HOST FACILITIES, EVENT SPONSORS, EVENT COMMITTEES, OR ANY INDIVIDUALS OFFICIATING OR SUPERVISING AT THE EVENT. In addition, I agree to abide by and be governed by the rules of USMS AND USS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming and agree to assume those risks.

Swimmer's Signature:	78
Parent/Guardian's Signature (if swimmer is under 18vrs of age).	

MIDLAND MASTEI	28		45-49		
WINTER'S END SW			Chuck Olson	LAFS	54.89
MARCH 15, 1998	TIVE IVERSES E		Leonard Brockheim	LAFS	57.20
MARCH 13, 1996			Terry Tatsch	WMM	59.93
Men's Results			John Cowing	Harbor	1:03.26
Wien's Results			Gregory Slubowski	Romeo	1:15.69
50 Free			50-54		1.00 56
20-24		TO MITCHES	Ken Cleeton	Harbor	1:08.56
I Homas Basisis	Romeo	27.36	55-59	1.450	1:13.09
Joseph Harris 25-29	DRY	28.36	David Jacobs 70-74	LAFS	
John Horton	Traverse	23.47	Richard Evans	Midland	1:44.45
Nick Pellegrino	Scooter Blenny	23.92	75-79		With the terminal to
	SOS	25.64	Elmer Frost	BCYM	1:24.06
	Prince	27.04			
Keith La Framboise	Scooter Blenny	28.48	200 Free		
35-39	Commence of the Commence of th		20-24		123
Mark Hesskamp	SOS	23.14	Thomas Buckheim	Romeo	2:14.76
Robert Fort	SOS	24.80	25-29		2.70%2
Alan Clark	Traverse City	25.65	Bret Gutkenct	Prince	2:16.65
Michael Etienne	Hydrofoils	26.08	35-39		
40-44	TO SECURITION NAMED	**	Michael Etienne	Hydrofoils	2:06.22
John Mastenbrook	Harbor	25.28	40-44		
Marco Marcantoni	Traverse City	27.33	Dana Pressnall	Midland	2:14.97
45-49			45-49		100120124
Chuck Olson	LAFS	25.57	Leonard Brockheim	LAFS	2:03.23
Gregory Slubowski	Romeo	34.38	Chuck Olson	LAFS	2:04.26
50-54			Terry Tatsch	WMM	2:36.26
Patrick Dwyer	Cole YMCA	25.66	50-54		
Tom Moyer	OHMI	30.06	Patrick Dwyer	Cole YMCA	2:16.03
Ken Cleeton	Harbor	30.33	Ken Cleeton	Harbor	2:38.10
55-59			55-59		
Bill Ptashnik	Farmington	31.68	David Jacobs	LAFS	2:46.10
75-79			65-69		52 (192 AZE)
Elmer Frost	BCYM	35.04	Robert Herritier	Point Aquatics	2:43.38
Dimor 11001			70-74		PRE-270003624
100 Free 20-24			Richard Evans 75-79	Midland	3:54.29
Thomas Buckheim	Romeo	1:02.49	Elmer Frost	BCYM	3:23.01
25-29	Romes	Wilder Walter			
Nick Pellegrino	Scooter Blenny	51.95	500 Free		
Richard Lytle	SOS	56.71	25-29		
Bret Gutknecht	Prince	1:00.71	Richard Lytle	SOS	6:17.49
Keith La Framboise	Scooter Blenny		Bret Gutknecht	Prince	6:18.12
35-39	bedoter Breining		30-34		
Bernhard Sifferlinger	Prince	51.16	Tom Lynch	OHMI	6:32.18
Mike Schuldinger	SOS	54.11	35-39		
Michael Etienne	Hydrofoils	57.62	Mike Schuldinger	SOS	5:26.78
Mark Hesskamp	SOS	57.86	40-44		
Alan Clarke	Traverse City	1:00.45	Dana Pressnall	Midland	6:07.53
Robert Fort	SOS	1:00.82	John Mastenbrook	Harbor	6:09.11
40-44	200		Paul Wright	FAST	6:40.66
John Mastenbrook	Harbor	57.98	45-59		
Marco Marcantoni	Traverse City	1:00.19	Leonard Brockheim	LAFS	5:27.22
Dana Pressnall	Midland	1:00.70	Michael Landis	Prince	5:47.74
Dana I resonan					

	* + ****	E EO 45
Chuck Olson	LAFS	5:50.45 6:37.35
John Cowing	Harbor WMM	6:50.18
Terry Tatsch 50-54	WIMINI	
Donald Kroeger 55-59	OHMI	6:45.08
David Jacobs	LAFS	7:26.02
Bill Ptashnik	Farmington	7:26.68
65-69		
Robert Herritier	Point Aquatics	7:16.92
100 Back		
25-29	COE	1:09.18
Richard Lytle	SOS	1:09.18
30-34	OTHE	1:30.10
Tom Lynch	OHMI	1:30.10
35-39	Tr. City	1.24 50
Alan Clark	Traverse City	1.24.36
40-44	T. City	1.12.10
Marco Marcontoni 45-49	Traverse City	1:12.10
	SOS	1:04.33
Frank Thompson Richard Chaney	LAFS	1:08.74
50-54	LAIS	1.00.74
Thomas Hunt	SOS	1:09.99
Tim Maxson	Midland	1:13.71
Tom Moyer	OHMI	1:22.97
Tom Woyci	Ollini	1.00.7
200 Back		
45-49		
Frank Thompson	SOS	2:19.78
Richard Chaney	LAFS	2:30.51
John Cowing	Harbor	2:36.60
50-54		
Thomas Hunt	SOS	2:31.40
Tim Maxson	Midland	2:44.56
55-59		
Hugh Roddin	Unatt	2:34.17
50 Breast		
25-29		
Nick Pellegrino	Scooter Blenny	
John Horton	Traverse City	34.51
30-34		
Michael Cullip	Harbor	31.46
Alan Clarke	Traverse City	38.01
35-39		
Mark Raska	Romeo	34.73
40-44		0.8555333
Paul Wright	FAST	33.68
Marco Macantoni	Traverse City	36.92
45-49	***	24.51
Steve Hanson	LAFS	34.51
Frank Thompson	SOS	36.04
Terry Tatsch	WMM	37.25

-01		
50-54 Donald Kroeger	Traverse City	38.87
Jerry Richards	Traverse City	38.99
Tim Maxson 55-59	Midland	39.62
Bill Ptashnik	Farmington	37.01
Hugh Roddin	Unatt	37.23
Charles Moss	Midland	38.15
100 Breast 25-29		
Nicholas Pellegrino 30-34	Scooter Blenny	1:08.18
	Harbor	1:07.07
Bernhard Sifferlinger	Prince	1:04.82 1:16.80
Mark Raska 40-44		
Paul Wright 45-49	FAST	1:13.19
550,000	LAFS	1:13.20
	ОНМІ	1:31.15
	Farmington	1:25.31
50 Fly		
20-24	27	20.00
Thomas Buckheim 25-29	Romeo	31.10
John Horton	Traverse City	29.90
Keith La Framboise 35-39	Scooter Blenny	34.90
Mark Hesskamp	SOS	25.36
Robert Fort	SOS	26.80
Mark Schuldinger	SOS	27.39
Mark Raska 40-44	Romeo	30.02
John Mastenbrook	Harbor	27.88
Harvey Hoffmaster	SOS	28.95
Dana Pressnall 45-49	Midland	32.82
Steve Hanson 50-54	LAFS	31.64
Patrick Dwyer	Cole YMCA	30.18
Jerry Richards	Traverse City	31.71
Donald Kroeger	OHMI	36.89
John Ries 70-74	Midland	34.88

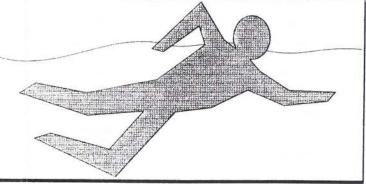
			2		
100 Fly			55-59		
25-29	2 9200	0.0000	Bill Ptashnik	Farmington	1:24.18
Keith La Framboise 35-39	Scooter Blenny	1:35.05	*******		
Robert Fort	SOS	1.07.09	200IM		
40-44	303	1:07.98	30-34	• • • • • • • • • • • • • • • • • • • •	
Harvey Hoffmaster		1.10.60	Michael Cullip	Harbor	2:24.48
45-49		1:12.62	35-39		12172
	Hashau	1.10.40	Bernhard Sifferlinger		2:07.95
John Cowing 50-54	Harbor	1:18.48	Mark Hesskamp	SOS	2:15.66
	Т	1.17.62	Mark Raska	Romeo	2:44.63
Jerry Richards	Traverse City	1:17.62	40-44	202	
Tom Moyer 55-59	ОНМІ	1:44.19	Harvey Hoffmaster	SOS	2:36.95
	77	1.07.12	45-49	200	
Hugh Roddin 65-69	Unatt	1:06.12	Frank Thompson	SOS	2:20.19
John Ries	Marin I	1 22 54	Michael Landis	Prince	2:27.44
	Midland	1:22.54	Richard Chaney	LAFS	2:32.26
Charles Moss	Midland	1:22.95	Terry Tatsch	WMM	2:41.51
200 171			John Cowing	Harbor	2:41.95
200 Fly			50-54		1 S 1 S 2 S 1 S 1 S 1 S 1 S 1 S 1 S 1 S
20-24	DDW	0.40.70	Donald Kroeger	OHMI	3:04.56
Joseph Harris	DRY	2:49.72	65-69	200007-70	
30-34	om a	2.10.00	John Ries	Midland	2:57.54
Tom Lynch	OHMI	3:10.99	74444		
35-39	000	2 22 50	400IM		
Mike Schuldinger	SOS	2:23.50	30-34		windsonione
Robert Fort 45-49	SOS	2:57.44	Tom Lynch	OHMI	5:57.39
The state of the s	1.450	0.27.07	40-44	000	
Steve Hanson	LAFS	2:37.97	Harvey Hoffmaster	SOS	5:47.69
50-54	T C:	2 14 02	45-49		21222
Jerry Richards	Traverse City	3:14.03	Steve Hanson	LAFS	5:46.81
Tom Moyer	ОНМІ	3:51.40	50-54	01111	ream as a real as
55-59	**	2 20 62	Tom Moyer	ОНМІ	6:16.41
Hugh Roddin 70-74	Unatt	2:30.62	65-69		
Richard Evans	NACCE CONT.	4 40 20	Charles Moss	Midland	6:16.83
Richard Evans	Midland	4:49.30	70-74		
100134			Richard Evans	Midland	9:28.98
100IM 20-24			W . D		
Thomas Buckheim	Romeo	1.15 60	Women's Results		
30-34	Komeo	1:15.68	50 Free 30-34		
	Harbor	1-01-20	15:70:70:10	MAG	20.21
Michael Cullip 35-39	riarbor	1:01.29	Andrea Funk	MAC	29.21
	SOS	1:01.82	Betsy Bunn	TraverseCity	37.99
Mark Hesskamp Mark Raska	Romeo	1:13.26	35-39 Jill Howard	**	20.20
40-44	Komeo	1:13,20		Unatt	30.20
Harvey Hoffmaster	SOS	1.10.19	Karen Fort 40-44	SOS	33.20
45-49	303	1:10.18		**	22.50
Michael Landis	Prince	1:06.52	State of the state	Unatt SOS	32.58
Frank Thompson	SOS				33.54
Richard Chaney	LAFS	1:07.55 1:08.96		Traverse City	35.25
50-54	LATO	1.00.90	Ann Levine 50-54	Traverse City	42.13
Thomas Hunt	SOS	1:13.18	53.77	WMM	25 44
Tim Maxson	Midland	1:16.79	55-59	AA IAIIAI	35.44
Jerry Richards	Traverse City	1:21.25		SOS	35.70
	ons only		Jojec Rowalski	303	35.78

70-74			100 Back		
Lois Nochman	SOS	39.91	30-34		
75-79 Merlyn Ewbank	Midland	57.37	Andrea Funk	MAC	1:12.05
		**************************************	Verona Fort	SOS	1:28.92
100 Free 30-34			Mary Loucks 50-54	Traverse City	1:34.08
Andrea Funk	MAC	1:05.51	Jean Bails	SOS	1:53.79
Betsy Bunn	Traverse City	1:26.24	70-74		110.0344.6
35-39			Merlyn Ewbank	Midland	2:22.49
Jill Howard	Unatt	1:09.66			
40-44			200 Back		
Marilyn Early	Harbor	1:00.52	35-39		
Amy Ross	Unatt	1:12.61	Julie Moore	Farmington	3:06.04
45-49			40-44		
Barbara Bos	Prince	1:09.90	Marilyn Early	Harbor	2;31.98
50-54	70000000	SS VANCES	Mary Loucks	Traverse City	3:24.43
Jennifer Parks 55-59	WMM	1:17.78	Cindy Miller 50-54	Cole YMCA	3:40.96
Joyce Kowalski	SOS	1:21.81	Jennifer Parks	WMM	2:29.22
75-79			Jean Bails	SOS	4:09.85
Merlyn Ewbank	Midland	2:02.59			
84207ED			50 Breast		
200 Free			30-34		
25-29	2000	2010/2010	Betsy Bunn	Traverse City	50.54
Louise Hofer	Midland	2;32.88	35-39		
40-44	14400 184000	21010100	Karen Fort	SOS	45.60
Marilyn Early	Harbor	2:14.68	Verona Fort	SOS	47.18
Mary Loucks	Traverse City	3:05.28	45-49	range or reer	spice return
Cinfy Miller 45-49	Cole YMCA	3:07.32	Geneieve Moyer	OHMI	57.17
Barbara Bos	Prince	2.20.02	50-54	202	
50-54	Prince	2:28.93	Jean Bails 75-79	SOS	1:07.78
Jennifer Parks	WMM	2:50.06	Edith Glusac	SOS	1 00 00
55-59	AA IAIIAI	2.30.00	Edith Glusac	303	1:00.80
Joyce Kowlaski	SOS	3:08.46	100 Breast		
70-74	505	3.06.40	25-29		
Lois Nochman	SOS	3:19.93	Louise Hofer	Midland	1:26.76
			35-39	Midiand	1.20.70
500 Free			Julie Moore	Farmington	1:32.94
25-29			Karen Fort	SOS	1:42.55
Louise Hofer	Midland	6:58.55	40-44		
30-34			Cindy Miller	Cole YMCA	1:38.91
Andrea Funk	MAC	6:03.83	45-49		
40-44			Barbara Bos	Prince	1:32.16
Amy Ross	Unatt	7:09.27	Geneieve Moyer	OHMI	2:09.00
45-49			50-54		
Barbara Bos	Prince	6:55.28	Jean Bails	SOS	2:36.40
50-54			75-79		
Florence Hawarden 70-74	SOS	11:29.78	Edith Glusac	SOS	2:23.30
Lois Nochman	SOS	8:45.90	50 Fly		
			30-34		
			Andrea Funk	MAC	33.72

35-39		
Jill Howard	Unatt	35.81
Karen Fort 40-44	SOS	38.77
Amy Ross	Unatt	35.13
Verona Fort	SOS	39.77
Mary Loucks	Traverse City	49.44
100 Fly		
40-44		
Amy Ross	Unatt	1:21.15
75-79		
Edith Glusac	SOS	2:50.87
100IM 25-29		
Louise Hofer	Midland	1.10.50
35-39	Midiand	1:19.50
Karen Fort	SOS	1:35.10
40-44		
Verona Fort	SOS	1:30.14
Cindy Miller 45-49	Cole YMCA	1:37.37
Geneieve Moyer	OHMI	2_05.67
50-54	0.75/0.55/0.0	2_00.07
Jean Bails	SOS	2;15.48
70-74		_,
Lois Nochman	SOS	1:43.16
200IM		
35-39		
Julie Moore	Farmington	3:03.25
75-79	reserves.	
Edith Glusac	SOS	5:05.79
200 Free Relay		
Prince		1:44.82
Harbor		1:48.69
Traverse City I		1:53.03
Traverse City II		1:56.13
Michigan Masters		2:45.77

1998 Michigan Masters Swim for The Heart of It 1650 Yard Postal

Women		Now appeals make reason probability	P. C. Street, and Co.	ALIENGYON IN	
Group	Place	Name	Age	Sex	Time
19-24	1	Griefenstine, Leti	24	F	30:36.99
30-34	1	Niemi, Theresa	34	F	23:06.01
35-39	1	Heidrich, Lori	36	F	23:32.99
45-49	1	Moyer, Genevieve	48	F	45.14.24
50-54	1	Parks, Jennifer	54	F	25:19.99
	2	Rapp, Fredericka	53	F	27:44.67
55-59	1	Strickland, Parricia	57	F	31:25.83
60-64	1	Heineman, Margie	60	F	27:53.01
Men	Crandomics C				LEUR WITH UNITED STORE
330-34	1	Stratton, Dan	33	М	22:53.91
40-44	1	Gruskin, Mark	44	M	25:45.99
50-54	1	Moyer, Thomas	50	М	22:29.61
	2	Kroeger, Donald	54	М	23:08.52



Rockford Results page 2						WOMENWOMENWO	MEN (100 Bre	ast)
Event # 10, 100 y	ATM		Mens 100 free cont'd			1 Louise Hofer	F 28	1:28.63
Event # 10. 100 y	d I M		1 Doug Keyes	M 43	54.22		0.07-0.	
			2 James Derks	M 40	54.61	1 Lynne Bart	F 31	1:23.05
MENMENMEN			3 Mark Schroeder	M 40	54.62	2 Andrea T Funk	F 34	1:24.69
1 Clint Densham	M 21	1:07.61	4 Douglas McNeil	M 41	55.69	3 Susie Johnston	F 32	1:24.84
2 Reuben Lai	M 19	1:14.48	5 Bruce Spoelman	M 40	56.10	4 Joni M Wagener	F 32	1:26.08
			6 Ronald M O'Brien	M 43	1:19.71			
1 Mark R Dunn	M 26	1:01.20				1 Pam A Bontekoe	F 48	1:52.68
2 Brandon Converse	M 25	1:01.50						
2 Brandon Converse	WI 23	1.01.50	I Chuck A Olson	M 48	55.58	1 Sherry Puthoff	F 50	1:24.94
	12420		2 Leonard Brockhahn	M 47	55.80	I blidly I miles		3.00
1 Michael Cullip	M 31	1:03.51	3 Michael Landis	M46	58.25	1 Lois Kivi Nochman	F 73	1:55.65
1 David Fischer	M 37	1:06.42	4 Terry Tastch	M 49	1:00.35	Event # 13, 100 \	d Butterfl	Y
			5 John Calcutt	M 49	1:08.34			
1 Fred Nelis	M 43	1:09.19				MENMENMEN		
*11.500			I Dennis Hendricks	M 50	1:01.91			
1 Frank L Thompson	M 46	1:07.05				1 Stephen Fetyko	M 24	1:02.47
			I David Jacobs	M 57	1:14.23	i stephen retyko	IVI 24	1.02.47
2 Richard Chaney	M 47	1:12.01	2 Stephen Chambers	M 57	1:14.45	10 12 10 00 12 2 10 0 0 0 0	207223	2012/20
			2 Stephen Chambers	MI 37	1.14.43	1 Steve Hansen	M 46	1:13.76
1 Stephen Chambers	M 57	1:30.63	5200 TEE	72/0925	67/12/23/			
			1 Richard Evans	M 73	1:42.34	1 Richard Evans	M 73	2:01.89
1 Don Korten	M 71	1:26.20	2 Bob R Doud	M 74	1:52.58			
2 Freddie Edwards	M 72	1:48.66				WOMENWOMENWOM	IFN	
3 Bob R Doud	M 74	2:15.31	1 Elmer Frost	M 75	1:23.78	" OHEN. " OHEN. " OH		
3 Bob R Doud	N /4	2.15.51	2 John Wiese	M 75	1:35.15	11. 16. 0.1		
			2 Joint Wiese	144 73	1.55.15	1 Jennifer Parks	F 54	1:41.24
WOMENWOMENWOM	EN (100 IM)							
						Event #14, 200 \	d Backstr	oke
I Meghan Duffy	F 21	1:13.24	WOMENWOMENWOM	IEN (100 Free)	ķ.			
2 Allison Delay	F 19	1:28.99				MENMENMEN		
a Amson Delay	1.12	1.40.77	1 Andrea T Funk	F 34	1:03.94	MEN. MEN. MEN		
		1112112						2022
I Michelle Metheric	F 27	1:18.67	1 Louise Baker	F 38	1:05.45	1 Clint Densham	M 21	2:42.62
2 Louise Hofer	F 28	1:21.44	2 Jill Howard	F 38	1:08.92			
				F 36	1:16.10	1 Peter Shireman	M 39	2:32.37
1 Joni M. Wagener	F 32	1:15.53	3 Curolyn Culcutt	1. 30	1,16.10			
2 Susie Johnston	F 32	1:15.91	32 9 22			I Mark Schreoder	M 40	2:27.97
3 Lynne Bart	F 31	1:16.44	I Barbara Bos	F 49	1:09.59	2 Kenneth R Danhof	M 44	2:28.17
5 Lylate Date		1.10.44				3 Doug Keyes	M 43	2:30.95
I Gail Dummer	F 47	1:37.07	1 Teresa DiGuiseppe	F 70	1:43.10	3 Doug Keyes	W1 43	4.30.73
I Om Dunne	F 47	1.37.07				1.12 1.1.22	11.17	2.10.10
	100	and the same	1 Edith Glusac	F 79	2:13.21	1 Frank L Thompson	M 46	2:18.10
1 Sherry Puthoff	F 50	1:16.69				2 Richard Chaney	M 47	2:30.02
2 Jennifer Parks	F 54	1:29.17	T	***	-1			
			Event # 12, 100 yd	Breaststr	оке	1 Bob R Doud	M 74	6:06.69
1 Lois Kivi Nochman	F 73	1:42.17						
2 Teresa DiGuiseppe	F 70	2:03.12	MENMENMEN			1 John Wiese	M 75	3:45.45
			1 Michael S Cichello	M 29	1:06.66	WOMENWOMENWO	AMENI	
			2 Brandon Converse	M 25	1:09.88	WOMENWOMENWO	VILIV	
Event # 11, 100 y	d Free		3 Terry A Denczek	M 28	1:10.67			
			3 Tally A Dalczak	W1 20	1.10.07	1 Edith Glusac	F 79	4:50.90
MENMENMEN			212 40 20 10 412 12 12 17	12322				
A SHEET STATE OF THE PARTY OF			1 Michael Cullip	M 31	1:11.58	Event # 15, 200 Y	d Free Re	lav
1 Stephen Fetyko	M 24	48.22	2 Steven Burns	M 33	1:13.35	ALL AND AND AND A	HAAVE AND	ADJ.
2 Matt Clarin	M 20	55.65	1 Peter Shireman	M 39	1:13.93	MEN MEN MEN		
3 Evan Price	M 19	56.26	2 Junes McEnanly	M 30	1:39.38			
4 Allan Caldanayor	M 21	1:02.74	2 Julios McLiminy	W Ju	1 35			
In material state of the state			July 2011 1975	725.00		1 EGRA(Caldermeyer, F	atules	
1 Alec Mull	M 26	47.75	I Paul Wright	M 42	1:13.78			1 20 26
	M 28	54.04	2 Ronald M O'Brien	M 43	1:37.43	Converse, Methric)	M 19+	1:39.35
2 Terry A Denczek						2 WMU (Clarin, Denshur		
3 Shawn Kecera	M 25	57.59	1 Ronald D DuBois	M 49	1:12.39	Lai, Kucera)	M 19+	1:45.92
4 Lurry Kullio	M 25	1:00.15	2 Steve Hansen	M 46	1:13.44			
5 Bret W. Gutknecht	M 26	1:01:30	2 Divio Halbon	111 10	1.12.77	I Traverse City (Horton, C	J'Brian.	
			2/12/04/10/11/24/25/2	200	9.29.30	('hambers, Koyos)	M 251	1:51.30
1 Jun Zobl	M 34	1.00.88	1 John L Rica	M 66	1.30.44			
1 7411 ZAOI	141 24	1.00.00				2 Prince Corp. (DQ: illege	nux of swan	mers)
CHILDREN		****	1 Don Korten	M 71	1:38.48			
1 David Fischer	M 37	57.52	2 Harold Derks	M 70	2:30.17	1 BCYM (Wiese, Derks,		
2 David Boes	M 37	1:07.93	- mood Dana	10	*******	Korten, Frost)	M 65+	2:42.19
3 James McEnanly	M 36	1:27.32	I John Wilson	14.25	1.67.10			
5-4-10-11-11-11-11-11-11-11-11-11-11-11-11-			I John Wiese	M 75	1:57.18			
			2 Elmer Frost	M 75	2:46.87			

Thanks to all 74 participants.

Congratulations to Sherry Puthoff who set 4 new women's state records! WEST BLOOMFIELD MI 48324

BULK RATE U S POSTAGE Pemit No. 3 Pemit No. 3 Non-Profit MICHIGAN MASTERS SWIMMING Phyllis J. Beid 128 Marlboro Court Brooklyn, MI 49230

OFFICERS

President

Donald J. Kroeger 433 Toll Street Monroe, MI 48162 313-242-7175

President Elect

Eric Nordlund 2738 Berry Drive Bloomfield Hills, MI 48304 810-334-5989

Treasurer

Ralph L. Davis 20144 Wellesley Court Beverly Hills, MI 48230 248-642-2108

Secretary & Fitness

Jennifer Parks 219 Hutchison Big Rapids, MI 49307 616-796-6946 E-mail -JenSwims@aol.com

Registrar

William T. Reid, III 128 Marlboro Ct. Brooklyn, MI 49230 517-592-8908 E-mail-PAS WTReid@aol.com

Sanctions and Safety

Thomas Moyer 3403 Binscarth Avenue Saginaw, MI 48602 517-249-0043

Top Ten and Records

Paul Wright 25745 Chernick Street Taylor, MI 48180 313-295-3132 pwright3@e-mail.com

Long Distance

Marilyn Early 1423 Quick Road Harbor Springs, MI 49740 616-526-9824

Newsletter Editor

Phyllis J. Reid 128 Marlboro Ct. Brooklyn, MI 49230 517-592-8908 SWIMNEWS@aol.com

CHANGES?

In this day and age of growing families, relocations and emplowment changes, it is getting harder and harder to keep track of everyone. Besides which the LMSC is now at an all time high membership of 720.

So... if you move, PLEASE let us know in some way: change of address card from the P.O., formal letter or simply a quick phone call. This way, not only do your Wave Eaters follow you, but so too will your SWIM magazine. Stay in touch!!

