

The Wave Eater



MICHIGAN MASTERS SWIMMING Year-Ed Review for 2009

MICHIGAN MASTERS WINS THE LONG COURSE NATIONAL REGIONAL TEAM CHAMPIONSHIP

1145 swimmers from 135 Clubs swam at the 2009 US Masters Long Course Nationals held at the world class IUPUI Natatorium in Indianapolis. There were 80 Individual National Records and 42 Relay National Records set during the course of the meet. The forty-five Michigan Masters swimmers who swam in the meet earned a first place USMS Regional Championship title. This is the first time in Michigan Masters history that a combined Michigan team has won a USMS National Championship outside the state of Michigan. In the Regional Team Division, Michigan Masters scored 1730 points and the next closest team was Illinois Masters, with 1417 points, followed by Swim Kentucky Masters, with 1048 points.

Michigan Masters swimmers were responsible for seven World Records (6 individual and 1 relay) and thirteen National Records (8 individual and 5 relays). Sixty-nine individual and

37 relay State Records were set during the course of the meet, making this one of the most successful Nationals ever for Michigan Masters swimmers.

Lois Kivi Nochman won the maximum of five individual events, for the second time in her career, setting five World Records in the process, and was the Michigan women's high point winner with 55 points. Lois Kivi Nochman was also a member of three winning relays and earned a second in her remaining relay, by the smallest of margins (0.12 sec). Alec Mull won four individual events and earned a second in his last individual event (100 fly),

on his way towards winning the Michigan men's high point award with 53 points. He was also a member of four National and one World Record setting relays, a highlight of the meet. Other members of these fabulous





MICHIGAN MASTERS WINS THE LONG COURSE NATIONAL REGIONAL TEAM CHAMPIONSHIP.....con't

relays were: Kevin Doak, Cameron Mull, and Patrick Saucedo. Both high point winners, Lois and Alec, returned home with eight gold and one silver medal each.

Michigan Masters swimmers won a total of 27 USMS Individual National Championship Meet titles. Along with Lois and Alec, Kevin Doak won four events, Corrin Popp won three, and Denise Brown, Laura Gogola and Patrick Saucedo won two individual events each. Cameron Mull, Joe Buys, Allan Charlton, Mitch Jacque, and Bob Doud each won a single individual event. Seventeen Michigan Masters swimmers secured 25 second place finishes and 16 Michigan Masters swimmers secured 20 third place finishes totaling 67 top three places for the meet.

Kevin Doak set his first World Record after setting 12 USMS National Records in the last two years. Kevin broke his own National Record in the 50 back with a time of 26.64 for his 13th National, and first World, Records. The old record was 26.68. Randy Parker set his

first two National Records in the 50 and 100 breaststroke, swimming in the 55-59 age group. He swam a 32.74 in the 50 and a 1:14.21 in the 100 Breaststroke. The women's 200-239 age group 800 freestyle relay, composed of Corrin Popp, Sally Guthrie, Denise Brown, and Marilyn Early, set a National Record of 10:14.83 breaking the old National Record of 10:19.41 set back in 2003.

One of the highlights of the meet for 44 Michigan Masters swimmers was the "Relay Day" on Saturday Aug 8th. Fifteen relays were contested instead of the usual six that are most commonly offered at Nationals. Michigan Masters entered a total of 42 relays, and 41 scored in the meet. Of those 41, one World, five National, and 37 State Records were set. Eleven relays placed first, 15 were second, nine were third, one was fourth, and two were fifth. Three additional relays placed in sixth, seventh, and eighth places. These relays played a significant part in Michigan Masters winning the National Regional Championship title.



Join other Michigan Masters Club swimmers at the USMS Sort Course National Championship

Georgia Tech Aquatic Center
Atlanta, GA, May 20-23, 2009

Meet Information

The complete meet information and entry details will be available here in January and will be included in the January/February issue of **SWIMMER** magazine.





FAST WINS 2ND LARGE TEAM STATE CHAMPIONSHIP

2009 marked the occasion of the 37th Annual Michigan Masters State Championships. 318 swimmers turned up at the Lake Orion HS Aquatic Natatorium from March 27 to March 29 to participate in the traditional event.

The Ford Athletic Swim & Tri club won their 2nd straight Large Team Combined Championship in their team history after winning the title in 2008. FAST won the Large Team Women's Championship category as well. The STAY CATS from Lansing/East Grand Rapids won the Small Team Combined Team Championship as well as the Large Team Men's Championship for their first ever Championships. Battle Creek YMCA (BCYM) won the Large Team Men's Championship. The win marked their 13th non combined title in the last 13 years. Doughboy Aquatics won the Women's Small Team Championship for their first Championship in their team's history.

Fifty three LMSC State Records (4 Women, 40 Men, and 9 Relays) were set during the course of the meet. There were 105 State Championship Meet Records (20 Women, 69 Men, and 16 Relays) set during the course of the meet. Results, Records, and High Point Awards for both Team and Individuals are included in the results section of the Michigan Masters website.

The highlight of the meet was the swimmers that swam the Men's 18+ 200 Free and 200 Medley Relays that set USMS National Records. This was the first time in 13 years that a USMS National Relay Record was set at the State Meet. In 1996, at Saginaw Valley State University, the Women's 100-119 age group set a USMS National and FINA World in the 200 Meter Free Relay. That record still stands today and is the oldest SCM World Record for FINA Masters World Records. It also was the only USMS National and FINA World Record recorded by a Michigan Masters team that was still active in the masters book until these two records.

The 200 Free Relay of Adam Schmitt, Patrick Saucedo, Alec Mull, and Kevin Doak broke the 18+ National Record of 1:23.04, set back in 2001, with a time of 1:22.47.

In the 200 Medley Relay, this same foursome of Kevin Doak back, Adam Schmitt breast, Alec Mull fly, and Patrick Saucedo free broke the National Record of 1:33.18, set back in 1995, with a time of 1:31.43 and this time was also faster than the 25+ National Record of 1:31.54, set back in 1991. Both of these relays are the fastest Men's relays times ever in USMS in all age groups.

Kevin Doak led off the relay with a :22.78 50 back split, which broke the 25-29 50 back USMS National Record of :22.89 set by William Liscinsky at the 2008 USMS Short Course Nationals in Austin. In the 100 yard back, Kevin missed setting his 12th USMS National Record by .01 with a time of :49.84 and both of these times are currently the top times in USMS for the season.

Adam Schmitt missed USMS National Records in the 18-24 age group by the smallest of margins in the 50 Free by .21, 50 Breast by .35, and the 100 Breast by .99 seconds. His times this season in the 50 Free of :20.44, 100 Free of :45.77, 50 Breast of :25.67, and 100 Breast of :55.67 would have been first in the 2008 USMS Top Ten and currently are the fastest times in 2009 in the 18-24 agegroup.

Patrick Saucedo's time in the 100 Fly of :49.14 is the fourth fastest time ever in USMS in the 25 -29 age group and he currently has the fastest time for 2009 in the 25-29 age group. Alec Mull, the last member of the relays set four Championship Meet Records in the four events he entered and was just a bit off of his four State Records.

A big thank you goes out to the Lake Orion Liquid Lighting volunteers for the planning and execution of the meet. Also George Newman and Ken Shively for the excellent officiating and the many years that they have been involved with the State Championship meet.

By Skip Thompson



2009 MICHIGAN MASTERS AWARD WINNERS

FRED NELIS RECEIVES THE 2009 MICHIGAN MASTERS CHETRICK AWARD

The Chetrick Award has been awarded since 1978 and is given annually to those who have given outstanding service and/or best exemplify the spirit and commitment to Michigan Masters Swimming. Fred Nelis attended the 1978 Michigan Masters State Meet held at EMU after swimming for Kalamazoo College from the fall of 1973 to the spring of 1977. In his senior of High School swimming for Holland West Ottawa, Fred took 2nd place in the 100 Free at the Class B State meet to John Newton, who eventually became an NCAA All American swimming for Tennessee. While swimming for Kalamazoo College and coach Bob Kent, the team won the Michigan Intercollegiate Athletic Conference (MIAA) in the four years that Fred swam for Kalamazoo College. From 1974 to 1977, Fred placed in the top 3 in the MIAA Conference in the 50, 100, and 200 Free winning 1st six times, 2nd three times and 3rd three times. After the 1978 State Meet, Fred did not swim in masters competitively until the fall of 1989. During this time Fred was beginning his career and raising a family which includes four daughters.

Fred swam at 4 straight Masters State Meets (1990 – 1993) and two straight YMCA National Championships (1990 and 1991). In January of 1994, he was diagnosed

with Chronic Idiopathic Cardiomyopathy, which in layman's terms is heart failure. He was immediately hospitalized for four days and all through the year he had to go thru all sorts of stress tests and because of his background as a swimmer, he surprised the doctors on his progress and was able to swim 1000 to 1500 yards three times a week as early as March 1994. He was on a heart transplant list but because of his improvement thru the 1994 year, he was taken off the list and in December 1994, the doctors found no heart irregularities and he was given permission by doctors to swim again. Fred said that he felt especially blessed that year because he was given the opportunity to compete again after earlier anticipation of never racing again. He felt very special to swim at the 1995 State Meet at Rockford HS and knew that swimming had played a major role in his progress and recovery.

Fred started coaching the Dutch Masters swimming team in 1998 in anticipation of growing a team when the Holland Aquatic Center would be completed in 1999. In 2000 and 2001, the Holland Aquatic Center hosted the State Meet and Fred was the Meet Director. Holland has hosted two other State Championships (2003 and 2007) and Fred has been the Meet Director all 4 times. Dutch Masters has grown since to over 60 swimmers. Dutch Masters won all three Large Team categories (Women, Men, and Combined) in the State Meet team competition in 2001, 2003,





2009 MICHIGAN MASTERS AWARD WINNERS.....continued

and 2007. Additionally in 2006, they won the Small Team Combined Championship and in 2008 won the Small Team Women's Championship.

In September 2008 at the USAS Convention, Fred received the "Kerry O'Brien Coaching Award from USMS that recognizes coaches who build membership in communities at the grass roots level. Building a Foundation, Mentoring a new team, and creating opportunities for members are the criteria for this award. Fred attended his first USAS Convention in 2005 and became a member of the USMS Finance Committee that year.

At the LMSC local level, he has served as Vice Chairman from 2005 to 2007 and Chairman from 2007 to 2009. At the current time he is serving a two year term as Treasurer. A significant accomplishment during his tenure as Chairman was the establishment Michigan Masters Scholarship fund that will be operating in its 3rd year in 2010. The development of this program was to promote and provide financial assistance to children of a Masters swimmer in Michigan. The award is not restricted to swimmers but is intended to provide qualified swimmers financial assistance in attending a college or university. The hope is that even if a scholarship is awarded to a non-swimmer, he or she might consider joining our organization in the future.



The grant offered by Michigan Masters is intended for either a private or public accredited college or university. The goal is for the grant program to be \$1,000 per student and to award one to two

grants per year. Revenue for this award has come from contributions by individual members when registering for USMS/Michigan Masters. Monies are only available for those who have not received any other athletic scholarships. The scholarship is renewable based on academic performance. Monies are collected by the Michigan Masters Registrar, contributions acknowledged and reported for tax purposes by Michigan Masters, and paid directly to the institution the candidate will be attending.

He also sponsored a USMS swim clinic with a host coach in the fall of 2003. Fred's swimming accomplishments include winning 5 Michigan Masters Individual Age Group High Point Awards in 2000, 2001, 2002, 2005, and 2007 at the Michigan Masters State Meet Championships. Congratulations on receiving the 2009 Chetrick Award and good luck in the future!

BOB DOUD RECEIVES THE 2009 MICHIGAN MASTERS LAWRENCE AWARD

The Lawrence Award is given annually to those who have achieved outstanding performances in masters swimming representing Michigan Masters. Bob began swimming in the masters program in the fall of 1993. He was 70 when he started and has competed in 4 age groups since and has never missed a year in his 16 years of competing.

Since that time he has been named a USMS All American 4 times (2003, 2006, 2008, and 2009) resulting in 8 number 1 swims in the USMS Top Ten. In 2008, he was ranked first in the 100 meter Fly and 200 meter Fly in the FINA Masters Swimming World Rankings for both SCM and LCM resulting in 4 Number 1 Swims in the World in the 85-89 age group. In 2009, in the USMS SCY National Rankings, he was first in the 100 yard and 200 yard Fly and he is the first man in Michigan Masters history to win both the 100 and 200 Fly events in all 3 courses (SCY, LCM, SCM).

Swimming was Bob's favorite activity as a kid growing up. He never actually competed in swimming in his younger years and learned to swim in the lakes around the



2009 MICHIGAN MASTERS AWARD WINNERS.....continued

Battle Creek area. He played ice hockey as a youngster and played up until he was 70 years old. He used swimming to become an Eagle Scout and received a life saving badge. He then proceeded through the American Red Cross and passed senior life saving and received his certificate so he could be a lifeguard at the beaches in Saugatuck, Michigan. This is actually where Bob believes he learned to swim fast because you had to learn fast swimming to save somebody. He played hockey all his life and he believes this helped with his endurance and stamina that would be used later in masters swimming competitions. He did not practice much swimming because the pools were not set up for lap swimming and he got his exercise with hockey.

Bob attended Battle Creek High School which was generally considered the USA's number one high school team from 1938 to 1957 under Hall of Fame coach Bob Mowerson. Bob was never asked to join the team and with the type of talent the team had, didn't try out and continued playing hockey. The only swimming Bob did was at age 50, in 1973, he swam in the Leroy Sparks One Mile Lake Swim at Lake Goguac in Battle Creek that has been contested since 1928. He did the swim again in 1990, at 67, and it was here that he came in contact with Don Korten and learned about swimming in the Masters and Senior Olympic programs. He still was still playing hockey and had a leg injury and started to show interest in swimming but kept getting injuries and this kept him from swimming at the masters state meet at Western Michigan in 1991.

In 1993, he had a serious injury and decided it was best to give up hockey. He also read that 2% of Americans can swim a mile without stopping and figured he was part of that 2% and devoted his time to the sport of swimming as his main sport. He used to have bouts with bronchitis but when he started swimming consistently he never got it again and the coughing stopped. Bob swam his first meet at Brighton HS on February 13, 1994 and he participated in a 400 Medley Relay that ended up getting first in the country in the 1994 SCM rankings and he was named a USMS Relay All American. He won his first individual age group high point award at the State Meet in 1996 and followed that up 6 more times (1999, 2001, 2005, 2006, 2007, and 2009). He made his first individual event top ten in the summer of 1996 at the USMS Long Course Nationals in Ann Arbor getting 9th in the 400 IM and 10th in the 1500 Free.

In his career, he has set 8 State Championship Meet Records and currently has 28 active LMSC State Records. He

has won 61 State Meet Championships in 14 meets that he has competed in. In three consecutive YMCA National Championships (2003, 2004, and 2005) he won a total of 21 individual event championship meet titles in events of 500, 1000, and 1650 Free, 50, 100, and 200 Fly, and 100, 200, and 400 IM. In 2003, he set 3 YMCA National Records in the 100 Fly, 200 Fly, and 400 IM. He was the Michigan Masters Men's High Point winner at the YMCA National meet in 2004 and 2005. In 2003, at the age of 80, he achieved his first Number 1 Swim in the National Top Ten in the 200 meter Fly in the 80-84 age group. He followed that up 3 years later in the same event and losing only 3 seconds from his time in 2003 winning his second Number 1 swim. In 2008 and 2009, he achieved 6 Number 1 Swims in the 85-89 age group in the 100 and 200 Fly events and sweeping all the courses (LCM, SCM, SCY) at those distances.

At the end of the 2009 LCM season, he has 103 swims in the USMS National Top Ten. 24 of those swims are in the top 3 resulting in 8 number 1 swims, 5 number 2 swims and 11 number 3 swims. At the end of the 2009 year, Bob has 21 swims in the FINA World Top Ten resulting in 4 firsts, 1 second, three thirds, one fourth, one fifth, two sixths, two sevenths, 3 eighths, 2 ninths, and 2 tenths. He is a six time USMS Relay All American resulting in 7 Number 1 swims in Relays (1994, 1997, 2002, 2004, 2006, and 2009 twice) to go along with his 4 USMS Individual All American selections. The performances here do not include State Senior games and National Senior Games where Bob has excelled at the highest level.

Bob is quite surprised at how well he has performed in the last 16 years and never would have imagined that he would be national or world ranked when he started the masters program. He graduated from Michigan Tech and worked and retired from Clark Equipment and all during his working career he played hockey. He likes the competing at the masters swim meets, socializing and meeting new swimmers, setting goals, benchmarking his performances, and generally having fun with this life long activity. He learns a lot by watching other swimmers technique and has fun with the challenges this brings.

Congratulations Bob on receiving the 2009 Lawrence Award and good luck in the future!!



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**2009 MICHIGAN MASTERS AWARD WINNERS.....continued****DON KORTEN RECEIVES MICHIGAN MASTERS LIFETIME ACHIEVEMENT AWARD**

On March 27, 2009 at the Michigan Masters State Championship Meet, Don Korten was presented the prestigious Lifetime Achievement Award. The recipient of this award is an individual who has demonstrated outstanding voluntary contributions and a lifetime dedication and devotion to the objectives of Masters swimming in Michigan. Don personifies this, not only in USMS/Michigan Masters, but with all of his accomplishments in YMCA Nationals and the National Senior Games.

Don had not swum competitively since 1950, when he was a member of the Michigan State University Men's swim team where he lettered all 4 years (1947, 1948, 1949 and 1950). He was the 1948 Central College Association 150-yard Backstroke National Champion. He was named an NCAA All American Honorable Mention in the 150 yard Backstroke in both 1948 and 1949. About the only swimming Don did was the annual Leroy Sparks One Mile Race that is held in Gogluac Lake and he completed his 44th straight time this past summer. Don began swimming competitively in the fall of 1988 after he retired as a Physical Director of the Jackson YMCA. In 1989, he started to attend the local meets around the state of Michigan swimming for the Battle Creek YMCA and shortly thereafter became the Coach/ Team Rep and was in this capacity for about 20 years. Battle Creek during this time period had been very competitive at the State Meet and since 1994 won either a combined, men's, or women's small team championship.

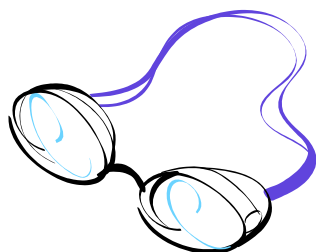
Don served as Treasurer of Michigan Masters LMSC from 1993 to 1997, including duties as the 1996 USMS Long Course National Meet Treasurer. He has also helped coordinate relays at both the USMS Nationals and

YMCA Nationals. In 1998, Don was the recipient of the Chetrick Award, which is given annually to those who have achieved outstanding service and/or best exemplify the spirit and commitment to Michigan Masters swimming. In 2003, Don was the recipient of the Lawrence Award, which is given annually to those who have achieved outstanding performances in masters swimming representing Michigan Masters.

In 1992/1993, in the 65-69 age group, he set YMCA National Records in the 500 and 1000 yard Freestyles. In 1997, in the 70-74 age group, he set YMCA National Record in the 1000 Freestyle. He has been the Michigan Masters Men's High Point winner at the YMCA National Meet seven times (1992, 1996, 1997, 1998, 2002, 2003, and 2006). In 2002, Don won seven USMS individual event National Meet championship titles and was Michigan Masters Men's High Point winner at the USMS Short Course Nationals in Hawaii. In 2006, Don won four USMS individual event National Meet championship titles at the USMS Short Course Nationals in Coral Springs, Florida and was the Michigan Masters Men's High Point winner. He has a total of 11 USMS National Championship Meet titles up to 2009.

Don's long term swimming accomplishments include winning 115 State and 48 YMCA National Individual Event Championships since 1989. He has not missed a State Championship meet since 1989 and has attended 21 straight championship meets. At the end of 2009, Don has made the USMS Top Ten 174 times and the FINA World Top Ten 20 times. He has been a USMS Relay All American 3 times (1994, 1997, and 2002). To date, Don has 20 active LMSC State Records.

Great swimming Don and good luck in the future!





COASTAL CRAWL 10K US MASTERS SWIMMING OPENWATER NATIONAL CHAMPIONSHIP

1998 world open water swimming champion **Erica Rose** experienced the highs and lows of **marathon swimming** this year, but ended up her season on a high note at the **Coastal Crawl 10K Open Water Swim**.

Earlier this year, **Erica** was invited to the elite Great Channel Swim, the first professional marathon swimming race across the English Channel in a generation, along with 12 other top **marathon swimmers** from around the world. However, due to complications with the French authorities, the Great Channel Swim was cancelled this year and her dreams dashed.

So **Erica** threw herself back into her work with little time for training as she had done for the past 15 years when represented the USA in numerous world championships and professional marathon swims. But the tug of **open water swimming** was too great to keep Erica away for too long.

Coastal Crawl 10K Open Water Swim, which doubled as the **US Masters Swimming 10K National Championship**, was enough to light her fire again. The 10K race along with a 1-mile and 2-mile race, was held in Little Traverse Bay in Harbor Springs, Michigan the first weekend of August 2009.

After competing in professional swimming race in China, Argentina, Canada, Serbia, Australia, Brazil, Italy, Ecuador Spain, Mexico, Panama, United Arab Emirates, Grand Cayman Islands and Japan over her storied career, we asked Erica to compare these international competitions with the **US Masters Swimming** open water championships.

"[The race] was extremely well run and there was a good turnout. The swimmers were a bit nervous about the water temperature heading into the event, but I think most people were pleasantly surprised with how warm it was. It was 65°F for most of the course."

"The course was set up in three loops and was very clearly marked and well laid out. There were pretty easy points to sight and the water was calm while we were in the harbor. It got pretty choppy, though, once we went out into the lake, but we were only there for a few minutes during each loop."

Despite her recent inactivity, Erica was pleased with her performance, finishing as the first overall women in 2:22:44, second overall to D. Scott Wells. "I felt great until that 6K mark, but then it became very clear to me why I used to train so much for long open water events. When I finished the race on Saturday, my arms hurt as much as they used to after a 25K."

"I swam most of the race with [Scott]. He did a great job of drafting the first loop, leading me the second loop and then taking off on the third loop. He had a very impressive swim and it was fun for me to get to be with him during two-thirds of the race."

"All in all, it was a good day and a great event that I would recommend to anyone."

The top five men included D. Scott Wells (48) in 2:16:59, Andy Seibt (51) in 2:26:33, Randy McElwain (45) in 2:27:54, Matthew Klaasse (18) in 2:29:33 and Dale Jackson (49) in 2:32:41.

.....con't page 9





COASTAL CRAWL 10K US MASTERS SWIMMING OPENWATER NATIONAL CHAMPIONSHIP.....con't from page 8

The top five women included Erica Rose (27) in 2:22:44, Malloy Mead (23) in 2:28:45, Martha Martin (46) 2:33:08, Donna Johnson (41) in 2:35:21 and Mary Ruppe (40) in 2:35:23.

Story by Steven Munatones from The Water is Open - www.10kswimmer.com

Sixty one swimmers swam in the race. There were 24 Michigan Masters swimmers that competed in the different age groups. Michigan Masters swimmers accounted

for 9 USMS National Championships. National Champions were as follows:

Women - Jenny Birmelin 30-34, Melissa Kelber 35-39, Maddie Diedo 50-54, and Jennifer Parks 65-69.

Men - Chris Shuster 30-34, Chris Hackett 35-39, Michael Bell 40-44, Chuck Zeese 60-64, and John Hershey 65-69.



2009 MICHIGAN MASTERS STATE RECORDS

INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2009 YEAR						Name	Age	Age Group	Course	Event	Time
						Corrin Popp	45	45 - 49	SCM	100 Free	1:05.52
						Corrin Popp	45	45 - 49	SCM	50 Breast	:39.04
						Corrin Popp	45	45 - 49	SCM	50 Breast	:38.81
Christine Hafner	32	30 - 34	SCM	100 Breast	1:22.33	Corrin Popp	45	45 - 49	SCM	100 Breast	1:23.83
Christine Hafner	32	30 - 34	SCM	200 Breast	2:58.94	Corrin Popp	45	45 - 49	SCM	100 Breast	1:22.10
Christine Hafner	32	30 - 34	SCM	100 IM	1:13.40	Corrin Popp	45	45 - 49	SCM	200 Breast	3:01.61
Christine Hafner	32	30 - 34	SCM	200 IM	2:36.43	Corrin Popp	45	45 - 49	SCM	100 IM	1:12.92
Christine Hafner	32	30 - 34	SCM	400 IM	5:40.29	Corrin Popp	45	45 - 49	SCM	200 IM	2:37.53
Wendy Sanders	32	30 - 34	SCY	100 Fly	1:01.51	Suzanne Grebe	47	45 - 49	SCY	200 Breast	3:00.35
Wendy Sanders	32	30 - 34	SCY	200 Fly	2:20.92	Denise Brown	49	45 - 49	SCY	200 Free	2:06.74
Mary Mueiting	44	40 - 44	SCM	50 Fly	:34.49	Denise Brown	49	45 - 49	SCY	200 Fly	2:24.98
Allyson Boyle	45	45 - 49	SCY	50 Breast	:37.35	Denise Brown	50	50 - 54	LCM	200 Free	2:24.57
Allyson Boyle	46	45 - 49	SCY	50 Breast	:35.74	Denise Brown	50	50 - 54	LCM	400 Free	5:15.64
Allyson Boyle	45	45 - 49	SCY	100 Breast	1:20.61	Denise Brown	50	50 - 54	LCM	400 Free	4:57.20
Allyson Boyle	46	45 - 49	SCY	100 Breast	1:18.46	Denise Brown	50	50 - 54	LCM	800 Free	10:20.66
Cheryl Rivard	46	45 - 49	LCM	50 Breast	:41.47	Denise Brown	50	50 - 54	LCM	800 Free	10:14.16
Corrin Popp	45	45 - 49	LCM	50 Breast	:37.60	Denise Brown	50	50 - 54	LCM	1500 Free	19:19.98
Corrin Popp	45	45 - 49	LCM	100 Breast	1:26.37	Denise Brown	50	50 - 54	LCM	200 Back	3:04.28
Corrin Popp	45	45 - 49	LCM	100 Breast	1:20.99	Denise Brown	50	50 - 54	LCM	100 Fly	1:20.56
Corrin Popp	45	45 - 49	LCM	200 Breast	2:59.47	Denise Brown	50	50 - 54	LCM	200 Fly	3:02.20
Corrin Popp	45	45 - 49	LCM	50 Fly	:32.85	Denise Brown	50	50 - 54	LCM	200 Fly	2:51.06
Corrin Popp	45	45 - 49	LCM	100 Fly	1:14.49	Denise Brown	50	50 - 54	LCM	200 IM	3:05.58
Corrin Popp	45	45 - 49	LCM	200 IM	2:39.64	Denise Brown	50	50 - 54	LCM	200 IM	3:05.58
Corrin Popp	45	45 - 49	LCM	50 Free	:29.58	Denise Brown	50	50 - 54	LCM	400 IM	6:26.36
Corrin Popp	45	45 - 49	LCM	100 Free	1:04.86	Denise Brown	50	50 - 54	LCM	400 IM	6:03.09
Muffy MacKenzie	46	45 - 49	SCM	50 Free	:30.29	Denise Brown	50	50 - 54	SCM	200 Free	2:22.30
Corrin Popp	45	45 - 49	SCM	50 Free	:30.06	Denise Brown	50	50 - 54	SCM	800 Free	10:07.94
						Denise Brown	50	50 - 54	SCM	200 Back	2:48.06
						Denise Brown	50	50 - 54	SCM	100 Fly	1:17.56
						Denise Brown	50	50 - 54	SCM	400 IM	5:55.16



2009 MICHIGAN MASTERS STATE RECORDS

INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2009 YEAR						Name	Age	Age Group	Course	Event	Time
						Lois K-Neochman	85	85 - 89	LCM	200 Free	4:45.71
						Lois K-Neochman	85	85 - 89	LCM	400 Free	9:52.33
						Lois K-Neochman	85	85 - 89	LCM	800 Free	20:16.58
						Lois K-Neochman	85	85 - 89	LCM	800 Free	20:02.14
						Lois K-Neochman	85	85 - 89	LCM	1500 Free	38:05.96
						Lois K-Neochman	85	85 - 89	LCM	100 Back	2:28.07
						Lois K-Neochman	85	85 - 89	LCM	200 Back	5:27.62
						Lois K-Neochman	85	85 - 89	LCM	50 Breast	1:12.22
						Lois K-Neochman	85	85 - 89	LCM	50 Breast	1:11.67
						Lois K-Neochman	85	85 - 89	LCM	100 Breast	2:52.27
						Lois K-Neochman	85	85 - 89	LCM	200 Breast	6:16.41
						Lois K-Neochman	85	85 - 89	LCM	50 Fly	1:04.46
						Lois K-Neochman	85	85 - 89	LCM	50 Fly	1:01.94
						Lois K-Neochman	85	85 - 89	LCM	100 Fly	2:25.56
						Lois K-Neochman	85	85 - 89	LCM	100 Fly	2:23.89
						Lois K-Neochman	85	85 - 89	LCM	200 Fly	5:12.69
						Lois K-Neochman	85	85 - 89	LCM	200 Fly	5:07.64
						Lois K-Neochman	85	85 - 89	LCM	200 IM	5:11.92
						Lois K-Neochman	85	85 - 89	LCM	400 IM	10:48.77
						Lois K-Neochman	85	85 - 89	SCM	50 Free	:56.65
						Lois K-Neochman	85	85 - 89	SCM	100 Free	2:02.98
						Lois K-Neochman	85	85 - 89	SCM	200 Free	4:27.19
						Lois K-Neochman	85	85 - 89	SCM	400 Free	9:26.52
						Lois K-Neochman	85	85 - 89	SCM	800 Free	19:13.43
						Lois K-Neochman	85	85 - 89	SCM	1500 Free	36:38.30
						Lois K-Neochman	85	85 - 89	SCM	50 Back	1:03.02
						Lois K-Neochman	85	85 - 89	SCM	100 Back	2:13.85
						Lois K-Neochman	85	85 - 89	SCM	200 Back	4:50.07
						Lois K-Neochman	85	85 - 89	SCM	50 Breast	1:10.74
						Lois K-Neochman	85	85 - 89	SCM	100 Breast	2:39.10
						Lois K-Neochman	85	85 - 89	SCM	200 Breast	5:50.36
						Lois K-Neochman	85	85 - 89	SCM	50 Fly	1:02.04
						Lois K-Neochman	85	85 - 89	SCM	100 Fly	2:23.99
						Lois K-Neochman	85	85 - 89	SCM	100 Fly	2:21.77
						Lois K-Neochman	85	85 - 89	SCM	200 Fly	4:59.50
						Lois K-Neochman	85	85 - 89	SCM	200 IM	5:03.33
						Lois K-Neochman	85	85 - 89	SCM	200 IM	4:59.06
						Lois K-Neochman	85	85 - 89	SCM	400 IM	10:28.05
						Lois K-Neochman	85	85 - 89	SCY	50 Free	:49.77
						Lois K-Neochman	85	85 - 89	SCY	1000 Free	22:25.20
						Lois K-Neochman	85	85 - 89	SCY	1650 Free	37:28.86
						Lois K-Neochman	85	85 - 89	SCY	100 Back	2:06.93
						Lois K-Neochman	85	85 - 89	SCY	50 Breast	1:02.21
						Lois K-Neochman	85	85 - 89	LCM	50 Free	:53.89





2009 MICHIGAN MASTERS STATE RECORDS

INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2009 YEAR						Name	Age	Age Group	Course	Event	Time
Name	Age	Age Group	Course	Event	Time	Kevin Hafner	35	35 - 39	SCM	200 Breast	2:43.18
Adam Schmitt	22	18 - 24	SCY	50 Free	:20.73	Kevin Hafner	35	35 - 39	SCM	400 IM	5:00.51
Adam Schmitt	22	18 - 24	SCY	50 Free	:20.44	David Hoydic	41	40 - 44	SCY	50 Free	:21.49
Adam Schmitt	22	18 - 24	SCY	100 Free	:45.77	David Hoydic	41	40 - 44	SCY	50 Fly	:24.31
Adam Schmitt	22	18 - 24	SCY	50 Breast	:26.73	David Hoydic	41	40 - 44	SCM	50 Free	:25.34
Adam Schmitt	22	18 - 24	SCY	50 Breast	:25.67	David Hoydic	41	40 - 44	SCM	100 Free	:56.78
Adam Schmitt	22	18 - 24	SCY	100 Breast	:55.64	David Hoydic	41	40 - 44	SCM	50 Fly	:28.26
Derek Weaver	22	18 - 24	SCM	800 Free	9:54.43	Daniel Israel	41	40 - 44	SCY	1000 Free	10:13.01
Derek Weaver	22	18 - 24	SCM	200 Back	2:23.24	Daniel Israel	42	40 - 44	LCM	100 Back	1:07.19
Derek Weaver	22	18 - 24	SCM	200 Back	2:23.17	Jeff Bailey	42	40 - 44	LCM	50 Fly	:28.14
Ian Clutten	25	25 - 29	SCY	100 Breast	:57.63	John Allen	46	45 - 49	SCY	100 Breast	1:04.77
Kevin Doak	28	25 - 29	SCY	50 Fly	:22.49	John Allen	45	45 - 49	SCY	400 IM	4:47.68
Patrick Saucedo	25	25 - 29	SCY	50 Fly	:22.40	John Allen	46	45 - 49	SCM	100 Breast	1:14.72
Kevin Doak	27	25 - 29	SCY	100 Fly	:50.66	John Allen	46	45 - 49	LCM	100 Breast	1:18.61
Patrick Saucedo	25	25 - 29	SCY	100 Fly	:49.14	Chuck Coffman	46	45 - 49	LCM	200 Breast	2:49.66
Patrick Saucedo	25	25 - 29	SCY	100 IM	:51.53	Scott Tyler	47	45 - 49	SCY	200 Fly	2:08.94
Patrick Saucedo	26	25 - 29	LCM	50 Breast	:31.30	Scott Tyler	47	45 - 49	SCY	200 Free	1:44.64
Patrick Saucedo	26	25 - 29	LCM	100 Breast	1:07.42	Scott Tyler	47	45 - 49	SCY	500 Free	4:47.46
Patrick Saucedo	26	25 - 29	LCM	50 Fly	:25.68	Scott Tyler	47	45 - 49	SCY	100 IM	:57.03
Kevin Doak	28	25 - 29	LCM	50 Fly	:25.40	Scott Tyler	47	45 - 49	SCY	200 IM	2:07.54
Patrick Saucedo	26	25 - 29	LCM	100 Fly	:58.88	Jim Pogue	48	45 - 49	SCY	50 Fly	:24.51
Patrick Saucedo	26	25 - 29	LCM	100 Fly	:58.40	Jim Pogue	48	45 - 49	SCY	100 Fly	:55.36
Kevin Doak	28	25 - 29	SCY	50 Back	:22.78	Jim Pogue	49	45 - 49	SCM	50 Fly	:27.02
Kevin Doak	28	25 - 29	SCY	100 Back	:49.84	Jim Pogue	49	45 - 49	LCM	50 Back	:31.43
Kevin Doak	28	25 - 29	SCM	100 Back	:55.26	Jim Pogue	49	45 - 49	LCM	100 Back	1:10.64
Kevin Doak	28	25 - 29	SCM	200 Back	2:11.43	Jim Pogue	49	45 - 49	LCM	100 Back	1:10.22
Kevin Doak	28	25 - 29	LCM	50 Back	:26.69	Jim Pogue	49	45 - 49	LCM	50 Fly	:27.53
Kevin Doak	28	25 - 29	LCM	50 Back	:26.64	Dale Jackson	49	45 - 49	LCM	1500 Free	19:04.72
Cameron Mull	33	30 - 34	LCM	50 Fly	:26.71	Mike Schmitz	50	50 - 54	LCM	1500 Free	19:04.72
Cameron Mull	33	30 - 34	LCM	100 Fly	:57.21	Mike Schmitz	50	50 - 54	SCY	50 Free	:22.79
Alec Mull	36	35 - 39	SCY	100 Fly	:51.66	Mike Schmitz	50	50 - 54	SCY	50 Free	:22.58
Alec Mull	36	35 - 39	SCY	100 Fly	:51.56	Mike Schmitz	50	50 - 54	SCY	100 Free	:49.48
Alec Mull	37	35 - 39	LCM	50 Free	:24.36	Mike Schmitz	50	50 - 54	SCY	50 Fly	:24.98
Alec Mull	37	35 - 39	LCM	100 Free	:54.34	Mike Schmitz	50	50 - 54	SCY	50 Fly	:24.52
Alec Mull	37	35 - 39	LCM	50 Fly	:25.71	Mike Schmitz	50	50 - 54	SCY	100 IM	:56.15
Alec Mull	37	35 - 39	SCM	50 Free	:24.13	Mike Schmitz	50	50 - 54	SCY	200 IM	2:05.32
Alec Mull	37	35 - 39	SCM	100 Free	:53.10	Paul Creason	51	50 - 54	SCM	100 Fly	1:08.37
Alec Mull	37	35 - 39	SCM	50 Fly	:25.69	Paul Creason	51	50 - 54	SCM	200 Fly	2:30.63
Alec Mull	37	35 - 39	SCM	100 Fly	:58.48	Paul Karas	53	50 - 54	SCY	1000 Free	11:06.89
Kevin Hafner	35	35 - 39	LCM	200 Back	2:19.79	Paul Karas	54	50 - 54	LCM	1500 Free	18:39.31
Kevin Hafner	35	35 - 39	SCM	200 Free	2:03.21	Randy Parker	54	50 - 54	SCY	50 Breast	:29.68
						Randy Parker	54	50 - 54	SCY	50 Breast	:29.53
						Randy Parker	54	50 - 54	SCY	100 Breast	1:05.91
						Randy Parker	55	55 - 59	SCY	50 Breast	:29.04



2009 MICHIGAN MASTERS STATE RECORDS

INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2009 YEAR						Name	Age	Age Group	Course	Event	Time
						Ron Dubois	60	60 - 64	SCY	100 Breast	1:12.48
						Ron Dubois	60	60 - 64	SCY	200 Breast	2:43.27
						Ron Dubois	60	60 - 64	LCM	100 Breast	1:24.89
						Ron Dubois	60	60 - 64	SCM	50 Breast	:37.62
						Ron Dubois	60	60 - 64	SCM	100 Breast	1:21.31
						Ron Dubois	60	60 - 64	SCM	200 Breast	3:02.09
						Jay Mahler	61	60 - 64	SCY	100 Breast	1:12.84
						Joe Buys	65	65 - 69	SCM	200 Free	2:35.77
						Joe Buys	65	65 - 69	SCM	400 Free	5:42.59
						Joe Buys	65	65 - 69	SCM	800 Free	11:54.54
						Joe Buys	65	65 - 69	SCM	1500 Free	22:43.18
						Joe Buys	65	65 - 69	LCM	1500 Free	22:35.98
						Erik Lokensgard	67	65 - 69	LCM	100 Back	1:22.40
						Erik Lokensgard	67	65 - 69	LCM	200 Back	3:02.12
						Frank Cody	69	65 - 69	SCM	100 Breast	1:30.50
						Frank Cody	69	65 - 69	SCM	200 Breast	3:13.48
						Allan Charlton	71	70 - 74	SCY	50 Back	:34.07
						Allan Charlton	72	70 - 74	SCM	50 Back	:38.49
						Allan Charlton	72	70 - 74	LCM	50 Back	:38.02
						Allan Charlton	72	70 - 74	LCM	100 Back	1:32.86
						Allan Charlton	72	70 - 74	SCM	100 Back	1:29.94
						Ray Martin	72	70 - 74	LCM	50 Free	:31.82
						Ray Martin	72	70 - 74	LCM	100 Free	1:14.38
						Ray Martin	72	70 - 74	LCM	200 Free	2:57.21
						Ray Martin	72	70 - 74	LCM	50 Back	:38.57
						Ray Martin	72	70 - 74	LCM	100 Back	1:26.43
						Ray Martin	72	70 - 74	SCM	50 Back	:37.39
						Ray Martin	72	70 - 74	SCM	100 Back	1:29.58
						Ray Martin	72	70 - 74	SCM	100 Back	1:21.76
						Ray Martin	72	70 - 74	SCM	200 Back	3:07.00
						Ray Martin	72	70 - 74	SCM	50 Breast	:45.13
						Ray Martin	72	70 - 74	SCM	100 Breast	1:44.53
						Ray Martin	72	70 - 74	SCM	200 Breast	3:50.33
						Elmer Egelkraut	76	75 - 79	SCM	400 Free	6:58.71
						Elmer Egelkraut	76	75 - 79	SCM	800 Free	14:18.95
						Elmer Egelkraut	76	75 - 79	SCM	50 Fly	:49.53
						Elmer Egelkraut	76	75 - 79	SCM	100 Fly	1:58.28
						Elmer Egelkraut	76	75 - 79	LCM	800 Free	14:34.77
						Elmer Egelkraut	76	75 - 79	LCM	100 Fly	2:05.06
						Richard Henderson	77	75 - 79	LCM	50 Free	:36.25
						Richard Henderson	77	75 - 79	LCM	100 Free	1:32.47
						Mitch Jacque	80	80 - 84	LCM	100 Free	2:13.37
Randy Parker	55	55 - 59	SCY	50 Breast	:28.85						
Randy Parker	55	55 - 59	SCY	100 Breast	1:05.23						
Randy Parker	55	55 - 59	SCY	200 Breast	2:30.87						
Randy Parker	55	55 - 59	SCY	50 Fly	:26.36						
Randy Parker	55	55 - 59	SCY	100 IM	1:00.49						
Randy Parker	55	55 - 59	SCM	50 Breast	:33.23						
Randy Parker	55	55 - 59	SCM	100 Breast	1:13.69						
Randy Parker	55	55 - 59	SCM	200 Breast	2:53.79						
Randy Parker	55	55 - 59	SCM	50 Fly	:30.15						
Randy Parker	55	55 - 59	LCM	50 Breast	:34.44						
Randy Parker	55	55 - 59	LCM	50 Breast	:32.74						
Randy Parker	55	55 - 59	LCM	100 Breast	1:17.90						
Randy Parker	55	55 - 59	LCM	100 Breast	1:14.21						
Randy Parker	55	55 - 59	LCM	200 Breast	2:55.58						
Tim Clayson	55	55 - 59	SCY	50 Back	:29.28						
Tim Clayson	55	55 - 59	SCY	100 Back	1:04.64						
Tim Clayson	55	55 - 59	SCY	50 Fly	:27.14						
Tim Clayson	55	55 - 59	SCY	100 IM	1:03.66						
Paul Nicholls	56	55 - 59	SCY	50 Breast	:31.40						
Paul Nicholls	56	55 - 59	SCY	50 Breast	:30.85						
Paul Nicholls	56	55 - 59	SCY	100 Breast	1:09.03						
Paul Nicholls	56	55 - 59	SCY	100 Breast	1:08.17						
Frank Thompson	57	55 - 59	SCY	100 Back	1:04.68						
Frank Thompson	57	55 - 59	SCY	200 IM	2:21.49						
Frank Thompson	58	55 - 59	LCM	200 Free	2:24.81						
Frank Thompson	58	55 - 59	LCM	200 Free	2:24.20						
Frank Thompson	58	55 - 59	LCM	200 Back	2:42.25						
Chuck Olson	59	55 - 59	LCM	100 Free	1:03.61						
Gaard Ameson	60	60 - 64	SCY	200 Free	2:12.52						
Gaard Ameson	60	60 - 64	SCY	1000 Free	11:53.13						
Gaard Ameson	60	60 - 64	SCY	1650 Free	20:12.28						
Gaard Ameson	61	60 - 64	LCM	200 Free	2:29.08						
Gaard Ameson	61	60 - 64	LCM	200 Free	2:28.72						
Gaard Ameson	61	60 - 64	LCM	400 Free	5:12.72						
Gaard Ameson	61	60 - 64	LCM	800 Free	10:45.11						
Gaard Ameson	61	60 - 64	SCM	400 Free	5:04.08						
Gaard Ameson	61	60 - 64	SCM	800 Free	10:25.68						
Gaard Ameson	61	60 - 64	SCM	1500 Free	19:58.62						
Ron Dubois	60	60 - 64	SCY	100 Breast	1:13.19						
Ron Dubois	60	60 - 64	SCY	100 Breast	1:13.08						



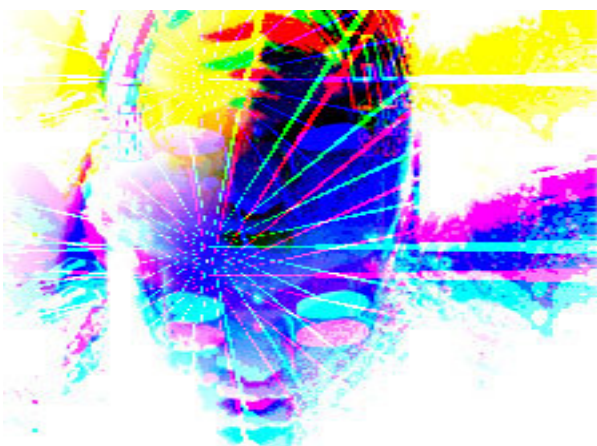
2009 MICHIGAN MASTERS STATE & NATIONAL RECORDS

INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2009 YEAR

Name	Age	Age Group	Course	Event	Time
Mitch Jacque	80	80 - 84	LCM	200 Free	4:28.06
Mitch Jacque	80	80 - 84	LCM	400 Free	8:47.37
Mitch Jacque	80	80 - 84	LCM	800 Free	17:41.50
Mitch Jacque	80	80 - 84	LCM	50 Back	:59.32
Bob Doud	85	85 - 89	SCY	100 Free	1:54.81
Bob Doud	85	85 - 89	SCY	500 Free	12:21.77
Bob Doud	85	85 - 89	SCY	50 Fly	1:07.43
Bob Doud	85	85 - 89	SCY	100 Fly	2:55.30
Bob Doud	85	85 - 89	SCY	200 Fly	5:55.20
Bob Doud	85	85 - 89	SCY	100 IM	2:48.85
Bob Doud	86	85 - 89	SCM	200 Fly	6:33.38
Bob Doud	86	85 - 89	SCM	200 IM	6:16.82
Bob Doud	86	85 - 89	LCM	50 Free	1:00.93
Bob Doud	86	85 - 89	LCM	100 Free	2:37.19
Bob Doud	86	85 - 89	LCM	200 Free	5:39.98

INDIVIDUAL EVENT YMCA NATIONAL RECORDS SET DURING THE 2009 YEAR

Name	Age	Age Group	Course	Event	Time
Daniel Israel	41	40 - 44	SCY	1000 Free	10:13.01
Scott Tyler	47	45 - 49	SCY	200 Free	1:44.64
Scott Tyler	47	45 - 49	SCY	500 Free	4:47.46
Mike Schmitz	50	50 - 54	SCY	50 Fly	:24.52
Mike Schmitz	50	50 - 54	SCY	100 IM	:56.15
Mike Schmitz	50	50 - 54	SCY	200 IM	2:05.32



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RELAY EVENT STATE RECORDS SET DURING THE 2009 YEAR

Name	Type	Age Group	Course	Relay	Time
Michigan Masters	M	55+	SCY	400 Medley	4:14.51
Michigan Masters	M	65+	SCY	800 Free	11:16.61
Michigan Masters	M	65+	SCY	400 Free	4:44.80
Michigan Masters	M	280 - 319	SCM	200 Free	2:17.31
Michigan Masters	M	280 - 319	SCM	200 Medley	2:42.95
Michigan Masters	MX	280 - 319	SCM	200 Free	2:49.37
Michigan Masters	MX	280 - 319	SCM	200 Medley	3:17.31
Michigan Masters	W	160 - 199	SCM	400 Medley	5:59.63
Michigan Masters	M	280 - 319	SCM	400 Medley	6:26.46
Michigan Masters	MX	280 - 319	SCM	400 Medley	7:25.14
Michigan Masters	MX	240 - 279	SCM	400 Free	5:25.04
Michigan Masters	M	280 - 319	SCM	400 Free	5:25.48
Michigan Masters	M	280 - 319	SCM	800 Free	12:28.95
Michigan Masters	MX	240 - 279	SCM	800 Free	11:33.27
Doughboy Aquatics	W	45+	SCY	200 Free	2:08.08
FAST	W	45+	SCY	200 Free	2:05.77
Dutch Masters	W	45+	SCY	200 Free	1:57.52
FAST	W	45+	SCY	200 Medley	2:19.98
Doughboy Aquatics	W	45+	SCY	200 Medley	2:19.53
STRAY CATS	M	18+	SCY	200 Free	1:22.47
STRAY CATS	M	18+	SCY	200 Medley	1:31.43
STRAY CATS	M	65+	SCY	200 Medley	2:29.51
Dutch Masters	MX	45+	SCY	200 Medley	1:58.19
Plymouth YMCA	M	35+	SCY	400 Free	3:24.83
Plymouth YMCA	M	45+	SCY	400 Free	3:21.47
Michigan Masters	M	65+	SCY	200 Free	2:01.03
Michigan Masters	M	65+	SCY	200 Medley	2:21.50
Michigan Masters	MX	65+	SCY	200 Free	2:34.13
Michigan Masters	MX	65+	SCY	200 Medley	2:45.85
Michigan Masters	W	240 - 279	LCM	400 Free	6:48.30
Michigan Masters	W	240 - 279	LCM	400 Medley	5:59.07
Michigan Masters	W	200 - 239	LCM	800 Free	10:14.83
Michigan Masters	M	280 - 319	LCM	200 Free	2:22.02
Michigan Masters	M	120 - 159	LCM	400 Free	3:34.83
Michigan Masters	M	160 - 199	LCM	400 Free	3:55.44
Michigan Masters	M	200 - 239	LCM	400 Free	4:20.75
Michigan Masters	M	240 - 279	LCM	400 Free	5:26.59
Michigan Masters	M	240 - 279	LCM	400 Free	4:33.94



RELAY & INDIVIDUAL RECORDS SET DURING THE 2009 YEAR

Name	Type	Age Group	Course	Relay	Time
Michigan Masters	M	120 - 159	LCM	200 Medley	1:46.23
Michigan Masters	M	200 - 239	LCM	200 Medley	2:04.63
Michigan Masters	M	240 - 279	LCM	200 Medley	2:19.16
Michigan Masters	M	120 - 159	LCM	400 Medley	4:00.06
Michigan Masters	M	160 - 199	LCM	400 Medley	4:38.90
Michigan Masters	M	200 - 239	LCM	400 Medley	4:34.66
Michigan Masters	M	240 - 279	LCM	400 Medley	6:19.42
Michigan Masters	M	240 - 279	LCM	400 Medley	5:14.86
Michigan Masters	M	280 - 319	LCM	400 Medley	5:59.87
Michigan Masters	M	120 - 159	LCM	800 Free	8:11.67
Michigan Masters	M	160 - 199	LCM	800 Free	8:54.26
Michigan Masters	M	200 - 239	LCM	800 Free	9:23.89
Michigan Masters	M	240 - 279	LCM	800 Free	10:06.62
Michigan Masters	M	280 - 319	LCM	800 Free	12:52.90
Michigan Masters	MX	200 - 239	LCM	200 Free	2:02.55
Michigan Masters	MX	320 - 359	LCM	200 Free	3:32.98
Michigan Masters	MX	160 - 199	LCM	400 Free	4:21.77
Michigan Masters	MX	200 - 239	LCM	400 Free	4:18.36
Michigan Masters	MX	240 - 279	LCM	400 Free	5:19.93
Michigan Masters	MX	280 - 319	LCM	400 Free	6:30.51
Michigan Masters	MX	320 - 359	LCM	400 Free	8:11.67
Michigan Masters	MX	240 - 279	LCM	200 Medley	2:33.92
Michigan Masters	MX	160 - 199	LCM	400 Medley	4:52.68
Michigan Masters	MX	200 - 239	LCM	400 Medley	5:00.11
Michigan Masters	MX	240 - 279	LCM	400 Medley	5:35.77
Michigan Masters	MX	280 - 319	LCM	400 Medley	6:58.72
Michigan Masters	MX	200 - 239	LCM	800 Free	9:36.10
Michigan Masters	MX	240 - 279	LCM	800 Free	11:15.20
Michigan Masters	MX	280 - 319	LCM	800 Free	14:38.23
Michigan Masters	MX	320 - 359	LCM	800 Free	18:36.51

Relay Event FINA World Records set during the 2009 year

Name	Type	Age Group	Course	Relay	Time
Michigan Masters	M	120 - 159	LCM	200 Medley	1:46.23

Individual Event FINA World Records set during the 2009 year

Name	Age	Age Group	Course	Event	Time
Lois K-Neohman	85	85 - 89	SCM	50 Fly	1:02.04
Lois K-Neohman	85	85 - 89	SCM	100 Fly	2:23.99
Lois K-Neohman	85	85 - 89	SCM	100 Fly	2:21.77
Lois K-Neohman	85	85 - 89	SCM	200 Fly	5:09.48
Lois K-Neohman	85	85 - 89	SCM	200 Fly	5:02.65
Lois K-Neohman	85	85 - 89	SCM	200 Fly	4:59.50
Lois K-Neohman	85	85 - 89	SCM	100 IM	2:18.55
Lois K-Neohman	85	85 - 89	SCM	200 IM	5:03.33
Lois K-Neohman	85	85 - 89	SCM	200 IM	4:59.06
Lois K-Neohman	85	85 - 89	SCM	400 IM	10:28.05
Lois K-Neohman	85	85 - 89	LCM	50 Fly	1:04.46
Lois K-Neohman	85	85 - 89	LCM	50 Fly	1:01.94
Lois K-Neohman	85	85 - 89	LCM	100 Fly	2:25.56
Lois K-Neohman	85	85 - 89	LCM	100 Fly	2:23.89
Lois K-Neohman	85	85 - 89	LCM	200 Fly	5:12.69
Lois K-Neohman	85	85 - 89	LCM	200 Fly	5:07.64
Lois K-Neohman	85	85 - 89	LCM	200 IM	5:11.92
Lois K-Neohman	85	85 - 89	LCM	400 IM	10:48.77
Kevin Doak	28	25 - 29	LCM	50 Back	:26.64

Relay Event USMS National Records set during the 2009 year

Name	Type	Age Group	Course	Relay	Time
STRAY CATS	M	18+	SCY	200 Free	1:22.47
STRAY CATS	M	18+	SCY	200 Medley	1:31.43
Michigan Masters	W	200 - 239	LCM	800 Free	10:14.83
Michigan Masters	M	120 - 159	LCM	400 Free	3:34.83
Michigan Masters	M	120 - 159	LCM	200 Medley	1:46.23
Michigan Masters	M	120 - 159	LCM	400 Medley	4:00.06
Michigan Masters	M	120 - 159	LCM	800 Free	8:11.67

Come and Swim at the Michigan Masters State Championship meet this year!

It will be held at Haslett Natatorium

April 16 - 18, 2010