

# MICHIGAN MASTERS SWIMMING Year-End Review for 2008

## FAST WINS 1<sup>ST</sup> LARGE TEAM STATE CHAMPIONSHIP



This year marked the occasion of the 36<sup>th</sup> Annual Michigan Masters Swimming State Championships. About 292 swimmers from 28 teams turned up at Eastern Michigan University's Michael Jones Aquatic complex during the weekend of April 18 – 20, to participate in this traditional event

The Ford Athletic Swim & Tri club won their 1<sup>st</sup> Large Team Combined Championship in their team history after taking 2<sup>nd</sup> place 6 times (97, 98, 99, 02, 06, 07). FAST won the Large Team Women's Championship category as well. Battle Creek YMCA (BCYM) won the Large Team Men's Championship. The win marked their 12<sup>th</sup> non combined title in the last 12 years. Ann Arbor won the Small Team combined State Championship for their 1<sup>st</sup> Small Team Championship. It was the teams 4<sup>th</sup> combined title in Championship in their team's history.

Kevin Doak set the only USMS National Record in the meet in the 25-29 age group 50 Yard Back. He broke the record by .02 in a time of 23.01. Forty five LMSC State Records (2 Women, 40 Men, 3 Relays) were set during the course of the meet. There were 85 State Championship Meet Records (17 Women, 58 Men, and 10 Relays) set during the course of the meet. Results, Records, High Points for both Team and Individuals are included in the results section of the Michigan Masters website.

A well deserved thank you goes out to all of the volunteers for the planning and execution of the meet. This was the 8<sup>th</sup> time this facility hosted this event and as always Michigan Masters appreciates their efforts. Special thanks goes to George Newman and Ken Shively for their always excellent officiating conducting during the meet. And finally a thank you goes out to all of the 292 swimmers that swam in the

their history. **Dutch Masters** won the Women's Small Team Championship the  $2^{nd}$ for time in their 9 year history. The Down River YMCA (DRY) won the Men's Team Small Championship for their 1<sup>st</sup>



36<sup>th</sup> annual meet.

By Skip Thompson

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Michigan Masters Website is: www.michiganmasters.com

United States Masters Swimming Website is: www.usms.org



Year End Review 2008

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# 2008 MICHIGAN MASTERS AWARD WINNERS

#### PAUL CHAFFEE RECEIVES THE 2008 MICHIGAN MASTERS CHETRICK AWARD

The Chetrick Award has been awarded since 1978 and is given annually to those who have given outstanding service and/ or best exemplify the spirit and commitment to Michigan Masters Swimming. Paul personifies these traits.

Paul Chaffee's swimming background began at the old downtown Kalamazoo YMCA during the early 1950's where he went through the sequence of swim classes known as Minnows, Advanced Minnows, Fish, Flying Fish, and Shark. Paul loved the water. Sometime during the mid-1950's, the Kalamazoo YMCA organized an age-group swim team which competed against other YMCA's in Michigan.

Paul's competitive swimming experience began as a member of the Kalamazoo Y's first swim team. The first swim meet was conducted in a three lane 20 yard pool located in the basement of the old YMCA. Paul's initial experience garnered first place ribbons in the 40 yard freestyle and 100 yard freestyle. Paul was hooked on competitive swimming.

Paul swam for Kalamazoo Central High School (1958-1961) when the team trained in a 20 yard four lane pool at Lincoln Junior High School. At that time, Kalamazoo competed in a conference known as the Six-A Conference which included Ann Arbor Pioneer, Jackson, Battle Creek Central, Lansing Sexton, and-Lansing Eastern.

After high school, Paul went to Western Michigan University where he swam three years for Coach Ed Gabel. The Broncos were MAC champions in 1963 and 1964. Paul was also asked by the Kalamazoo YMCA to coach the age group swim team during his last two years in college. Paul's coaching debut was a success with the girls 9-10 and boys 11-12 age groups winning state

championships. The over-all team finished third in the state meet. Paul admits that he was fortunate to be part of programs that had sound foundations for success. Paul graduated from Western Michigan in 1966 with a secondary school teaching certificate and major in English/Social Studies.

Paul was hired by Owosso Public Schools to teach English and coach the first ever swim team in Owosso in 1966. The pool basically had ropes with a few floats for lane markers, and the boys wore boxer swim suits for the meets. By the end of the first competitive season (1967), this changed. We had competitive lane markers, and the swimmers wore racing suits. With a lot of hard work and tremendous improvement, Owosso High won the conference championship in its third year of competitive swimming. Paul also successfully encouraged the local YMCA to sponsor an age group swim team.

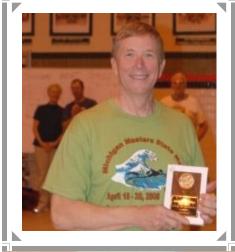
Paul retired from coaching high school swimming in 1970 so he could raise a family and attend Michigan State University to study for his master's degree in English. Paul has been actively promoting and competing in swimming as well as officiating high school meets for the past 35 years. Paul, now 66 years old, is retired after years of teaching at Owosso High School, Lansing Community College, and selling insurance.

Paul started swimming in the fall of 1994. He started swimming with Jerry Fish in Owosso and Jerry convinced him to go to some masters meets and try it out. He went to the meets and became acquainted with swimmers he swam with in college at Western Michigan like Ron Pohlonski and George Runciman. He enjoyed the experiences in his first 4 years and has never missed a year since joining.

In the fall of 1998, Paul decided to start a swim and triathlon team in the greater Lansing area because since 1990, no one had done anything to get groups working out together and going to swim meets. CATS was formed and Paul has been its leader since its inception. He coordinates practices at the different locations that members swim and coaches practices at the Michigan Athletic Club. The group has 4 different workout locations around the area at various High Schools, Oak Park YMCA, and Lansing Community College. He is the Newsletter Editor for CATS and prepares and distributes 100 to 125 Newsletters four times a year to members and keeps them informed of events and happenings in both swimming and triathlon.

Paul got involved as a Michigan Masters Officer and Board member in 2001 and served three 2 year terms as Secretary. He has run the CATS local swim meet for the last 9 years and thru

> his leadership the meets have successfully used the Hytec Meet Manager system making it easier on all of the volunteers for the meet. Paul had open heart surgery about 3 years ago so he does not compete and go to meets as much as he used to. He still finds time to train and has attended the State Meet for 14 straight years. He officates High School meets in the Lansing area and has been an official for many occasions at the Boys and Girls High School State Meets. He received a MHSSA Service Award from the Mich. High School for long term service as HS official for 35 years. Congratulations on receiving the 2008 Chetrick Award and good luck in the future.





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## GEORGE NEWMAN RECEIVES MICHIGAN MASTERS LIFETIME ACHIEVEMENT AWARD

On April 19, 2008 at the Michigan Masters State Championship Meet, George Newman was presented the prestigious Lifetime Achievement Award. The recipient of this award is an individual who has demonstrated outstanding voluntary contributions and a lifetime dedication and devotion to the objectives of Masters swimming in Michigan. George personifies this not only with his dedication to Masters swimming but with all of his contributions to swimming. George has been involved with being a registered official for over 40 years getting his start with the AAU. He has been involved with Masters swimming since its inception and remembers the first meet he officiated was in 1972 at the Birmingham YMCA and he has not missed a year since Michigan Masters started and is currently the longest masters volunteer in the history of Michigan Masters.

He has been a Referee, Starter, and Stroke and Turn Judge at approximately 75% of the local meets. He has officiated in 31 of 36 Michigan Masters State Championship Meets and two Great Lakes Zone Championships. He was the head Referee when Michigan Masters hosted the 1979 AAU Long Course Nationals in Dearborn and was the Assistant head Referee when Michigan Masters hosted the 1996 USMS Long Course Nationals at the University of Michigan. Along with these meets he has been involved in officiating the swimming at the Michigan Senior Olympics and in 2007 was the Meet Director of the Annual Sen-

from 1988 until 1992 and had set some Long Course records in the 400 and 800 meter Free in the 18-24 age group. George says his wife Ida, doesn't believe in getting wet past the knees.

George was introduced to coaching swimming at Detroit Eastern High School in the early 1960's and he states it is probably because I was the only staff member who could swim. His prize swimmer during that time period was Jim McMillan, who won the 1962 Michigan High School Class A State Championship in the 50 and 100 Yard Free. His time of 22.4 in the 50 Free was 7th and his time of 50.5 in the 100 Free was 17<sup>th</sup> in the country. He was selected as a 1962 NISCA All American in swimming. Jim went on to earn All American honors at Michigan State University in the 100 and 200 yard Free and both the 400 Free and 400 Medley Relays. He also made the finals in the 100 meter Free at the 1964 Olympic Trials and also competed at the 1968 Olympic Trials. He also coached Coy Booth, a diver who finished in the top ten of divers at the High School State Championship. In 1970, George moved to Detroit Southeastern High School as the Athletic Director. Once again, George had to become the swim coach or the program would be dropped. The most notable swimmer during those years was Antoine Kyser, who in the 1983/1984 swam a 20.7 for the 50 yard Free. However, he never broke 50.0 for the 100 yard Free. George retired from teaching and coaching for the Detroit Public School System in 1997.

ior Games Swimming Championships. Many masters swimmers and senior games athletes know of George because he has been involved so much with these meets.

Swimming runs in the Newman family. George swam for Detroit Northwestern High School from 1946 to 1948 and the school won the 1948 Metropolitan Detroit Championship Meet. In those days Metropolitan City High Schools had separate championships and did not compete in the State Championship because that was for suburban and rural high school teams and this didn't change until sometime in the 1950's. Future Olym-



pic Gold medalist Clark Scholes and two time NCAA Champion Fletcher Gilders competed at these 1948 championships so the competition was at a very high level. George's son Tim, swam for Groves High School from 1979 until 1982 for legendary coach John Wieck and his daughter, Carrie swam for Groves High School from 1981 until 1984 and also swam in masters

George's officiating career began when he was student teaching and was sent to referee a meet that his supervising teacher could not attend. He was off and pruning as a swimming referee and little did he know at that time that he would be doing this so passionately in years to come. Since that time he has officiated AAU age group, High School, NCAA, Michigan Inter Club Swimming, USA Swimming, and US Masters Swimming. Highlights include the NCAA National Championships at Cleveland State in both 1977 and 1979. The US Open in 1993, and the 1994 Central Zone Championships at the University

of Michigan. Several Mid-American Championships hosted by Eastern Michigan University. Michigan High School State Championships beginning in 1990 and most recently the Girls State High School Championship at Oakland University. This

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#### GEORGE NEWMAN LIFETIME ACHIEVEMENT AWARD......continued from Page 3

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will be the 38<sup>th</sup> year that he has been involved in masters swimming. George received the Chetrick Award in 1992 from Michigan Masters for his outstanding service to the Michigan LMSC.

George is the Michigan Officials Chairman for US Masters Swimming and represents our Michigan LMSC for the national governing body. He attended the 2006 USAS Convention held here in Dearborn, Michigan and still remains active with US Masters Officials Committee as a liaison between the local and national level. George does really enjoy these experiences and as long as he is enjoying the meets and officiating, he will continue. What is interesting about George is that he spans almost 3 generations of swimmers that he officiates at meets. Swimmers from the 60 age group down to the 18 age group would remember George officiating some time during their swimming career in Michigan either in age group, high school, country club, or college and they reconnect with him in masters swimming. He keeps the meets moving and interesting and that is what swimmers remember about George. He is very fair and if you are disqualified

for some infraction, then you know you committed a foul. Congratulations George for this very deserving award and good luck in the future!

#### DOAK **KEVIN RECEIVES THE 2008 MICHI-**GAN MASTERS LAWRENCE

The Lawrence Award is given annually to those who have achieved outstanding performances in masters swimming representing Michigan Masters. Kevin began swimming in the masters program in 2005. Since that time he has been named a USMS All American 4 straight times (2005, 2006, 2007, and 2008). In the 2007/2008, Kevin set 9 USMS National Records in the 25-29 age group mainly in the 2007 three meet TYR Grand Prix series where he set 5 USMS National Records in the 50 and 100 meter back events just missing World Record marks by the slightest of margins of .10 in the 50 back. For his efforts he was named the outstanding swimmer of the 2007 TYR Grand Prix series. Kevin was nominated as one of the outstanding masters in the world in 2007 for his record breaking performances and was written up in article in the February 2008 issue of Swimming World magazine. In the 2007 and 2008 USMS Top Ten Tabulations, Kevin has 15 Number 1 swims and has Number 1

swim in all three courses (SCY, LCM, SCM) for two straight years. In 2007, he was the only swimmer in the Michigan LMSC that was named a USMS All Star for the most first places of any swimmer in the country for the 25-29 age group which is considered one of the most competitive in all of USMS.

Kevin swam for the Brighton Eels as an age group swimmer and his swimming really began to take off when he swam for Brighton High School, swimming for Coach Sean Hickman. In his junior year of High School in 1998, he swam a time of 53.05 for an 8<sup>th</sup> place in the consolation finals at the MHSAA Class A State Championships. In his senior year of High School in 1999, at this same championship, he improved to 2<sup>nd</sup> in the 100 yard back to Bill Sargent. His time of 51.30 was 14<sup>th</sup> in the country and he was named a 1999 NISCA All American. He enrolled at Eastern Michigan University and swam on the varsity team and was a letter winner from1999 -2003. He still holds the EMU school varsity record in the 100 yard back with a time of 48.51 and was also was part of the record holding 200 Medley (1:29.48). He was a three-time first team All-Mid-American Conference selection winning 10 titles during his four year career at EMU. He was a member of the MAC Champion 400 Medley relay all four years, helping the relay team to titles in 2000, 2001, 2002, and 2003. His 200 Medley relay team captured the MAC title in 2001, 2002, and 2003. Individually, he won the 100 yard back at the MAC Conference meet in 2001, 2002, and 2003.

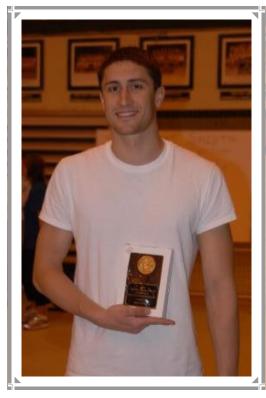
In 2005 and 2006, Kevin only swam at the Michigan Masters State Meet and had placed 1<sup>st</sup> in the USMS Top Ten in 3 events. He was busy starting his own business and swimming was just a hobby in his spare time. After the 2007 Michigan Masters State Meet, Kevin started to swim all year around and swam in his first ever long course meet at the annual masters meet in Dearborn. It was at this time he had thought that he had a chance to make the Olympic Trials time standard in the 100 meter back and thus his dream could be become an objective and a reality if he were to work hard and devote more time to his training. That year he swam a time of 1:01.67 and had almost 4 seconds to drop to make the 57.99 Olympic Trial time standard. In January of 2006, Kevin went to the funeral of his friend Erik Namesnik, the former Olympian and assistant coach for both Michigan and EMU. John Urbanchek spoke at the eulogy and recited a quote about Erik that Kevin has never forgotten. It was, "A dream is a dream, until you decide to do something about it." If only you believe, if only you work towards something, than can you achieve it? Kevin says, "If it is possible, I don't care what it is. It is possible, if only you believe it."Goals are going to be hard, there are going to take work, but if there possible then you have to do what it takes to achieve them and then the dream becomes reality. Kevin believed these words and true to form starting training to make the Olympic Trials time standards to have a chance to make the 2008 Olympic Team.

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#### KEVIN DOAK LAWRENCE AWARD......continued from Page 4

He had less than a year to make his goal a reality and started to devote more time to swimming in the fall of 2007. He would use the masters sanction meets to benchmark his progress. The first of these meets were the 2007 TYR Grand Prix which he set 5 USMS Records. In January of 2008, at the Lake Orion meet, he set his first SCY National Record in the 50 yard back with a time of 23.06 breaking the old record of 23.09 and at the same meet set a pool record in the 100 yard back. His next big breakthrough was the 2008 USA Central Zone Sectional meet in Indianapolis. This was only his second long course meters meet in his life and he managed to go a 58.54 for the 100 meter back and was within .55 of making the standard. A week later at the Toyota Grand Prix at Ohio State University , he swam a 57.00 in the 100 meter back and achieved his goal of making the Olympic Trial standard time. He also broke the USMS National Record of



58.24 set by John Keppeler in 1992. He went faster than the FINA World Record of 57.45. but because this swim was not performed in a USMS sanctioned meet, he only gets credit for the National Record and must perform this swim in a masters sanctioned meet per FINA swimming rules. With this swim he was eligible to swim in the Olympic Trials in Omaha and started to train for this for the

next 3 months. He was the 5<sup>th</sup> swimmer in Michigan Masters history to make an Olympic Trial standard as a USMS masters swimmer. Rob Peel, Dyne Burrell, Sheila Taormina, and Joe Tristan were the other swimmers to achieve this honor.

Kevin attended the 2008 Masters State Meet at EMU for one last shot at breaking the USMS National Record in the 100 Yard Back. A week before the meet his USMS National Record in the 50 back was broken by Matthew Marshall by .03 at 23.03 and he made it a goal to get his 50 record back. On the Saturday of the meet he did just that and swam a 23.01 and got the record back. Swimming the 100 back on second day of the meet and his 8<sup>th</sup>

event including relays, swam a time of 50.48 which was short of the 49.83 National Record. At the 2008 USMS Nationals in Austin TX, William Liscinsky broke Kevin' National Record of 23.01 and performed a time of 22.89 in the 50 yard back. At the 2008 Olympic Trials in Omaha, Kevin swam a time of 57.73 for 66<sup>th</sup> place. He wanted to swim faster than his best time of 57.00, but he set a goal, did what it took to achieve it, and came away from the experience positive, confident, and happy. Kevin set his 9<sup>th</sup> USMS National Record on July 20, 2008 at the Dearborn masters meet. He swam a 26.75 in the 50 meter back to break the old USMS record of 27.42 set in 1993. He missed the World Record of 26.68 and that is goal that he will work on in the future.

Currently, Kevin holds all of the USMS National Records in the 50 and 100 distances in SCM and LCM. His goal in 2009 is to break the 50 and 100 yard back records of 22.89 and 49.83 respectively. He is currently .12 off of the 50 and .65 off in the 100 yard distance. He has time trialed recently and went faster than 49.83 so this is a very realistic goal. This summer he hopes to go faster than the LCM World Record time of 26.68 in the 50 meter back and swim faster than 57.45 LCM World Record in the 100 meter back which he already has done in a non sanctioned meet. In fall of 2009, he hopes to go faster than the SCM World Record time of 25.05 in the 50 meter back, which he is .10 from and faster than the time of 54.82 in the SCM World Record time in the 100 meter back in the 25-29 age group. As a bonus, he would like to break the SCM National Record in the 50 meter fly at 24.98 and his best currently is 25.05 swam in the fall of 2008.

Kevin contributed an article about his workouts and training recently in the Nov/Dec 2008 USMS Swimmer magazine publication that is sent out to over 48,000 USMS registered masters swimmers. He has his own excellent website at www.kevindoak.com that he maintains where he discuss swimming topics and training tips on a daily basis. He features photos, videos, top times, and a blog to keep his family and friends updated on his progress. He discusses his self-disciplined approach to swimming fast and the challenges he faces to being a self coached swimmer. So why does Kevin spend a lot of time with his training and maintaining a website? Kevin says "I do it because I love it, and it's a blast." Kevin also says his goal is "to swim among the best athletes in the world while growing my business, improving my lifestyle, and maintaining my health." Kevin sees a future of balancing life with competitive swimming. Congratulations Kevin on receiving the 2008 Lawrence Award and good luck in the future.





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| INDIVIDUAL EVENT STATE RECORDS SET DURING<br>THE 2008 YEAR |    |         |        |           |          |                  |    | e Group | Course |            | Time     |
|--|----|---------|--------|-----------|----------|------------------|----|---------|--------|------------|----------|
| Name A   |    | e Group | Course | e Event   | Time     | Jason Mallory    | 28 | 25 - 29 | SCM    | 200 Back   | 2:12.26  |
| Derek Weaver   | 21 | 18 - 24 | SCM    | 1500 Free | 19:19.07 | David Eisenstein | 31 | 30 - 34 | SCY    | 50 Free    | :21.54   |
| Patrick Saucedo  | 25 | 25 - 29 | LCM    | 50 Fly    | :26.82   | Kevin Hafner     | 33 | 30 - 34 | SCY    | 1650 Free  | 17:31.62 |
| Kevin Doak   | 27 | 25 - 29 | LCM    | 50 Fly    | :25.84   | Kevin Hafner     | 33 | 30 - 34 | SCY    | 200 Back   | 1:58.09  |
| Patrick Saucedo  | 25 | 25 - 29 | LCM    | 50 Fly    | :25.84   | Kevin Hafner     | 33 | 30 - 34 | SCY    | 200 Breast | 2:13.96  |
| Patrick Saucedo  | 25 | 25 - 29 | LCM    | 100 Fly   | :59.95   | Kevin Hafner     | 33 | 30 - 34 | SCY    | 200 IM     | 1:57.81  |
| Patrick Saucedo  | 25 | 25 - 29 | LCM    | 100 Fly   | :59.18   | Kevin Hafner     | 34 | 30 - 34 | LCM    | 200 IM     | 2:18.32  |
| Kevin Doak   | 26 | 25 - 29 | SCY    | 50 Back   | :23.06   | Alec Mull        | 36 | 35 - 39 | SCM    | 50 Free    | :24.23   |
| Kevin Doak   | 27 | 25 - 29 | SCY    | 50 Back : | 23.01    | Alec Mull        | 36 | 35 - 39 | SCM    | 50 Fly     | :26.54   |
| Kevin Doak   | 27 | 25 - 29 | SCY    | 100 Back  | :50.48   | Alec Mull        | 36 | 35 - 39 | SCM    | 100 Fly    | :59.95   |
| Kevin Doak   | 27 | 25 - 29 | SCY    | 200 Back  | 1:53.44  | Alec Mull        | 36 | 35 - 39 | SCY    | 50 Free    | :21.74   |
| Kevin Doak   | 26 | 25 - 29 | SCY    | 50 Fly    | :22.64   | Alec Mull        | 36 | 35 - 39 | SCY    | 50 Free    | :21.49   |
| Kevin Doak   | 27 | 25 - 29 | SCY    | 100 IM    | :53.39   | Alec Mull        | 36 | 35 - 39 | SCY    | 100 Free   | :47.19   |
| Kevin Doak   | 27 | 25 - 29 | SCY    | 100 IM    | :52.63   | Alec Mull        | 36 | 35 - 39 | SCY    | 50 Fly     | :23.02   |
| Kevin Doak   | 27 | 25 - 29 | LCM    | 50 Back   | :26.75   | Alec Mull        | 36 | 35 - 39 | SCY    | 100 Fly    | :51.91   |
| Kevin Doak   | 27 | 25 - 29 | LCM    | 100 Back  | :57.00   | Alec Mull        | 36 | 35 - 39 | LCM    | 50 Free    | :24.82   |
| Kevin Doak   | 27 | 25 - 29 | LCM    | 200 Back  | 2:16.17  | Alec Mull        | 36 | 35 - 39 | LCM    | 50 Fly     | :26.06   |
| Kevin Doak   | 27 | 25 - 29 | LCM    | 50 Free   | :23.76   | Steve Bargwell   | 38 | 35 - 39 | SCM    | 200 Back   | 2:21.65  |
| Kevin Doak   | 27 | 25 - 29 | SCM    | 50 Fly    | : 25.05  | Mark Spore       | 40 | 40 - 44 | SCM    | 100 Breast | 1:16.30  |
| Kevin Doak   | 27 | 25 - 29 | SCM    | 100 IM    | :59.52   | Mark Spore       | 40 | 40 - 44 | SCM    | 200 Breast | 2:46.07  |



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| INDI√IDU      | <b>Name</b><br>Mike Schmitz | <b>Age</b> 49 | <b>Age Group</b><br>45 - 49 | Course<br>SCY | e Event  | <b>Time</b><br>:50.68 |    |         |     |           |          |
|---------------|-----------------------------|---------------|-----------------------------|---------------|----------|-----------------------|----|---------|-----|-----------|----------|
| Name          | Age Age                     | e Group       | Course                      | e Event       | Time     |                       | 40 | 45 40   |     |           |          |
| Jeff Bailey   | 41                          | 40 - 44       | SCM                         | 100 Free      | :56.84   | Scott Tyler           | 46 | 45 - 49 | SCY | 100 Free  | :48.99   |
| Jeff Bailey   | 41                          | 40 - 44       | SCM                         | 200 Free      | 2:08.04  | Mike Schmitz          | 49 | 45 - 49 | SCY | 100 Free  | :48.68   |
| Jeff Bailey   | 41                          | 40 - 44       | SCM                         | 400 Free      | 4:37.16  | Scott Tyler           | 46 | 45 - 49 | SCY | 100 Free  | :48.16   |
| Jeff Bailey   | 41                          | 40 - 44       | SCM                         | 100 Fly       | 1:03.90  | Scott Tyler           | 46 | 45 - 49 | SCY | 200 Free  | 1:51.95  |
| Daniel Israel | 40                          | 40 - 44       | SCY                         | 200 Free      | 1:47.55  | Scott Tyler           | 46 | 45 - 49 | SCY | 200 Free  | 1:50.94  |
| Daniel Israel | 40                          | 40 - 44       | SCY                         | 1000 Free     | 10:14.76 | Scott Tyler           | 46 | 45 - 49 | SCY | 200 Free  | 1:46.95  |
| Daniel Israel | 41                          | 40 - 44       | SCM                         | 100 Back      | 1:05.85  | Scott Tyler           | 46 | 45 - 49 | SCY | 200 Free  | 1:45.13  |
| Daniel Israel | 41                          | 40 - 44       | SCM                         | 200 Back      | 2:24.49  | Scott Tyler           | 46 | 45 - 49 | SCY | 500 Free  | 4:58.90  |
| David Hoydic  | 40                          | 40 - 44       | SCY                         | 50 Free       | :22.54   | Scott Tyler           | 46 | 45 - 49 | SCY | 500 Free  | 4:50.79  |
| John Allen    | 44                          | 40 - 44       | SCY                         | 200 Breast    | 2:21.09  | Mike Schmitz          | 49 | 45 - 49 | SCY | 100 IM    | :58.39   |
| John Allen    | 45                          | 45 - 49       | SCM                         | 200 Breast    | 2:47.74  | Scott Tyler           | 46 | 45 - 49 | SCY | 100 IM    | :57.22   |
| John Allen    | 45                          | 45 - 49       | SCM                         | 200 IM        | 2:30.36  | Mike Schmitz          | 49 | 45 - 49 | SCY | 100 IM    | :57.18   |
| John Allen    | 45                          | 45 - 49       | SCM                         | 400 IM        | 5:16.60  | Mike Schmitz          | 49 | 45 - 49 | SCY | 200 IM    | 2:10.64  |
| John Allen    | 45                          | 45 - 49       | LCM                         | 100 Breast    | 1:20.46  | Scott Tyler           | 46 | 45 - 49 | SCY | 200 IM    | 2:08.09  |
| Scott Tyler   | 47                          | 45 - 49       | SCM                         | 50 Free       | :25.46   | Jim Pogue             | 48 | 45 - 49 | SCM | 50 Fly    | :27.47   |
| Scott Tyler   | 46                          | 45 - 49       | SCY                         | 50 Free       | :22.54   | Jim Pogue             | 48 | 45 - 49 | SCM | 100 IM    | 1:06.73  |
| Scott Tyler   | 46                          | 45 - 49       | SCY                         | 50 Free       | :22.45   | Paul Creason          | 50 | 50 - 54 | SCY | 1000 Free | 11:15.11 |
| Mike Schmitz  | 49                          | 45 - 49       | SCY                         | 50 Free       | :22.36   | Paul Creason          | 50 | 50 - 54 | SCY | 1000 Free | 11:14.55 |
| Scott Tyler   | 46                          | 45 - 49       | SCY                         | 50 Free       | :22.19   | Paul Creason          | 50 | 50 - 54 | SCY | 1650 Free | 18:44.63 |
| Scott Tyler   | 46                          | 45 - 49       | SCY                         | 100 Free      | :50.88   | Paul Creason          | 50 | 50 - 54 | LCM | 1500 Free | 19:41.72 |



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| INDIVIDU∦         | Name A        | ge Ag                      | e Group | Course                    | e Event               | Time                             |          |                    |            |                    |                    |
|-------------------|---------------|----------------------------|---------|---------------------------|-----------------------|----------------------------------|----------|--------------------|------------|--------------------|--------------------|
|                   | THE 2008 YEAR |                            |         |                           |                       |                                  | 54       | 50 - 54            | SCM        | 100 Breast         | 1:15.11            |
| Name<br>Gary Bice | Age Ag<br>50  | <b>je Group</b><br>50 - 54 | Cours   | <b>e Event</b><br>50 Back | <b>Time</b><br>:27.67 | Randy Parker                     | 53       | 50 - 54            | SCY        | 200 Breast         | 2:29.90            |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 50 Back                   | :27.46                | Randy Parker                     | 54       | 50 - 54            | LCM        | 100 Breast         | 1:16.63            |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 50 Back                   | :26.77                | Randy Parker                     | 54       | 50 - 54            | LCM        | 200 Breast         | 2:56.37            |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 100 Back                  | 1:01.04               | Dan Stephenson                   | 51       | 50 - 54            | LCM        | 200 IM             | 2:25.75            |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 100 Back                  | :59.77                | Paul Nicholls                    | 55       | 55 - 59            | SCY        | 50 Breast          | :31.61             |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 100 Back                  | :58.87                | Paul Nicholls                    | 55       | 55 - 59            | SCY        | 50 Breast          | :31.44             |
| Gary Bice         | 50            | 50 - 54                    | SCY     | 200 Back                  | 2:12.77               | Paul Nicholls                    | 55       | 55 - 59            | SCY        | 100 Breast         | 1:09.50            |
| Mike Schmitz      | 50            | 50 - 54                    | SCM     | 50 Free                   | :26.38                | Paul Nicholls                    | 55       | 55 - 59            | SCY        | 100 Breast         | 1:09.06            |
| Mike Schmitz      | 50            | 50 - 54                    | SCM     | 100 Free                  | :59.04                | Paul Nicholls                    | 55       | 55 - 59            | SCY        | 200 Breast         | 2:34.50            |
| Mike Schmitz      | 50            | 50 - 54                    | SCM     | 100 IM                    | 1:07.84               | Paul Nicholls                    | 56       | 55 - 59            | LCM        | 100 Breast         | 1:22.53            |
| Jonathan Riggs    | 51            | 50 - 54                    | SCM     | 50 Back                   | :32.14                | Paul Nicholls                    | 56       | 55 - 59            | LCM        | 200 Breast         | 3:03.00            |
| Gary Bice         | 51            | 50 - 54                    | SCM     | 50 Back                   | :31.81                | Frank Thompson                   | 57       | 55 - 59            | SCM        | 400 Free           | 4:56.74            |
| Gary Bice         | 51            | 50 - 54                    | SCM     | 100 Back                  | 1:09.06               | Frank Thompson                   | 57       | 55 - 59            | SCM        | 800 Free           | 10:09.90           |
| Gary Bice         | 51            | 50 - 54                    | SCM     | 200 IM                    | 2:37.87               | Frank Thompson<br>Frank Thompson | 57<br>57 | 55 - 59<br>55 - 59 | SCM<br>SCM | 200 Back<br>200 IM | 2:36.77<br>2:43.70 |
| Jonathan Riggs    | 51            | 50 - 54                    | SCM     | 50 Fly                    | :30.55                | Jay Mahler                       | 60       | 60 - 64            | SCM        | 50 Breast          | :32.97             |
| Gary Bice         | 51            | 50 - 54                    | SCM     | 50 Fly                    | :29.61                | Jay Mahler                       | 60       | 60 - 64            | SCY        | 100 Breast         | 1:15.05            |
| Brian Tyler       | 51            | 50 - 54                    | SCM     | 50 Fly                    | :29.50                | Jay Mahler                       | 60       | 60 - 64            | SCY        | 200 Breast         | 2:45.54            |
| Paul Karas        | 53            | 50 - 54                    | SCM     | 200 Free                  | 2:13.78               | Gaard Arneson                    | 60       | 60 - 64            | SCY        | 500 Free           | 5:44.12            |
| Paul Karas        | 53            | 50 - 54                    | SCM     | 100 Fly                   | 1:08.74               | Gaard Arneson                    | 60       | 60 - 64            | SCY        | 1000 Free          | 12:04.13           |
| Randy Parker      | 54            | 50 - 54                    | SCM     | 50 Breast                 | :34.02                | 240.47 41100011                  |          |                    |            |                    |                    |



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### 2008 MICHIGAN MASTERS STATE RECORDS

| INDIVIDUA               | Name A              | ge Ag                      | e Group | Cours           | e Event                | Time                    |          |         |     |           |                    |
|-------------------------|---------------------|----------------------------|---------|-----------------|------------------------|-------------------------|----------|---------|-----|-----------|--------------------|
|                         | Т                   | HE 2008                    | 8 YEAR  |                 |                        | Elmer Egelkraut         | 75       | 75 - 79 | SCM | 200 Fly   | 4:18.95            |
| Name A<br>Gaard Arneson | <b>.ge Ag</b><br>60 | <b>je Group</b><br>60 - 64 | Course  | Event<br>400 IM | <b>Time</b><br>5:34.01 | Elmer Egelkraut         | 75       | 75 - 79 | SCM | 400 IM    | 8:27.50            |
| Gaard Arneson           | 60                  | 60 - 64                    | LCM     | 400 Free        | 5:16.38                | Wallie Jeffries         | 76       | 75 - 79 | SCY | 100 Free  | 1:12.69            |
| Gaard Arneson           | 60                  | 60 - 64                    | LCM     | 800 Free        | 10:46.79               | Wallie Jeffries         | 76       | 75 - 79 | SCY | 200 Free  | 2:33.84            |
| Erik Lokensgard         | 66                  | 65 - 69                    | SCM     | 50 Back         | :37.82                 | Wallie Jeffries         | 76       | 75 - 79 | SCY | 500 Free  | 6:55.19            |
| Erik Lokensgard         | 66                  | 65 - 69                    | SCM     | 100 Back        | 1:20.54                | Wallie Jeffries         | 76       | 75 - 79 | SCY | 1000 Free | 14:05.38           |
| Frank Cody              | 68                  | 65 - 69                    | LCM     | 200 Breast      | 3:31.93                | Wallie Jeffries         | 76       | 75 - 79 | SCY | 200 IM    | 3:19.05            |
| Frank Cody              | 68                  | 65 - 69                    | LCM     | 200 Breast      | 3:29.31                | Wallie Jeffries         | 76       | 75 - 79 | SCY | 400 IM    | 7:08.33            |
| Ray Martin              | 71                  | 70 - 74                    | SCM     | 800 Free        | 13:48.21               | Don Korten              | 81       | 80 - 84 | SCY | 1650 Free | 35:37.70           |
| Carl Woolley            | 72                  | 70 - 74                    | SCM     | 800 Free        | 12:37.71               | Bob Doud                | 85       | 85 - 89 | SCM | 400 Free  | 11:30.63           |
| Carl Woolley            | 71                  | 70 - 74                    | SCY     | 1000 Free       | 14:37.81               | Bob Doud                | 85       | 85 - 89 | SCM | 50 Breast | 1:20.75            |
| Carl Woolley            | 71                  | 70 - 74                    | SCY     | 1650 Free       | 24:45.12               | Bob Doud                | 85       | 85 - 89 | SCM | 50 Fly    | 1:13.68            |
| Allan Charlton          | 71                  | 70 - 74                    | SCM     | 50 Back         | :38.87                 | Bob Doud                | 85       | 85 - 89 | SCM | 100 Fly   | 2:45.10            |
| Allan Charlton          | 71                  | 70 - 74                    | SCM     | 100 Back        | 1:30.56                | Bob Doud                | 85       | 85 - 89 | SCM | 200 Fly   | 6:43.79            |
| Allan Charlton          | 71                  | 70 - 74                    | SCY     | 50 Back         | :35.41                 | Bob Doud                | 85       | 85 - 89 | SCM | 100 IM    | 2:50.70            |
| Ray Martin              | 70                  | 70 - 74                    | SCY     | 50 Back         | :34.88                 | Bob Doud                | 85       | 85 - 89 | SCM | 400 IM    | 13:08.94           |
| Alan Charlton           | 71                  | 70 - 74                    | SCY     | 50 Back         | :34.74                 | Bob Doud                | 85       | 85 - 89 | LCM | 800 Free  | 26:00.50           |
| Ray Martin              | 70                  | 70 - 74                    | SCY     | 100 Back        | 1:17.79                | Bob Doud                | 85       | 85 - 89 | LCM | 50 Fly    | 1:16.69            |
| Ray Martin              | 70                  | 70 - 74                    | SCY     | 200 Back        | 2:49.49                | Bob Doud                | 85       | 85 - 89 | LCM | 100 Fly   | 2:59.28            |
| Elmer Egelkraut         | 75                  | 75 - 79                    | SCM     | 100 Free        | 1:27.99                | Bob Doud<br>Donald Pope | 85<br>93 | 85 - 89 | LCM | 200 Fly   | 6:47.13<br>3:05.30 |
| Elmer Egelkraut         | 75                  | 75 - 79                    | SCM     | 200 Free        | 3:11.92                | Бонаш Роре              | 90       | 90 - 94 | SCY | 50 Free   | 3.03.30            |

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United States Masters Swimming Website is: www.usms.org

A A A A A A (c)swingraphics com

Year End Review 2008

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| INDI√IDU                   | ENT STATE<br>THE 2008 | <b>Name</b><br>Sherry Puthoff | <b>Age</b><br>60 | <b>Age Group</b><br>60 - 64 | Course<br>SCY          | Event<br>200 Back | <b>Time</b><br>2:49.42 |         |      |                |          |
|----------------------------|-----------------------|-------------------------------|------------------|-----------------------------|------------------------|-------------------|------------------------|---------|------|----------------|----------|
| <b>Name</b><br>Donald Pope | <b>Age</b><br>93      | <b>Age Group</b><br>90 - 94   | Course<br>SCY    | Event                       | <b>Time</b><br>1:56.93 | Sherry Puthoff    | 60                     |         | SCY  | 50 Fly         | :34.33   |
| Donald Pope                | 93                    | 90 - 94                       | SCY              | 100 Free                    | 4:38.01                | Sherry Puthoff    | 60                     | 60 - 64 | SCY  | 100 IM         | 1:19.99  |
| Donald Pope                | 93                    | 90 - 94                       | SCY              | 50 Back                     | 2:02.00                | Sherry Puthoff    | 60                     | 60 - 64 | SCY  | 100 IM         | 1:18.16  |
| Donald Pope                | 93                    | 90 - 94                       | SCY              | 50 Back                     | 1:55.05                | Jennifer Parks    | 64                     |         | SCY  | 1650 Free      | 25:23.82 |
| Donald Pope                | 93                    | 90 - 94                       | SCY              | 100 Back                    | 4:06.96                | Jennifer Parks    | 65                     | 65 - 69 | SCM  | 800 Free       | 13:51.71 |
| Kerry Frame                | 42                    | 40 - 44                       | LCM              | 200 Back                    | 3:00.27                | Jennifer Parks    | 65                     | 65 - 69 | SCM  | 1500 Free      | 26:03.50 |
| Kerry Frame                | 42                    | 40 - 44                       | LCM              | 100 Fly                     | 1:22.64                | Jennifer Parks    | 65                     | 65 - 69 | LCM  | 400 Free       | 7:01.07  |
| Suzanne Grebe              | 47                    | 45 - 49                       | SCM              | 50 Breast :                 | 44.43                  | Jennifer Parks    | 65                     | 65 - 69 | LCM  | 400 Free       | 6:55.19  |
| Suzanne Grebe              | 47                    | 45 - 49                       | SCM              | 100 Breast                  | 1:36.86                | Jennifer Parks    | 65                     | 65 - 69 | LCM  | 800 Free       | 14:18.83 |
| Suzanne Grebe              | 47                    | 45 - 49                       | SCM              | 100 Breast                  | 1:35.93                | Jennifer Parks    | 65                     | 65 - 69 | LCM  | 800 Free       | 14:14.27 |
| Suzanne Grebe              | 47                    | 45 - 49                       | SCM              | 200 Breast                  | 3:24.68                | Jennifer Parks    | 65                     | 65 - 69 | LCM  | 1500 Free      | 26:56.91 |
| Suzanne Grebe              | 47                    | 45 - 49                       | SCM              | 200 Breast                  | 3:23.61                | Edith Glusac      | 90                     | 90 - 94 | SCM  | 50 Back        | 1:20.79  |
| Nancy Servo                | 47                    | 45 - 49                       | SCY              | 50 Breast                   | :37.67                 | Edith Glusac      | 90                     | 90 - 94 | SCM  | 50 Breast      | 1:49.95  |
| Lezlie Gruenler            | 45                    | 45 - 49                       | SCY              | 100 Breast                  | 1:23.42                |                   | 18                     | -22     | Ann  |                |          |
| Marilyn Early              | 51                    | 50 - 54                       | LCM              | 1500 Free                   | 22:44.15               | 1                 |                        | -       | 1    |                |          |
| Marilyn Early              | 51                    | 50 - 54                       | LCM              | 200 IM                      | 3:09.41                | 1                 |                        |         |      | 1              |          |
| Marilyn Early              | 51                    | 50 - 54                       | LCM              | 400 IM                      | 6:45.45                |                   |                        |         |      | 10<br>10       |          |
| Sally Guthrie              | 58                    | 55 - 59                       | SCM              | 400 IM                      | 6:53.81                | -                 |                        |         |      | a la constante |          |
| Sherry Puthoff             | 60                    | 60 - 64                       | SCY              | 100 Back                    | 1:21.25                | 2                 |                        |         | 2    |                |          |
| Sherry Puthoff             | 60                    | 60 - 64                       | SCY              | 100 Back                    | 1:17.17                |                   |                        |         | swir | ngraphics      | com      |



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## RELAY EVENT STATE RECORDS SET DURING THE 2008 YEAR

| Name Ty           | ype | Age Group |     | Relay      | Time     | Name            | Туре        | Age Group | Course | Relay      | Time     |
|-------------------|-----|-----------|-----|------------|----------|-----------------|-------------|-----------|--------|------------|----------|
| Michigan Masters  | Μ   | 35+       | SCY | 400 Medley | 4:01.18  | Michigan Master | rs M        | 280 - 319 | LCM    | 400 Medley | 7:28.39  |
| Michigan Masters  | Μ   | 35+       | SCY | 800 Free   | 8:14.00  | Michigan Master | rs M        | 280 - 319 | LCM    | 800 Free   | 15:34.17 |
| Michigan Masters  | Μ   | 45+       | SCY | 400 Free   | 3:34.37  | Michigan Master | rs MX       | 240 - 279 | LCM    | 800 Free   | 11:40.13 |
| Michigan Masters  | Μ   | 45+       | SCY | 400 Medley | 4:05.23  | Michigan Master | rs M        | 65+       | SCY    | 400 Free   | 5:16.96  |
| Michigan Masters  | Μ   | 45+       | SCY | 800 Free   | 8:33.34  | Michigan Master | rs M        | 65+       | SCY    | 400 Medley | 5:15.05  |
| Michigan Masters  | Μ   | 200 - 239 | SCM | 200 Free   | 1:43.98  | Michigan Master | rs M        | 280 - 319 | SCM    | 200 Free   | 2:37.74  |
| Michigan Masters  | М   | 160 - 199 | SCM | 200 Medley | 2:00.60  | Michigan Master | rs M        | 280 - 319 | SCM    | 200 Medley | 3:00.74  |
| Michigan Masters  | W   | 160 - 199 | SCM | 400 Medley | 7:02.26  | Michigan Master | rs M        | 280 - 319 | SCM    | 400 Free   | 5:49.59  |
| Michigan Masters  | W   | 200 - 239 | SCM | 400 Medley | 8:38.64  | Michigan Master | rs M        | 280 - 319 | SCM    | 400 Medley | 6:48.62  |
| Michigan Masters  | W   | 160 - 199 | SCM | 400 Free   | 5:12.77  | Michigan Master | rs M        | 280 - 319 | SCM    | 800 Free   | 13:18.47 |
| Michigan Masters  | W   | 160 - 199 | SCM | 800 Free   | 11:23.91 |                 |             | ***       |        |            |          |
| Michigan Masters  | Μ   | 240 - 279 | SCM | 800 Free   | 13:54.19 |                 |             | * *       | 614    |            |          |
| Michigan Masters  | Μ   | 35+       | SCY | 200 Free   | 1:28.90  |                 | *           |           | Phi    |            |          |
| Michigan Masters  | Μ   | 35+       | SCY | 200 Medley | 1:40.03  |                 |             |           |        |            |          |
| Doughboy Aquatics | М   | 45+       | SCY | 200 Free   | 1:30.46  | Come            | and         | Swim      | at th  | ne Mic     | hi- 🚦    |
| Michigan Masters  | М   | 45+       | SCY | 200 Free   | 1:29.33  |                 | <b>Nast</b> |           |        | hampio     | on- 🛢    |
| Doughboy Aquatics | М   | 45+       | SCY | 200 Medley | 1:45.77  |                 | •           | meet t    | •      |            |          |
| Michigan Masters  | М   | 45+       | SCY | 200 Medley | 1:43.22  | It wi           |             | held o    |        | ke Or      | ion      |
| SOS               | MX  | 65+       | SCY | 200 Medley | 2:50.57  |                 |             | Natato    | rium   |            |          |
| Michigan Masters  | W   | 160 - 199 | LCM | 800 Free   | 11:36.85 |                 | Aarcl       | n 27 -    | 29,    | 2009       |          |
| Michigan Masters  | М   | 280 - 319 | LCM | 400 Free   | 6:20.52  | Checl           | k the       | website   | e for  | details    | ••••     |
|                   |     |           |     |            |          | <b>.</b>        |             |           |        |            |          |

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