

MICHIGAN MASTERS SWIMMING Year-End Review for 2008

FAST WINS 1ST LARGE TEAM STATE CHAMPIONSHIP



This year marked the occasion of the 36th Annual Michigan Masters Swimming State Championships. About 292 swimmers from 28 teams turned up at Eastern Michigan University's Michael Jones Aquatic complex during the weekend of April 18 – 20, to participate in this traditional event

The Ford Athletic Swim & Tri club won their 1st Large Team Combined Championship in their team history after taking 2nd place 6 times (97, 98, 99, 02, 06, 07). FAST won the Large Team Women's Championship category as well. Battle Creek YMCA (BCYM) won the Large Team Men's Championship. The win marked their 12th non combined title in the last 12 years. Ann Arbor won the Small Team combined State Championship for their 1st Small Team Championship. It was the teams 4th combined title in Championship in their team's history.

Kevin Doak set the only USMS National Record in the meet in the 25-29 age group 50 Yard Back. He broke the record by .02 in a time of 23.01. Forty five LMSC State Records (2 Women, 40 Men, 3 Relays) were set during the course of the meet. There were 85 State Championship Meet Records (17 Women, 58 Men, and 10 Relays) set during the course of the meet. Results, Records, High Points for both Team and Individuals are included in the results section of the Michigan Masters website.

A well deserved thank you goes out to all of the volunteers for the planning and execution of the meet. This was the 8th time this facility hosted this event and as always Michigan Masters appreciates their efforts. Special thanks goes to George Newman and Ken Shively for their always excellent officiating conducting during the meet. And finally a thank you goes out to all of the 292 swimmers that swam in the

their history. **Dutch Masters** won the Women's Small Team Championship the 2^{nd} for time in their 9 year history. The Down River YMCA (DRY) won the Men's Team Small Championship for their 1st



36th annual meet.

By Skip Thompson

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Michigan Masters Website is: www.michiganmasters.com

United States Masters Swimming Website is: www.usms.org



Year End Review 2008

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2008 MICHIGAN MASTERS AWARD WINNERS

PAUL CHAFFEE RECEIVES THE 2008 MICHIGAN MASTERS CHETRICK AWARD

The Chetrick Award has been awarded since 1978 and is given annually to those who have given outstanding service and/ or best exemplify the spirit and commitment to Michigan Masters Swimming. Paul personifies these traits.

Paul Chaffee's swimming background began at the old downtown Kalamazoo YMCA during the early 1950's where he went through the sequence of swim classes known as Minnows, Advanced Minnows, Fish, Flying Fish, and Shark. Paul loved the water. Sometime during the mid-1950's, the Kalamazoo YMCA organized an age-group swim team which competed against other YMCA's in Michigan.

Paul's competitive swimming experience began as a member of the Kalamazoo Y's first swim team. The first swim meet was conducted in a three lane 20 yard pool located in the basement of the old YMCA. Paul's initial experience garnered first place ribbons in the 40 yard freestyle and 100 yard freestyle. Paul was hooked on competitive swimming.

Paul swam for Kalamazoo Central High School (1958-1961) when the team trained in a 20 yard four lane pool at Lincoln Junior High School. At that time, Kalamazoo competed in a conference known as the Six-A Conference which included Ann Arbor Pioneer, Jackson, Battle Creek Central, Lansing Sexton, and-Lansing Eastern.

After high school, Paul went to Western Michigan University where he swam three years for Coach Ed Gabel. The Broncos were MAC champions in 1963 and 1964. Paul was also asked by the Kalamazoo YMCA to coach the age group swim team during his last two years in college. Paul's coaching debut was a success with the girls 9-10 and boys 11-12 age groups winning state

championships. The over-all team finished third in the state meet. Paul admits that he was fortunate to be part of programs that had sound foundations for success. Paul graduated from Western Michigan in 1966 with a secondary school teaching certificate and major in English/Social Studies.

Paul was hired by Owosso Public Schools to teach English and coach the first ever swim team in Owosso in 1966. The pool basically had ropes with a few floats for lane markers, and the boys wore boxer swim suits for the meets. By the end of the first competitive season (1967), this changed. We had competitive lane markers, and the swimmers wore racing suits. With a lot of hard work and tremendous improvement, Owosso High won the conference championship in its third year of competitive swimming. Paul also successfully encouraged the local YMCA to sponsor an age group swim team.

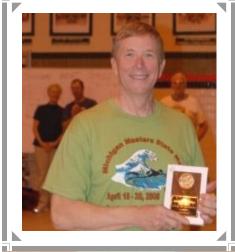
Paul retired from coaching high school swimming in 1970 so he could raise a family and attend Michigan State University to study for his master's degree in English. Paul has been actively promoting and competing in swimming as well as officiating high school meets for the past 35 years. Paul, now 66 years old, is retired after years of teaching at Owosso High School, Lansing Community College, and selling insurance.

Paul started swimming in the fall of 1994. He started swimming with Jerry Fish in Owosso and Jerry convinced him to go to some masters meets and try it out. He went to the meets and became acquainted with swimmers he swam with in college at Western Michigan like Ron Pohlonski and George Runciman. He enjoyed the experiences in his first 4 years and has never missed a year since joining.

In the fall of 1998, Paul decided to start a swim and triathlon team in the greater Lansing area because since 1990, no one had done anything to get groups working out together and going to swim meets. CATS was formed and Paul has been its leader since its inception. He coordinates practices at the different locations that members swim and coaches practices at the Michigan Athletic Club. The group has 4 different workout locations around the area at various High Schools, Oak Park YMCA, and Lansing Community College. He is the Newsletter Editor for CATS and prepares and distributes 100 to 125 Newsletters four times a year to members and keeps them informed of events and happenings in both swimming and triathlon.

Paul got involved as a Michigan Masters Officer and Board member in 2001 and served three 2 year terms as Secretary. He has run the CATS local swim meet for the last 9 years and thru

> his leadership the meets have successfully used the Hytec Meet Manager system making it easier on all of the volunteers for the meet. Paul had open heart surgery about 3 years ago so he does not compete and go to meets as much as he used to. He still finds time to train and has attended the State Meet for 14 straight years. He officates High School meets in the Lansing area and has been an official for many occasions at the Boys and Girls High School State Meets. He received a MHSSA Service Award from the Mich. High School for long term service as HS official for 35 years. Congratulations on receiving the 2008 Chetrick Award and good luck in the future.





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GEORGE NEWMAN RECEIVES MICHIGAN MASTERS LIFETIME ACHIEVEMENT AWARD

On April 19, 2008 at the Michigan Masters State Championship Meet, George Newman was presented the prestigious Lifetime Achievement Award. The recipient of this award is an individual who has demonstrated outstanding voluntary contributions and a lifetime dedication and devotion to the objectives of Masters swimming in Michigan. George personifies this not only with his dedication to Masters swimming but with all of his contributions to swimming. George has been involved with being a registered official for over 40 years getting his start with the AAU. He has been involved with Masters swimming since its inception and remembers the first meet he officiated was in 1972 at the Birmingham YMCA and he has not missed a year since Michigan Masters started and is currently the longest masters volunteer in the history of Michigan Masters.

He has been a Referee, Starter, and Stroke and Turn Judge at approximately 75% of the local meets. He has officiated in 31 of 36 Michigan Masters State Championship Meets and two Great Lakes Zone Championships. He was the head Referee when Michigan Masters hosted the 1979 AAU Long Course Nationals in Dearborn and was the Assistant head Referee when Michigan Masters hosted the 1996 USMS Long Course Nationals at the University of Michigan. Along with these meets he has been involved in officiating the swimming at the Michigan Senior Olympics and in 2007 was the Meet Director of the Annual Sen-

from 1988 until 1992 and had set some Long Course records in the 400 and 800 meter Free in the 18-24 age group. George says his wife Ida, doesn't believe in getting wet past the knees.

George was introduced to coaching swimming at Detroit Eastern High School in the early 1960's and he states it is probably because I was the only staff member who could swim. His prize swimmer during that time period was Jim McMillan, who won the 1962 Michigan High School Class A State Championship in the 50 and 100 Yard Free. His time of 22.4 in the 50 Free was 7th and his time of 50.5 in the 100 Free was 17th in the country. He was selected as a 1962 NISCA All American in swimming. Jim went on to earn All American honors at Michigan State University in the 100 and 200 yard Free and both the 400 Free and 400 Medley Relays. He also made the finals in the 100 meter Free at the 1964 Olympic Trials and also competed at the 1968 Olympic Trials. He also coached Coy Booth, a diver who finished in the top ten of divers at the High School State Championship. In 1970, George moved to Detroit Southeastern High School as the Athletic Director. Once again, George had to become the swim coach or the program would be dropped. The most notable swimmer during those years was Antoine Kyser, who in the 1983/1984 swam a 20.7 for the 50 yard Free. However, he never broke 50.0 for the 100 yard Free. George retired from teaching and coaching for the Detroit Public School System in 1997.

ior Games Swimming Championships. Many masters swimmers and senior games athletes know of George because he has been involved so much with these meets.

Swimming runs in the Newman family. George swam for Detroit Northwestern High School from 1946 to 1948 and the school won the 1948 Metropolitan Detroit Championship Meet. In those days Metropolitan City High Schools had separate championships and did not compete in the State Championship because that was for suburban and rural high school teams and this didn't change until sometime in the 1950's. Future Olym-



pic Gold medalist Clark Scholes and two time NCAA Champion Fletcher Gilders competed at these 1948 championships so the competition was at a very high level. George's son Tim, swam for Groves High School from 1979 until 1982 for legendary coach John Wieck and his daughter, Carrie swam for Groves High School from 1981 until 1984 and also swam in masters

George's officiating career began when he was student teaching and was sent to referee a meet that his supervising teacher could not attend. He was off and pruning as a swimming referee and little did he know at that time that he would be doing this so passionately in years to come. Since that time he has officiated AAU age group, High School, NCAA, Michigan Inter Club Swimming, USA Swimming, and US Masters Swimming. Highlights include the NCAA National Championships at Cleveland State in both 1977 and 1979. The US Open in 1993, and the 1994 Central Zone Championships at the University

of Michigan. Several Mid-American Championships hosted by Eastern Michigan University. Michigan High School State Championships beginning in 1990 and most recently the Girls State High School Championship at Oakland University. This

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GEORGE NEWMAN LIFETIME ACHIEVEMENT AWARD......continued from Page 3

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will be the 38th year that he has been involved in masters swimming. George received the Chetrick Award in 1992 from Michigan Masters for his outstanding service to the Michigan LMSC.

George is the Michigan Officials Chairman for US Masters Swimming and represents our Michigan LMSC for the national governing body. He attended the 2006 USAS Convention held here in Dearborn, Michigan and still remains active with US Masters Officials Committee as a liaison between the local and national level. George does really enjoy these experiences and as long as he is enjoying the meets and officiating, he will continue. What is interesting about George is that he spans almost 3 generations of swimmers that he officiates at meets. Swimmers from the 60 age group down to the 18 age group would remember George officiating some time during their swimming career in Michigan either in age group, high school, country club, or college and they reconnect with him in masters swimming. He keeps the meets moving and interesting and that is what swimmers remember about George. He is very fair and if you are disqualified

for some infraction, then you know you committed a foul. Congratulations George for this very deserving award and good luck in the future!

DOAK **KEVIN RECEIVES THE 2008 MICHI-**GAN MASTERS LAWRENCE

The Lawrence Award is given annually to those who have achieved outstanding performances in masters swimming representing Michigan Masters. Kevin began swimming in the masters program in 2005. Since that time he has been named a USMS All American 4 straight times (2005, 2006, 2007, and 2008). In the 2007/2008, Kevin set 9 USMS National Records in the 25-29 age group mainly in the 2007 three meet TYR Grand Prix series where he set 5 USMS National Records in the 50 and 100 meter back events just missing World Record marks by the slightest of margins of .10 in the 50 back. For his efforts he was named the outstanding swimmer of the 2007 TYR Grand Prix series. Kevin was nominated as one of the outstanding masters in the world in 2007 for his record breaking performances and was written up in article in the February 2008 issue of Swimming World magazine. In the 2007 and 2008 USMS Top Ten Tabulations, Kevin has 15 Number 1 swims and has Number 1

swim in all three courses (SCY, LCM, SCM) for two straight years. In 2007, he was the only swimmer in the Michigan LMSC that was named a USMS All Star for the most first places of any swimmer in the country for the 25-29 age group which is considered one of the most competitive in all of USMS.

Kevin swam for the Brighton Eels as an age group swimmer and his swimming really began to take off when he swam for Brighton High School, swimming for Coach Sean Hickman. In his junior year of High School in 1998, he swam a time of 53.05 for an 8th place in the consolation finals at the MHSAA Class A State Championships. In his senior year of High School in 1999, at this same championship, he improved to 2nd in the 100 yard back to Bill Sargent. His time of 51.30 was 14th in the country and he was named a 1999 NISCA All American. He enrolled at Eastern Michigan University and swam on the varsity team and was a letter winner from1999 -2003. He still holds the EMU school varsity record in the 100 yard back with a time of 48.51 and was also was part of the record holding 200 Medley (1:29.48). He was a three-time first team All-Mid-American Conference selection winning 10 titles during his four year career at EMU. He was a member of the MAC Champion 400 Medley relay all four years, helping the relay team to titles in 2000, 2001, 2002, and 2003. His 200 Medley relay team captured the MAC title in 2001, 2002, and 2003. Individually, he won the 100 yard back at the MAC Conference meet in 2001, 2002, and 2003.

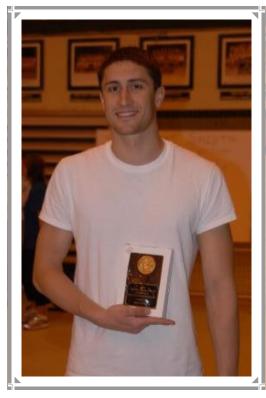
In 2005 and 2006, Kevin only swam at the Michigan Masters State Meet and had placed 1st in the USMS Top Ten in 3 events. He was busy starting his own business and swimming was just a hobby in his spare time. After the 2007 Michigan Masters State Meet, Kevin started to swim all year around and swam in his first ever long course meet at the annual masters meet in Dearborn. It was at this time he had thought that he had a chance to make the Olympic Trials time standard in the 100 meter back and thus his dream could be become an objective and a reality if he were to work hard and devote more time to his training. That year he swam a time of 1:01.67 and had almost 4 seconds to drop to make the 57.99 Olympic Trial time standard. In January of 2006, Kevin went to the funeral of his friend Erik Namesnik, the former Olympian and assistant coach for both Michigan and EMU. John Urbanchek spoke at the eulogy and recited a quote about Erik that Kevin has never forgotten. It was, "A dream is a dream, until you decide to do something about it." If only you believe, if only you work towards something, than can you achieve it? Kevin says, "If it is possible, I don't care what it is. It is possible, if only you believe it."Goals are going to be hard, there are going to take work, but if there possible then you have to do what it takes to achieve them and then the dream becomes reality. Kevin believed these words and true to form starting training to make the Olympic Trials time standards to have a chance to make the 2008 Olympic Team.

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KEVIN DOAK LAWRENCE AWARD......continued from Page 4

He had less than a year to make his goal a reality and started to devote more time to swimming in the fall of 2007. He would use the masters sanction meets to benchmark his progress. The first of these meets were the 2007 TYR Grand Prix which he set 5 USMS Records. In January of 2008, at the Lake Orion meet, he set his first SCY National Record in the 50 yard back with a time of 23.06 breaking the old record of 23.09 and at the same meet set a pool record in the 100 yard back. His next big breakthrough was the 2008 USA Central Zone Sectional meet in Indianapolis. This was only his second long course meters meet in his life and he managed to go a 58.54 for the 100 meter back and was within .55 of making the standard. A week later at the Toyota Grand Prix at Ohio State University , he swam a 57.00 in the 100 meter back and achieved his goal of making the Olympic Trial standard time. He also broke the USMS National Record of



58.24 set by John Keppeler in 1992. He went faster than the FINA World Record of 57.45. but because this swim was not performed in a USMS sanctioned meet, he only gets credit for the National Record and must perform this swim in a masters sanctioned meet per FINA swimming rules. With this swim he was eligible to swim in the Olympic Trials in Omaha and started to train for this for the

next 3 months. He was the 5th swimmer in Michigan Masters history to make an Olympic Trial standard as a USMS masters swimmer. Rob Peel, Dyne Burrell, Sheila Taormina, and Joe Tristan were the other swimmers to achieve this honor.

Kevin attended the 2008 Masters State Meet at EMU for one last shot at breaking the USMS National Record in the 100 Yard Back. A week before the meet his USMS National Record in the 50 back was broken by Matthew Marshall by .03 at 23.03 and he made it a goal to get his 50 record back. On the Saturday of the meet he did just that and swam a 23.01 and got the record back. Swimming the 100 back on second day of the meet and his 8th

event including relays, swam a time of 50.48 which was short of the 49.83 National Record. At the 2008 USMS Nationals in Austin TX, William Liscinsky broke Kevin' National Record of 23.01 and performed a time of 22.89 in the 50 yard back. At the 2008 Olympic Trials in Omaha, Kevin swam a time of 57.73 for 66th place. He wanted to swim faster than his best time of 57.00, but he set a goal, did what it took to achieve it, and came away from the experience positive, confident, and happy. Kevin set his 9th USMS National Record on July 20, 2008 at the Dearborn masters meet. He swam a 26.75 in the 50 meter back to break the old USMS record of 27.42 set in 1993. He missed the World Record of 26.68 and that is goal that he will work on in the future.

Currently, Kevin holds all of the USMS National Records in the 50 and 100 distances in SCM and LCM. His goal in 2009 is to break the 50 and 100 yard back records of 22.89 and 49.83 respectively. He is currently .12 off of the 50 and .65 off in the 100 yard distance. He has time trialed recently and went faster than 49.83 so this is a very realistic goal. This summer he hopes to go faster than the LCM World Record time of 26.68 in the 50 meter back and swim faster than 57.45 LCM World Record in the 100 meter back which he already has done in a non sanctioned meet. In fall of 2009, he hopes to go faster than the SCM World Record time of 25.05 in the 50 meter back, which he is .10 from and faster than the time of 54.82 in the SCM World Record time in the 100 meter back in the 25-29 age group. As a bonus, he would like to break the SCM National Record in the 50 meter fly at 24.98 and his best currently is 25.05 swam in the fall of 2008.

Kevin contributed an article about his workouts and training recently in the Nov/Dec 2008 USMS Swimmer magazine publication that is sent out to over 48,000 USMS registered masters swimmers. He has his own excellent website at www.kevindoak.com that he maintains where he discuss swimming topics and training tips on a daily basis. He features photos, videos, top times, and a blog to keep his family and friends updated on his progress. He discusses his self-disciplined approach to swimming fast and the challenges he faces to being a self coached swimmer. So why does Kevin spend a lot of time with his training and maintaining a website? Kevin says "I do it because I love it, and it's a blast." Kevin also says his goal is "to swim among the best athletes in the world while growing my business, improving my lifestyle, and maintaining my health." Kevin sees a future of balancing life with competitive swimming. Congratulations Kevin on receiving the 2008 Lawrence Award and good luck in the future.





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INDIVIDUAL EVENT STATE RECORDS SET DURING THE 2008 YEAR								e Group	Course		Time
Name A		e Group	Course	e Event	Time	Jason Mallory	28	25 - 29	SCM	200 Back	2:12.26
Derek Weaver	21	18 - 24	SCM	1500 Free	19:19.07	David Eisenstein	31	30 - 34	SCY	50 Free	:21.54
Patrick Saucedo	25	25 - 29	LCM	50 Fly	:26.82	Kevin Hafner	33	30 - 34	SCY	1650 Free	17:31.62
Kevin Doak	27	25 - 29	LCM	50 Fly	:25.84	Kevin Hafner	33	30 - 34	SCY	200 Back	1:58.09
Patrick Saucedo	25	25 - 29	LCM	50 Fly	:25.84	Kevin Hafner	33	30 - 34	SCY	200 Breast	2:13.96
Patrick Saucedo	25	25 - 29	LCM	100 Fly	:59.95	Kevin Hafner	33	30 - 34	SCY	200 IM	1:57.81
Patrick Saucedo	25	25 - 29	LCM	100 Fly	:59.18	Kevin Hafner	34	30 - 34	LCM	200 IM	2:18.32
Kevin Doak	26	25 - 29	SCY	50 Back	:23.06	Alec Mull	36	35 - 39	SCM	50 Free	:24.23
Kevin Doak	27	25 - 29	SCY	50 Back :	23.01	Alec Mull	36	35 - 39	SCM	50 Fly	:26.54
Kevin Doak	27	25 - 29	SCY	100 Back	:50.48	Alec Mull	36	35 - 39	SCM	100 Fly	:59.95
Kevin Doak	27	25 - 29	SCY	200 Back	1:53.44	Alec Mull	36	35 - 39	SCY	50 Free	:21.74
Kevin Doak	26	25 - 29	SCY	50 Fly	:22.64	Alec Mull	36	35 - 39	SCY	50 Free	:21.49
Kevin Doak	27	25 - 29	SCY	100 IM	:53.39	Alec Mull	36	35 - 39	SCY	100 Free	:47.19
Kevin Doak	27	25 - 29	SCY	100 IM	:52.63	Alec Mull	36	35 - 39	SCY	50 Fly	:23.02
Kevin Doak	27	25 - 29	LCM	50 Back	:26.75	Alec Mull	36	35 - 39	SCY	100 Fly	:51.91
Kevin Doak	27	25 - 29	LCM	100 Back	:57.00	Alec Mull	36	35 - 39	LCM	50 Free	:24.82
Kevin Doak	27	25 - 29	LCM	200 Back	2:16.17	Alec Mull	36	35 - 39	LCM	50 Fly	:26.06
Kevin Doak	27	25 - 29	LCM	50 Free	:23.76	Steve Bargwell	38	35 - 39	SCM	200 Back	2:21.65
Kevin Doak	27	25 - 29	SCM	50 Fly	: 25.05	Mark Spore	40	40 - 44	SCM	100 Breast	1:16.30
Kevin Doak	27	25 - 29	SCM	100 IM	:59.52	Mark Spore	40	40 - 44	SCM	200 Breast	2:46.07



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INDI√IDU	Name Mike Schmitz	Age 49	Age Group 45 - 49	Course SCY	e Event	Time :50.68					
Name	Age Age	e Group	Course	e Event	Time		40	45 40			
Jeff Bailey	41	40 - 44	SCM	100 Free	:56.84	Scott Tyler	46	45 - 49	SCY	100 Free	:48.99
Jeff Bailey	41	40 - 44	SCM	200 Free	2:08.04	Mike Schmitz	49	45 - 49	SCY	100 Free	:48.68
Jeff Bailey	41	40 - 44	SCM	400 Free	4:37.16	Scott Tyler	46	45 - 49	SCY	100 Free	:48.16
Jeff Bailey	41	40 - 44	SCM	100 Fly	1:03.90	Scott Tyler	46	45 - 49	SCY	200 Free	1:51.95
Daniel Israel	40	40 - 44	SCY	200 Free	1:47.55	Scott Tyler	46	45 - 49	SCY	200 Free	1:50.94
Daniel Israel	40	40 - 44	SCY	1000 Free	10:14.76	Scott Tyler	46	45 - 49	SCY	200 Free	1:46.95
Daniel Israel	41	40 - 44	SCM	100 Back	1:05.85	Scott Tyler	46	45 - 49	SCY	200 Free	1:45.13
Daniel Israel	41	40 - 44	SCM	200 Back	2:24.49	Scott Tyler	46	45 - 49	SCY	500 Free	4:58.90
David Hoydic	40	40 - 44	SCY	50 Free	:22.54	Scott Tyler	46	45 - 49	SCY	500 Free	4:50.79
John Allen	44	40 - 44	SCY	200 Breast	2:21.09	Mike Schmitz	49	45 - 49	SCY	100 IM	:58.39
John Allen	45	45 - 49	SCM	200 Breast	2:47.74	Scott Tyler	46	45 - 49	SCY	100 IM	:57.22
John Allen	45	45 - 49	SCM	200 IM	2:30.36	Mike Schmitz	49	45 - 49	SCY	100 IM	:57.18
John Allen	45	45 - 49	SCM	400 IM	5:16.60	Mike Schmitz	49	45 - 49	SCY	200 IM	2:10.64
John Allen	45	45 - 49	LCM	100 Breast	1:20.46	Scott Tyler	46	45 - 49	SCY	200 IM	2:08.09
Scott Tyler	47	45 - 49	SCM	50 Free	:25.46	Jim Pogue	48	45 - 49	SCM	50 Fly	:27.47
Scott Tyler	46	45 - 49	SCY	50 Free	:22.54	Jim Pogue	48	45 - 49	SCM	100 IM	1:06.73
Scott Tyler	46	45 - 49	SCY	50 Free	:22.45	Paul Creason	50	50 - 54	SCY	1000 Free	11:15.11
Mike Schmitz	49	45 - 49	SCY	50 Free	:22.36	Paul Creason	50	50 - 54	SCY	1000 Free	11:14.55
Scott Tyler	46	45 - 49	SCY	50 Free	:22.19	Paul Creason	50	50 - 54	SCY	1650 Free	18:44.63
Scott Tyler	46	45 - 49	SCY	100 Free	:50.88	Paul Creason	50	50 - 54	LCM	1500 Free	19:41.72



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INDIVIDU∦	Name A	ge Ag	e Group	Course	e Event	Time					
	THE 2008 YEAR						54	50 - 54	SCM	100 Breast	1:15.11
Name Gary Bice	Age Ag 50	je Group 50 - 54	Cours	e Event 50 Back	Time :27.67	Randy Parker	53	50 - 54	SCY	200 Breast	2:29.90
Gary Bice	50	50 - 54	SCY	50 Back	:27.46	Randy Parker	54	50 - 54	LCM	100 Breast	1:16.63
Gary Bice	50	50 - 54	SCY	50 Back	:26.77	Randy Parker	54	50 - 54	LCM	200 Breast	2:56.37
Gary Bice	50	50 - 54	SCY	100 Back	1:01.04	Dan Stephenson	51	50 - 54	LCM	200 IM	2:25.75
Gary Bice	50	50 - 54	SCY	100 Back	:59.77	Paul Nicholls	55	55 - 59	SCY	50 Breast	:31.61
Gary Bice	50	50 - 54	SCY	100 Back	:58.87	Paul Nicholls	55	55 - 59	SCY	50 Breast	:31.44
Gary Bice	50	50 - 54	SCY	200 Back	2:12.77	Paul Nicholls	55	55 - 59	SCY	100 Breast	1:09.50
Mike Schmitz	50	50 - 54	SCM	50 Free	:26.38	Paul Nicholls	55	55 - 59	SCY	100 Breast	1:09.06
Mike Schmitz	50	50 - 54	SCM	100 Free	:59.04	Paul Nicholls	55	55 - 59	SCY	200 Breast	2:34.50
Mike Schmitz	50	50 - 54	SCM	100 IM	1:07.84	Paul Nicholls	56	55 - 59	LCM	100 Breast	1:22.53
Jonathan Riggs	51	50 - 54	SCM	50 Back	:32.14	Paul Nicholls	56	55 - 59	LCM	200 Breast	3:03.00
Gary Bice	51	50 - 54	SCM	50 Back	:31.81	Frank Thompson	57	55 - 59	SCM	400 Free	4:56.74
Gary Bice	51	50 - 54	SCM	100 Back	1:09.06	Frank Thompson	57	55 - 59	SCM	800 Free	10:09.90
Gary Bice	51	50 - 54	SCM	200 IM	2:37.87	Frank Thompson Frank Thompson	57 57	55 - 59 55 - 59	SCM SCM	200 Back 200 IM	2:36.77 2:43.70
Jonathan Riggs	51	50 - 54	SCM	50 Fly	:30.55	Jay Mahler	60	60 - 64	SCM	50 Breast	:32.97
Gary Bice	51	50 - 54	SCM	50 Fly	:29.61	Jay Mahler	60	60 - 64	SCY	100 Breast	1:15.05
Brian Tyler	51	50 - 54	SCM	50 Fly	:29.50	Jay Mahler	60	60 - 64	SCY	200 Breast	2:45.54
Paul Karas	53	50 - 54	SCM	200 Free	2:13.78	Gaard Arneson	60	60 - 64	SCY	500 Free	5:44.12
Paul Karas	53	50 - 54	SCM	100 Fly	1:08.74	Gaard Arneson	60	60 - 64	SCY	1000 Free	12:04.13
Randy Parker	54	50 - 54	SCM	50 Breast	:34.02	240.47 41100011					



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2008 MICHIGAN MASTERS STATE RECORDS

INDIVIDUA	Name A	ge Ag	e Group	Cours	e Event	Time					
	Т	HE 2008	8 YEAR			Elmer Egelkraut	75	75 - 79	SCM	200 Fly	4:18.95
Name A Gaard Arneson	.ge Ag 60	je Group 60 - 64	Course	Event 400 IM	Time 5:34.01	Elmer Egelkraut	75	75 - 79	SCM	400 IM	8:27.50
Gaard Arneson	60	60 - 64	LCM	400 Free	5:16.38	Wallie Jeffries	76	75 - 79	SCY	100 Free	1:12.69
Gaard Arneson	60	60 - 64	LCM	800 Free	10:46.79	Wallie Jeffries	76	75 - 79	SCY	200 Free	2:33.84
Erik Lokensgard	66	65 - 69	SCM	50 Back	:37.82	Wallie Jeffries	76	75 - 79	SCY	500 Free	6:55.19
Erik Lokensgard	66	65 - 69	SCM	100 Back	1:20.54	Wallie Jeffries	76	75 - 79	SCY	1000 Free	14:05.38
Frank Cody	68	65 - 69	LCM	200 Breast	3:31.93	Wallie Jeffries	76	75 - 79	SCY	200 IM	3:19.05
Frank Cody	68	65 - 69	LCM	200 Breast	3:29.31	Wallie Jeffries	76	75 - 79	SCY	400 IM	7:08.33
Ray Martin	71	70 - 74	SCM	800 Free	13:48.21	Don Korten	81	80 - 84	SCY	1650 Free	35:37.70
Carl Woolley	72	70 - 74	SCM	800 Free	12:37.71	Bob Doud	85	85 - 89	SCM	400 Free	11:30.63
Carl Woolley	71	70 - 74	SCY	1000 Free	14:37.81	Bob Doud	85	85 - 89	SCM	50 Breast	1:20.75
Carl Woolley	71	70 - 74	SCY	1650 Free	24:45.12	Bob Doud	85	85 - 89	SCM	50 Fly	1:13.68
Allan Charlton	71	70 - 74	SCM	50 Back	:38.87	Bob Doud	85	85 - 89	SCM	100 Fly	2:45.10
Allan Charlton	71	70 - 74	SCM	100 Back	1:30.56	Bob Doud	85	85 - 89	SCM	200 Fly	6:43.79
Allan Charlton	71	70 - 74	SCY	50 Back	:35.41	Bob Doud	85	85 - 89	SCM	100 IM	2:50.70
Ray Martin	70	70 - 74	SCY	50 Back	:34.88	Bob Doud	85	85 - 89	SCM	400 IM	13:08.94
Alan Charlton	71	70 - 74	SCY	50 Back	:34.74	Bob Doud	85	85 - 89	LCM	800 Free	26:00.50
Ray Martin	70	70 - 74	SCY	100 Back	1:17.79	Bob Doud	85	85 - 89	LCM	50 Fly	1:16.69
Ray Martin	70	70 - 74	SCY	200 Back	2:49.49	Bob Doud	85	85 - 89	LCM	100 Fly	2:59.28
Elmer Egelkraut	75	75 - 79	SCM	100 Free	1:27.99	Bob Doud Donald Pope	85 93	85 - 89	LCM	200 Fly	6:47.13 3:05.30
Elmer Egelkraut	75	75 - 79	SCM	200 Free	3:11.92	Бонаш Роре	90	90 - 94	SCY	50 Free	3.03.30

Michigan Masters Website is: www.michiganmasters.com

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Year End Review 2008

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INDI√IDU	ENT STATE THE 2008	Name Sherry Puthoff	Age 60	Age Group 60 - 64	Course SCY	Event 200 Back	Time 2:49.42				
Name Donald Pope	Age 93	Age Group 90 - 94	Course SCY	Event	Time 1:56.93	Sherry Puthoff	60		SCY	50 Fly	:34.33
Donald Pope	93	90 - 94	SCY	100 Free	4:38.01	Sherry Puthoff	60	60 - 64	SCY	100 IM	1:19.99
Donald Pope	93	90 - 94	SCY	50 Back	2:02.00	Sherry Puthoff	60	60 - 64	SCY	100 IM	1:18.16
Donald Pope	93	90 - 94	SCY	50 Back	1:55.05	Jennifer Parks	64		SCY	1650 Free	25:23.82
Donald Pope	93	90 - 94	SCY	100 Back	4:06.96	Jennifer Parks	65	65 - 69	SCM	800 Free	13:51.71
Kerry Frame	42	40 - 44	LCM	200 Back	3:00.27	Jennifer Parks	65	65 - 69	SCM	1500 Free	26:03.50
Kerry Frame	42	40 - 44	LCM	100 Fly	1:22.64	Jennifer Parks	65	65 - 69	LCM	400 Free	7:01.07
Suzanne Grebe	47	45 - 49	SCM	50 Breast :	44.43	Jennifer Parks	65	65 - 69	LCM	400 Free	6:55.19
Suzanne Grebe	47	45 - 49	SCM	100 Breast	1:36.86	Jennifer Parks	65	65 - 69	LCM	800 Free	14:18.83
Suzanne Grebe	47	45 - 49	SCM	100 Breast	1:35.93	Jennifer Parks	65	65 - 69	LCM	800 Free	14:14.27
Suzanne Grebe	47	45 - 49	SCM	200 Breast	3:24.68	Jennifer Parks	65	65 - 69	LCM	1500 Free	26:56.91
Suzanne Grebe	47	45 - 49	SCM	200 Breast	3:23.61	Edith Glusac	90	90 - 94	SCM	50 Back	1:20.79
Nancy Servo	47	45 - 49	SCY	50 Breast	:37.67	Edith Glusac	90	90 - 94	SCM	50 Breast	1:49.95
Lezlie Gruenler	45	45 - 49	SCY	100 Breast	1:23.42		18	-22	Ann		
Marilyn Early	51	50 - 54	LCM	1500 Free	22:44.15	1		-	1		
Marilyn Early	51	50 - 54	LCM	200 IM	3:09.41	1				1	
Marilyn Early	51	50 - 54	LCM	400 IM	6:45.45					10 10	
Sally Guthrie	58	55 - 59	SCM	400 IM	6:53.81	-				a la constante	
Sherry Puthoff	60	60 - 64	SCY	100 Back	1:21.25	2			2		
Sherry Puthoff	60	60 - 64	SCY	100 Back	1:17.17				swir	ngraphics	com



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RELAY EVENT STATE RECORDS SET DURING THE 2008 YEAR

Name Ty	ype	Age Group		Relay	Time	Name	Туре	Age Group	Course	Relay	Time
Michigan Masters	Μ	35+	SCY	400 Medley	4:01.18	Michigan Master	rs M	280 - 319	LCM	400 Medley	7:28.39
Michigan Masters	Μ	35+	SCY	800 Free	8:14.00	Michigan Master	rs M	280 - 319	LCM	800 Free	15:34.17
Michigan Masters	Μ	45+	SCY	400 Free	3:34.37	Michigan Master	rs MX	240 - 279	LCM	800 Free	11:40.13
Michigan Masters	Μ	45+	SCY	400 Medley	4:05.23	Michigan Master	rs M	65+	SCY	400 Free	5:16.96
Michigan Masters	Μ	45+	SCY	800 Free	8:33.34	Michigan Master	rs M	65+	SCY	400 Medley	5:15.05
Michigan Masters	Μ	200 - 239	SCM	200 Free	1:43.98	Michigan Master	rs M	280 - 319	SCM	200 Free	2:37.74
Michigan Masters	М	160 - 199	SCM	200 Medley	2:00.60	Michigan Master	rs M	280 - 319	SCM	200 Medley	3:00.74
Michigan Masters	W	160 - 199	SCM	400 Medley	7:02.26	Michigan Master	rs M	280 - 319	SCM	400 Free	5:49.59
Michigan Masters	W	200 - 239	SCM	400 Medley	8:38.64	Michigan Master	rs M	280 - 319	SCM	400 Medley	6:48.62
Michigan Masters	W	160 - 199	SCM	400 Free	5:12.77	Michigan Master	rs M	280 - 319	SCM	800 Free	13:18.47
Michigan Masters	W	160 - 199	SCM	800 Free	11:23.91			***			
Michigan Masters	Μ	240 - 279	SCM	800 Free	13:54.19			* *	614		
Michigan Masters	Μ	35+	SCY	200 Free	1:28.90		*		Phi		
Michigan Masters	Μ	35+	SCY	200 Medley	1:40.03						
Doughboy Aquatics	М	45+	SCY	200 Free	1:30.46	Come	and	Swim	at th	ne Mic	hi- 🚦
Michigan Masters	М	45+	SCY	200 Free	1:29.33		Nast			hampio	on- 🛢
Doughboy Aquatics	М	45+	SCY	200 Medley	1:45.77		•	meet t	•		
Michigan Masters	М	45+	SCY	200 Medley	1:43.22	It wi		held o		ke Or	ion
SOS	MX	65+	SCY	200 Medley	2:50.57			Natato	rium		
Michigan Masters	W	160 - 199	LCM	800 Free	11:36.85		Aarcl	n 27 -	29,	2009	
Michigan Masters	М	280 - 319	LCM	400 Free	6:20.52	Checl	k the	website	e for	details	••••
						.					

Michigan Masters Website is: www.michiganmasters.com

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