

# The Wave Eater



## MICHIGAN MASTERS SWIMMING Summer Newsletter - 2013

### MILFORD WINS 2013 LARGE TEAM STATE CHAMPIONSHIP !!

The 41<sup>st</sup> Annual Michigan Masters State Championships took place at the Michael Jones Natatorium on the campus of Eastern Michigan University. More swimmers participated than in any other in Michigan Masters State Championships in the history of our LMSC. Four hundred and nineteen swimmers attended the meet, taking place April 12 thru April 14. This was the 5<sup>th</sup> year in a row that the meet attracted over 345 swimmers and that continues to set a record for attendance, with three different geographic areas of the state hosting the meet. The 21% increase in attendance marks the largest increase in 17 years. This was ninth time EMU served as host for the State Championship; the first one being hosted in 1978.

The Milford Athletic Club (MAC) team won their first Large Team Combined Championship in their six year history. MAC was 3<sup>rd</sup> in 2011, 2<sup>nd</sup> in 2012, and 1<sup>st</sup> in 2013.

MAC won the Large Team Women's Championship as well. The FAST team won their 2<sup>nd</sup> straight Large Team Men's Championship and placed 2<sup>nd</sup> overall in the Combined and Women's Large Team categories. This is the first time in Michigan Masters history that the top five teams have scored over 1650 points. The Stray CATS from the Lansing/East Grand Rapids area won the Small Team Combined and Women's Small Team Championship. Battle Creek won the Small Team Men's Championship. Thirty eight LMSC State Records (16 Women, 20 Men, and 3 Relays) were set during the course of the meet. There were 61 State Championship Meet Records (28 Women, 30 Men, and 3 Relays) set during the course of the meet. Results, Records, and High Point Awards for both team and individual swimmers are included in the results exhibits on the Michigan

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Masters website.

A big thank you goes out to Meet Director Skip Thompson, the EMU REC Department, and the EMU Hockey Club for running an excellent meet during the long hours of the three day meet. Also Brad Susterka and Ken Shively for their officiating during the long 3 days of competition.

## YOU MIGHT BE A MASTERS SIMMER IF...

*Courtesy of Stray CATS Workout group*

Jeff Foxworthy is famous for his comedy routine: *You might be a Redneck if.....*

Well Jeff has never hung out with Masters Swimmers. At the recent Michigan Masters State meet we had some fun creating our own humorous sayings.

To get you started thinking here is a Foxworthy saying somewhat related to swimming: *You might be a Redneck if ...you think The Nutcracker is something you did off the high dive*

Now enjoy these from some Michigan Masters swimmers.

You might be a Masters Swimmer if.....

- The lane timer uses an hourglass on your 1650
- Your grandchildren give you Speedo gift cards
- The new lifeguard at your pool called 911 and attempted a water rescue the first time he saw you

swim butterfly.

- You look forward to birthdays that end in five or zero.
- You spent over \$100 on a swimsuit you wore one time
- You keep checking the "psyche" sheet every 2 minutes, as if something might change.
- You carry 6 pairs of goggles in your bag but only 1 pair is useable
- You plan vacations around "places to swim" from the USMS website
- You're a guy and think chlorine smells sexy on a woman.
- Your non-swimmer friends are impressed that you do "splits"
- You forgot your heat and lane assignment in less than 1 minute from when you last checked it
- You're a guy and you have allowed your picture to be taken in a pastel bathing cap
- Your 59 and considered the "kid" in a relay
- You go to the State meet and gain weight
- Your hair always feels like cotton candy
- You actually think you can swim and observe a watch on your wrist at the same time.
- You have seen "way too much" while watching swimmers bend over to take block starts
- You were thrilled to find out you can buy prescription goggles
- You know the birth dates of swimmers in your age group

## 2013 POSTAL CHAMPIONSHIPS SCHEDULE

| SWIM   | DATE   | HOST  |
|--|--|---|
| 2013 one-hour Postal Championship            | January 1 – 31 2013  | USMS Hour Swim<br>This is always conducted in January—check the USMS website for more information |
| 2013 5 & 10 K Postal Championships           | May 15 — September 15, 2013<br>For entry information go to:<br><a href="https://www.clubassistant.com/club/meet_information.cfm?c=1246&amp;smid=4427">https://www.clubassistant.com/club/meet_information.cfm?c=1246&amp;smid=4427</a> | Susan Ehringer  |
| 2013 3000 and 6000 yard Postal Championships | Sept. 15 to November 15, 2013<br>For entry information go to:<br><a href="http://www.usms.org/longdist/ldnats13/">http://www.usms.org/longdist/ldnats13/</a>   | David Gibson  |



## SUMMER USMS SANCTIONED OPEN WATER SWIMS FOR 2013 WITHIN A DAY'S DRIVE OF MICHIGAN

| EVENT  | DATE          | LOCATION  | DISTANCE              | CONTACT INFO.                               | WEBSITE  |
|--|---------------|---|-----------------------|---|--|
| <b>22nd Annual Maryland Swim for Life</b>                  | July 13, 2013 | Rolph's Wharf on the Chester River, Chestertown, MD   | 1, 2, 3, 4 or 5 miles | Robert Jeter<br>swimforlife@swimdcac.org    | www.usms.org<br>look at open water calendar of events  |
| 24th Annual Lake Erie Open Water Classic                   | July 27, 2013 | Edgewater State Park<br>Lake Erie, near Cleveland, OH | 0.5, 1 & 2 miles      | Tom Spence<br>talltom13@msn.com             | www.usms.org<br>look at open water calendar of events  |
| Central Illinois Open Water Swim                           | Aug 3, 2013   | Evergreen Lake (Comlara Park), Hudson, IL             | 1.2 & .2.4 miles      | Colleen Klein<br>trimomevents@frontier.com  | Www. Usms.org<br>look at open water calendar of events |
| Betsy Owens Memorial Swims<br><b>NATIONAL CHAMPIONSHIP</b> | Aug 17, 2013  | Mirror Lake, Lake Placid, NY                          | 2 mile cable swim     | David Dammerman<br>david@betsyowensswim.com | www.usms.org<br>look at open water calendar of events  |
| 2013 Madison Open Water Swim                               | Aug 17, 2013  | Lake Monona, Madison, WI                              | 1.2 and 2.4 miles     | Peter Maternowski<br>petermater@gmail.com   | www.usms.org<br>look at open water calendar of events  |
| Chicago Masters Big Shoulders Open Water Swim Classic      | Sept 7, 2013  | Ohio Street Beach, Lake Michigan, Chicago, IL         | 2.5 & 5 K             | Chris Sheehan<br>ctsheehan@yahoo.com        | www.usms.org<br>look at open water calendar of events  |

## USMS LONG COURSE SUMMER NATIONAL CHAMPIONSHIP

The 2013 Marriott Summer Nationals will be held in Mission Viejo, California from August 7—11.

Mission Viejo last hosted a USMS national championship in 2005.

The online entry site is now open and the entry deadline is 11:59 PM July 3rd— DON'T PROCRASTINATE!

Please check all the details for the meet at the USMS website:

<http://www.usms.org/comp/lcnats13/>



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Please be advised that your times in "Sanctioned" meets will count in the USMS American TopTen (yards, SCM, LCM) Rankings and in the FINA World Top Ten (SCM, LCM) Rankings. Times from "Recognized" meets will count in the USMS American TopTen but they are not counted in the FINA World Top Ten Rankings, as per FINA rules

| DATE      | HOST                     | SANCTION#  | LOCATION  | COURSE | MEET  | DIRECTOR                   | email |
|-----------|--------------------------|------------|---|--------|---|----------------------------|-------|
| 6/22/13   | Munley Meet<br>MSU       | Recognized | Michigan State<br>University Pool                 | LCM    | Gail Dummer<br>517-881-3709                       | Dummer@msu.edu             |       |
| 7/7/13    | Warmest Meet<br>EMU Meet | Sanctioned | Mike Jones Nat-<br>atorium, EMU,<br>Ypsilanti, MI | LCM    | Skip Thompson<br>248-683-2191                     | thompsonfrank866@gmail.com |       |
| TBD       | Dearborn Meet            | Sanctioned | Levagood Pool,<br>Dearborn, MI                    | LCM    | Skip Thompson<br>248-683-2191                     | thompsonfrank866@gmail.com |       |
| 8/7-11/13 | USMS Summer<br>Nationals | Sanctioned | Mission Viejo,<br>California                      | LCM    | Check<br>USMS website                             |                            |       |
| 8/3-4/13  | Lakeside Masters         | Sanctioned | Lakeside Swim<br>Club<br>Louisville, KY           | LCM    | Bill Tingley<br>Check Michigan<br>Masters website | Btingley<br>@insightbb.com |       |

SUMMER POOL MEET SCHEDULE FOR 2013